

Fall 2024

Cole Harbour/ Lawrencetown

Cole Harbour Community Centre
1216 Cole Harbour Road
Phone: 902.490.4711



HALIFAX

Cole Harbour/Lawrencetown

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
NEW PROGRAMS									
Movie Night Ages 12-15	12-15	F	6:00PM	3 hrs	Cole Harbour Recreation Centre	1	27-Sep	00093629	\$10.00
Swiftie Dance Party!	5-10	F	6:00PM	1.5 hrs	Cole Harbour Recreation Centre	1	04-Oct	00093534	\$7.80
Learn to Embroider	12-15	F	6:00 PM	2 hrs	Cole Harbour Recreation Centre	1	25-Oct	00093631	\$10.00
Broadway Kids	6-8	Tu	6:00 PM	45 min	Cole Harbour Recreation Centre	9	24-Sep	00091674	\$35.10
Broadway Kids	9-12	Tu	7:00 PM	45 min	Cole Harbour Recreation Centre	9	24-Sep	00091691	\$35.10
PRESCHOOL									
Parent & Tot - Soccer - Eric Graves Jr. High	2-4	M	6:00 PM	30 min	Eric Graves Memorial Junior High	8	23-Sep	00090677	\$24.96
Parent & Tot - Basketball - Eric Graves Jr. High	3-5	M	6:45 PM	30 min	Eric Graves Memorial Junior High	8	23-Sep	00090678	\$24.96
Ballet - Caldwell Road Elementary	3-5	M	6:00 PM	45 min	Caldwell Road Elementary School	8	23-Sep	00090683	\$37.44
Soccer - Colby Village Elementary	3-5	Tu	6:00 PM	45 min	Colby Village Elementary School	10	24-Sep	00090691	\$46.80
Tumblebugs	3-5	W	4:30 PM	45 min	Cole Harbour Recreation Centre	9	25-Sep	00090707	\$42.12
Tumblebugs	3-5	W	5:30 PM	45 min	Cole Harbour Recreation Centre	9	25-Sep	00090705	\$42.12
Tumblebugs	3-5	W	6:30 PM	45 min	Cole Harbour Recreation Centre	9	25-Sep	00090706	\$42.12
Parent & Tot - Yoga	3-5	W	5:30 PM	45 min	Cole Harbour Recreation Centre	10	25-Sep	00091259	\$39.00
Little Sports - Cole Harbour District High	3-5	W	6:00 PM	45 min	Cole Harbour District High School	10	25-Sep	00091256	\$46.80
Arts & Crafts - Messy Art	3-5	Th	4:30 PM	45 min	Cole Harbour Recreation Centre	9	26-Sep	00091263	\$49.14
Creative Movement - Graham Creighton Jr. High	3-5	Th	5:00 PM	45 min	Graham Creighton Junior High	9	26-Sep	00091298	\$42.12
CHILD									
Cooking - Fun with Baking	6-8	M	5:00 PM	1 hr 15 min	Cole Harbour Recreation Centre	6	23-Sep	00090672	\$65.52
Cooking - Fun with Baking	9-11	M	6:30 PM	1 hr 15 min	Cole Harbour Recreation Centre	6	23-Sep	00090673	\$65.52
Ballet - Caldwell Road Elementary	5-7	M	7:00 PM	45 min	Caldwell Road Elementary School	8	23-Sep	00090685	\$37.44
Basketball - Astral Drive Elementary	5-7	Tu	6:00 PM	45 min	Astral Drive Elementary School	10	24-Sep	00090686	\$46.80
Basketball - Astral Drive Elementary	8-11	Tu	7:00 PM	45 min	Astral Drive Elementary School	10	24-Sep	00091255	\$46.80
Broadway Kids	6-8	Tu	6:00 PM	45 min	Cole Harbour Recreation Centre	9	24-Sep	00091674	\$35.10
Broadway Kids	9-12	Tu	7:00 PM	45 min	Cole Harbour Recreation Centre	9	24-Sep	00091691	\$35.10
Soccer - Colby Village Elementary	6-8	Tu	7:00 PM	45 min	Colby Village Elementary School	10	24-Sep	00090693	\$46.80
All Sorts of Sports - Cole Harbour District High	5-8	W	6:00 PM	45 min	Cole Harbour District High School	10	25-Sep	00091257	\$46.80

Cole Harbour/Lawrencetown

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CHILD									
Basketball - Caldwell Road Elementary	5-7	W	6:00 PM	45 min	Caldwell Road Elementary School	10	25-Sep	00090700	\$46.80
Basketball - Caldwell Road Elementary	8-10	W	7:00 PM	45 min	Caldwell Road Elementary School	10	25-Sep	00090701	\$46.80
Badminton	10-12	W	7:00 PM	1 hr	Cole Harbour District High School	10	25-Sep	00090699	\$62.40
Yoga - Parented	6-10	W	6:30 PM	45 min	Cole Harbour Recreation Centre	10	25-Sep	00091258	\$39.00
Arts & Crafts	5-7	Th	5:30 PM	45 min	Cole Harbour Recreation Centre	9	26-Sep	00091264	\$49.14
Arts & Crafts	8-10	Th	6:30 PM	45 min	Cole Harbour Recreation Centre	9	26-Sep	00091265	\$49.14
Dance - Hip Hop	8-11	Th	7:00 PM	45 min	Graham Creighton Junior High	9	26-Sep	00091300	\$42.12
Swiftie Dance Party!	5-10	F	6:00PM	1.5 hrs	Cole Harbour Recreation Centre	1	04-Oct	00093534	\$7.80
Jr. Scientists	6-10	Sa	12:45 PM	45 min	Cole Harbour Recreation Centre	7	28-Sep	00091307	\$50.96
Chess - Beginner	7-12	Sa	1:45 PM	1 hr	Cole Harbour Recreation Centre	7	28-Sep	00091496	\$50.96
Chess - Intermediate	7-12	Sa	3:00 PM	1 hr	Cole Harbour Recreation Centre	7	28-Sep	00091497	\$50.96
Halloween Crafts & Activities - Graham Creighton Jr. High	5-11	Su	10:30 AM	1.5 hrs	Graham Creighton Junior High	1	27-Oct	00091498	\$14.57
Halloween Crafts & Activities - Cole Harbour Recreation Centre	5-11	Su	1:00 PM	1.5 hrs	Cole Harbour Recreation Centre	1	27-Oct	00091499	\$14.57
Home Alone Safety	9-11	Su	9:00 AM	5 hrs	Cole Harbour Recreation Centre	1	20-Oct	00091501	\$60.00
YOUTH									
Babysitter Basics	11-16	Su	9:00 AM	7 hrs	Cole Harbour Recreation Centre	1	29-Sep	00091500	\$60.00
Movie Night	12-15	F	6:00 PM	3 hrs	Cole Harbour Recreation Centre	1	27-Sep	00093629	\$10.00
Learn to Embroider	12-15	F	6:00 PM	2 hrs	Cole Harbour Recreation Centre	1	25-Oct	00093631	\$10.00
ADULT									
Strength & Stretch	18+	M	9:00 AM	1 hr	Cole Harbour Recreation Centre	8	9-Sep	00091502	\$52.40
Yoga - Yang/Yin	18+	M	10:30 AM	1 hr 15 min	Cole Harbour Recreation Centre	8	9-Sep	00090682	\$65.52
Yoga - Stability Ball	18+	M	12:00 PM	45 min	Cole Harbour Recreation Centre	8	9-Sep	00090681	\$52.40
Pilates	18+	M	6:30 PM	1 hr	Cole Harbour Recreation Centre	8	9-Sep	00090674	\$52.40
Zumba	18+	M	7:45 PM	1 hr	Cole Harbour Recreation Centre	8	9-Sep	00090676	\$52.40
Ball Fit	18+	Tu	9:15 AM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00090689	\$72.05
50+ Fitness	18+	Tu	10:30 AM	45 min	Cole Harbour Recreation Centre	9	24-Sep	00090688	\$44.28
Yoga	18+	Tu	11:00 AM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00090696	\$72.05

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ADULT									
Yoga - Yin	18+	Tu	12:15 PM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00090698	\$72.05
Yoga - Gentle	18+	Tu	1:30 PM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00091261	\$72.05
Step & Strength	18+	Tu	6:00 PM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00090690	\$72.05
Somatics	18+	Tu	7:30 PM	1 hr	Cole Harbour Recreation Centre	11	10-Sep	00090675	\$72.05
Yoga - Yoga-Lates	18+	W	9:15 AM	1 hr	Cole Harbour Recreation Centre	11	11-Sep	00091260	\$72.05
50+ Fitness	18+	W	10:30 AM	45 min	Cole Harbour Recreation Centre	11	11-Sep	00090704	\$54.12
Seated Pilates	18+	W	11:30 AM	1 hr	Cole Harbour Recreation Centre	11	11-Sep	00094278	\$72.05
Zumba Gold	18+	W	1:00 PM	1 hr	Cole Harbour Recreation Centre	11	11-Sep	00091262	\$72.05
50+ Fitness	18+	Th	9:15 AM	45 min	Cole Harbour Recreation Centre	11	12-Sep	00091301	\$54.12
Pilates	18+	Th	10:15 AM	45 min	Cole Harbour Recreation Centre	11	12-Sep	00091303	\$54.12
Yoga	18+	Th	10:30 AM	1 hr 15 min	Cole Harbour Recreation Centre	11	12-Sep	00091304	\$90.09
Tai Chi - 4 Week Fast Track	18+	Tu/Th	3:00 PM	1 hr	Cole Harbour Recreation Centre	8	22-Oct	00090695	\$52.40
Barre	18+	Th	6:30 PM	1 hr	Cole Harbour Recreation Centre	11	12-Sep	00091302	\$72.05
Zumba Gold	18+	F	10:15 AM	1 hr	Cole Harbour Recreation Centre	11	13-Sep	00091306	\$72.05
Yoga - Restorative	18+	F	11:30 AM	1 hr 15 min	Cole Harbour Recreation Centre	13	13-Sep	00091305	\$106.47
Step Up To Leadership	18+	W	6:30 PM	2 hrs	Graham Creighton Junior High	8	11-Sep	00093394	\$10.00
Step Up To Leadership	18+	W	6:30 PM	2 hrs	Findlay Community Centre	8	18-Sep	00093402	\$10.00
DROP-INS									
Basketball	15-17	W	8:00 PM	1 hr 15 min	Cole Harbour District High School	10	25-Sep		FREE

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

