

WINTER 2023

MUSQUODOBOIT HARBOUR

Corner of #7 Highway and East Petpeswick Road
Phone: 902.889.4050



HALIFAX



MUSQUODOBOIT HARBOUR

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Kiddie Crafts!	2-4	M	5:00 PM	30 mins	Musquodoboit Harbour Community Centre	8	16-Jan	00062242	\$42.00
Mini Science	3-5	Th	4:00 PM	30 mins	Musquodoboit Harbour Community Centre	8	19-Jan	00062315	\$28.00
Dance - Creative Movement	3-5	Tu	4:30 PM	30 mins	Musquodoboit Harbour Community Centre	8	17-Jan	00062261	\$24.00
Teddy Bears	2-5	F	9:30 AM	2 hrs	Musquodoboit Harbour Community Centre	8	20-Jan	00062323	\$72.00
Dance - Creative Movement	1-3	Tu	4:00 PM	30 mins	Musquodoboit Harbour Community Centre	8	17-Jan	00062260	\$24.00
Kiddie Sports	3-5	W	6:00 PM	30 mins	Oyster Pond Academy P-9	8	11-Jan	00062267	\$24.00
Soccer - Parent & Tot	2-4	Th	6:00 PM	30 mins	Gaetz Brook Junior High	8	19-Jan	00062311	\$24.00

CHILD									
Silly Science	3-8	Th	5:00 PM	45 mins	Musquodoboit Harbour Community Centre	8	19-Jan	00062314	\$42.00
Craft Central!	5-7	M	5:45 PM	45 mins	Musquodoboit Harbour Community Centre	8	16-Jan	00062245	\$42.00
Craft Central!	8-12	M	6:45 PM	45 mins	Musquodoboit Harbour Community Centre	8	16-Jan	00062252	\$42.00
Dance - Ballet	5-7	Tu	5:15 PM	45 mins	Musquodoboit Harbour Community Centre	8	17-Jan	00062262	\$36.00
Dance - Hip Hop	8-12	Tu	6:15 PM	45 mins	Musquodoboit Harbour Community Centre	8	17-Jan	00062263	\$36.00
Drama - Broadway Kids	8-12	Th	6:00 PM	45 mins	Musquodoboit Harbour Community Centre	8	19-Jan	00062316	\$30.00
Basketball	5-8	Tu	6:00 PM	45 mins	Eastern Shore District High School	8	10-Jan	00062256	\$36.00
Basketball	8-12	Tu	6:45 PM	45 mins	Eastern Shore District High School	8	10-Jan	00062257	\$36.00
Football	8-12	Tu	7:30 PM	45 mins	Eastern Shore District High School	8	10-Jan	00062258	\$36.00
Gym Games Galore	6-8	W	6:45 PM	45 mins	Oyster Pond Academy P-9	8	18-Jan	00062269	FREE
Try It All	9-12	W	7:45 PM	45 mins	Oyster Pond Academy P-9	8	18-Jan	00062268	FREE
Soccer	5-8	Th	6:45 PM	45 mins	Gaetz Brook Junior High	8	19-Jan	00062312	\$48.00

YOUTH									
Drama - Improv	13-15	Th	7:00 PM	1 hr	Musquodoboit Harbour Community Centre	8	19-Jan	00062317	FREE
Open Gym	12-14	Tu	8:30 PM	1 hr	Eastern Shore District High School	8	10-Jan	00062259	FREE
Ski Trip - Martock- Total Package	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	21-Jan	00064131	\$45.00
Ski Trip - Martock - Rental or Lift Ticket	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	21-Jan	00064279	\$30.00

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Ski Trip - Martock - Transportation	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	21-Jan	00064920	\$15.00
Ski Trip - Martock - Total Package	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Feb	00064275	\$45.00
Ski Trip - Martock - Rental or Lift Ticket	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Feb	00064921	\$30.00
Ski Trip - Martock - Transportation	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Feb	00064920	\$15.00
Ski Trip - Martock - Total Package	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Feb	00064276	\$45.00
Ski Trip - Martock - Rental or Lift Ticket	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Feb	00064922	\$30.00
Ski Trip - Martock - Transportation	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Feb	00064926	\$15.00
Ski Trip - Martock - Total Package	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Mar	00064277	\$45.00
Ski Trip - Martock - Rental or Lift Ticket	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Mar	00064923	\$30.00
Ski Trip - Martock - Transportation	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	4-Mar	00064927	\$15.00
Ski Trip - Martock - Total Package	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Mar	00064278	\$45.00
Ski Trip - Martock - Rental or Lift Ticket	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Mar	00064924	\$30.00
Ski Trip - Martock - Transportation	All	Sa	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	18-Mar	00064928	\$15.00

ADULT

Hiking	18+	Tu	11:00 AM	2 hrs	Musquodoboit Harbour Community Centre	6	10-Jan	00062255	FREE
Pickleball	18+	Th	7:30 PM	1.5 hrs	Gaetz Brook Junior High	8	19-Jan	00062313	\$40.00
Conditionnement Physique Doux - Gentle Fitness	18+	W	9:30 AM	45 mins	Acadian House Museum	10	11-Jan	00062264	\$47.30
Conditionnement Physique Doux - Gentle Fitness	18+	F	12:45 PM	45 mins	Acadian House Museum	10	13-Jan	00062322	\$47.30
Fitness - Cardio & Weights	18+	Tu	10:30 AM	45 mins	Musquodoboit Harbour Community Centre	10	10-Jan	00062254	\$47.30
Fitness - Cardio & Weights	18+	F	10:30 AM	45 mins	Petpeswick Yacht Club	10	13-Jan	00062320	\$47.30
Fitness - Circuit Fit	18+	M	11:15 AM	45 mins	Musquodoboit Harbour Community Centre	10	9-Jan	00062221	\$47.30
Fitness - Gentle Fit	18+	Tu	9:30 AM	45 mins	Petpeswick Yacht Club	10	10-Jan	00062253	\$47.30
Fitness - Gentle Fit	18+	F	9:30 AM	45 mins	Petpeswick Yacht Club	10	13-Jan	00062319	\$47.30
Fitness - Stability Ball	18+	M	10:15 AM	45 mins	Musquodoboit Harbour Community Centre	10	9-Jan	00062222	\$47.30
Fitness - Step & Weights	18+	W	6:30 PM	45 mins	Seaforth Community Hall	10	18-Jan	00062270	\$47.30
Fitness - Total Fit	18+	M	7:00 PM	45 mins	Seaforth Community Hall	11	9-Jan	00062230	\$52.03
Fitness - Trim & Tone	18+	Th	7:00 PM	45 mins	Seaforth Community Hall	10	12-Jan	00062310	\$47.30

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Yoga	18+	Tu	6:00 PM	1 hr 15 mins	Musquodoboit Harbour Community Centre	10	10-Jan	00064298	\$78.80
Yoga	18+	Th	9:00 AM	1 hr	Musquodoboit Harbour Community Centre	10	12-Jan	00062309	\$63.00
Yoga - Evening Flow	18+	F	6:00 PM	1 hr	Musquodoboit Harbour Community Centre	10	13-Jan	00064762	\$63.00
Yoga	18+	Su	9:30 AM	1 hr 15 mins	Seaforth Community Hall	10	15-Jan	00062325	\$78.80
Yoga - Chair	18+	Tu	11:00 AM	1 hr	Ship Harbour Hall	10	9-Jan	00064294	\$63.00
Yoga - Gentle	18+	M	1:30 PM	1 hr 15 mins	Musquodoboit Harbour Community Centre	10	9-Jan	00062232	\$78.80
Yoga - Gentle	18+	Tu	9:30 AM	1 hr 15 mins	Ship Harbour Hall	10	12-Jan	00062308	\$78.80
Yoga - Gentle	18+	Th	9:30 AM	1 hr 15 mins	Ship Harbour Hall	10	12-Jan	00062308	\$78.80
Yoga - Mellow Flow	18+	W	6:30 PM	1 hr	Musquodoboit Harbour Community Centre	10	11-Jan	00062266	\$63.00
Yoga - Hatha	18+	W	10:45 AM	1 hr 15 mins	Musquodoboit Harbour Community Centre	10	11-Jan	00062265	\$78.80
Yoga - Yin	18+	Sa	9:00 AM	1 hr	Musquodoboit Harbour Community Centre	10	14-Jan	00062324	\$63.00
Seniors Trip - Centre Stage	18+	Su	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	22-Jan	00064281	\$45.00
Sleigh Ride at Hatfield	18+	Su	9:00 AM	9 hrs	Eastern Shore Recreation Bus	1	19-Feb	00064282	\$30.00

Please note that adult programs are +HST and senior discounts apply to clients 60 years of age and older.



PASSWORD ALERT!

To improve security for our users, our online registration platform will be changing its password requirements. Starting Nov. 16, 2022, the minimum password length to log into a MyRec account will be extended from eight to 10 characters.

New and existing users with passwords less than 10 characters will be required to change their password before logging into their MyRec account. Existing users with passwords of 10 or more characters are unaffected. For enhanced security, users are required to update their own password rather than seek assistance from recreation staff.

We urge all impacted users to change their password to 10 or more characters before the upcoming winter recreation programming registration on Dec. 7 and 8, 2022 or at the next available opportunity. To change your password, visit the account login page and follow the password reset instructions. Questions can be directed to your local recreation centre or call (902) 490.6666.