

SPRING 2022

MUSQUODOBOIT VALLEY

Dutch Settlement to Dean
12046 Highway # 224,
Middle Musquodoboit
Phone: 902.384.3008



HALIFAX



MUSQUODOBOIT VALLEY

The spring 2022 fees reflect the Parks & Recreation fee changes taking effect on April 1, 2022. Please also note that adult programs are +HST and senior discounts apply to clients 60 years and older.

Learn more at <https://halifax.ca/parks-rec-fee-changes>

Program Name	Age	Day	Start Time	Duration	Location	Sessions	Start Date	Code	Fee
PRESCHOOL									
Preschooler Play - Puddle Jumpers!	3-5	W	6:00 PM	1hr	Carrolls Corner Community Centre	6	13-Apr	00051309	FREE
Preschooler Play - Puddle Jumpers!	3-5	Th	6:00 PM	1hr	Musquodoboit Valley Education Centre	6	14-Apr	00051308	FREE
CHILD									
Basketball	9-12	M	7:30 PM	1hr	Musquodoboit Valley Education Centre	6	11-Apr	00051307	\$36.00
Gym Time - Child	5-8	M	6:30 PM	1hr	Musquodoboit Valley Education Centre	6	11-Apr	00051303	FREE
YOUTH									
Gym Time - Adult and Youth	13+	F	6:30 PM	2.5hrs	Musquodoboit Rural High School	5	22-Apr	00051301	FREE
Gym Time - Youth	13-18	Tu	7:00 PM	2hrs	Musquodoboit Rural High School	7	12-Apr	00051302	FREE
ADULT									
Pickleball	18+	Th	7:00 PM	1.5hrs	Musquodoboit Valley Education Centre	6	14-Apr	00051304	FREE
Yoga	18+	W	7:00 PM	1hr	Carrolls Corner Community Centre	8	13-Apr	00051305	\$50.40
Yoga - Gentle	18+	W	9:30 AM	1hr	St Andrews United Church	8	13-Apr	00051306	\$50.40
Virtual Adult Fitness Classes									
Fitness - Piloxing (online)	18+	Tu	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	11	5-Apr	00051076	\$69.30
Fitness - Zumba Online	18+	Su	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051070	\$69.30

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Fitness - Zumba Toning Online	18+	Su	8:00 PM	30min	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051074	\$34.65
Fitness - Piloxing - Online	18+	Su	6:00 PM	1hr	Online (Offered by Captain William Spry Community Centre)	12	3-Apr	00051219	\$75.60
Fitness - Zumba - Online	18+	M	6:30 PM	1hr	Online (Offered by Chocolate Lake Community Centre)	10	11-Apr	00051012	\$63.00

DROP INS

Program Name	Ages	Day	Start Time	Duration	Location	Start Date	Cost
Fitness Centre	16+	M	6:30 PM	2.5 hrs	Musquodoboit Rural High School	4-Apr	FREE
Fitness Centre	16+	W	6:30 PM	2.5 hrs	Musquodoboit Rural High School	6-Apr	FREE
Fitness Centre	16+	F	6:30 PM	2.5 hrs	Musquodoboit Rural High School	1-Apr	FREE
Open Gym - Youth	13-18	Tu	7:00 PM	2 hrs	Musquodoboit Rural High School	19-Apr	FREE
Open Gym - Youth and Adult	13 +	F	6:30 PM	2 hrs	Musquodoboit Rural High School	22-Apr	FREE