

FALL 2022

# MUSQUODOBOIT VALLEY

Dutch Settlement to Dean  
12046 Highway # 224,  
Middle Musquodoboit  
Phone: 902.384.3008



HALIFAX



# MUSQUODOBOIT VALLEY

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
<b>PRESCHOOL</b>									
Preschooler Play - Puddle Jumpers!	3-5	M	6:00 PM	1 hr	Carrolls Corner Community Centre	10	19-Sep	00059577	FREE
Gymnastics - Tumble Bugs	3-5	Sa	9:30 AM	45 min	Musquodoboit Valley Education Centre	10	24-Sep	00059581	\$45.00
Soccer	3-5	Sa	11:30 AM	30 min	Musquodoboit Valley Education Centre	10	24-Sep	00059586	\$30.00
Soccer - Parent & Child	2-4	Sa	11:30 AM	30 min	Musquodoboit Valley Education Centre	10	24-Sep	00059585	\$30.00

<b>CHILD</b>									
Arts & Crafts - Crafty Kids	6-8	M	7:00 PM	1 hr	Carrolls Corner Community Centre	10	19-Sep	00059579	\$70.00
Music - Family Ukulele	8+	Th	6:30 PM	1 hr	Upper Musquodoboit Community Hall	10	22-Sep	00059703	TBA
Net Sports	9-12	Sa	1:00 PM	1 hr	Musquodoboit Valley Education Centre	10	24-Sep	00059590	\$60.00
Open Gym	6-10	M	6:00 PM	1 hr	Musquodoboit Valley Education Centre	10	26-Sep	00059710	FREE
Soccer	5-8	Sa	10:30 AM	45 min	Musquodoboit Valley Education Centre	10	24-Sep	00059582	\$45.00
Soccer	9-10	Sa	10:30 AM	45 min	Musquodoboit Valley Education Centre	10	24-Sep	00059583	\$45.00
Yoga - Family Yoga	5+	Th	6:00 PM	45 min	Musquodoboit Valley Education Centre	8	22-Sep	00059580	\$30.00

<b>YOUTH</b>									
Sports - Net Sports	13-15	Sa	2:00 PM	1 hr	Musquodoboit Valley Education Centre	10	24-Sep	00059591	\$60.00

<b>ADULT</b>									
Dance - Line Dancing	16+	Tu	7:00 PM	1 hr	Carrolls Corner Community Centre	10	27-Sep	00059704	\$70.00
Pickleball	18+	M	7:00 PM	1 hr	Musquodoboit Valley Education Centre	10	26-Sep	00059706	FREE
Pickleball	18+	Th	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	8	22-Sep	00059705	FREE
Yoga - Gentle Yoga	18+	W	9:30 AM	1 hr	Carrolls Corner Community Centre	10	21-Sep	00059570	\$63.00
Yoga - Gentle Yoga	18+	Th	9:30 AM	1 hr	St Andrews United Church	12	15-Sep	00059565	\$75.60

<b>OVERNIGHT CAMPS</b>									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Fall H.E.A.T. Camp	13-18	F	7:00 PM	48 hr	Camp Mockingee	3	4-Nov	00058472	\$50.00
Re Gen Overnight Camp	18+	Sa	9:00 AM	30 hr	Camp Mockingee	2	15-Oct	00060683	\$50.00

# MUSQUODOBOIT VALLEY

DROP INS							
Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Fitness Centre	16+	M	6:30 PM	2.5 hrs	Musquodoboit Rural High School	19-Sep	FREE
Fitness Centre	16+	W	6:30 PM	2.5 hrs	Musquodoboit Rural High School	21-Sep	FREE
Fitness Centre	16+	F	6:30 PM	2.5 hrs	Musquodoboit Rural High School	25-Sep	FREE
Open Gym - Youth	13-18	Tu	7:00 PM	2 hrs	Musquodoboit Rural High School	22-Sep	FREE
Open Gym - Youth and Adult	13 +	F	6:30 PM	2 hrs	Musquodoboit Rural High School	25-Sep	FREE