

SPRING 2022

MUSQUODOBOIT HARBOUR

Corner of #7 Highway and East Petpeswick Road
Phone: 902.889.4050



HALIFAX



MUSQUODOBOIT HARBOUR

The spring 2022 fees reflect the Parks & Recreation fee changes taking effect on April 1, 2022. Please also note that adult programs are +HST and senior discounts apply to clients 60 years and older.

Learn more at <https://halifax.ca/parks-rec-fee-changes>

Program Name	Age	Day	Start Time	Duration	Location	Classes	Start Date	Code	Fee
PRESCHOOL									
Arts & Crafts - Kiddie Crafts	3-5	Th	4:45 PM	30min	Musquodoboit Harbour Community Centre	8	14-Apr	00050854	\$28.00
Preschooler Play - Teddy Bears	3-5	F	9:30 AM	2hrs	Musquodoboit Harbour Community Centre	10	15-Apr	00050860	\$90.00
Dance - Multi Dance	3-5	Tu	4:15 PM	30min	Musquodoboit Harbour Community Centre	8	12-Apr	00050835	\$24.00
Gymnastics - Tumblebugs	3-5	Tu	5:00 PM	30min	Musquodoboit Harbour Community Centre	8	12-Apr	00050836	\$24.00
Gymnastics - Tumblebugs	3-5	Tu	6:00 PM	30min	Musquodoboit Harbour Community Centre	8	12-Apr	00050837	\$24.00

CHILD									
Arts & Crafts- Easter Craft	5-12	Sa	11:00 AM	1hr	Musquodoboit Harbour Community Centre	1	9-Apr	00052434	\$5.00
Arts & Crafts- Mother's Day Craft	5-12	Sa	11:00 AM	1hr	Musquodoboit Harbour Community Centre	1	7-May	00052436	\$5.00
Arts & Crafts- Father's Day Craft	5-12	Sa	11:00 AM	1hr	Musquodoboit Harbour Community Centre	1	18-Jun	00052439	\$5.00
Arts & Crafts - Craft Central!	8-12	M	6:00 PM	1hr	Musquodoboit Harbour Community Centre	8	11-Apr	00050828	\$56.00
Arts & Crafts - Drawing & Painting	6-9	Th	5:45 PM	1hr	Musquodoboit Harbour Community Centre	8	14-Apr	00050855	\$56.00
Basketball	6-8	Tu	6:00 PM	45min	Eastern Shore District High School	8	12-Apr	00050839	FREE
Basketball	8-12	Tu	7:00 PM	1hr	Eastern Shore District High School	8	12-Apr	00050840	FREE
Sports - Multi-Sport	6-9	W	6:30 PM	1hr	Oyster Pond Academy P-9	8	13-Apr	00050846	FREE
Drama - Improv	9-13	Th	7:00 PM	1hr	Musquodoboit Harbour Community Centre	8	14-Apr	00050856	FREE
Various Games	6-9	Tu	6:45 PM	45min	Musquodoboit Harbour Community Centre	8	12-Apr	00050838	\$27.00

ADULT									
Arts & Crafts - Drawing	18+	M	7:15 PM	1hr	Musquodoboit Harbour Community Centre	8	11-Apr	00050829	\$64.00
Dance - Line Dancing	18+	Th	6:30 PM	1hr	Gaetz Brook Legion	9	14-Apr	00050859	\$56.70

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Hiking	18+	Tu	11:00 AM	1hr	Musquodoboit Harbour Community Centre	6	12-Apr	00050834	FREE
Pickleball	18+	Th	7:00 PM	1.5hrs	Gaetz Brook Junior High	8	21-Apr	00050858	\$66.00
Conditionnement Physique Doux- Gentle Fitness	18+	W	9:30 AM	45min	Acadian House Museum- La Grange	10	13-Apr	00050844	\$47.25
Conditionnement Physique Doux- Gentle Fitness	18+	F	12:45 PM	45min	Acadian House Museum- La Grange	10	22-Apr	00050863	\$47.25
Fitness - Cardio & Weights	18+	Tu	10:30 AM	45min	Petpeswick Yacht Club	10	12-Apr	00050832	\$47.25
Fitness - Cardio & Weights	18+	F	10:30 AM	45min	Petpeswick Yacht Club	10	22-Apr	00050862	\$47.25
Fitness - Circuit Fit	18+	M	11:30 AM	45min	Musquodoboit Harbour Community Centre	10	11-Apr	00050825	\$47.25
Fitness - Gentle Fit	18+	Tu	9:30 AM	45min	Petpeswick Yacht Club	10	12-Apr	00050831	\$47.25
Fitness - Gentle Fitness	18+	W	10:00 AM	1hr	Ship Harbour Hall	8	13-Apr	00050843	\$50.40
Fitness - Stability Ball	18+	M	12:30 PM	45min	Musquodoboit Harbour Community Centre	10	11-Apr	00050826	\$47.25
Fitness - Step & Weights	18+	W	6:30 PM	45min	Seaforth Community Hall	10	13-Apr	00050849	\$47.25
Fitness - Total Fit	18+	M	7:00 PM	45min	Seaforth Community Hall	10	11-Apr	00050830	\$47.25
Fitness - Trim & Tone	18+	Th	7:00 PM	45min	Seaforth Community Hall	10	14-Apr	00050857	\$47.25
Fitness- Gentle Fitness	18+	F	9:30 AM	45min	Petpeswick Yacht Club	10	22-Apr	00050861	\$47.25
Fitness- Gentle Fitness	18+	M	10:00 AM	1hr	Ship Harbour Hall	8	11-Apr	00050824	\$50.40
Yoga	18+	W	6:30 PM	1hr	Oyster Pond Academy P-9	8	13-Apr	00050847	\$50.40
Yoga	18+	Th	9:00 AM	1hr	Musquodoboit Harbour Community Centre	10	14-Apr	00050851	\$63.00
Yoga	18+	Su	9:30 AM	1hr15min	Seaforth Community Hall	10	24-Apr	00050866	\$78.75
Yoga - Chair	18+	F	1:00 PM	1hr15min	Musquodoboit Harbour Community Centre	10	22-Apr	00050864	\$78.75
Yoga - Gentle	18+	M	1:30 PM	1hr15min	Musquodoboit Harbour & District Lions Club	10	11-Apr	00050827	\$78.75
Yoga - Gentle	18+	Tu	9:30 AM	1hr15min	Ship Harbour Hall	10	12-Apr	00050833	\$78.75
Yoga - Gentle	18+	Th	9:30 AM	1hr15min	Ship Harbour Hall	10	14-Apr	00050852	\$78.75
Yoga - Hatha Yoga	18+	W	10:45 AM	1hr15min	Petpeswick Yacht Club	10	13-Apr	00050845	\$78.75
Yoga - Mellow Flow	18+	W	6:30 PM	1hr	Musquodoboit Harbour Community Centre	10	13-Apr	00050848	\$63.00
Yoga- Yin Yoga	18+	Sa	9:00 AM	1hr	Musquodoboit Harbour Community Centre	10	23-Apr	00050865	\$63.00

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Virtual Adult Fitness Classe									
Fitness - Piloxing (online)	18+	Tu	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	11	5-Apr	00051076	\$69.30
Fitness - Zumba Online	18+	Su	7:00 PM	1hr	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051070	\$69.30
Fitness - Zumba Toning Online	18+	Su	8:00 PM	30min	Online (Offered by Lakeside Community Centre)	10	10-Apr	00051074	\$34.65
Fitness - Piloxing - Online	18+	Su	6:00 PM	1hr	Online (Offered by Captain William Spry Community Centre)	12	3-Apr	00051219	\$75.60
Fitness - Zumba - Online	18+	M	6:30 PM	1hr	Online (Offered by Chocolate Lake Community Centre)	10	11-Apr	00051012	\$63.00

DROP INS									
Basketball Drop In	13-17	Tu	8:00 PM	1h	Eastern Shore District High School	12-Apr			FREE
Youth Open Gym	12-15	W	7:30 PM	1.5hrs	Oyster Pond Academy	13-Apr			FREE