

# WINTER 2023

# HALIFAX

**Adventure Earth Centre Fleming Park**  
68 Parkhill Road  
Phone: 902.490.4539

**Citadel Community Centre**  
1955 Trollope Street  
Phone: 902.490.3895

**Captain William Spry Centre**  
16 Sussex Street  
Phone: 902.477.POOL (7665)  
or 902.479.1111

**St. Mary's Boat Club**  
1641 Fairfield Road  
Phone: 902.490.4688

**Isleville Centre**  
3460 Isleville Street  
Phone: 902.490.4633

**Larry O'Connell Centre**  
6691 Fourth Street  
Phone: 902.490.3895

**Needham Community Centre & Pool**  
3372 Devonshire Avenue  
Phone: 902.490.4633

**George Dixon Community Centre**  
2502 Brunswick Street  
Phone: 902.490.4550

**Chocolate Lake Community Centre**  
14 Purcell's Cove Road  
Phone: 902.490.4607

**Emera Oval**  
5775 Cogswell Street  
Phone: 902.490.2343

**St. Andrews Community Centre**  
3380 Barnstead Lane  
Phone: 902.490.4693

**Power House Youth Centre**  
1606 Bell Rd  
Phone: 902.490.4309



HALIFAX

# HALIFAX

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
<b>PRESCHOOL</b>									
Nature Preschool - Fleming	3-5	M	10:00 AM	1.5 hrs	Adventure Earth - Fleming Park	6	9-Jan	00061620	\$40.50
Nature Play Parent & Tot - Fleming	1-5	W	10:00 AM	1.5 hrs	Adventure Earth - Fleming Park	6	11-Jan	00061743	\$40.50
Messy Art - Parent & Tot	3-4	F	11:15 AM	30 mins	Chocolate Lake Community Centre	8	13-Jan	00063167	\$28.00
Messy Art Play	4-5	Sa	3:00 PM	1 hr	St. Andrew's Centre	10	14-Jan	00062717	\$70.00
Messy Art Play	3-5	Sa	11:00 AM	30 mins	Chocolate Lake Community Centre	8	21-Jan	00063175	\$28.00
Gym Time - Parent & Tot	1-4	W	9:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	11-Jan	00062474	\$67.50
Gym/Craft Time - Parent & Tot	1-4	F	9:00 AM	2 hrs	Chocolate Lake Community Centre	10	13-Jan	00062490	\$90.00
Kiddie Capers	3-5	Tu	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	10-Jan	00062467	\$135.00
French Kiddie Capers	3-5	W	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	11-Jan	00062475	\$135.00
Kiddie Capers	3-5	Th	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	12-Jan	00062482	\$135.00
Kiddie Capers	3-5	M	9:00 AM	2.5 hrs	Larry O'Connell Centre	8	16-Jan	00062587	\$90.00
Kiddie Capers	3-5	W	9:00 AM	2.5 hrs	Larry O'Connell Centre	8	18-Jan	00062588	\$90.00
Kiddie Capers	3-5	Th	9:00 AM	2.5 hrs	Larry O'Connell Centre	8	19-Jan	00064699	\$90.00
Dance - Creative Movement	3-4	Sa	10:00 AM	45 mins	Citadel Community Centre	8	21-Jan	00062627	\$36.00
Dance - Creative Movement	3-5	Sa	9:00 AM	45 mins	Citadel Community Centre	8	21-Jan	00062625	\$36.00
Dance - Creative Movement	3-5	Sa	9:00 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062512	\$45.00
Dance - Ballet	4-7	Sa	10:15 AM	45 mins	St. Andrew's Centre	9	21-Jan	00062708	\$40.50
Dance - Parent & Tot	2-4	Th	4:15 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062486	\$37.50
Dance - Creative Movement	4-5	Sa	9:45 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062513	\$45.00
Gymnastics - Tumblebugs	3-4	Sa	9:00 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062519	\$45.00
Gymnastics - Tumblebugs	3-4	Sa	10:45 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062529	\$45.00
Gymnastics - Tumblebugs	4-5	Sa	9:45 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062528	\$45.00
Gymnastics - Tumblebugs	3-5	Sa	11:45 AM	45 mins	St. Andrew's Centre	10	14-Jan	00062713	\$45.00
Gymnastics - Tumblebugs	3-5	Su	10:00 AM	45 mins	George Dixon Community Centre	8	22-Jan	00063504	\$36.00
Gymnastics - Tumblebugs	3-5	Su	11:00 AM	45 mins	George Dixon Community Centre	8	22-Jan	00063506	\$36.00
Little Hoops	3-5	Su	9:00 AM	30 mins	Citadel Community Centre	8	22-Jan	00062635	\$24.00
Little Hoops	3-5	Su	9:30 AM	30 mins	Citadel Community Centre	8	22-Jan	00062636	\$24.00
Soccer - Parent & Tot	1-4	Sa	9:00 AM	45 mins	George Dixon Community Centre	8	21-Jan	00063502	\$36.00
Soccer - Parent & Tot	1-4	Sa	10:00 AM	45 mins	George Dixon Community Centre	8	21-Jan	00063503	\$36.00

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Soccer - Active Start	4-6	M	5:30 PM	45 mins	Chocolate Lake Community Centre	9	9-Jan	00062302	\$40.50
Soccer - Active Start	3-5	Sa	9:00 AM	30 mins	Citadel Community Centre	8	21-Jan	00062620	\$24.00
Soccer - Active Start	3-5	Sa	10:00 AM	30 mins	Citadel Community Centre	8	21-Jan	00062621	\$24.00
Little Sports	4-5	Sa	1:00 PM	1 hr	St. Andrew's Centre	10	14-Jan	00062715	\$60.00

## CHILD

Arts & Crafts - Artists in Action	5-6	Sa	9:00 AM	1 hr	Chocolate Lake Community Centre	10	14-Jan	00062492	\$70.00
Arts & Crafts - Artists in Action	7-10	Sa	10:15 AM	1.5 hrs	Chocolate Lake Community Centre	10	14-Jan	00062493	\$105.00
Painting	7-8	W	4:00 PM	1.5 hrs	St. Andrew's Centre	10	11-Jan	00062663	\$105.00
Painting	9-12	W	5:45 PM	1.5 hrs	St. Andrew's Centre	10	11-Jan	00062664	\$105.00
Cooking - Fun With Baking	9-10	W	4:00 PM	1.5 hrs	St. Andrew's Centre	8	18-Jan	00062666	\$84.00
Cooking - Fun With Baking	11-12	W	6:00 PM	1.5 hrs	St. Andrew's Centre	8	18-Jan	00062667	\$84.00
Jr. Scientists	8-10	W	4:00 PM	1 hr	Chocolate Lake Community Centre	10	11-Jan	00062511	\$70.00
Dance - Hip Hop	6-10	Sa	11:15 AM	1 hr	St. Andrew's Centre	9	21-Jan	00062709	\$54.00
Dance - Hip Hop	6-8	Sa	11:30 AM	1 hr	Chocolate Lake Community Centre	10	14-Jan	00062517	\$60.00
Dance - Intro Ballet & Jazz	8-11	Th	5:45 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062488	\$45.00
Dance - Creative Movement	5-6	Sa	10:30 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062516	\$45.00
Dance - Ballet & Jazz into	5-7	Th	5:00 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062487	\$45.00
Dance - Hip Hop	8-11	Sa	12:45 PM	1 hr	Chocolate Lake Community Centre	10	14-Jan	00062518	\$60.00
Dance - Ballet	5-8	Sa	11:00 AM	45 mins	Citadel Community Centre	8	21-Jan	00062628	\$36.00
Dance - Ballet	5-8	Sa	12:00 PM	45 mins	Citadel Community Centre	8	21-Jan	00062626	\$36.00
Dance - Hip Hop	6-8	Su	10:00 AM	45 mins	Citadel Community Centre	8	22-Jan	00062633	\$36.00
Dance - Hip Hop	9-12	Su	11:00 AM	45 mins	Citadel Community Centre	8	22-Jan	00062634	\$36.00
Drama	8-12	W	5:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Jan	00063562	\$50.00
Guitar	9-12	Th	6:00 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062483	\$37.50
Piano	6-7	Su	10:00 AM	30 mins	St. Andrew's Centre	9	15-Jan	00063062	\$40.50
Piano	6-7	Su	10:30 AM	30 mins	St. Andrew's Centre	9	15-Jan	00063063	\$40.50
Piano	6-7	Su	11:00 AM	30 mins	St. Andrew's Centre	9	15-Jan	00063072	\$40.50
Piano	6-7	Su	11:30 AM	30 mins	St. Andrew's Centre	9	15-Jan	00063122	\$40.50
Piano	7-8	Su	12:00 PM	30 mins	St. Andrew's Centre	9	15-Jan	00063125	\$40.50

# HALIFAX

March Break Camp - Winter In the Woods Fleming	6-9	M	9:00 AM	7 hrs	Adventure Earth - Fleming Park	5	13-Mar	00061747	\$175.00
March Break Camp - Winter In the Woods Fleming	10-12	M	9:00 AM	7 hrs	Adventure Earth - Fleming Park	5	13-Mar	00061748	\$175.00
March Break Camp	5-11	M-F	8:30 AM	8 hrs	Chocolate Lake Community Centre	5	13-Mar	00062537	\$200.00
March Break Camp	6-11	M-F	8:30 AM	8 hrs	St. Andrew's Centre	5	13-Mar	00062784	\$200.00
March Break Camp	5-7	M-F	8:30 AM	8.5 hrs	Needham Community Centre	5	13-Mar	00063074	\$212.50
March Break Camp	8-12	M-F	8:30 AM	8.5 hrs	Needham Community Centre	5	13-Mar	00063075	\$212.50
March Break Camp	5-12	M-F	8:30 AM	8 hrs	Citadel Community Centre	5	13-Mar	00064934	\$200.00
Amskwes (First Time) Lacrosse - Girls	5-11	Su	12:00 PM	45 mins	Chocolate Lake Community Centre	10	15-Jan	00062534	\$45.00
Amskwes (First Time) Lacrosse	8-11	Su	1:00 PM	1 hr	Chocolate Lake Community Centre	10	15-Jan	00062535	\$60.00
Kindaibujitsu	8-12	W	6:00 PM	1 hr	St. Andrew's Centre	11	11-Jan	00063041	\$66.00
Kindaibujitsu - Beginner	5-12	Sa	8:45 AM	1 hr	St. Andrew's Centre	11	7-Jan	00062701	\$66.00
Kindaibujitsu - Returning	7-15	Sa	10:00 AM	1.5 hrs	St. Andrew's Centre	11	7-Jan	00062702	\$99.00
Badminton	7-11	M	4:00 PM	45 mins	Citadel Community Centre	8	16-Jan	00062615	\$36.00
Basketball	5-7	Sa	11:00 AM	50 mins	George Dixon Community Centre	8	21-Jan	00063505	\$48.00
Basketball	6-8	Su	10:15 AM	45 mins	Citadel Community Centre	8	22-Jan	00062637	\$36.00
Basketball	5-7	M	4:15 PM	1 hr	Chocolate Lake Community Centre	9	9-Jan	00062300	\$54.00
Basketball	5-7	W	4:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Jan	00062476	\$60.00
Basketball	8-11	W	5:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Jan	00062477	\$60.00
Basketball - Girls Only	5-8	Tu	5:15 PM	1 hr	Chocolate Lake Community Centre	10	10-Jan	00062464	\$60.00
Basketball - Girls Only	8-11	Tu	6:15 PM	1 hr	Chocolate Lake Community Centre	10	10-Jan	00062465	\$60.00
Basketball - Fairview Junior High School	7-10	Sa	12:30 PM	1 hr	Fairview Junior High School	8	21-Jan	00062778	\$48.00
Basketball	5-7	Tu	6:00 PM	1 hr	St. Andrew's Centre	10	17-Jan	00062655	\$60.00
Night Hoops	8-12	M	6:00 PM	1 hr	Needham Community Centre	13	9-Jan	00062873	FREE
Night Hoops	8-12	W	6:00 PM	1 hr	Needham Community Centre	12	11-Jan	00062887	FREE
Gymnastics - Tumblebugs	5-6	Sa	11:45 AM	45 mins	Chocolate Lake Community Centre	10	14-Jan	00062530	\$45.00
Gymnastics	7-8	Sa	12:30 PM	1 hr	Chocolate Lake Community Centre	10	14-Jan	00062527	\$60.00
Soccer	7-10	M	6:15 PM	1 hr	Chocolate Lake Community Centre	9	9-Jan	00062462	\$54.00
Soccer	5-7	Su	9:00 AM	45 mins	Chocolate Lake Community Centre	10	15-Jan	00062531	\$45.00
Soccer	8-10	Su	10:00 AM	1 hr	Chocolate Lake Community Centre	10	15-Jan	00062532	\$60.00
Soccer	5-7	M	6:00 PM	1 hr	St. Andrew's Centre	9	16-Jan	00062644	\$54.00

# HALIFAX

Soccer - Fairview Junior High School	5-7	Sa	10:00 AM	1 hr	Fairview Junior High School	8	21-Jan	00062776	\$48.00
Soccer	8-10	M	7:00 PM	1 hr	St. Andrew's Centre	9	16-Jan	00062645	\$54.00
Soccer - Fairview Junior High School	8-10	Sa	11:00 AM	1 hr	Fairview Junior High School	8	21-Jan	00062777	\$48.00
Soccer	6-8	Sa	11:00 AM	45 mins	Citadel Community Centre	8	21-Jan	00062622	\$36.00
Soccer	9-12	Sa	12:00 PM	1 hr	Citadel Community Centre	8	21-Jan	00062623	\$36.00
All Sorts of Sports	6-10	Tu	4:15 PM	45 mins	Chocolate Lake Community Centre	10	10-Jan	00062471	\$45.00
All Sorts of Sports	6-8	Sa	1:30 PM	1 hr	Citadel Community Centre	8	21-Jan	00062624	\$48.00
Volleyball	6-8	Th	4:15 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062479	\$45.00
Volleyball	9-11	Th	5:15 PM	1 hr	Chocolate Lake Community Centre	10	12-Jan	00062480	\$60.00
Tennis	8-12	Su	1:30 PM	45 mins	Citadel Community Centre	8	22-Jan	00062639	\$36.00
George Dixon Afterschool Program	4-7	M	2:30 PM	3 hrs	George Dixon Community Centre	12	9-Jan	00063500	FREE
George Dixon Afterschool Pick Up	4-12	M	2:30 PM	30 mins	George Dixon Community Centre	12	9-Jan	00063499	FREE
George Dixon Afterschool Program	8-12	M	2:30 PM	3 hrs	George Dixon Community Centre	12	9-Jan	00063501	FREE

## YOUTH

Archery	10-15	Sa	5:15 PM	1 hr 15 mins	Citadel High School	8	21-Jan	00062629	\$90.00
Archery - Returning	10-15	Sa	6:30 PM	1 hr 15 mins	Citadel High School	8	21-Jan	00062630	\$90.00
Badminton	12-15	M	5:15 PM	45 mins	Citadel Community Centre	8	16-Jan	00062616	\$36.00
Badminton	11-14	W	6:30 PM	1 hr	St. Andrew's Centre	10	18-Jan	00062665	\$60.00
Badminton - Fairview Junior High School	11-14	Sa	1:45 PM	1 hr	Fairview Junior High School	8	21-Jan	00062779	\$48.00
Basketball	11-13	W	6:30 PM	1 hr	Chocolate Lake Community Centre	10	11-Jan	00062478	\$60.00
Night Hoops	13-20	M	7:15 PM	1 hr 45 mins	Needham Community Centre	13	9-Jan	00062874	FREE
Night Hoops	13-20	W	7:15 PM	1 hr 45 mins	Needham Community Centre	12	11-Jan	00062888	FREE
Soccer	10-12	Su	11:00 AM	1 hr	Chocolate Lake Community Centre	10	15-Jan	00062533	\$60.00
Volleyball	12-15	Th	6:15 PM	1 hr	Chocolate Lake Community Centre	10	12-Jan	00062481	\$60.00
Volleyball	12-15	Tu	7:15 PM	1 hr	St. Andrew's Centre	10	17-Jan	00062656	\$60.00
Kindaibujitsu - Advanced	11-15	W	7:00 PM	1 hr	St. Andrew's Centre	11	11-Jan	00063061	\$66.00

# HALIFAX

Pottery	10-13	M	5:00 PM	2 hrs	St. Andrew's Centre	8	16-Jan	00062650	\$112.00
Jugger	12-16	Sa	3:00 PM	1 hr	Needham Community Centre	8	14-Jan	00063731	FREE
Arts & Crafts - D & D Mini Painting	13-18	Tu	10:00 AM	2 hrs	Power House Youth Centre	1	14-Mar	00061603	FREE
Arts & Crafts - March Break Art Club	13-18	Tu	1:00 PM	2 hrs	Power House Youth Centre	1	14-Mar	00061602	FREE
Beginner Guitar	13-24	Sa	10:30 AM	1 hr	Power House Youth Centre	10	4-Mar	00061592	\$45.00
Returning Guitar	13-24	Sa	12:00 PM	1 hr	Power House Youth Centre	10	4-Mar	00061593	\$45.00
March Break Music Studio	13-18	M	1:00 PM	3 hrs	Power House Youth Centre	3	13-Mar	00061599	FREE
March Break Board Games Club	13-18	M	1:00 PM	3 hrs	Power House Youth Centre	1	13-Mar	00061617	FREE
March Break Cozy Camp!	13-18	F	10:00 AM	5 hrs	Power House Youth Centre	1	17-Mar	00061618	FREE
March Break Dungeons & Dragons	13-18	M	10:00 AM	5 hrs	Power House Youth Centre	1	13-Mar	00061600	FREE
March Break Dungeons & Dragons	13-18	W	10:00 AM	5 hrs	Power House Youth Centre	1	15-Mar	00061619	FREE
March Break Dungeons & Dragons	13-18	Th	10:00 AM	5 hrs	Power House Youth Centre	1	16-Mar	00061601	FREE
Board Games Club	13-24	M	4:30 PM	3 hrs	Power House Youth Centre	9	16-Jan	00061598	FREE
Games - Dungeons & Dragons	13-18	M	4:30 PM	3 hrs	Power House Youth Centre	17	16-Jan	00061588	FREE
Games - Dungeons & Dragons	13-24	Sa	10:00 AM	3 hrs	Power House Youth Centre	20	14-Jan	00061591	FREE
Games - Dungeons & Dragons	13-24	Tu	4:30 PM	3 hrs	Power House Youth Centre	20	17-Jan	00061589	FREE
Games - Dungeons & Dragons	16-24	W	4:30 PM	3 hrs	Power House Youth Centre	20	18-Jan	00061590	FREE
Games - PD Day Dungeons & Dragons	13-18	Th	10:00 AM	5 hrs	Power House Youth Centre	1	30-Mar	00061596	FREE
Games - PD Day Dungeons & Dragons	13-18	F	10:00 AM	5 hrs	Power House Youth Centre	1	27-Jan	00061595	FREE
Babysitter's Training	13-15	W	9:00 AM	7.5 hrs	Power House Youth Centre	1	15-Mar	00064268	\$60.38
Drama - Intro Improv Club	13-24	M	5:00 PM	2 hrs	Power House Youth Centre	8	3-Apr	00061594	FREE
Games - PD Day Dungeons & Dragons	13-18	T	10:00 AM	5 hrs	Power House Youth Centre	1	20-Apr	00061597	FREE

## ADULT

Oil & Acrylic Painting	18+	Tu	1:00 PM	2.5 hrs	St. Andrew's Centre	10	10-Jan	00062653	\$200.00
Acrylic Painting	18+	Th	9:30 AM	2.5 hrs	George Dixon Community Centre	10	19-Jan	00063508	\$200.00
Acrylic Painting - Beginner	18+	Tu	1:00 PM	2.5 hrs	Needham Community Centre	9	10-Jan	00062878	\$180.00
Acrylic Painting - Intermediate	18+	W	1:00 PM	2.5 hrs	Needham Community Centre	9	11-Jan	00062886	\$180.00
Watercolours	18+	Th	9:30 AM	2.5 hrs	Needham Community Centre	10	12-Jan	00062897	\$200.00
Watercolours	18+	Th	12:30 PM	2.5 hrs	Needham Community Centre	10	12-Jan	00062904	\$200.00
Watercolours	18+	Tu	9:30 AM	2.5 hrs	George Dixon Community Centre	10	17-Jan	00063507	\$200.00

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Adult Pottery	18+	Tu	5:30 PM	3 hrs	St. Andrew's Centre	10	10-Jan	00062654	\$240.00
Adult Pottery	18+	W	12:00 PM	3 hrs	St. Andrew's Centre	10	11-Jan	00062660	\$240.00
Adult Pottery	18+	Su	10:00 AM	4 hrs	St. Andrew's Centre	7	15-Jan	00062661	\$224.00
Pottery	18+	Tu	6:30 PM	2.5 hrs	George Dixon Community Centre	10	17-Jan	00064740	\$200.00
Pottery	18+	W	9:30 AM	2.5 hrs	George Dixon Community Centre	10	18-Jan	00063497	\$200.00
Pottery	18+	W	6:30 PM	2.5 hrs	George Dixon Community Centre	10	18-Jan	00063496	\$200.00
Pottery	18+	Th	6:30 PM	2.5 hrs	George Dixon Community Centre	10	19-Jan	00063498	\$200.00
Card Making Workshop	16+	Su	1:00 PM	2 hrs	St. Andrew's Centre	1	15-Jan	00062881	\$20.00
Card Making Workshop	16+	Su	1:00 PM	2 hrs	St. Andrew's Centre	1	19-Mar	00062883	\$20.00
Card Making Workshop	16+	Su	1:30 PM	2 hrs	Chocolate Lake Community Centre	1	29-Jan	00062578	\$20.00
Mindful Art	18+	W	6:00 PM	2 hrs	Isleville Centre	8	11-Jan	00063065	\$128.00
Quilting	18+	M	1:00 PM	2 hrs	St. Andrew's Centre	10	9-Jan	00062648	\$160.00
Quilting	18+	W	1:00 PM	2 hrs	St. Andrew's Centre	11	11-Jan	00062649	\$176.00
Dance - Tango Fundamentals Beginners Level 1	18+	Tu	7:00 PM	1 hr	Chocolate Lake Community Centre	8	10-Jan	00062544	\$56.00
Dance - Tango Beginner Level 2	18+	Tu	8:00 PM	1 hr	Chocolate Lake Community Centre	8	10-Jan	00063151	\$56.00
Guitar Beginner	18+	Th	7:00 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062484	\$52.50
Guitar	18+	Th	8:00 PM	45 mins	Chocolate Lake Community Centre	10	12-Jan	00062485	\$52.50
Photography - Digital SLR Photography	18+	Tu	7:00 PM	2 hrs	Chocolate Lake Community Centre	10	10-Jan	00062470	\$160.00
Archery	16+	Sa	7:45 PM	1.5 hrs	Citadel High School	8	21-Jan	00062631	\$120.00
Badminton	18+	Tu	7:00 PM	2 hrs	Needham Community Centre	9	10-Jan	00063099	\$99.00
Badminton	18+	M	6:30 PM	2 hrs	Citadel Community Centre	8	16-Jan	00062617	\$112.00
Basketball - Co-ed	18+	Tu	7:30 PM	2 hrs	Chocolate Lake Community Centre	10	10-Jan	00062463	\$110.00
Disc Golf - Putting Practice	18+	Su	2:00 PM	1 hr	St. Andrew's Centre	10	22-Jan	00064390	\$63.00
Pickleball - Non-Instructional	18+	Tu	10:00 AM	1.5 hrs	Needham Community Centre	11	10-Jan	00062905	\$90.75
Pickleball - Non-Instructional	18+	Th	5:00 PM	1.5 hrs	Needham Community Centre	12	12-Jan	00062898	\$99.00
Pickleball - Non-Instructional	18+	F	6:00 PM	2 hrs	Needham Community Centre	12	13-Jan	00062899	\$132.00
Pickleball - Beginner	18+	Th	1:30 PM	1.5 hrs	St. Andrew's Centre	11	12-Jan	00062740	\$90.75
Pickleball - Non-Instructional	18+	Tu	10:00 AM	2 hrs	St. Andrew's Centre	11	10-Jan	00062658	\$121.00
Pickleball - Non-Instructional	18+	Tu	1:00 PM	1.5 hrs	St. Andrew's Centre	11	10-Jan	00062659	\$90.75

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Pickleball - Non-Instructional	18+	Th	10:00 AM	2 hrs	St. Andrew's Centre	11	12-Jan	00062739	\$121.00
Fitness - 55 - Mind over Matter	40+	Tu	9:00 AM	1 hr	Chocolate Lake Community Centre	10	10-Jan	00062466	\$63.00
Fitness - 55 - Mind over Matter	40+	Th	9:30 AM	1 hr	Chocolate Lake Community Centre	10	12-Jan	00062489	\$63.00
Fitness - Mobility	40+	Tu	10:30 AM	1.5 hrs	Chocolate Lake Community Centre	9	10-Jan	00063119	\$85.05
Fitness - Barre	18+	M	1:30 PM	1 hr	St. Andrew's Centre	10	9-Jan	00062651	\$63.00
Fitness - Barre	18+	W	1:30 PM	1 hr	St. Andrew's Centre	11	11-Jan	00062652	\$69.30
Fitness - Piloxing	18+	Th	7:00 PM	1 hr	St. Andrew's Centre	12	12-Jan	00062743	\$75.60
Fitness - Boot Camp(outdoor/indoor)	18+	Tu	12:00 PM	55 mins	Needham Community Centre	22	10-Jan	00062879	\$138.60
Zumba	18+	Tu	5:30 PM	1 hr	Citadel Community Centre	8	17-Jan	00062618	\$50.40
Zumba	18+	M	6:30 PM	1 hr	Chocolate Lake Community Centre	10	9-Jan	00062301	\$63.00
Zumba	18+	W	6:30 PM	1 hr	Chocolate Lake Community Centre	12	4-Jan	00062473	\$75.60
Zumba	18+	Th	6:00 PM	1 hr	St. Andrew's Centre	12	12-Jan	00062742	\$75.60
Zumba Gold Chair	16+	Th	1:30 PM	1 hr	St. Andrew's Centre	11	12-Jan	00062893	\$69.30
Yoga	18+	W	7:30 PM	1 hr	Chocolate Lake Community Centre	12	4-Jan	00062472	\$75.60
Yoga - Yin Yoga	18+	W	10:00 AM	1 hr	Chocolate Lake Community Centre	12	4-Jan	00062468	\$75.60
Yoga - Yoga Flow	18+	M	10:00 AM	1 hr	Chocolate Lake Community Centre	10	9-Jan	00062461	\$63.00
Yoga - Yoga Flow	18+	F	10:00 AM	1 hr	Chocolate Lake Community Centre	12	6-Jan	00062469	\$75.60
Yoga - Prenatal Yoga	18+	Tu	6:00 PM	1 hr 15 mins	Chocolate Lake Community Centre	4	10-Jan	00064737	\$31.50
Yoga - Prenatal Yoga	18+	Tu	6:00 PM	1 hr 15 mins	Chocolate Lake Community Centre	4	14-Feb	00064738	\$31.50
Gentle Yoga	18+	Th	10:00 AM	1 hr	St. Andrew's Centre	11	12-Jan	00062741	\$69.30
Yoga Flow	18+	Tu	6:30 PM	1 hr	St. Andrew's Centre	11	10-Jan	00062662	\$69.30
Chair Yoga	18+	M	12:00 PM	45 mins	Needham Community Centre	9	9-Jan	00062872	\$42.57
Yoga	16+	Tu	5:30 PM	1.5 hrs	Isleville Centre	10	10-Jan	00062911	\$94.50
Yoga	18+	Tu	7:15 PM	1 hr 15 mins	Isleville Centre	10	10-Jan	00062909	\$78.80
Yoga	18+	Th	6:00 PM	1 hr 15 mins	Isleville Centre	10	12-Jan	00062910	\$78.80
Yoga - Beginner	18+	Tu	6:00PM	60 mins	St. Mary's Boat Club	11	10-Jan	00061745	\$69.30



Yoga - Beginner	18+	Th	6:00PM	60 mins	St. Mary's Boat Club	11	12-Jan	00061746	\$69.30
Yoga - Beginner	18+	W	6:30 PM	1.5 hrs	Citadel Community Centre	8	18-Jan	00062619	\$75.60
Tai Chi & Qi Gong	18+	Th	11:30 AM	1.5 hrs	St. Andrew's Centre	10	12-Jan	00062722	\$78.80
Tai Chi & Qi Gong - Returning	18+	Tu	11:30 AM	1.5 hrs	St. Andrew's Centre	10	10-Jan	00062657	\$78.80
Explore Your Trails - Fleming Park	16+	M	10:00 AM	2 hrs	Fleming Park	1	9-Jan	00062642	FREE

Please note that adult programs are +HST and senior discounts apply to clients 60 years of age and older.

DROP INS									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Gym Drop-In	12-17	Su	2:00 PM	2 hrs	Chocolate Lake Community Centre	10	15-Jan	00062536	FREE
Senior's Drop-in	18+	W	1:00 PM	2 hrs	Chocolate Lake Community Centre	9	11-Jan	00062515	FREE
Family Game Night	All Ages	F	5:00 PM	3 hrs	Needham Community Centre	10	13-Jan		FREE
Open Gym	All Ages	Sa	9:30 AM	5 hrs	Needham Community Centre	10	14-Jan		FREE
Family Open Gym	All Ages	Su	3:00 PM	2 hrs	Citadel Community Centre	8	22-Jan		FREE
Monday - Afterschool Drop In	13-24	M	3:30 PM	4 hrs	Power House Youth Centre		9-Jan		FREE
Tuesday - Afterschool Drop In	13-24	T	3:30 PM	4 hrs	Power House Youth Centre		10-Jan		FREE
Wednesday - Afterschool Drop In	13-24	W	3:30 PM	4 hrs	Power House Youth Centre		11-Jan		FREE
Saturday - Drop in	13-24	Sa	11:30 AM	4 hrs	Power House Youth Centre		14-Jan		FREE

H.E.A.T. Youth Action Team has monthly events! Check out [www.halifax.ca/aec](http://www.halifax.ca/aec) for more info!



## PASSWORD ALERT!

To improve security for our users, our online registration platform will be changing its password requirements. Starting Nov. 16, 2022, the minimum password length to log into a MyRec account will be extended from eight to 10 characters.

New and existing users with passwords less than 10 characters will be required to change their password before logging into their MyRec account. Existing users with passwords of 10 or more characters are unaffected. For enhanced security, users are required to update their own password rather than seek assistance from recreation staff.

We urge all impacted users to change their password to 10 or more characters before the upcoming winter recreation programming registration on Dec. 7 and 8, 2022 or at the next available opportunity. To change your password, visit the account login page and follow the password reset instructions. Questions can be directed to your local recreation centre or call (902) 490.6666.