

FALL 2022

BEDFORD/ HAMMMONDS PLAINS

LeBrun Centre

36 Holland Avenue

Phone: 902.490.4665

Bedford-Hammonds Plains Community Centre

202 Innovation Drive

Phone: 902.490.4238



HALIFAX



BEDFORD/HAMMONDS PLAINS

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
PRESCHOOL									
Parent & Tot - Playtime	0-4	M	9:15 AM	2 hr	LeBrun Recreation Centre	10	26-Sep	00057283	\$90.00
Parent & Tot - Playtime	0-4	W	9:15 AM	2 hr	LeBrun Recreation Centre	10	28-Sep	00058903	\$90.00
Preschooler Play - ABC & Me	3-5	Tu/Th	9:00 AM	2 hr 30 min	LeBrun Recreation Centre	20	27-Sep	00058894	\$225.00
Dance - Creative Movement	3-4	Tu	4:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058711	\$45.00
Dance - Creative Movement	3-5	Tu	5:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058712	\$45.00
Dance - Hip Hop	4-5	W	5:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	28-Sep	00058714	\$45.00
Dance - Intro to Dance	3-5	Sa	10:00 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00057265	\$45.00
Dance - Intro to Dance	3-5	Sa	12:00 PM	45 min	LeBrun Recreation Centre	10	24-Sep	00057266	\$45.00
Dance - Pre Ballet	3-5	M	5:00 PM	45 min	LeBrun Recreation Centre	10	26-Sep	00058867	\$45.00
Dance - Pre Ballet	3-5	Sa	9:00 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00057264	\$45.00
Dance - Pre Ballet	3-5	Sa	1:00 PM	45 min	LeBrun Recreation Centre	10	24-Sep	00057268	\$45.00
Musical Munchkins	0-17mo	F	9:30 AM	45 min	LeBrun Recreation Centre	10	30-Sep	00057284	\$33.80
Musical Munchkins	18mo-3	F	10:30 AM	45 min	LeBrun Recreation Centre	10	30-Sep	00059083	\$33.80
Basketball	4-5	F	4:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	7-Oct	00058869	\$45.00
Basketball	4-5	F	5:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	7-Oct	00058870	\$45.00
Gymnastics - Tumblebugs	3-5	Su	9:00 AM	45 min	Bedford Hammonds Plains Community Centre	10	25-Sep	00058706	\$45.00
Gymnastics - Tumblebugs	3-4	Su	10:00 AM	45 min	Bedford Hammonds Plains Community Centre	10	25-Sep	00058707	\$45.00
Gymnastics - Tumblebugs	4-5	Su	11:00 AM	45 min	Bedford Hammonds Plains Community Centre	10	25-Sep	00058708	\$45.00
Soccer	3-5	M	4:45 PM	30 min	Bedford Hammonds Plains Community Centre	10	26-Sep	00058710	\$30.00
Soccer - Little Kickers	3-4	Sa	9:15 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00058873	\$45.00
Soccer - Parent & Tot	1-3	M	4:00 PM	30 min	Bedford Hammonds Plains Community Centre	10	26-Sep	00058709	\$30.00
Yoga - Parent & Tot	1-4	Sa	9:30 AM	45 min	Bedford Hammonds Plains Community Centre	10	1-Oct	00058715	\$37.50
Fitness - Yoga, Parent & Tot	0-4	F	9:00 AM	45 min	LeBrun Recreation Centre	10	30-Sep	00058879	\$37.50
Fitness - Yoga, Parent & Tot	0-4	F	11:30 AM	1 hr	LeBrun Recreation Centre	10	30-Sep	00058881	\$50.00

BEDFORD/HAMMONDS PLAINS

CHILD									
Artistic Adventures	7-9	Sa	9:30 AM	1 hr	Bedford Hammonds Plains Community Centre	10	1-Oct	00058730	\$70.00
Artistic Adventures	9-12	Sa	11:00 AM	1 hr	Bedford Hammonds Plains Community Centre	10	1-Oct	00058731	\$70.00
Arts & Crafts	5-8	Su	2:00 PM	1 hr	LeBrun Recreation Centre	10	25-Sep	00058910	\$70.00
Arts & Crafts	5-8	Su	3:15 PM	1 hr	LeBrun Recreation Centre	10	25-Sep	00058912	\$70.00
Arts & Crafts	5-8	Tu	5:00 PM	1 hr	LeBrun Recreation Centre	10	27-Sep	00057255	\$70.00
Arts & Crafts	5-8	Tu	6:15 PM	1 hr	LeBrun Recreation Centre	10	27-Sep	00058900	\$70.00
Arts & Crafts - Sketch & Draw	8-11	Sa	10:00 AM	1 hr	LeBrun Recreation Centre	10	24-Sep	00057258	\$70.00
Dance - Creative Movement	5-7	Tu	6:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058721	\$45.00
Dance - Highland Dance	5-7	M	6:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00057269	\$60.00
Dance - Highland Dance	8-10	M	7:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00058890	\$60.00
Dance - Hip Hop	5-6	W	6:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	28-Sep	00058726	\$45.00
Dance - Hip Hop	7-9	W	7:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	28-Sep	00058727	\$45.00
Dance - Hip Hop	5-7	Th	5:00 PM	1 hr	LeBrun Recreation Centre	10	29-Sep	00058906	\$60.00
Dance - Hip Hop	8-11	Th	6:00 PM	1 hr	LeBrun Recreation Centre	10	29-Sep	00057273	\$60.00
Dance - Intro Ballet	5-7	M	6:00 PM	45 min	LeBrun Recreation Centre	10	26-Sep	00057267	\$45.00
Dance - Intro Ballet	5-7	Sa	11:00 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00058877	\$45.00
Indian Classical Dance	5-9	Sa	11:30AM	45 min	Bedford Hammonds Plains Community Centre	10	1-Oct	00060079	\$45.00
Discover Drama	6-11	M	06:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00057274	\$50.00
Music - Guitar - Beginner	6-11	M	06:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00059074	\$90.00
All Sorts of Sports	5-7	Tu	5:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058720	\$45.00
Archery	9-12	M	6:30PM	1 hr	Bedford Hammonds Plains Community Centre	10	26-Sep	00060083	\$60.00
Badminton	9-12	W	5:00 PM	1 hr 15 min	Bedford Hammonds Plains Community Centre	10	28-Sep	00058725	\$75.00
Basketball	5-7	Th	5:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	29-Sep	00058729	\$45.00
Basketball	8-10	Th	4:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	29-Sep	00058728	\$45.00
Basketball - Mini Basketball	5-7	Sa	11:15 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00057261	\$45.00
Basketball - Mini Basketball	8-10	Sa	12:15 PM	45 min	LeBrun Recreation Centre	10	24-Sep	00057263	\$45.00
Floor Hockey	5-7	Tu	5:00 PM	45 min	LeBrun Recreation Centre	10	27-Sep	00058898	\$33.80
Floor Hockey	8-11	Tu	6:15 PM	1 hr	LeBrun Recreation Centre	10	27-Sep	00059307	\$45.00
Floor Hockey	8-11	Su	2:00 PM	1 hr	LeBrun Recreation Centre	10	25-Sep	00058911	\$60.00

BEDFORD/HAMMONDS PLAINS

Martial Arts - Tae Kwon Do	5-8	W	6:00 PM	1 hr	LeBrun Recreation Centre	10	28-Sep	00058904	\$60.00
Martial Arts - Tae Kwon Do	9-11	W	7:15 PM	1 hr	LeBrun Recreation Centre	10	28-Sep	00058905	\$60.00
Soccer	5-7	M	5:30 PM	45 min	Bedford Hammonds Plains Community Centre	10	26-Sep	00058717	\$45.00
Soccer	6-8	Th	6:00 PM	1 hr	LeBrun Recreation Centre	10	29-Sep	00058907	\$60.00
Soccer	9-11	Th	7:00 PM	1 hr	LeBrun Recreation Centre	10	29-Sep	00058908	\$60.00
Soccer	5-7	Sa	10:15 AM	45 min	LeBrun Recreation Centre	10	24-Sep	00058874	\$45.00
Volleyball	6-8	Tu	6:15 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058723	\$45.00
Volleyball	9-12	Tu	7:15 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058724	\$45.00
Yoga	6-12	Tu	6:00 PM	45 min	Bedford Hammonds Plains Community Centre	10	27-Sep	00058719	\$37.50
Yoga - Parent & Child	5-8	Sa	10:30 AM	1 hr	Bedford Hammonds Plains Community Centre	10	1-Oct	00058733	\$50.00
Zumba - Zumba Kids	4-6	M	5:15 PM	45 min	LeBrun Recreation Centre	10	26-Sep	00058892	\$37.50
Zumba - Zumba Kids	7-11	M	6:15 PM	45 min	LeBrun Recreation Centre	10	26-Sep	00058893	\$37.50

YOUTH

Indian Classical Dance	10-18	Sa	12:15PM	45 min	Bedford Hammonds Plains Community Centre	10	1-Oct	00060080	\$45.00
Arts & Crafts - Comics & Visual Arts	12-15	Sa	12:30 PM	2 hr	LeBrun Recreation Centre	10	24-Sep	00057254	\$140.00
Music - Guitar - Beginner	12-15	M	07:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00059071	\$90.00
Badminton	12-17	W	6:30 PM	1 hr 15 min	Bedford Hammonds Plains Community Centre	10	28-Sep	00058734	\$56.30
Floor Hockey	12-15	Su	3:15 PM	1 hr	LeBrun Recreation Centre	10	25-Sep	00058913	\$60.00
Floor Hockey	12-15	Tu	7:30 PM	1 hr	LeBrun Recreation Centre	10	27-Sep	00058897	\$60.00
Youth Ops	13-17	W	6:00 PM	2 hr	Bedford Hammonds Plains Community Centre	1	21-Sep	00058735	Free

ADULT

Arts & Crafts - Acrylic Painting	18+	M	6:30 PM	2 hr 30 min	Bedford Hammonds Plains Community Centre	10	3-Oct	00058737	\$230.00
Arts & Crafts - Intermediate Mixed Media	18+	Tu	9:30 AM	2 hr 30 min	Bedford Hammonds Plains Community Centre	10	4-Oct	00058737	\$230.00
Indian Classical Dance	18+	Su	10:00AM	45min	Bedford Hammonds Plains Community Centre	10	25-Sep	00060081	\$60.40
Music - Adult Beginner Guitar	16+	M	8:00 PM	1 hr	LeBrun Recreation Centre	10	26-Sep	00059078	\$80.50
Photography - Digital Photography	16+	W	7:00 PM	2 hr	Bedford Hammonds Plains Community Centre	8	28-Sep	00058750	\$147.20
Photography - Photoshop	18+	M	7:00 PM	2 hr	Bedford Hammonds Plains Community Centre	8	26-Sep	00058738	\$147.20
Archery	18+	M	7:45 PM	1 hr	Bedford Hammonds Plains Community Centre	10	26-Sep	00060084	\$80.50

BEDFORD/HAMMONDS PLAINS

Badminton	18+	W	8:00 PM	2 hr	Bedford Hammonds Plains Community Centre	13	21-Sep	00058749	\$143.00
Basketball - Mens	18+	M	8:00 PM	2 hr	Basinview Drive Community Elementary School	10	26-Sep	00058888	\$126.50
Basketball - Mens	18+	Tu	8:00 PM	2 hr	Basinview Drive Community Elementary School	10	27-Sep	00058899	\$126.50
Intermediate/Advanced Disc Golf	14+	Th	7:15 PM	1 hr	Bedford Hammonds Plains Community Centre	8	29-Sep	00058759	\$64.40
Introduction to Disc Golf	14+	Th	6:00 PM	1 hr	Bedford Hammonds Plains Community Centre	8	29-Sep	00058758	\$64.40
Pickleball Lessons - Beginner/Novice	18+	Tu	8:15 PM	1 hr 30 min	Bedford Hammonds Plains Community Centre	13	20-Sep	00058744	\$156.91
Chair Yoga	18+	F	10:00 AM	1 hr 15 min	LeBrun Recreation Centre	12	16-Sep	00060117	\$90.60
Fitness - Active Seniors	55+	M	11:00 AM	1 hr	Bedford Hammonds Plains Community Centre	13	12-Sep	00058739	\$94.12
Fitness - Active Seniors	53+	F	11:00 AM	1 hr	Bedford Hammonds Plains Community Centre	12	16-Sep	00058762	\$86.88
Fitness - Pilates	18+	Tu	10:00 AM	1 hr	LeBrun Recreation Centre	12	13-Sep	00058901	\$86.88
Fitness - Pilates	18+	Tu	6:00 PM	1 hr	Bedford Hammonds Plains Community Centre	14	13-Sep	00058745	\$101.36
Fitness - Pilates	18+	Th	10:45 AM	1 hr	LeBrun Recreation Centre	12	22-Sep	00057275	\$86.88
Fitness - Pilates	18+	Th	6:00 PM	1 hr	Bedford Hammonds Plains Community Centre	14	15-Sep	00058753	\$101.36
Fitness - Yoga Beginner Intermediate	18+	W	7:15 PM	1 hr 30 min	LeBrun Recreation Centre	12	14-Sep	00057276	\$130.44
Fitness - Zumba	18+	M	9:30 AM	1 hr	Bedford Hammonds Plains Community Centre	13	12-Sep	00058736	\$94.12
Fitness - Zumba	16+	Tu	7:00 PM	1 hr	Bedford Hammonds Plains Community Centre	14	13-Sep	00058742	\$101.36
Fitness - Zumba	18+	W	6:00 PM	1 hr	LeBrun Recreation Centre	12	14-Sep	00057278	\$86.88
Fitness - Zumba	16+	Th	7:00 PM	1 hr	Bedford Hammonds Plains Community Centre	14	15-Sep	00058754	\$101.36
Fitness - Zumba	18+	F	9:30 AM	1 hr	Bedford Hammonds Plains Community Centre	12	16-Sep	00058761	\$86.88
From Pain to Potential	18+	Tu	11:15 AM	45 min	LeBrun Recreation Centre	12	13-Sep	00058902	\$65.28
From Pain to Potential	18+	Th	11:00AM	45 min	Bedford Hammonds Plains Community Centre	14	15-Sep	00058868	\$76.16
Guided Meditation	18+	Tu	7:15 PM	45 min	Bedford Hammonds Plains Community Centre	14	13-Sep	00058747	\$76.16
Yoga	16+	Tu	7:15 PM	1 hr 30 min	Bedford Hammonds Plains Community Centre	13	13-Sep	00058740	\$152.18
Yoga	18+	Tu	9:00 AM	1 hr 15 min	LeBrun Recreation Centre	12	13-Sep	00058895	\$108.72
Yoga	18+	Tu	10:30 AM	1 hr 15 min	LeBrun Recreation Centre	12	13-Sep	00058896	\$108.72
Yoga	18+	Th	6:30 PM	1 hr 15 min	LeBrun Recreation Centre	12	15-Sep	00058909	\$108.72
Yoga - Chair yoga	16+	Tu	11:00 AM	1 hr	Bedford Hammonds Plains Community Centre	14	13-Sep	00058743	\$101.36
Yoga - Chair yoga	16+	Th	11:00 AM	1 hr	Bedford Hammonds Plains Community Centre	14	15-Sep	00058752	\$101.36
Yoga - Gentle	18+	Th	7:15 PM	1 hr	Bedford Hammonds Plains Community Centre	14	15-Sep	00058755	\$101.36

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Yoga - Mom & Baby	18+	Tu	9:30 AM	1 hr	Bedford Hammonds Plains Community Centre	14	13-Sep	00058741	\$101.36
Yoga - Mom & Baby	18+	Th	9:30 AM	1 hr	Bedford Hammonds Plains Community Centre	14	15-Sep	00058751	\$101.36

OVERNIGHT CAMPS

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
Fall H.E.A.T. Camp	13-18	F	7:00 PM	48 hr	Camp Mockingee	3	4-Nov	00058472	\$50.00
Re Gen Overnight Camp	18+	Sa	9:00 AM	30 hr	Camp Mockingee	2	15-Oct	00060683	\$50.00

DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Open Gym	All	Sun	12:00 PM	2 hr	LeBrun Community Centre - gymnasium	24-Sep	FREE
Open Gym	All	Fri	6:00 PM	2 hr	LeBrun Community Centre - gymnasium	30-Sep	FREE
Parent & Tot Open Gym		TU	10:00 AM	1.5 hrs	Bedford Hammonds Plains Community Centre	SEP 20	FREE
Parent & Tot Open Gym		TH	10:00 AM	1.5 hr	Bedford Hammonds Plains Community Centre	SEP 22	FREE
Pickleball	18+	Mon	12:00 PM	2 hr	LeBrun Community Centre - gymnasium	26-Sep	FREE
Pickleball	18+	Wed	12:00 PM	2 hr	LeBrun Community Centre - gymnasium	28-Sep	FREE
Pickleball		TU	1:00 PM	2 hrs	Bedford Hammonds Plains Community Centre	SEP 20	\$5.00
Pickleball		W	10:00 PM	2 hr	Bedford Hammonds Plains Community Centre	SEP 21	FREE
Pickleball		F	9:30 AM	2 hrs	Bedford Hammonds Plains Community Centre	SEP 23	\$5.00
Pickleball		F	1:00 PM	2 hrs	Bedford Hammonds Plains Community Centre	SEP 23	\$5.00
Pickleball Lessons		W	8:45 AM	1 hr	Bedford Hammonds Plains Community Centre	SEP 21	FREE
Putting League - Disc Golf		TH	8:30 PM	1 hr	Bedford Hammonds Plains Community Centre	SEP 29	\$5.00
Walking Club		M	12:00 PM	45 min	Bedford Hammonds Plains Community Centre	SEP 19	FREE
Walking Club		TU	12:00 PM	45 min	Bedford Hammonds Plains Community Centre	SEP 20	FREE
Walking Club		W	12:00 PM	45 min	Bedford Hammonds Plains Community Centre	SEP 21	FREE
Walking Club		TH	12:00 PM	45 min	Bedford Hammonds Plains Community Centre	SEP 22	FREE
Walking Club		F	12:00 PM	45 min	Bedford Hammonds Plains Community Centre	SEP 23	FREE
Youth Night		F	6:00PM	3 hrs	Bedford Hammonds Plains Community Centre	SEP 23	FREE
Youth Open Gym		TU	3:30 PM	1.5 hrs	Bedford Hammonds Plains Community Centre	SEP 20	FREE
Youth Open Gym		TH	3:30 PM	1.5 hrs	Bedford Hammonds Plains Community Centre	SEP 22	FREE