

SPRING 2022

SPRYFIELD/ SAMBRO

Captain William Spry Centre
16 Sussex Street
Phone: 902.477.POOL (7665)
or 902.479.1111



HALIFAX



SPRYFIELD/SAMBRO

The spring 2022 fees reflect the Parks & Recreation fee changes taking effect on April 1, 2022. Please also note that adult programs are +HST and senior discounts apply to clients 60 years and older.

Learn more at <https://halifax.ca/parks-rec-fee-changes>

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Preschooler Play - Kiddie Capers	3-5	Tu	9:00 AM	2.5hrs	Captain William Spry Community Centre	8	12-Apr	00051179	\$90.00
Preschooler Play - Kiddie Capers	3-5	Th	9:00 AM	2.5hrs	Captain William Spry Community Centre	8	14-Apr	00051194	\$90.00
Dance - Ballet	3-4	Sa	11:45 AM	45min	Captain William Spry Community Centre	10	9-Apr	00051212	\$45.00
Dance - Ballet	3-4	Sa	12:30 PM	45min	Captain William Spry Community Centre	10	9-Apr	00051213	\$45.00
Dance - Introduction	4-6	Sa	1:15 PM	45min	Captain William Spry Community Centre	10	9-Apr	00051214	\$45.00
Gymnastics - Tumblebugs	3-4	Sa	10:30 AM	45min	Captain William Spry Community Centre	10	9-Apr	00051208	\$45.00
Gymnastics - Tumblebugs	4-5	Sa	11:30 AM	45min	Captain William Spry Community Centre	10	9-Apr	00051209	\$45.00

CHILD									
Arts & Crafts - Artists in Action	7-11	Sa	1:30 PM	2hrs	Captain William Spry Community Centre	8	9-Apr	00051211	\$112.00
Dance - Hip Hop/Jazz	6-9	Sa	2:00 PM	1hr	Captain William Spry Community Centre	10	9-Apr	00051215	\$45.00
Basketball - Girls Only - Rockingstone Elementary School	8-10	M	7:30 PM	1hr	Rockingstone Heights Elementary School	7	4-Apr	00051178	\$42.00
Basketball 5-7 yrs - Jr. NBA - Rockingstone Elementary School	5-7	M	6:15 PM	1hr	Rockingstone Heights Elementary School	7	4-Apr	00051177	\$42.00
Basketball 5-7 yrs - Jr. NBA - Harrietsfield Elementary School	5-7	W	6:00 PM	1hr	Harrietsfield Elementary School	8	6-Apr	00051188	\$48.00
Rockingstone Open Gym	7-11	W	6:00 PM	1.5hrs	Rockingstone Heights Elementary School	7	6-Apr	00051192	FREE
Sports - Little Sports	4-5	Sa	12:30 PM	45min	Captain William Spry Community Centre	10	9-Apr	00051210	\$45.00
Yoga	4-6	Su	4:00 PM	45min	Captain William Spry Community Centre	8	10-Apr	00051217	\$30.00
Yoga	6-9	Su	5:00 PM	45min	Captain William Spry Community Centre	8	10-Apr	00051218	\$30.00
Yoga	9-12	Tu	6:15 PM	1hr	Captain William Spry Community Centre	8	12-Apr	00051184	\$40.00

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YOUTH									
Open Gym - Central Spry School - All Ages		Sa	1:00 PM	2hrs	Central Spryfield Elementary School	7	9-Apr	00051216	FREE
Rockingstone Open Gym	12-15	W	7:30 PM	1.5hrs	Rockingstone Heights Elementary School	7	6-Apr	00051193	FREE
ADULT									
Arts & Crafts - Card Making Workshop	16+	Su	6:00 PM	3hrs	Captain William Spry Community Centre	1	10-Apr	00051200	\$20.00
Photography - Digital SLR Photography	16+	Th	7:00 PM	2hrs	Captain William Spry Community Centre	8	14-Apr	00051199	\$128.00
Badminton - Non -Instructional - Herring Cove Junior High	18+	W	7:30 PM	2hrs	Herring Cove Junior High	5	20-Apr	00051191	\$55.00
Pickleball - Intermediate/Non-Instructional - Rockingstone Elementary School	18+	Tu	6:30 PM	2hrs	Rockingstone Heights Elementary School	9	5-Apr	00051185	\$99.00
Pickleball - Non-Instructional - Rockingstone Elementary School	18+	F	6:30 PM	2hrs	Rockingstone Heights Elementary School	7	8-Apr	00051202	\$77.00
Pickleball - Non-Instructional - Central Spry School	18+	W	6:00 PM	1.5hrs	Central Spryfield Elementary School	7	13-Apr	00051189	\$57.75
Pickleball - Non-Instructional - Central Spry School	18+	M	6:00 PM	2hrs	Central Spryfield Elementary School	7	4-Apr	00051176	\$77.00
Fitness - 55+ Fitness	18+	Tu	10:00 AM	1hr	Captain William Spry Community Centre	10	5-Apr	00051181	\$62.96
Fitness - 55+ Fitness	18+	Th	10:00 AM	1hr	Captain William Spry Community Centre	10	7-Apr	00051195	\$62.96
Fitness - Cardio Boot Camp	18+	Sa	9:00 AM	1hr	Captain William Spry Community Centre	13	2-Apr	00051206	\$81.90
Fitness - Cardio Boot Camp	18+	M	6:00 PM	1hr	Captain William Spry Community Centre	11	4-Apr	00051170	\$69.30
Fitness - Cardio Boot Camp	18+	Th	6:00 PM	1hr	Captain William Spry Community Centre	13	7-Apr	00051197	\$81.90
Fitness - Chair Fit Exercise	18+	Tu	11:15 AM	45min	Captain William Spry Community Centre	10	5-Apr	00051182	\$47.30
Fitness - Chair Fit Exercise	18+	Th	11:15 AM	45min	Captain William Spry Community Centre	10	7-Apr	00051196	\$47.30
Fitness - Pilates	18+	Tu	7:30 PM	1hr	Captain William Spry Community Centre	8	12-Apr	00051186	\$50.40
Fitness - Piloxing - Online	18+	Su	6:00 PM	1hr	Captain William Spry Community Centre	12	3-Apr	00051219	\$75.60
Fitness - Strength & Tone	18+	Tu	6:00 PM	1hr	Captain William Spry Community Centre	13	5-Apr	00051183	\$81.90
Fitness - Yamuna Body Rolling	18+	Tu	9:15 AM	1hr	Captain William Spry Community Centre	8	12-Apr	00051180	\$50.40
Fitness - Zumba Gold Class	18+	W	9:30 AM	1hr	Captain William Spry Community Centre	13	6-Apr	00051187	\$81.90
Fitness - Zumba Gold Class	18+	F	9:30 AM	1hr	Captain William Spry Community Centre	11	8-Apr	00051201	\$69.30
Yoga	18+	Sa	10:15 AM	1hr	Captain William Spry Community Centre	13	2-Apr	00051207	\$81.90
Yoga	18+	M	7:15 PM	1hr	Captain William Spry Community Centre	11	4-Apr	00051173	\$69.30
Yoga	18+	Th	7:00 PM	1hr	Captain William Spry Community Centre	13	7-Apr	00051198	\$81.90

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Virtual Adult Fitness Classes									
Fitness - Piloxing (online)	18+	Tu	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	11	5-Apr	00051076	\$69.30
Fitness - Zumba Online	18+	Su	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051070	\$69.30
Fitness - Zumba Toning Online	18+	Su	8:00 PM	30min	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051074	\$34.65
Fitness - Piloxing - Online	18+	Su	6:00 PM	1hr	Online (Offered by Captain William Spry Community Centre)	12	3-Apr	00051219	\$75.60
Fitness - Zumba - Online	18+	M	6:30 PM	1hr	Online (Offered by Chocolate Lake Community Centre)	10	11-Apr	00051012	\$63.00