

Winter 2024

Sheet Harbour

East Ship Harbour to Ecum Secum
22756 Highway #7 Bluewater Building
Phone: 902.885.2988
Toll FREE: 1.866.522.2422



HALIFAX



Sheet Harbour

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
PRECHOOL									
Ballet	3-5	Th	4:00 PM	30 min	Sheet Harbour Recreation Office	6	18-Jan	00078649	\$18.36
CHILD									
Soccer	5-8	M	6:00 PM	1 hr	Marine Drive Academy	6	15-Jan	00078670	\$36.72
Soccer	9-12	M	6:00 PM	1 hr	Marine Drive Academy	6	15-Jan	00078672	\$36.72
Skills & Drills	5-8	M	7:00 PM	1 hr	Marine Drive Academy	6	15-Jan	00078661	\$36.72
Skills & Drills	9-12	M	7:00 PM	1 hr	Marine Drive Academy	6	15-Jan	00078662	\$36.72
Afterschool Club	6-12	Tu	2:30 PM	2 hrs	Sheet Harbour Recreation Office	6	16-Jan	00078648	\$42.84
Family Open Gym	5+	Tu	6:00 PM	2 hrs	Marine Drive Academy	8	16-Jan	00078657	FREE
Family Open Gym	5+	Tu	8:00 PM	2 hrs	Marine Drive Academy	8	16-Jan	00078658	FREE
Creative Movement	6-10	Th	2:50 PM	1 hr	Sheet Harbour Recreation Office	6	18-Jan	00078650	\$36.72
Broadway Kids	5-8	F	2:30 PM	1.5 hrs	Sheet Harbour Recreation Office	6	19-Jan	00078652	\$45.90
Drama-Rama	9-12	F	2:30 PM	1.5 hrs	Sheet Harbour Recreation Office	6	19-Jan	00078653	\$45.90
YOUTH									
Open Gym	12-18	M	8:00 PM	2 hrs	Marine Drive Academy	6	15-Jan	00078682	FREE
Open Gym	12-18	W	8:00 PM	2 hrs	Marine Drive Academy	10	17-Jan	00078683	FREE
Open Gym	12-18	F	8:00 PM	2 hrs	Marine Drive Academy	9	19-Jan	00078684	FREE
ADULT									
Yoga - Yin	18+	M	9:30 AM	1 hr	Four Harbours Legion	6	15-Jan	00078681	\$38.58
Yoga - Gentle	18+	M	10:45 AM	1 hr	Four Harbours Legion	6	15-Jan	00078680	\$38.58
Yoga - Gentle	18+	W	12:30 PM	1 hr	Samuel R Balcom Community Centre	6	17-Jan	00078679	\$38.58
Yoga - Chair	18+	W	1:40 PM	1 hr	Samuel R Balcom Community Centre	6	17-Jan	00078678	\$38.58

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

