

FALL 2023

# HALIFAX

**Adventure Earth Centre Fleming Park**  
68 Parkhill Road  
Phone: 902.490.4539

**Citadel Community Centre**  
1955 Trollope Street  
Phone: 902.490.3895

**Captain William Spry Centre**  
16 Sussex Street  
Phone: 902.477.POOL (7665)  
or 902.479.1111

**St. Mary's Boat Club**  
1641 Fairfield Road  
Phone: 902.490.4688

**Isleville Centre**  
3460 Isleville Street  
Phone: 902.490.4633

**Larry O'Connell Centre**  
6691 Fourth Street  
Phone: 902.490.3895

**Needham Community Centre & Pool**  
3372 Devonshire Avenue  
Phone: 902.490.4633

**George Dixon Community Centre**  
2502 Brunswick Street  
Phone: 902.490.4550

**Chocolate Lake Community Centre**  
14 Purcell's Cove Road  
Phone: 902.490.4607

**Emera Oval**  
5775 Cogswell Street  
Phone: 902.490.2343

**Pavilion**  
5816 Cogswell Street  
Phone: 902.490.3895

**St. Andrews Community Centre**  
3380 Barnstead Lane  
Phone: 902.490.4693

**Power House Youth Centre**  
1606 Bell Rd  
Phone: 902.490.4309  
Cell/Text: 902.266.7451



HALIFAX



# HALIFAX

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>PRESCHOOL</b>									
Nature Preschool	3-5	W	9:00 AM	1.5 hrs	Adventure Earth Centre - Fleming Park	6	4-Oct	00073707	\$41.34
Nature Play Parent & Tot	16m-5	W	10:45 AM	1.5 hrs	Adventure Earth Centre - Fleming Park	6	4-Oct	00073706	\$45.90
Parent & Tot - Gym Time	18m-4	W	9:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	13-Sep	00073240	\$68.90
Parent & Tot - Gym Time	18m-4	F	9:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	15-Sep	00073289	\$68.90
Preschooler Play - Kiddie Capers	3-5	Tu	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	12-Sep	00073217	\$137.70
Preschooler Play - Kiddie Capers	3-5	W	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	13-Sep	00075205	\$137.70
Preschooler Play - Kiddie Capers	3-5	Th	9:00 AM	3 hrs	Chocolate Lake Community Centre	10	14-Sep	00073285	\$137.70
Preschooler Play - Kiddie Capers	3-5	M	9:00 AM	2.5 hrs	Larry O'Connell Centre	10	18-Sep	00073466	\$114.80
Preschooler Play - Kiddie Capers	3-5	W	9:00 AM	2.5 hrs	Larry O'Connell Centre	13	20-Sep	00073467	\$149.24
Preschooler Play - Messy Art Play	3-5	Sa	10:30 AM	30 min	Chocolate Lake Community Centre	8	23-Sep	00073303	\$28.56
Preschooler Play - Messy Art Play	4-5	Sa	3:00 PM	1 hr	St. Andrew's Centre	9	23-Sep	00074191	\$64.26
Creative Movement	3-5	Sa	9:00 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073295	\$45.90
Creative Movement	4-5	Sa	9:45 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073296	\$45.90
Creative Movement	3-5	Sa	9:00 AM	45 min	Citadel Community Centre	8	14-Oct	00073338	\$36.72
Creative Movement	3-5	Sa	10:00 AM	45 min	Citadel Community Centre	8	14-Oct	00073339	\$36.72
Dance - Parent & Tot	2-4	Th	4:15 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073282	\$38.30
Ballet	4-7	Sa	10:15 AM	45 min	St. Andrew's Centre	9	23-Sep	00074289	\$41.31
Ballet	3-5	Sa	9:00 AM	45 min	Needham Community Centre	8	23-Sep	00073280	\$36.72
Ballet	3-5	Sa	10:00 AM	45 min	Needham Community Centre	8	23-Sep	00073278	\$36.72
Ballet	3-5	Sa	11:00 AM	45 min	Needham Community Centre	8	23-Sep	00073279	\$36.72
Gymnastics - Tumblebugs	3-5	Sa	11:45 AM	45 min	St. Andrew's Centre	9	23-Sep	00074184	\$41.31
Gymnastics - Tumblebugs	3-4	Sa	9:00 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073300	\$45.90
Gymnastics - Tumblebugs	4-5	Sa	9:45 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073305	\$45.90
Gymnastics - Tumblebugs	3-4	Sa	10:45 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073304	\$45.90
Gymnastics - Tumblebugs	3-5	Su	10:00 AM	45 min	George Dixon Community Centre	8	24-Sep	00074279	\$36.72
Gymnastics - Tumblebugs	3-5	Su	11:00 AM	45 min	George Dixon Community Centre	8	24-Sep	00074280	\$36.72

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>PRESCHOOL</b>									
Little Hoops	3-5	Su	9:00 AM	30 min	Citadel Community Centre	8	15-Oct	00073456	\$24.48
Little Hoops	3-5	Su	9:30 AM	30 min	Citadel Community Centre	8	15-Oct	00073457	\$24.48
Little Sports	4-5	Sa	1:00 PM	1 hr	St. Andrew's Centre	9	23-Sep	00074185	\$55.08
Soccer - Parent & Tot	18m-4	Sa	9:00 AM	45 min	George Dixon Community Centre	8	23-Sep	00074281	\$36.72
Soccer - Parent & Tot	18m-4	Sa	10:00 AM	45 min	George Dixon Community Centre	8	23-Sep	00074282	\$36.72
Soccer - Active Start	4-6	M	5:30 PM	45 min	Chocolate Lake Community Centre	10	11-Sep	00073208	\$45.90
Soccer - Active Start	3-5	Sa	9:00 AM	30 min	Citadel Community Centre	8	23-Sep	00073333	\$24.48
Soccer - Active Start	3-5	Sa	10:00 AM	30 min	Citadel Community Centre	8	23-Sep	00073334	\$24.48
Yoga	3-5	W	12:00 PM	1 hr	Larry O'Connell Centre	8	4-Oct	00073468	\$40.80
<b>CHILD</b>									
Drama	8-12	M	5:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073211	\$51.00
Guitar	9-12	Th	6:00 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073252	\$38.30
Ballet	6-8	Sa	12:00 PM	1 hr	Needham Community Centre	8	23-Sep	00073277	\$48.96
Ballet & Jazz - Intro	5-7	Th	5:00 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073244	\$45.90
Ballet & Jazz - Intro	8-11	Th	5:45 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073246	\$45.90
Creative Movement	5-6	Sa	10:30 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073298	\$45.90
Ballet	5-8	Sa	11:00 AM	45 min	Citadel Community Centre	8	14-Oct	00073340	\$36.72
Ballet	5-8	Sa	12:00 PM	45 min	Citadel Community Centre	8	14-Oct	00073341	\$36.72
Hip Hop	6-8	Su	10:00 AM	45 min	Citadel Community Centre	8	15-Oct	00073459	\$36.72
Hip Hop	9-12	Su	11:00 AM	45 min	Citadel Community Centre	8	15-Oct	00073460	\$36.72
Hip Hop	6-8	Sa	11:30 AM	1 hr	Chocolate Lake Community Centre	10	16-Sep	00073291	\$61.20
Hip Hop	8-11	Sa	12:45 PM	1 hr	Chocolate Lake Community Centre	10	16-Sep	00073292	\$61.20
Hip Hop	6-10	Sa	11:15 AM	1 hr	St. Andrew's Centre	9	23-Sep	00074291	\$55.08
Day Camp - Inservice - Nature Lovers	6-12	F	9:00 AM	7 hrs	Adventure Earth Centre - Fleming Park	1	27-Oct	00073704	\$35.70
Day Camp - Inservice - Nature Lovers	6-12	F	9:00 AM	7 hrs	Adventure Earth Centre - Fleming Park	1	23-Nov	00073702	\$35.70
Day Camp - Inservice - Nature Lovers	6-12	M	9:00 AM	7 hrs	Adventure Earth Centre - Fleming Park	1	4-Dec	00074607	\$35.70

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>CHILD</b>									
Day Camp - Inservice	5-11	F	8:30 AM	8 hrs	Chocolate Lake Community Centre	1	27-Oct	00073635	\$40.80
Day Camp - Inservice	5-11	Th	8:30 AM	8 hrs	Chocolate Lake Community Centre	1	23-Nov	00073636	\$40.80
Day Camp - Inservice	8-12	F	8:30 AM	8 hrs	George Dixon Community Centre	1	27-Oct	00074274	\$40.80
Day Camp - Inservice	4-7	F	8:30 AM	8 hrs	George Dixon Community Centre	1	27-Oct	00074272	\$40.80
Day Camp - Inservice	4-7	M	8:30 AM	8 hrs	George Dixon Community Centre	1	4-Dec	00074273	\$40.80
Day Camp - Inservice	8-12	M	8:30 AM	8 hrs	George Dixon Community Centre	1	4-Dec	00074275	\$40.80
Day Camp - Inservice	5-7	F	8:30 AM	8 hrs	Needham Community Centre	1	27-Oct	00073273	\$40.80
Day Camp - Inservice	8-12	F	8:30 AM	8 hrs	Needham Community Centre	1	27-Oct	00073274	\$40.80
Day Camp - Inservice	5-7	Th	8:30 AM	8 hrs	Needham Community Centre	1	23-Nov	00074456	\$40.80
Day Camp - Inservice	8-12	Th	8:30 AM	8 hrs	Needham Community Centre	1	23-Nov	00074469	\$40.80
Day Camp - Inservice	5-7	M	8:30 AM	8 hrs	Needham Community Centre	1	4-Dec	00074477	\$40.80
Day Camp - Inservice	8-12	M	8:30 AM	8 hrs	Needham Community Centre	1	4-Dec	00074485	\$40.80
Day Camp - Holiday	5-7	Th	8:30 AM	8 hrs	Needham Community Centre	1	21-Dec	00073270	\$40.80
Day Camp - Holiday	8-12	Th	8:30 AM	8 hrs	Needham Community Centre	1	21-Dec	00073271	\$40.80
Day Camp - Holiday	5-7	F	8:30 AM	8 hrs	Needham Community Centre	1	22-Dec	00073261	\$40.80
Day Camp - Holiday	8-12	F	8:30 AM	8 hrs	Needham Community Centre	1	22-Dec	00073262	\$40.80
Loose Parts Play	5-9	W	4:00 PM	1.5 hrs	Adventure Earth Centre - Fleming Park	1	4-Oct	00074608	\$10.71
Loose Parts Play	5-9	W	4:00 PM	1.5 hrs	Adventure Earth Centre - Fleming Park	1	11-Oct	00074609	\$10.71
Loose Parts Play	5-9	W	4:00 PM	1.5 hrs	Adventure Earth Centre - Fleming Park	1	18-Oct	00074610	\$10.71
Loose Parts Play	5-9	W	4:00 PM	1.5 hrs	Adventure Earth Centre - Fleming Park	1	25-Oct	00074611	\$10.71
Loose Parts Play	5-9	W	4:00 PM	1.5 hrs	Adventure Earth Centre - Fleming Park	1	1-Nov	00074612	\$10.71
George Dixon Afterschool Pick Up	4-12	M	2:30 PM	30 min	George Dixon Community Centre	51	11-Sep	00074276	FREE
George Dixon Afterschool Program	4-7	M	2:30 PM	3 hrs	George Dixon Community Centre	51	11-Sep	00074277	FREE
George Dixon Afterschool Program	8-12	M	2:30 PM	3 hrs	George Dixon Community Centre	52	11-Sep	00074278	FREE
All Sorts of Sports	6-10	Tu	4:15 PM	45 min	Chocolate Lake Community Centre	10	12-Sep	00073219	\$45.90
All Sorts of Sports	6-8	Sa	1:30 PM	1 hr	Citadel Community Centre	8	23-Sep	00073337	\$48.96

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>CHILD</b>									
Badminton	7-11	M	4:00 PM	45 min	Citadel Community Centre	8	2-Oct	00073312	\$36.72
Basketball	6-8	Su	10:15 AM	45 min	Citadel Community Centre	8	15-Oct	00073458	\$36.72
Basketball	5-7	Sa	11:00 AM	50 min	George Dixon Community Centre	8	23-Sep	00074271	\$48.96
Basketball	5-7	M	4:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073206	\$61.20
Basketball	5-7	W	4:15 PM	1 hr	Chocolate Lake Community Centre	10	13-Sep	00073224	\$61.20
Basketball	8-11	W	5:15 PM	1 hr	Chocolate Lake Community Centre	10	13-Sep	00073226	\$61.20
Basketball - Girls Only	5-8	Tu	5:15 PM	1 hr	Chocolate Lake Community Centre	10	12-Sep	00073215	\$61.20
Basketball - Girls Only	9-13	Tu	6:15 PM	1 hr	Chocolate Lake Community Centre	10	12-Sep	00073218	\$61.20
Basketball	5-7	Tu	6:00 PM	1 hr	St. Andrew's Centre	10	26-Sep	00073688	\$61.20
Basketball - Fairview Junior High	7-10	Sa	12:30 PM	1 hr	Fairview Junior High School	8	14-Oct	00074551	\$48.96
Night Hoops	8-12	M	6:00 PM	1 hr	Needham Community Centre	11	18-Sep	00073254	FREE
Night Hoops	8-12	W	6:00 PM	1 hr	Needham Community Centre	14	20-Sep	00073263	FREE
Gymnastics - Tumblebugs	5-6	Sa	11:45 AM	45 min	Chocolate Lake Community Centre	10	16-Sep	00073302	\$45.90
Gymnastics	7-8	Sa	12:30 PM	1 hr	Chocolate Lake Community Centre	10	16-Sep	00073301	\$61.20
Martial Arts - Kindai Bujitsu	8-12	W	6:00 PM	1 hr	St. Andrew's Centre	12	27-Sep	00074594	\$73.44
Martial Arts - Kindai Bujitsu - Beginner	5-12	Sa	8:45 AM	1 hr	St. Andrew's Centre	11	16-Sep	00074197	\$67.32
Martial Arts - Kindai Bujitsu - Returning	7-15	Sa	10:00 AM	1.5 hrs	St. Andrew's Centre	11	16-Sep	00074198	\$100.98
Soccer	5-7	M	6:00 PM	1 hr	St. Andrew's Centre	9	25-Sep	00074193	\$55.08
Soccer	5-7	M	7:00 PM	1 hr	St. Andrew's Centre	9	25-Sep	00074194	\$55.08
Soccer - Fairview Junior High	5-7	Sa	10:00 AM	1 hr	Fairview Junior High School	8	14-Oct	00074547	\$48.96
Soccer - Fairview Junior High	8-10	Sa	11:00 AM	1 hr	Fairview Junior High School	8	14-Oct	00074549	\$48.96
Soccer	7-10	M	6:15 PM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073210	\$61.20
Soccer	4-5	Su	10:15 AM	45 min	Chocolate Lake Community Centre	10	17-Sep	00073308	\$45.90
Soccer	6-7	Su	11:00 AM	1 hr	Chocolate Lake Community Centre	10	17-Sep	00073307	\$61.20
Soccer	8-10	Su	12:00 PM	1 hr	Chocolate Lake Community Centre	10	17-Sep	00073310	\$61.20
Soccer	10-12	Su	1:00 PM	1 hr	Chocolate Lake Community Centre	10	17-Sep	00073311	\$61.20

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>CHILD</b>									
Soccer	6-8	Sa	11:00 AM	45 min	Citadel Community Centre	8	23-Sep	00073335	\$36.72
Soccer	9-12	Sa	12:00 PM	1 hr	Citadel Community Centre	8	23-Sep	00073336	\$36.72
Volleyball	6-8	Th	4:15 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073286	\$45.90
Volleyball	9-11	Th	5:15 PM	1 hr	Chocolate Lake Community Centre	10	14-Sep	00073288	\$61.20
Tennis	8-12	Su	1:00 PM	45 min	Citadel Community Centre	8	15-Oct	00073463	\$36.72
Tennis	8-12	Su	2:00 PM	45 min	Citadel Community Centre	8	15-Oct	00073464	\$36.72
Painting	7-8	W	4:00 PM	1.5 hrs	St. Andrew's Centre	8	20-Sep	00073685	\$85.68
Painting	9-12	W	5:45 PM	1.5 hrs	St. Andrew's Centre	8	20-Sep	00073686	\$85.68
Pottery	9-13	M	5:00 PM	2 hrs	St. Andrew's Centre	8	18-Sep	00073681	\$114.24
Be Inspired and Create - Kids Art	5-8	Th	10:00 AM	1.5 hrs	Larry O'Connell Centre	8	5-Oct	00074639	\$85.68
Be Inspired and Create - Kids Art	5-8	Th	12:00 PM	1.5 hrs	Larry O'Connell Centre	8	5-Oct	00074640	\$85.68
Artists in Action	5-6	Sa	9:00 AM	1 hr	Chocolate Lake Community Centre	10	16-Sep	00073293	\$71.40
Artists in Action	7-10	Sa	10:15 AM	1.5 hrs	Chocolate Lake Community Centre	10	16-Sep	00073294	\$107.10
Christmas Crafts and Games Night	5-11	Tu	5:30 PM	2.5 hrs	Chocolate Lake Community Centre	1	12-Dec	00073650	\$17.85
Christmas Crafts and Games Night	5-11	Th	5:30 PM	2.5 hrs	Chocolate Lake Community Centre	1	14-Dec	00073651	\$17.85
Creative Maze Workshop	6-12	F	5:00 PM	1.5 hrs	Chocolate Lake Community Centre	4	15-Sep	00074263	\$42.84
Jr. Scientists	8-10	M	4:00 PM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073212	\$71.40
Cooking - Fun With Baking	9-10	W	4:00 PM	1.5 hrs	St. Andrew's Centre	8	4-Oct	00073692	\$85.68
<b>YOUTH</b>									
Jugger	12-16	Sa	3:00 PM	1 hr	Needham Community Centre	7	7-Oct	00073276	FREE
Night Hoops	13-20	M	7:15 PM	1hr 45min	Needham Community Centre	11	18-Sep	00073255	FREE
Night Hoops	13-20	W	7:15 PM	1hr 45min	Needham Community Centre	14	20-Sep	00073264	FREE
Basketball	11-13	W	6:30 PM	1 hr	Chocolate Lake Community Centre	10	13-Sep	00073223	\$61.20
Volleyball	12-15	Th	6:15 PM	1 hr	Chocolate Lake Community Centre	10	14-Sep	00073287	\$61.20
Volleyball	12-15	Tu	7:15 PM	1 hr	St. Andrew's Centre	11	26-Sep	00074192	\$67.32
Badminton	12-15	M	5:15 PM	45 min	Citadel Community Centre	8	2-Oct	00073313	\$36.72

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>YOUTH</b>									
Badminton	11-15	W	6:30 PM	1 hr	St. Andrew's Centre	12	27-Sep	00073687	\$73.44
Badminton - Fairview Junior High	11-14	Sa	1:45 PM	1 hr	Fairview Junior High School	8	14-Oct	00074552	\$48.96
Martial Arts - Kindai Bujitsu - Advanced	11-15	W	7:00 PM	1 hr	St. Andrew's Centre	12	27-Sep	00074595	\$73.44
Archery	10-15	Sa	5:15 PM	1hr 15min	Citadel Community Centre	8	30-Sep	00073342	\$91.84
Archery - Returning	10-15	Sa	6:30 PM	1hr 15min	Citadel Community Centre	8	30-Sep	00073343	\$91.84
Cooking - Fun With Baking	11-12	W	6:00 PM	1.5 hrs	St. Andrew's Centre	8	4-Oct	00073689	\$85.68
Youth Overnight Camping Trip	15-19	F-Su	7:00 PM	48 hrs	Camp Harris	3	23-Sep	00073736	\$85.00
H.E.A.T. Camp	13-19	F-Su	7:00 PM	48 hrs	Camp Mockingee	3	3-Nov	00073718	\$85.00
Guitar - Beginner	13-24	Sa	10:30 AM	1 hr	Power House Youth Centre	8	14-Oct	00073660	\$73.44
Guitar - Intermediate	13-24	Sa	12:00 PM	1 hr	Power House Youth Centre	8	14-Oct	00073661	\$73.44
Cooking - PD Day Intro to the Kitchen!	13-18	F	11:00 AM	4 hrs	Power House Youth Centre	1	27-Oct	00073672	\$20.00
Cooking - PD Day Intro to the Kitchen!	13-18	F	11:00 AM	4 hrs	Power House Youth Centre	1	17-Nov	00073674	\$20.00
Games - Dungeons and Dragons	13-18	Tu	4:00 PM	3 hrs	Power House Youth Centre	9	3-Oct	00073386	FREE
Games - Dungeons and Dragons	18-24	W	4:00 PM	3 hrs	Power House Youth Centre	10	4-Oct	00073387	FREE
Games - Dungeons and Dragons	13-24	Sa	10:00 AM	3 hrs	Power House Youth Centre	8	14-Oct	00073388	FREE
Games - Jr. High PD Day Tabletop RPG	13-18	F	11:00 AM	4 hrs	Power House Youth Centre	1	17-Nov	00073394	FREE
Games - PD Day Tabletop RPG	13-18	Th	11:00 AM	4 hrs	Power House Youth Centre	1	23-Nov	00073395	FREE
Games - PD Day Tabletop RPG	13-18	F	11:00 AM	4 hrs	Power House Youth Centre	1	27-Oct	00073392	FREE
3D Sculpting & Printing	13-24	M	5:00 PM	2 hrs	Power House Youth Centre	4	16-Oct	00073665	\$57.12
Animation Collaboration!	13-24	F	4:00 PM	3 hrs	Power House Youth Centre	8	13-Oct	00073664	\$80.00
Mindful Creations	13-24	Th	4:00 PM	2 hrs	Power House Youth Centre	8	12-Oct	00074321	\$80.00
No Rules, Just Write!	13-18	Th	4:00 PM	2 hrs	Power House Youth Centre	8	12-Oct	00073390	\$80.00
Babysitter's Training A	13-24	Su	10:00 AM	6 hrs	Power House Youth Centre	2	17-Sep	00073474	\$53.55
Babysitter's Training B	13-24	Su	10:00 AM	6 hrs	Power House Youth Centre	2	15-Oct	00073475	\$53.55
Babysitter's Training C	13-24	Su	10:00 AM	6 hrs	Power House Youth Centre	2	19-Nov	00073476	\$53.55

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Guitar	18+	Th	8:00 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073247	\$53.60
Guitar - Beginner	18+	Th	7:00 PM	45 min	Chocolate Lake Community Centre	10	14-Sep	00073251	\$53.60
Tango Fundamentals - Beginners	18+	Tu	6:30 PM	1 hr	Chocolate Lake Community Centre	8	19-Sep	00073317	\$57.12
Tango - Intermediate	18+	Tu	7:30 PM	1 hr	Chocolate Lake Community Centre	8	19-Sep	00073318	\$57.12
Card Making Workshop	16+	Su	1:30 PM	2 hrs	Chocolate Lake Community Centre	1	15-Oct	00073451	\$20.00
Card Making Workshop	16+	Su	1:00 PM	2.5 hrs	St. Andrew's Centre	1	1-Oct	00074287	\$20.00
Card Making Workshop	16+	Su	1:00 PM	2.5 hrs	St. Andrew's Centre	1	19-Nov	00074288	\$20.00
Photography - Digital SLR Photography	18+	Tu	7:00 PM	2 hrs	Chocolate Lake Community Centre	10	12-Sep	00073577	\$163.20
Winding Textile Waste Workshop	18+	F	7:00 PM	1.5 hrs	Chocolate Lake Community Centre	4	15-Sep	00074267	\$48.96
Oil & Acrylic Painting	18+	Tu	1:00 PM	2.5 hrs	St. Andrew's Centre	10	19-Sep	00073680	\$204.00
Acrylic Painting	18+	Th	9:30 AM	2.5 hrs	George Dixon Community Centre	10	21-Sep	00074285	\$204.00
Acrylic Painting - Beginner	18+	Tu	1:00 PM	2.5 hrs	Needham Community Centre	9	19-Sep	00073257	\$183.60
Acrylic Painting - Intermediate	18+	W	1:00 PM	2.5 hrs	Needham Community Centre	9	20-Sep	00073260	\$183.60
Watercolours	18+	Th	9:30 AM	2.5 hrs	Needham Community Centre	10	21-Sep	00073269	\$204.00
Watercolours	18+	Th	12:30 PM	2.5 hrs	Needham Community Centre	10	21-Sep	00073281	\$204.00
Watercolours	18+	Tu	9:30 AM	2.5 hrs	George Dixon Community Centre	10	19-Sep	00074290	\$204.00
Pottery	18+	Tu	5:30 PM	3 hrs	St. Andrew's Centre	10	19-Sep	00073668	\$244.80
Pottery	18+	Su	10:00 AM	4 hrs	St. Andrew's Centre	8	24-Sep	00073673	\$261.12
Pottery Workshop	18+	W	12:00 PM	3 hrs	St. Andrew's Centre	3	20-Sep	00073669	\$73.44
Pottery Workshop	18+	W	12:00 PM	3 hrs	St. Andrew's Centre	3	18-Oct	00073670	\$73.44
Pottery Workshop	18+	Sa	11:00 AM	3 hrs	St. Andrew's Centre	3	28-Oct	00073671	\$73.44
Pottery Workshop	18+	Sa	3:00 PM	3 hrs	St. Andrew's Centre	3	28-Oct	00073675	\$73.44
Pottery	18+	Tu	9:30 AM	2.5 hrs	George Dixon Community Centre	10	19-Sep	00074286	\$204.00
Pottery	18+	Tu	6:30 PM	2.5 hrs	George Dixon Community Centre	10	19-Sep	00074284	\$204.00
Pottery	18+	W	9:30 AM	2.5 hrs	George Dixon Community Centre	10	20-Sep	00074268	\$204.00



Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Pottery	18+	W	12:30 PM	2.5 hrs	George Dixon Community Centre	10	20-Sep	00074331	\$204.00
Pottery	18+	W	6:30 PM	2.5 hrs	George Dixon Community Centre	10	20-Sep	00074269	\$204.00
Pottery	18+	Th	6:30 PM	2.5 hrs	George Dixon Community Centre	10	21-Sep	00074270	\$204.00
Quilting	18+	M	1:00 PM	2 hrs	St. Andrew's Centre	8	25-Sep	00074315	\$130.56
Quilting	18+	W	1:00 PM	2 hrs	St. Andrew's Centre	11	27-Sep	00074317	\$179.52
Badminton - Non-Instructional	18+	M	6:30 PM	2 hrs	Citadel Community Centre	8	2-Oct	00073314	\$114.24
Badminton	18+	Tu	7:00 PM	2 hrs	St. Stephen's Elementary School	10	19-Sep	00073258	\$112.20
Basketball	18+	Tu	7:30 PM	2 hrs	Chocolate Lake Community Centre	10	12-Sep	00073214	\$112.20
Pickleball - Non-Instructional	18+	Tu	10:00 AM	1.5 hrs	Needham Community Centre	13	19-Sep	00073306	\$109.46
Pickleball - Non-Instructional	18+	Th	5:00 PM	1.5 hrs	Needham Community Centre	12	21-Sep	00073272	\$101.04
Pickleball - Non-Instructional	18+	F	6:00 PM	2 hrs	Needham Community Centre	12	22-Sep	00073275	\$134.61
Pickleball - Non-Instructional	18+	Tu	4:00 PM	2 hrs	Citadel Community Centre	12	26-Sep	00074941	\$134.61
Pickleball - Non-Instructional	18+	Th	4:00 PM	2 hrs	Citadel Community Centre	12	28-Sep	00074942	\$134.61
Pickleball - Non-Instructional	18+	Tu	10:00 AM	2 hrs	St. Andrew's Centre	14	19-Sep	00074187	\$157.08
Pickleball - Non-Instructional	18+	Tu	1:00 PM	2 hrs	St. Andrew's Centre	14	19-Sep	00074188	\$157.08
Pickleball - Non-Instructional	18+	Th	10:00 AM	2 hrs	St. Andrew's Centre	14	21-Sep	00074189	\$157.08
Pickleball - Beginner	18+	Th	1:30 PM	1.5 hrs	St. Andrew's Centre	11	28-Sep	00074186	\$92.62
Pickleball - Non-Instructional	18+	F	1:00 PM	2 hrs	St. Andrew's Centre	13	22-Sep	00074190	\$145.86
Archery	16+	Sa	7:45 PM	1.5 hrs	Citadel Community Centre	8	30-Sep	00073344	\$122.40
Fitness - Boot Camp (outdoor/indoor)	18+	Tu	12:00 PM	55 min	Needham Community Centre	24	19-Sep	00073259	\$154.23
Fitness - Boot Camp	35-55	Su	9:00 AM	1 hr	Chocolate Lake Community Centre	10	17-Sep	00073309	\$64.30
Fitness - Barre	18+	M	1:30 PM	1 hr	St. Andrew's Centre	10	25-Sep	00074171	\$64.30
Fitness - Barre	18+	W	1:30 PM	1 hr	St. Andrew's Centre	12	27-Sep	00074172	\$77.16
Fitness - Barre	18+	Th	1:30 PM	1 hr	St. Andrew's Centre	12	28-Sep	00074173	\$77.16
Fitness - Piloxing - Online	16+	Tu	7:00 PM	1 hr	Lakeside Community Centre	13	12-Sep	00073557	\$83.59
Yoga - Strength and Stretch	50+	M	1:30 PM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073238	\$64.30

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Yoga - Yin	18+	W	10:00 AM	1 hr	Chocolate Lake Community Centre	15	13-Sep	00073220	\$96.45
Yoga	18+	W	7:30 PM	1 hr	Chocolate Lake Community Centre	14	13-Sep	00073221	\$90.02
Yoga	18+	W	6:00 PM	1 hr	Citadel Community Centre	14	13-Sep	00073316	\$90.02
Yoga - Kripalu - Gentle Yoga & Movement	40+	Th	10:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	14-Sep	00073284	\$96.40
Yoga - Yoga Flow	18+	M	10:00 AM	1 hr	Chocolate Lake Community Centre	10	11-Sep	00073239	\$64.30
Yoga - Yoga Flow	18+	F	10:00 AM	1 hr	Chocolate Lake Community Centre	15	15-Sep	00073290	\$96.45
Yoga - Yoga Flow	18+	Tu	6:45 PM	1 hr	St. Andrew's Centre	15	12-Sep	00074205	\$96.45
Yoga - Gentle Yoga	18+	Th	10:00 AM	1 hr	St. Andrew's Centre	12	28-Sep	00074204	\$77.16
Yoga - Gentle Yoga	18+	F	1:30 PM	1 hr	St. Andrew's Centre	12	29-Sep	00074596	\$77.16
Yoga - Chair	18+	M	12:00 PM	45 min	Needham Community Centre	10	18-Sep	00073253	\$48.20
Yoga	16+	Tu	5:30 PM	1.5 hrs	Isleville Centre	10	19-Sep	00073321	\$96.44
Yoga	18+	Tu	7:15 PM	1hr 15min	Isleville Centre	10	19-Sep	00073320	\$80.30
Yoga	18+	Th	6:00 PM	1hr 15min	Isleville Centre	10	21-Sep	00073319	\$80.30
Mindful Art	18+	W	6:00 PM	2 hrs	Isleville Centre	8	20-Sep	00073322	\$130.56
Yoga - Intermediate	18+	Tu	6:00 PM	1 hr	St. Mary's Boat Club	11	12-Sep	00074548	\$70.73
Yoga - Intermediate	18+	Th	6:00 PM	1 hr	St. Mary's Boat Club	11	14-Sep	00074550	\$70.73
Zumba - Online	18+	Su	7:00 PM	1 hr	Lakeside Community Centre	13	10-Sep	00073548	\$83.59
Zumba Toning - Online	18+	Su	8:00 PM	30 min	Lakeside Community Centre	13	10-Sep	00073550	\$41.73
Zumba	18+	M	6:30 PM	1 hr	Chocolate Lake Community Centre	11	11-Sep	00073207	\$70.73
Zumba	18+	W	6:30 PM	1 hr	Chocolate Lake Community Centre	14	13-Sep	00073222	\$90.02
Zumba	18+	Tu	5:30 PM	1 hr	Citadel Community Centre	14	12-Sep	00073315	\$90.02
Zumba	18+	Th	5:30 PM	1 hr	Citadel Community Centre	14	14-Sep	00075347	\$90.02
Zumba	18+	Th	6:30 PM	1 hr	St. Andrew's Centre	12	21-Sep	00074176	\$77.16
Tai Chi & Qi Gong Returning	18+	Tu	11:30 AM	1.5 hrs	St. Andrew's Centre	11	26-Sep	00074175	\$106.04
Tai Chi & Qi Gong	18+	Th	11:30 AM	1.5 hrs	St. Andrew's Centre	11	28-Sep	00074174	\$106.04

# HALIFAX

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Kayak Paddle Night	18+	M	6:00 PM	2 hrs	St. Mary's Boat Club	1	11-Sep	00074439	\$24.48
Kayak Paddle Night	18+	M	6:00 PM	2 hrs	St. Mary's Boat Club	1	18-Sep	00074440	\$24.48
Kayak Paddle Night	18+	M	6:00 PM	2 hrs	St. Mary's Boat Club	1	25-Sep	00074441	\$24.48
Kayak Paddle Night	18+	W	6:00 PM	2 hrs	St. Mary's Boat Club	1	6-Sep	00074448	\$24.48
Kayak Paddle Night	18+	W	6:00 PM	2 hrs	St. Mary's Boat Club	1	13-Sep	00074449	\$24.48
Kayak Paddle Night	18+	W	6:00 PM	2 hrs	St. Mary's Boat Club	1	20-Sep	00074450	\$24.48
Kayak Paddle Night	18+	W	6:00 PM	2 hrs	St. Mary's Boat Club	1	27-Sep	00074451	\$24.48
Learn To Stand Up Paddleboard	17+	F	4:00 PM	1.5 hrs	St. Mary's Boat Club	1	29-Sep	00074559	\$12.24
Learn To Stand Up Paddleboard	17+	F	6:00 PM	1.5 hrs	St. Mary's Boat Club	1	29-Sep	00074472	\$12.24
Explore Your Trails - Herring Cove	17+	Th	10:00 AM	2 hrs	Herring Cove	1	12-Oct	00073714	FREE
Explore Your Trails - Fleming Park	17+	Th	10:00 AM	2 hrs	Fleming Park	1	5-Oct	00073715	FREE
Explore Your Trails - Kearney Lake Trails	17+	Th	10:00 AM	2 hrs	Kearney Lake	1	19-Oct	00073716	FREE
Explore Your Trails - Long lake	17+	Th	10:00 AM	2 hrs	Long Lake	1	2-Nov	00074623	FREE
Explore Your Trails - Hemlock Ravine	17+	Th	10:00 AM	2 hrs	Hemlock Ravine	1	26-Oct	00074621	FREE
Womens Outdoor Program	17+	Sa	10:00 AM	2.5 hrs	Adventure Earth Centre - Fleming Park	5	14-Oct	00073734	\$41.50
Re Gen Overnight Camp	17+	Sa-Su	9:00 AM	32 hrs	Camp Mockingee	2	14-Oct	00074615	\$85.00
<b>FAMILY</b>									
Learn to Canoe - Family	5+	Sa	9:00 AM	2 hrs	St. Mary's Boat Club	1	2-Sep	00074479	\$21.11
Learn to Canoe - Family	5+	Tu	5:30 PM	2 hrs	St. Mary's Boat Club	1	5-Sep	00074458	\$21.11
Learn to Canoe - Family	5+	Sa	9:00 AM	2 hrs	St. Mary's Boat Club	1	9-Sep	00074481	\$21.11
Learn to Canoe - Family	5+	Tu	5:30 PM	2 hrs	St. Mary's Boat Club	1	12-Sep	00074459	\$21.11
Learn to Canoe - Family	5+	Sa	9:00 AM	2 hrs	St. Mary's Boat Club	1	16-Sep	00074482	\$21.11
Learn to Canoe - Family	5+	Tu	5:30 PM	2 hrs	St. Mary's Boat Club	1	19-Sep	00074460	\$21.11
Learn to Canoe - Family	5+	Sa	9:00am	2 hrs	St. Mary's Boat Club	1	23-Sep	00074480	\$21.11
Learn to Canoe - Family	5+	Tu	5:30 PM	2 hrs	St. Mary's Boat Club	1	26-Sep	00074461	\$21.11

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>DROP INS</b>									
Family Open Gym	3+	Su	3:00 PM	2 hrs	Citadel Community Centre	8	15-Oct	00073465	FREE
Family Games Night	All Ages	F	5:00 PM	3 hrs	Needham Community Centre	10	22-Sep		FREE
Open Gym	All Ages	Sa	10:00 AM	5 hrs	Needham Community Centre	9	23-Sep		FREE
Afterschool Drop In (all youth)	13-24	M	3:00 PM	4 hrs	Power House Youth Centre		18-Sep		FREE
Afterschool Drop In (younger youth night)	13-18	Tu	3:00 PM	4 hrs	Power House Youth Centre		19-Sep		FREE
Afterschool Drop In (older youth night)	18-24	W	3:00 PM	4 hrs	Power House Youth Centre		20-Sep		FREE
Weekend Drop In (all youth)	13-24	Sa	11:30 AM	4 hrs	Power House Youth Centre		23-Sep		FREE

Parks and Recreation's Neighbourhood & Volunteer Services team is offering a free, eight-session Step up to Leadership course. The course was developed by volunteers, for volunteers. It covers a wide range of topics to help you develop leadership skills and build strong communities. Two courses will be available.

More information on Fall 2023 Step up to Leadership sessions as well as how to register will be available online.  
<https://www.halifax.ca/about-halifax/volunteering/step-leadership>

**PLEASE NOTE:**

- Adult programs are +HST and senior discounts apply to clients 60 years and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

