

WINTER 2023

FALL RIVER

Gordon R. Snow Community Centre
1359 Fall River Road
Phone: 902.860.4570



HALIFAX



FALL RIVER

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Preschooler Play	3-5	M/W/F	9:00 AM	2.5 hrs	Gordon R Snow Community Centre	25	9-Jan	00061817	\$281.25
Soccer	3-5	M	5:10 PM	30 mins	Gordon R Snow Community Centre	8	16-Jan	00061819	\$24.00
Soccer	3-5	M	5:45 PM	30 mins	Gordon R Snow Community Centre	8	16-Jan	00061820	\$24.00
Little Sports	3-5	M	5:15 PM	30 mins	Gordon R Snow Community Centre	8	16-Jan	00062800	\$24.00
Basketball	3-5	Tu	4:15 PM	30 mins	Gordon R Snow Community Centre	8	17-Jan	00061818	\$24.00
Parent & Tot Gym Time	18m+	W	9:00 AM	2 hrs	Gordon R Snow Community Centre	13	4-Jan	00061815	FREE
Fitness - Zumba Kids Jr.	4-6	W	5:15 PM	45 mins	Gordon R Snow Community Centre	8	18-Jan	00061812	\$30.00
Dance - Creative Movement	3-5 1/2	Th	4:00 PM	45 mins	Gordon R Snow Community Centre	8	19-Jan	00061802	\$36.00
Gymnastics - Tumblebugs	3 1/2-5	F	4:15 PM	45 mins	Gordon R Snow Community Centre	8	20-Jan	00061814	\$36.00

CHILD									
Discover Drama	7-11	M	5:15 PM	1hr	Gordon R Snow Community Centre	8	16-Jan	00064238	\$40.00
Soccer	5 1/2-7	M	5:50 PM	1 hr	Gordon R Snow Community Centre	8	16-Jan	00061822	\$48.00
Volleyball	7-10	M	6:20 PM	1 hr	Gordon R Snow Community Centre	8	16-Jan	00061824	\$48.00
Basketball	5-6	Tu	4:00 PM	1 hr	Gordon R Snow Community Centre	8	17-Jan	00061799	\$48.00
Basketball	7-8	Tu	5:10 PM	1 hr	Gordon R Snow Community Centre	8	17-Jan	00061800	\$48.00
Soccer	5 1/2-7	Tu	5:00 PM	1 hr	Gordon R Snow Community Centre	8	17-Jan	00061821	\$48.00
Arts & Crafts	5-7	W	4:00 PM	1 hr	Gordon R Snow Community Centre	8	18-Jan	00063430	\$56.00
Arts & Crafts	8-10	W	5:00 PM	1 hr	Gordon R Snow Community Centre	8	18-Jan	00063433	\$56.00
Fitness - Zumba Kids	7-11	W	6:15 PM	45 mins	Gordon R Snow Community Centre	8	18-Jan	00061813	\$30.00
Dance - Creative Movement	5 1/2-8	Th	5:00 PM	45 mins	Gordon R Snow Community Centre	8	19-Jan	00061803	\$36.00
Soccer	8-10	Th	5:10 PM	1 hr	Gordon R Snow Community Centre	8	19-Jan	00061823	\$48.00
Badminton	9-12	Th	6:15 PM	1 hr	Gordon R Snow Community Centre	8	19-Jan	00061797	\$48.00
Jr. Scientists	6-8	F	4:15 PM	1 hr	Gordon R Snow Community Centre	8	20-Jan	00063447	\$56.00
Jr. Scientists	9-12	F	5:30 PM	1 hr	Gordon R Snow Community Centre	8	20-Jan	00063450	\$56.00
March Break Camp	5 1/2-12	M-F	8:30 AM	8 hrs	Gordon R Snow Community Centre	5	13-Mar	00061937	\$200.00

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YOUTH									
Babysitter Basics	11-15	Su	9:00 AM	7 hrs	Gordon R Snow Community Centre	1	12-Feb	00064701	\$60.38
Youth Gym Time	Gr 7-12	M	3:15 PM	1 hr 45 mins	Gordon R Snow Community Centre	10	9-Jan	00061827	FREE
Yoga	15-18	Tu	4:00 PM	1 hr	Gordon R Snow Community Centre	8	17-Jan	00063560	\$40.00
Youth Gym Time	Gr 7-12	Th	3:15 PM	1 hr 45 mins	Gordon R Snow Community Centre	11	12-Jan	00061826	FREE
Youth Night	12-15	F	5:30 PM	3 hrs	Gordon R Snow Community Centre	10	13-Jan	00061828	FREE

ADULT									
Fitness - 20/20/20	18+	M	9:00 AM	1 hr	Gordon R Snow Community Centre	10	9-Jan	00061806	\$63.00
Pickleball Beginner - Non Instructional	18+	M	10:15 AM	2 hrs	Gordon R Snow Community Centre	10	9-Jan	00061816	\$110.00
Tai Chi & Qi Gong	18+	M	6:00 PM	1 hr	Gordon R Snow Community Centre	8	9-Jan	00063559	\$56.00
Ball Room Dancing	18+	M	7:15 PM	1 hr	Gordon R Snow Community Centre	8	16-Jan	00062584	\$56.00
Ball Room Dancing - Experienced	18+	M	8:15 PM	1 hr	Gordon R Snow Community Centre	8	16-Jan	00062585	\$56.00
Fitness - Total Body Fit	18+	Tu	9:00 AM	1 hr	Gordon R Snow Community Centre	10	10-Jan	00061809	\$63.00
Zumba	18+	Tu	6:00 PM	1 hr	Gordon R Snow Community Centre	10	10-Jan	00061811	\$63.00
Badminton	18+	Tu	6:30 PM	1.5 hrs	Gordon R Snow Community Centre	10	10-Jan	00061796	\$82.50
Yoga	18+	Tu	7:15 PM	1 hr	Gordon R Snow Community Centre	10	10-Jan	00061791	\$63.00
Basketball	18+	Tu	8:30 PM	1.5 hrs	Gordon R Snow Community Centre	10	10-Jan	00061798	\$82.50
Fitness - Total Body Fit	18+	Th	9:00 AM	1 hr	Gordon R Snow Community Centre	10	12-Jan	00061810	\$64.30
Crafter's Drop-In	18+	Th	10:00 AM	2 hrs	Gordon R Snow Community Centre	11	12-Jan	00061801	FREE
Yoga	18+	Th	10:30 AM	1 hr	Gordon R Snow Community Centre	10	12-Jan	00063561	\$63.00
Fitness - Bellyfit	18+	Th	6:00 PM	1 hr	Gordon R Snow Community Centre	10	12-Jan	00061807	\$63.00
Yoga	18+	Th	7:15 PM	1 hr	Gordon R Snow Community Centre	10	12-Jan	00061793	\$63.00
Fitness - Cardio Interval	18+	F	9:00 AM	1 hr	Gordon R Snow Community Centre	10	13-Jan	00061808	\$63.00
Yoga - Gentle Yoga	18+	F	10:30 AM	1 hr	Gordon R Snow Community Centre	10	13-Jan	00061825	\$63.00
Adult Gym Time (no Pickleball)	18+	F	7:30 PM	1.5 hrs	Gordon R Snow Community Centre	12	6-Jan	00061794	FREE
Yoga - Sculpt	18+	Sa	9:00 AM	45 min	Gordon R Snow Community Centre	10	14-Jan	00064697	\$47.25

Please note that adult programs are +HST and senior discounts apply to clients 60 years of age and older.

FALL RIVER

DROP INS							
Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Fee
Indoor Walking	18+	M-F	7:15 AM	1.25 hrs	Gymnasium	3-Jan	FREE
Pickleball Drop In	18+	Tu/Th	9:00 AM	2 hrs	Gymnasium	3-Jan	FREE
Pickleball Drop In	18+	Tu/Th	11:30 AM	2 hrs	Gymnasium	3-Jan	FREE
Pickleball Drop In	18+	W	11:30 AM	2 hrs	Gymnasium	4-Jan	FREE
Pickleball Drop In	18+	F	10:15 AM	2 hrs	Gymnasium	6-Jan	\$5.00
Family Winter Fest Event	All Ages	Sa	1:00 PM	3 hrs	Outside	28-Jan	FREE

Gordon R. Snow Fitness Centre

1359 Fall River Rd. Fall River

(902) 860-4570

Hours of Operation: M-F 7:00 AM - 9:00 PM

Sat & Sun. 8:30 AM - 5:00 PM

The fitness centre will operate by pre-booked appointment only. Please visit the Fitness Ctr. bookings page at halifax.ca/MyRec to book your workout time. Bookings are available 7 days in advance. For more information on purchasing a membership and online bookings, please contact the site directly.



FALL RIVER



PASSWORD ALERT!

To improve security for our users, our online registration platform will be changing its password requirements. Starting Nov. 16, 2022, the minimum password length to log into a MyRec account will be extended from eight to 10 characters.

New and existing users with passwords less than 10 characters will be required to change their password before logging into their MyRec account. Existing users with passwords of 10 or more characters are unaffected. For enhanced security, users are required to update their own password rather than seek assistance from recreation staff.

We urge all impacted users to change their password to 10 or more characters before the upcoming winter recreation programming registration on Dec. 7 and 8, 2022 or at the next available opportunity. To change your password, visit the account login page and follow the password reset instructions. Questions can be directed to your local recreation centre or call (902) 490.6666.