

Fall 2024

Sheet Harbour

East Ship Harbour to Ecum Secum
22756 Highway #7 Bluewater Building
Phone: 902.885.2988
Toll FREE: 1.866.522.2422



HALIFAX



Sheet Harbour

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
PRESCHOOL									
Preschooler Play - Stories & Crafts	3-5	Tu	10:30 AM	1 hr	Sheet Harbour Public Library	12	1-Oct	00092961	FREE
Tumblebugs	3-5	M	3:20 PM	30 min	Sheet Harbour Recreation Office	3	21-Oct	00092976	\$9.36
Tumblebugs	3-5	F	3:20 PM	30 min	Sheet Harbour Recreation Office	3	20-Sep	00092974	\$9.36
Tumblebugs	3-5	F	3:20 PM	30 min	Sheet Harbour Recreation Office	3	22-Nov	00092977	\$9.36
CHILD									
Soccer	5-8	M	6:00 PM	1 hr	Marine Drive Academy	6	16-Sep	00092943	\$37.44
Soccer	9-12	M	6:00 PM	1 hr	Marine Drive Academy	6	16-Sep	00092946	\$37.44
Multi-Sports - Skills & Drills	5-8	M	7:00 PM	1 hr	Marine Drive Academy	6	16-Sep	00092947	\$37.44
Multi-Sports - Skills & Drills	9-12	M	7:00 PM	1 hr	Marine Drive Academy	6	16-Sep	00092949	\$37.44
Afterschool Club	6-12	Tu	2:30 PM	2 hrs	Sheet Harbour Recreation Office	8	24-Sep	00092963	\$58.24
YOUTH									
Open Gym	11-18	M	8:00 PM	2 hrs	Marine Drive Academy	11	16-Sep	00092951	FREE
Open Gym	11-18	W	8:00 PM	2 hrs	Marine Drive Academy	13	18-Sep	00092978	FREE
Open Gym	14+	F	8:00 PM	2 hrs	Marine Drive Academy	14	20-Sep	00092979	FREE
FAMILY									
Family Open Gym	5+	Tu	6:00 PM	2 hrs	Marine Drive Academy	12	17-Sep	00092967	FREE
Family Open Gym	5+	Tu	8:00 PM	2 hrs	Marine Drive Academy	12	17-Sep	00092969	FREE

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ADULT									
Yoga - Yin	18+	M	9:30 AM	1 hr	Four Harbours Legion	8	16-Sep	00092941	\$52.40
Yoga - Gentle	18+	M	10:45 AM	1 hr	Four Harbours Legion	8	16-Sep	00092942	\$52.40
Yoga - Gentle	18+	W	12:30 PM	1 hr	Samuel R Balcom Community Centre	8	18-Sep	00092971	\$52.40
Yoga - Chair	18+	W	1:40 PM	1 hr	Samuel R Balcom Community Centre	8	18-Sep	00092973	\$52.40
Step Up To Leadership	18+	W	6:30 PM	2 hrs	Graham Creighton Junior High	8	11-Sep	00093394	\$10.00
Step Up To Leadership	18+	W	6:30 PM	2 hrs	Findlay Community Centre	8	18-Sep	00093402	\$10.00

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

