

FALL 2023

MUSQUODOBOIT VALLEY

Dutch Settlement to Dean
12046 Highway # 224,
Middle Musquodoboit
Phone: 902.384.3008



HALIFAX

MUSQUODOBOIT VALLEY

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
PRESCHOOL									
Soccer	3-5	Sa	10:16 AM	30 min	Musquodoboit Valley Education Centre	10	23-Sep	00074216	\$30.60
Soccer - Parent & Child	2-4	Sa	9:30 AM	30 min	Musquodoboit Valley Education Centre	10	23-Sep	00074214	\$30.60
Jump, Jiggle, Giggle	3-5	W	6:00 PM	45 min	Musquodoboit Valley Education Centre	8	21-Sep	00075292	\$36.72
Active Play Time - Parent & Child	0-4	F	9:30 AM	1.5 hrs	Carrolls Corner Community Centre	9	29-Sep	00074546	FREE
CHILD									
Day Camp - Everything Christmas	5-11	M	8:00 AM	9 hrs	Fire Station 36 - Meaghers Grant	1	4-Dec	00074349	\$45.90
Day Camp - Pa Jama Rama	5-11	F	8:00 AM	9 hrs	Carrolls Corner Community Centre	1	27-Oct	00074347	\$45.90
Basketball	5-11	Sa	11:00 AM	45 min	Musquodoboit Valley Education Centre	10	23-Sep	00074212	\$45.90
Open Gym	6-10	M	6:00 PM	1 hr	Musquodoboit Valley Education Centre	10	18-Sep	00074179	FREE
Yoga - Parent & Child	5+	Tu	6:30 PM	45 min	Carrolls Corner Community Centre	10	26-Sep	00074422	\$38.30
YOUTH									
Trail Running	10-16	Th	6:00 PM	45 min	Carrolls Corner Community Centre	8	28-Sep	00074466	\$30.64
Learn to Stand Up Paddleboard	13-17	Sa	10:00 AM	1.5 hrs	Dollar Lake Provincial Park	1	9-Sep	00075476	\$12.24
Learn to Stand Up Paddleboard	13-17	Sa	1:00 PM	1.5 hrs	Dollar Lake Provincial Park	1	9-Sep	00075477	\$12.24
ADULT									
Ukulele	18+	Th	6:30 PM	1 hr	Upper Musquodoboit Community Hall	8	28-Sep	00074246	\$40.00
Yoga	18+	Tu	7:30 PM	1 hr	Carrolls Corner Community Centre	10	26-Sep	00063028	\$64.30
Pickleball	18+	M	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	10	18-Sep	00074177	FREE
Pickleball	18+	Th	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	9	21-Sep	00074208	FREE
Open Gym - Ladies	18+	W	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	11	20-Sep	00074211	FREE
Learn to Stand Up Paddleboard	17+	F	4:00 PM	1.5 hrs	Dollar Lake Provincial Park	1	8-Sep	00074571	\$12.24
Learn to Stand Up Paddleboard	17+	F	6:00 PM	1.5 hrs	Dollar Lake Provincial Park	1	8-Sep	00074558	\$12.24

MUSQUODOBOIT VALLEY

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
FAMILY									
Hiking - Family	8+	Sa	10:30 AM	2 hrs	Chaswood Educational Wood Lot	1	14-Oct	00074247	FREE
Hiking - Family	5+	Su	10:30 AM	2 hrs	Carrolls Corner Community Centre	1	12-Nov	00074248	FREE
Yoga - Parent & Child	5+	Tu	6:30 PM	45 min	Carrolls Corner Community Centre	10	26-Sep	00074422	\$38.30
Active Play Time - Parent & Child	0-4	F	9:30 AM	1.5 hrs	Carrolls Corner Community Centre	9	29-Sep	00074546	FREE
DROP INS									
Fitness Centre	16+	M	6:00 PM	3 hrs	Musquodoboit Rural High School		18-Sep		FREE
Fitness Centre	16+	W	6:00 PM	3 hrs	Musquodoboit Rural High School		20-Sep		FREE
Fitness Centre	16+	F	6:00 PM	3 hrs	Musquodoboit Rural High School		22-Sep		FREE
Open Gym - Youth	13-18	Tu	7:00 PM	3 hrs	Musquodoboit Rural High School		19-Sep		FREE
Badminton	14+	W	7:00 PM	2 hrs	Musquodoboit Rural High School		20-Sep		FREE
Open Gym - Adults & Youth	13+	F	6:00 PM	3 hrs	Musuqodoboit Rural High School		22-Sep		FREE

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

