

Spring 2025

rec HALIFAX

Beechville, Lakeside & Timberlea



Lakeside Community Centre
Temporary Location: 1300 St Margaret's Bay Rd
(can be found behind 1308 St Margaret's Bay Rd.)
Beechville, NS B3T 1A2
Phone: 902.876.8812

Beechville, Lakeside & Timberlea

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
PRESCHOOL									
Soccer - Active Start	3-4	Sa	9:00 AM	45 min	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101663	\$38.24
Creative Movement	3-5	Th	5:30 PM	45 min	Youth Worx Training Room	10	3-Apr	00101138	\$47.80
Creative Movement	3-5	Sa	9:29 AM	45 min	Youth Worx Training Room	10	5-Apr	00101662	\$47.80
Tumblebugs	3-5	F	4:30 PM	45 min	Lakeside Fire Hall	9	4-Apr	00101133	\$43.02
Tumblebugs	3-5	F	5:25 PM	45 min	Lakeside Fire Hall	9	4-Apr	00101134	\$43.02
Tumblebugs	3-5	F	6:15 PM	45 min	Lakeside Fire Hall	9	4-Apr	00101135	\$43.02
CHILD									
Zumba Kids Jr.	4-6	F	6:00 PM	45 min	Youth Worx Training Room	8	4-Apr	00101126	\$31.84
Zumba Kids	7-11	F	7:00 PM	45 min	Youth Worx Training Room	8	4-Apr	00101129	\$31.84
Basketball	5-7	Sa	10:00 AM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101664	\$50.96
Basketball	5-7	Sa	11:00 AM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101665	\$50.96
Soccer	5-7	Tu	6:00 PM	1 hr	Beechville Lakeside Timberlea JR Elementary School	9	1-Apr	00101124	\$57.33
Golf	6-8	Sa	2:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101666	\$50.96
Golf	9-12	Sa	3:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101667	\$50.96
Artists in Action	7-11	Sa	10:15 AM	1.5 hrs	Youth Worx Training Room	10	5-Apr	00101660	\$111.40
Basketball	7-8	M	6:00 PM	1 hr	Ridgecliff Middle School	6	7-Apr	00101105	\$38.22
Basketball	8-10	M	7:00 PM	1 hr	Ridgecliff Middle School	6	7-Apr	00101107	\$38.22
YOUTH									
Youth Sports Night	10-15	Tu	6:00 PM	2.5 hrs	Beechville Lakeside Timberlea SR Elementary School	9	1-Apr	00101132	FREE
Youth Sports Night	10-15	Th	6:00 PM	2.5 hrs	Beechville Lakeside Timberlea SR Elementary School	8	10-Apr	00101147	FREE
Youth Volleyball - Beechville	12-15	M	8:00 PM	1.5 hrs	Ridgecliff Middle School	6	7-Apr	00101113	FREE
ADULT									
Zumba Gold	18+	W	10:00 AM	1 hr	Youth Worx Training Room	8	9-Apr	00101102	\$53.52
Senior's Fitness	18+	Tu	10:30 AM	1 hr	Youth Worx Training Room	11	1-Apr	00101121	\$73.59
Senior's Fitness	18+	Th	10:00 AM	1 hr	Youth Worx Training Room	10	3-Apr	00101145	\$66.90
Yoga - Holistic	18+	Th	7:00 PM	1.5 hrs	Youth Worx Training Room	10	3-Apr	00101144	\$100.30
Yoga - Flow	18+	M	6:30 PM	1 hr	Youth Worx Training Room	11	7-Apr	00101115	\$73.59

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
ADULT									
Zumba	18+	Su	7:00 PM	1 hr	Youth Worx Training Room	8	6-Apr	00101087	\$53.52
Zumba Toning	18+	Su	8:00 PM	30 min	Youth Worx Training Room	8	6-Apr	00101092	\$26.72
Zumba Online	18+	Su	7:00 PM	1 hr	Online	8	6-Apr	00101090	\$53.52
Zumba Toning Online	18+	Su	8:00 PM	30 min	Online	8	6-Apr	00101094	\$26.72
Piloxing Online	16+	Tu	7:00 PM	1 hr	Online	10	8-Apr	00101122	\$66.90
Explore Your Trails - The Bluff Pot Lake Loop	17+	Sa	10:00 AM	3 hrs	The Bluff Wilderness	1	5-Apr	00100904	FREE
COMMUNITY DEVELOPMENT WORKSHOPS									
Leadership & Teamwork Part 1	18+	Th	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	6-Mar	00102684	FREE
Strategic Planning 101	18+	W	6:00 PM	2 hrs	Chocolate Lake Community Centre	1	16-Apr	00102304	FREE
Communication & Conflict Resolution - Part 2	18+	Th	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	20-Mar	00102685	FREE
Boards 101	18+	Th	6:30 PM	2 hrs	Halifax Central Commons Multi-Purpose Room	1	1-May	00102645	FREE
Volunteer Recruitment & Retention	18+	W	6:30 PM	2 hrs	Findlay Community Centre	1	14-May	00102690	FREE
Strategic Planning 101	18+	M	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	23-Jun	00102686	FREE
DROP INS									
Basketball Open Gym - Grade 3&4	8-10	Sa	12:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101668	FREE
Family Open Gym	2+	Sa	1:00 PM	1 hr	Beechville Lakeside Timberlea SR Elementary School	8	5-Apr	00101670	FREE

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into myREC.

