

FALL 2022

MUSQUODOBOIT HARBOUR

Corner of #7 Highway and East Petpeswick Road
Phone: 902.889.4050

rec | HALIFAX



MUSQUODOBOIT HARBOUR

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Mini Science	3-5	Th	4:00 PM	30 min	Musquodoboit Harbour Community Centre	8	22-Sep	00057932	\$28.00
Parented Kiddie Crafts	18mo-4yr	M	5:00 PM	45 min	Musquodoboit Harbour Community Centre	8	19-Sep	00057778	\$42.00
Preschooler Play - Teddy Bears	3-5	F	9:30 AM	2 hr	Musquodoboit Harbour Community Centre	8	23-Sep	00057848	\$72.00
Creative Movement	3-5	Tu	5:00 PM	30 min	Musquodoboit Harbour Community Centre	8	20-Sep	00057787	\$24.00
Creative Movement	1-2	Tu	4:15 PM	30 min	Musquodoboit Harbour Community Centre	8	20-Sep	00057785	\$24.00
Kiddie Sport	3-5	W	6:00 PM	30 min	Oyster Pond Academy P-9	8	21-Sep	00057820	\$24.00
Parented Soccer	18mo-4yr	Th	6:00 PM	30 min	Gaetz Brook Junior High	8	22-Sep	00057845	\$24.00

CHILD									
Craft Central	5-8	M	6:00 PM	45 min	Musquodoboit Harbour Community Centre	8	19-Sep	00056779	\$42.00
Craft Central	8-12	M	7:00 PM	1 hr	Musquodoboit Harbour Community Centre	8	19-Sep	00057779	\$64.00
Silly Science	6-10	Th	5:00 PM	45 min	Musquodoboit Harbour Community Centre	8	22-Sep	00057933	\$42.00
Broadway Kids	8-12	Th	6:00 PM	45 min	Musquodoboit Harbour Community Centre	8	22-Sep	00057824	\$30.00
Basketball	6-10	Tu	6:00 PM	45 min	Eastern Shore District High School	8	20-Sep	00056757	\$48.00
Football	8-12	Tu	7:00 PM	1 hr	Eastern Shore District High School	8	20-Sep	00056756	Free
Gym Games Galore	6-8	W	6:30 PM	45 min	Oyster Pond Academy	8	21-Sep	00057821	\$0.00
Soccer	5-8	Th	6:45 PM	45 min	Gaetz Brook Junior High	8	22-Sep	00057846	\$48.00
Try it all	9-12	W	7:30 PM	1 hr	Oyster Pond Academy	8	21-Sep	00057849	\$0.00

FAMILY									
Canoeing - Family Learn To Canoe	5+	Sa	10:00 AM	2 hr	Government Warf - Eastern Shore	1	1-Oct	00059557	\$17.39

YOUTH									
Improv	11-15	Th	7:00 PM	1 hr	Musquodoboit Harbour Community Centre	8	15-Sep	00057931	Free
Babysitting	10-14	Sa	10:00 AM	7 hr	Musquodoboit Harbour Community Centre	1	22-Oct	00057096	\$60.38
Open Gym	11-15	Tu	8:00 PM	1 hr	Eastern Shore District High School	8	20-Sep	00057803	Free

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ADULT									
Dance - Line Dancing	18+	Th	6:30 PM	1 hr	Gaetz Brook Legion	10	15-Sep	00057087	\$80.50
Hiking	18+	Tu	11:00 AM	1 hr	Musquodoboit Harbour Community Centre	6	13-Sep	00057079	Free
Pickleball	18+	Th	7:30 PM	1 hr 30 min	Gaetz Brook Junior High	10	15-Sep	00057847	\$50.00
Fitness - Gentle Fit	18+	M	10:00 AM	1 hr	Ship Harbour Hall	6	12-Sep	00057071	\$32.64
Fitness - Circuit Fit	18+	M	11:16 AM	45 min	Musquodoboit Harbour Community Centre	10	12-Sep	00057072	\$54.40
Fitness - Stability Ball	18+	M	12:30 PM	45 min	Musquodoboit Harbour Community Centre	10	12-Sep	00057073	\$54.40
Fitness - Total Fit	18+	M	7:00 PM	45 min	Seaforth Community Hall	10	12-Sep	00057075	\$54.40
Fitness - Gentle Fitness	18+	Tu	9:30 AM	45 min	Musquodoboit Harbour Community Centre	10	13-Sep	00057076	\$54.40
Fitness - Cardio & Weights	18+	Tu	10:30 AM	45 min	Musquodoboit Harbour Community Centre	10	13-Sep	00057077	\$54.40
Fitness - Conditionnement Physique Doux-Gentle	18+	W	9:30 AM	45 min	Acadian House Museum	10	14-Sep	00057080	\$54.40
Fitness - Step & Weights	18+	W	6:30 PM	45 min	Seaforth Community Hall	10	14-Sep	00057083	\$54.40
Fitness - Trim & Tone	18+	Th	7:00 PM	45 min	Seaforth Community Hall	10	15-Sep	00057086	\$54.40
Fitness - Gentle Fitness	18+	F	9:30 AM	45 min	Petpeswick Yacht Club	10	16-Sep	00057088	\$54.40
Fitness - Cardio & Weights	18+	F	10:30 AM	45 min	Petpeswick Yacht Club	10	16-Sep	00057089	\$54.40
Fitness - Conditionnement Physique Doux-Gentle	18+	F	12:45 PM	45 min	Acadian House Museum	10	16-Sep	00057090	\$54.40
Yoga	18+	Su	9:30 AM	1 hr 15 min	Seaforth Community Hall	10	18-Sep	00057092	\$90.60
Yoga	18+	Th	9:00 AM	1 hr	Musquodoboit Harbour Community Centre	10	15-Sep	00057084	\$72.40
Yoga - Gentle	18+	M	1:41 PM	1 hr 15 min	Musquodoboit Harbour Community Centre	10	12-Sep	00057074	\$90.60
Yoga - Gentle	18+	Tu	9:30 AM	1 hr 15 min	Ship Harbour Hall	10	13-Sep	00057078	\$90.60
Yoga - Hatha	18+	W	10:45 AM	1 hr 15 min	Musquodoboit Harbour Community Centre	10	14-Sep	00057081	\$90.60
Yoga - Mellow Flow	18+	W	6:30 PM	1 hr	Musquodoboit Harbour Community Centre	10	14-Sep	00057082	\$72.40
Yoga - Flow	18+	Th	9:30 AM	1 hr 15 min	Ship Harbour Hall	10	15-Sep	00060237	\$90.60
Yoga - Gentle	18+	Th	9:30 AM	1 hr 15 min	Ship Harbour Hall	10	15-Sep	00057085	\$90.60
Yoga - Chair	18+	F	1:00 AM	1 hr	Musquodoboit Harbour Community Centre	10	16-Sep	00060238	\$72.40
Yoga - Yin Yoga	18+	Sa	9:00 AM	1 hr	Musquodoboit Harbour Community Centre	10	17-Sep	00057091	\$72.40

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OVERNIGHT CAMPS

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Fall H.E.A.T. Camp	13-18	F	7:00 PM	48 hr	Camp Mockingee	3	4-Nov	00058472	\$50.00
Re Gen Overnight Camp	18+	Sa	9:00 AM	30 hr	Camp Mockingee	2	15-Oct	00060683	\$50.00