

FALL 2022

# FALL RIVER

**Gordon R. Snow Community Centre**

1359 Fall River Road

Phone: 902.860.4570



HALIFAX



# FALL RIVER

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
<b>PRESCHOOL</b>									
Soccer	3-5	M	5:10 PM	30 min	Gordon R Snow Community Centre	8	19-Sep	00057996	\$24.00
Soccer	3-5	M	5:45 PM	30 min	Gordon R Snow Community Centre	8	19-Sep	00057997	\$24.00
Basketball	3-5	M	5:15 PM	30 min	Gordon R Snow Community Centre	8	19-Sep	00058215	\$24.00
Preschooler Play	3-5	M/W/F	9:00 AM	2.5 hrs	Gordon R Snow Community Centre	30	19-Sep	00057994	\$337.50
Basketball	3-5	Tu	4:15 PM	30 min	Gordon R Snow Community Centre	10	20-Sep	00057995	\$30.00
Parent & Tot - Gym Time	18m+	W	9:00 AM	2 hrs	Gordon R Snow Community Centre	14	14-Sep	00057987	FREE
Fitness - Zumba Kids	4-6	W	5:15 PM	45 min	Gordon R Snow Community Centre	10	21-Sep	00057991	\$37.50
Dance - Creative Movement	3-5 <sup>1/2</sup>	Th	4:00 PM	45 min	Gordon R Snow Community Centre	10	22-Sep	00058007	\$45.00
Gymnastics - Tumble Bugs	3 <sup>1/2</sup> -5	F	4:15 PM	45 min	Gordon R Snow Community Centre	8	23-Sep	00057993	\$36.00

<b>CHILD</b>									
Soccer	5 <sup>1/2</sup> -7	M	5:50 PM	1 hr	Gordon R Snow Community Centre	8	19-Sep	00057999	\$48.00
Volleyball	7-10	M	6:20 PM	1 hr	Gordon R Snow Community Centre	8	19-Sep	00058000	\$48.00
Basketball	5-6	Tu	4:00 PM	1 hr	Gordon R Snow Community Centre	10	20-Sep	00058005	\$60.00
Basketball	7-8	Tu	5:10 PM	1 hr	Gordon R Snow Community Centre	10	20-Sep	00058006	\$60.00
Soccer	5 <sup>1/2</sup> -7	Tu	5:00 PM	1 hr	Gordon R Snow Community Centre	10	20-Sep	00057998	\$60.00
Fitness - Zumba Kids	7-11	W	6:15 PM	45 min	Gordon R Snow Community Centre	10	21-Sep	00057992	\$37.50
Dance - Creative Movement	5 <sup>1/2</sup> -8	Th	5:00 PM	45 min	Gordon R Snow Community Centre	10	22-Sep	00058008	\$45.00
Soccer	8-10	Th	5:10 PM	1 hr	Gordon R Snow Community Centre	10	22-Sep	00058425	\$60.00
Badminton	9-12	Th	6:15 PM	1 hr	Gordon R Snow Community Centre	10	22-Sep	00058004	\$60.00

<b>FAMILY</b>									
Canoeing - Family Learn To Canoe	5+	Sa	2:00 PM	2 hrs	Gordon R Snow Community Centre	1	3-Sep	00059553	\$17.39

<b>YOUTH</b>									
Gym Time	Gr 7-12	M	3:15 PM	1 hr 45 min	Gordon R Snow Community Centre	11	19-Sep	00058002	FREE
Yoga	15-18	Tu	4:00 PM	1 hr	Gordon R Snow Community Centre	10	20-Sep	00058631	\$50.00
Gym Time	Gr 7-12	Th	3:15 PM	1 hr 45 min	Gordon R Snow Community Centre	13	22-Sep	00058001	FREE
Youth Night	12-15	F	5:30 PM	3 hrs	Gordon R Snow Community Centre	10	23-Sep	00058003	FREE

# FALL RIVER

ADULT									
Emergency First Aid	12+	Su	9:00 AM	7 hrs	Gordon R Snow Community Centre	1	25-Sep	00058049	\$80.00
Rag Rug Making Workshop	16+	Su	12:30 PM	4.5 hrs	Gordon R Snow Community Centre	1	16-Oct	00058048	\$85.00
Fitness - 20/20/20	18+	M	9:00 AM	1 hr	Gordon R Snow Community Centre	12	12-Sep	00057979	\$75.60
Pickleball - Beginner	18+	M	10:15 AM	2 hrs	Gordon R Snow Community Centre	12	12-Sep	00057988	\$132.00
Tai Chi & Qi Gong	18+	M	10:30 AM	1 hr	Gordon R Snow Community Centre	10	12-Sep	00058009	\$70.00
Fitness - Zumba	18+	M	6:00 PM	1 hr	Gordon R Snow Community Centre	10	12-Sep	00057986	\$63.00
Fitness - Total Body Fit	18+	Tu	9:00 AM	1 hr	Gordon R Snow Community Centre	13	13-Sep	00057984	\$81.90
Fitness - Pilates Beginner	18+	Tu	6:00 PM	1 hr	Gordon R Snow Community Centre	10	13-Sep	00058632	\$63.00
Badminton	18+	Tu	6:30 PM	1.5 hrs	Gordon R Snow Community Centre	12	13-Sep	00057976	\$99.00
Yoga	18+	Tu	7:15 PM	1 hr	Gordon R Snow Community Centre	10	13-Sep	00057972	\$63.00
Basketball	18+	Tu	8:30 PM	1.5 hrs	Gordon R Snow Community Centre	12	13-Sep	00057977	\$99.00
Crafter's Drop-In	18+	W	1:00 PM	2 hrs	Gordon R Snow Community Centre	10	14-Sep	00057978	FREE
Yoga	18+	W	7:15 PM	1 hr	Gordon R Snow Community Centre	10	14-Sep	00057974	\$63.00
Fitness - Total Body Fit	18+	Th	9:00 AM	1 hr	Gordon R Snow Community Centre	13	15-Sep	00057985	\$81.90
Yoga	18+	Th	10:30 AM	1 hr	Gordon R Snow Community Centre	10	15-Sep	00057973	\$63.00
Fitness - Bellyfit	18+	Th	6:00 PM	1 hr	Gordon R Snow Community Centre	10	15-Sep	00057982	\$63.00
Yoga	18+	Th	7:15 PM	1 hr	Gordon R Snow Community Centre	10	15-Sep	00057971	\$63.00
Fitness - Cardio Interval	18+	F	9:00 AM	1 hr	Gordon R Snow Community Centre	11	16-Sep	00057983	\$69.30
Yoga - Gentle Yoga	18+	F	10:15 AM	1 hr	Gordon R Snow Community Centre	11	16-Sep	00057990	\$69.30
Gym Time (no Pickleball)	18+	F	7:30 PM	1.5 hrs	Gordon R Snow Community Centre	12	16-Sep	00057975	FREE

Please note that adult programs are +HST and senior discounts apply to clients 60 years of age and older

OVERNIGHT CAMPS									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Fall H.E.A.T. Camp	13-18	F	7:00 PM	48 hr	Camp Mockingee	3	4-Nov	00058472	\$50.00
Re Gen Overnight Camp	18+	Sa	9:00 AM	30 hr	Camp Mockingee	2	15-Oct	00060683	\$50.00

# FALL RIVER

DROP INS							
Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Fee
Indoor Walking	18+	M-F	7:15 AM	1.25 hrs	Gymnasium	06-Sep	FREE
Pickleball Drop-In	18+	Tu/Th	9:00 AM	2 hrs	Gymnasium	06-Sep	FREE
Pickleball Drop-In	18+	Tu/Th	11:30 AM	2 hrs	Gymnasium	06-Sep	FREE
Pickleball Drop-In	18+	W	11:30 AM	2 hrs	Gymnasium	07-Sep	FREE
Pickleball Drop-In	18+	F	10:15 AM	2 hrs	Gymnasium	09-Sep	\$5.00

## Gordon R. Snow Fitness Centre

1359 Fall River Rd. Fall River

(902) 860-4570

Hours of Operation: M-F 7:00 AM - 9:00 PM,

Sat. & Sun. 8:30 AM - 5:00 PM

The fitness centre will operate by pre-booked appointment only. Please visit the Fitness Ctr. bookings page at [halifax.ca/MyRec](http://halifax.ca/MyRec) to book your workout time. Bookings are available 7 days in advance. For more information on purchasing a membership and online bookings, please contact the site directly.