

FALL 2022

# BEECHVILLE/ LAKESIDE/TIMBERLEA/ TANTALLON

Lakeside Community Centre  
1492 St. Margaret's Bay Road  
Phone: 902.876.8812

 rec | HALIFAX



# BEECHVILLE/LAKESIDE/TIMBERLEA

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
<b>PRESCHOOL</b>									
Dance - Creative Movement	3-5	W	6:00 PM	45 min	Beechville Lakeside Timberlea SR Elementary School	10	28-Sep	00057292	\$45.00
Dance - Creative Movement	3-5	Sa	9:00 AM	45 min	Beechville Lakeside Timberlea SR Elementary School	11	24-Sep	00057293	\$49.50
Gymnastics - Tumble Bugs	3-5	F	4:15 PM	45 min	Lakeside Community Centre	11	23-Sep	00057305	\$49.50
Gymnastics - Tumble Bugs	3-5	F	5:10 PM	45 min	Lakeside Community Centre	11	23-Sep	00057307	\$49.50
Gymnastics - Tumble Bugs	4-5	F	6:05 PM	45 min	Lakeside Community Centre	11	23-Sep	00057310	\$49.50
Soccer - Active Start	3-4	Sa	9:00 AM	45 min	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00059085	\$58.50

<b>CHILD</b>									
Arts & Crafts - Artists in Action	7-11	Sa	10:00 AM	2 hr	Lakeside Community Centre	10	1-Oct	00057291	\$140.00
Dance - Ballet	4-6	Sa	10:00 AM	45 min	Beechville Lakeside Timberlea SR Elementary School	11	24-Sep	00057295	\$49.50
Dance - Hip Hop	6-9	W	6:50 PM	45 min	Beechville Lakeside Timberlea SR Elementary School	10	28-Sep	00057294	\$45.00
Baseball & Softball Open Gym	All ages	Sa	11:00 AM	1 hr	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00057309	Free
Basketball	5-7	Sa	12:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00057306	\$78.00
Basketball	5-7	Sa	1:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00057312	\$78.00
Basketball	7-8	M	6:00 PM	1 hr	Ridgecliff Middle School	10	19-Sep	00057296	\$60.00
Basketball	8-10	M	7:00 PM	1 hr	Ridgecliff Middle School	10	19-Sep	00057299	\$60.00
Family Open Gym	All ages	Sa	2:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00057313	Free
Little Sports	4-6	Sa	10:00 AM	45 min	Beechville Lakeside Timberlea SR Elementary School	13	24-Sep	00057308	\$58.50
Soccer	5-7	Tu	6:00 PM	1 hr	Beechville Lakeside Timberlea JR Elementary School	11	20-Sep	00057302	\$66.00
Fitness - Zumba Kids	7-11	F	7:00 PM	45 min	Lakeside Community Centre	10	23-Sep	00057320	\$37.50
Fitness - Zumba Kids	4-6	F	6:00 PM	45 min	Lakeside Community Centre	10	23-Sep	00057319	\$37.50

<b>YOUTH</b>									
Volleyball	12-15	M	8:00 PM	1 hr 30 min	Ridgecliff Middle School	12	19-Sep	00057300	Free
Youth Sports Night	10-15	Tu	6:30 PM	2 hr	Beechville Lakeside Timberlea SR Elementary School	12	20-Sep	00057304	Free
Youth Sports Night	10-15	Th	6:30 PM	2 hr	Beechville Lakeside Timberlea SR Elementary School	11	22-Sep	00057303	Free

# BEECHVILLE/LAKESIDE/TIMBERLEA

ADULT									
Fitness - Senior's Fitness	18+	Tu	11:00 AM	1 hr	Lakeside Community Centre	13	13-Sep	00057326	\$81.90
Fitness - Senior's Fitness	18+	Th	10:00 AM	1 hr	Lakeside Community Centre	13	15-Sep	00057322	\$81.90
Fitness - Zumba	18+	Su	7:00 PM	1 hr	Lakeside Community Centre	11	11-Sep	00057321	\$69.30
Fitness - Zumba Gold	18+	W	11:00 AM	1 hr	Lakeside Community Centre	13	14-Sep	00057316	\$81.90
Fitness - Zumba On line	18+	Su	7:00 PM	1 hr	Lakeside Community Centre	11	11-Sep	00057328	\$69.30
Fitness - Zumba Toning	18+	Su	8:00 PM	30 min	Lakeside Community Centre	11	11-Sep	00057324	\$34.65
Fitness - Zumba Toning On Line	18+	Su	8:00 PM	30 min	Lakeside Community Centre	11	11-Sep	00057325	\$34.65
Piloxing	18+	Tu	7:00 PM	1 hr	Lakeside Community Centre	13	13-Sep	00058974	\$81.90
Piloxing online	16+	Tu	7:00 PM	1 hr	Lakeside Community Centre	13	13-Sep	00057315	\$81.90
Yoga - Holistic	18+	Th	7:00 PM	1 hr 30 min	Lakeside Community Centre	14	15-Sep	00057323	\$132.30
Yoga - Yoga Flow	18+	M	6:30 PM	1 hr	Lakeside Community Centre	14	12-Sep	00057314	\$88.20
Yoga - Yoga Flow	18+	W	6:30 PM	1 hr	Lakeside Community Centre	14	14-Sep	00057317	\$88.20

OVERNIGHT CAMPS									
Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Fall H.E.A.T. Camp	13-18	F	7:00 PM	48 hr	Camp Mockingee	3	4-Nov	00058472	\$50.00
Re Gen Overnight Camp	18+	Sa	9:00 AM	30 hr	Camp Mockingee	2	15-Oct	00060683	\$50.00