



**COUNCILLOR JEAN ST-AMAND**

DISTRICT 16 NEWSLETTER  
BEDFORD - WENTWORTH

## AUGUST 2025



Happy Natal Day! There are numerous family fun activities planned on both sides of the harbour in

celebration of Halifax Dartmouth Natal Day. I look forward to seeing you at some of these events.

For more information, visit [natalday.org](http://natalday.org)

Thank you for giving me the privilege of representing you on Regional Council. I will continue to work hard on your behalf to enhance our community and address your concerns to the best of my ability.

Keep reading for more information on surplus lands for affordable housing pilot program, update on strong Mayor powers, and many more interesting articles on what's going on in and around the community! I hope you will find this newsletter helpful and informative.

Contact me if you have questions regarding municipal programs/services by phone at 902-476-2484 or by email at

[Jean.St-Amand@halifax.ca](mailto:Jean.St-Amand@halifax.ca)

## AUGUST MEETING DATES

### Regional Council:

Tuesday, August 5 at 10 a.m.

Tuesday, August 19 at 10 a.m.

### Grants Committee:

Wednesday, August 6 at 10 a.m.

### NorthWest Community Council:

Monday, August 11 at 6 p.m.

### Accessibility Advisory Committee

Monday, August 18 at 4 p.m.

### Standing Committees:

#### Audit & Finance Standing Committee

Wednesday, August 20 at 10 a.m.

#### Community Planning & Economic Development Standing Committee

Thursday, August 21 at 10 a.m.

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### DID YOU KNOW...

That August is Emancipation Month, Acadian Heritage Month, National Water Quality Month, National Immunization Awareness Month and National Eye Exam Month.

August 1 is Emancipation Day  
 August 3 is Food Day Canada  
 August 5 is Natal Day  
 August 7 is National Lighthouse Day  
 August 9 is Book Lovers Day  
 August 9 is International Day of the World's Indigenous Peoples  
 August 12 is International Youth Day  
 August 15 is National Acadian Day  
 August 19 is World Humanitarian Day  
 August 20 is Canadian Multiculturalism Day  
 August 31 is International Overdose Awareness Day

### EMANCIPATION DAY



Aug. 1 is Emancipation Day in Nova Scotia, a day to acknowledge the history and legacy of slavery in

Canada and to recognize the strength and contributions of people of African descent.

Emancipation Day marks the anniversary of Aug. 1, 1834, when the Slavery Abolition Act of 1833 came into effect, ending slavery in most parts of the British Empire, including Canada.

The day provides an opportunity to reflect on the ongoing impacts of systemic anti-Black racism,

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and to engage in meaningful conversations about equity, justice, and inclusion. It is also a time to honour the heritage, culture, and resilience of African Nova Scotian communities across the region.

### NATAL DAY CELEBRATIONS

Mark your calendars for the 128th annual Natal Day celebrations happening across the municipality! From fireworks and live music to parades and family-friendly activities, there's something for everyone.

Highlights include:

- Natal Day Parade: Monday, Aug. 4 | 10:30 a.m.–12 p.m.
- Fireworks on the Harbour: Saturday, Aug. 2 | 10 p.m. (*Rain date: Sunday, Aug. 3*)
- Lake Banook Fireworks: Monday, Aug. 4 | 9:30 p.m.
- Freedom Festival: Sunday, Aug. 3 | Dartmouth Ferry Terminal Park | 2–9:30 p.m.
- Dartmouth Natal Day Road Race: Monday, Aug. 4 | 8–9:30 a.m.
- Family Undersea Adventure Day: Monday, Aug. 4 | Sullivan's Pond | 12–4 p.m.
- Bridgewalk: Sunday, Aug. 3 | Macdonald Bridge | 2–4 p.m.
- Mike Cowie Band: Monday, Aug. 4 | Halifax Public Gardens | 2–4 p.m.

**Bonus:** Enjoy *free ferry service* on Saturday, Aug. 2. The Parker Street Food Bank will also be accepting donations at the Halifax and Alderney ferry terminals.

Visit [halifax.ca/natalday](https://halifax.ca/natalday) for full event details and updates.



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#### NATIONAL ACADIAN DAY

Since 1881, Acadians have celebrated National Acadian Day on Aug. 15, a tradition established at the first National Acadian Convention in Memramcook, N.B.

The day is marked by community gatherings, music, and the *Tintamarre*, a festive procession where participants make noise as they walk together to celebrate Acadian identity and solidarity.

National Acadian Day is an opportunity to learn about the history and cultural contributions of Acadians, and to participate in celebrations taking place across the municipality.

The Halifax region is home to the largest Acadian and Francophone population in Nova Scotia. In recognition of this important day, the municipality will host its 12th annual National Acadian Day flag raising ceremony at 12:00 noon in the Grand Parade.

#### UPDATE ON STRONG MAYOR POWERS MOTION



At the July 10 Regional Council meeting, Regional Council voted in favour of a motion requesting

consultation from the Province of Nova Scotia if it considers introducing strong mayor powers in Halifax or other municipalities.

The motion directs the Mayor to:

- Write a letter to the Minister of Municipal Affairs requesting that the province engage in discussion with Halifax Regional Municipality and other municipalities prior to any legislative changes.
- Write a letter to the Nova Scotia Federation of Municipalities Board encouraging them to adopt a similar position.
- Submit both letters by July 22 and circulate any responses to Council.

Council also directed the Chief Administrative Officer to prepare a staff report on how strong mayor powers have been implemented in other Canadian jurisdictions and what lessons may apply locally.

Strong mayor powers vary depending on provincial legislation but could include authority over hiring senior staff, preparing budgets, or vetoing council decisions. How such powers would apply in Nova Scotia would be determined by the province.

For more information, click [here](#).

#### UPDATE ON MORRIS STREET EAST CONNECTION



At the August 5th meeting of Regional Council, municipal staff will present

recommendations for any potential changes to the Morris Street East Connection project.

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This follows a letter from Premier Tim Houston raising concerns about the planned changes to Morris Street.

The project was last discussed at the July 8th Council meeting, where a motion was brought forward to explore alternative design options that would maintain two-way traffic on Morris Street and avoid impacts to Lower Water Street. Council voted 13-4 against the motion.

The Morris Street East Connection is part of the broader Peninsula South Complete Streets project and was originally approved in October 2024. The current design includes a two-way protected bike lane and would convert Morris Street to one-way east bound for vehicles.

For more information, click [here](#).

### CAO CATHIE O'TOOLE ANNOUNCES INTENTION TO RETIRE



On July 9, Cathie O'Toole announced her intention to retire as Chief Administrative Officer of the Halifax Regional Municipality after over 25 years of public service.

Ms. O'Toole, who has served as Chief

Administrative Officer since January 2023, will continue in her role into October and assist Mayor and Regional Council in the development of a transition plan for the municipality.

"It has been an honour to serve both the municipality and Halifax Water, and I take pride in the projects and initiatives I have had the

privilege of working on and leading," said Ms. O'Toole.

In the coming weeks, additional details will be shared, including Ms. O'Toole's last day, and the transition plan.

### HALIFAX SUMMER SERIES



Discover the exciting events happening in Halifax this summer!

HRM is hosting a variety of activities through its Summer Series, running from

June to early September. Events include live music, family-friendly activities and fireworks. Many events are free for residents. Plan your summer today: [halifax.ca/SummerSeriesEvents](https://halifax.ca/SummerSeriesEvents)

### HALIFAX REGIONAL COUNCIL SUPPORTS NEW COMMUNITY MEDIATION PILOT

Halifax Regional Council has approved funding and directed staff to collaborate with the United Way Maritimes to create and implement a Community Mediation pilot program.

This initiative will provide voluntary, confidential, and impartial mediation services to residents experiencing interpersonal disputes across multiple neighbourhoods in the municipality. The pilot program aims to improve community safety and cohesion by offering no-cost mediation and conflict coaching in accessible, neutral locations, including virtual options.

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The program will focus on common neighbourhood conflicts such as noise, parking, property boundaries, and nuisance issues, while excluding legal and certain sensitive matters.

This partnership leverages United Way Maritimes' extensive community presence and expertise to deliver services in diverse urban and rural areas including Spryfield, Fairview, Dartmouth North, and East Preston. A project coordinator will be hired to oversee program design and delivery, with referral pathways established through municipal staff, community partners, and self-referrals.

This program supports safer, stronger communities by offering a helpful way to solve disputes without legal action. For more information, read the [staff report](#).

### MUNICIPALITY LAUNCHES SURPLUS LANDS FOR AFFORDABLE HOUSING PILOT PROGRAM

Through the federal Housing Accelerator Fund, the Halifax Regional Municipality is launching the Surplus Lands for Affordable Housing Pilot Program to support non-profit housing development. The program will make four surplus municipal properties available to eligible non-profit organizations for one dollar to help offset land acquisition costs:

- 48 Pinecrest Drive, Dartmouth
- 15 Laurelcres Drive, Eastern Passage
- 18 Scotia Drive, Bedford
- 6850 Bayers Road, Halifax

Applicants must meet existing residential zoning requirements. Successful projects will offer below-market rental units and be ready for construction by October 2026.

The municipality is holding open house sessions where you can learn more and ask questions.

#### Open House:

**August 12** – Bedford Public Library (5–7 p.m.)

All are welcome!

### COGSWELL DISTRICT PROJECT CONSTRUCTION TO REACH SUBSTANTIAL COMPLETION BY END OF YEAR

The final phase of construction of the Cogswell District project marks a major milestone in transforming this key area of downtown Halifax into a vibrant, connected urban space. Over the next six months, the project will deliver significant infrastructure improvements, including the completion of Upper Water Street's realignment, modernized underground services and new corridors such as Amalamek Way and Nora Bernard Street.

Active transportation infrastructure will be expanded with the completion of the multi-use path network. With new lots prepared for future development, green spaces like Granville Park nearing completion and major roadways reopened or reconnected, this phase will bring the project's construction to substantial completion — creating a more accessible and well-connected downtown district. For more information, read the [staff report](#).

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## COGSWELL DISTRICT UPCOMING CHANGES



Upcoming changes in the Cogswell District: Access change to Amalamek Way, Dr. Alfred Waddell Street opens, Nora Bernard Street closes at the Barrington Street roundabout starting Friday, July 25.

## HALIFAX REC VAN

The Halifax Regional Municipality is advising residents that the Rec Van will once again be travelling across the region this summer.

Starting Wednesday, July 2, the Rec Van will travel to different rural communities from Mondays to Thursdays every week. A range of recreation activities will be offered, including baseball, basketball, soccer, washer toss, giant checkers, archery, skipping and more.

Rec Van services are free for residents and open to all ages. The final day of the Rec Van will be Friday, Aug. 22.

For more information, including the complete Rec Van schedule, visit: [halifax.ca/RecVan](https://halifax.ca/RecVan).

## RURAL SWIMMING LESSON PROGRAMS



This summer, Halifax Rec is introducing two new, FREE swimming programs at rural beaches and lakes! Children and youth can sign up for free swimming lessons and lifesaving programs — including Bronze Cross and Workplace First Aid — across rural communities.

Learn more at [halifax.ca/SwimPrograms](https://halifax.ca/SwimPrograms)

## ADAPTIVE EQUIPMENT AVAILABLE

We have a variety of adaptive equipment available to borrow to help you get out and about this spring and summer.

- Hippocamps
- Beach chair
- GRIT chair

For further information please email [inclusion@halifax.ca](mailto:inclusion@halifax.ca)

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### FLOOD READY



Floods happen in the HRM. Climate change is increasing the risk. With the new municipal flood maps and resources, you can learn:

- what flooding is
- where it could flood
- how the municipality is building resilience
- how to get flood ready

Learn more here: [halifax.ca/flood-ready](http://halifax.ca/flood-ready)

### HFX ALERT



Get notified when it matters most.

Sign up for hfxALERT, the Halifax Regional Municipality's mass notification system, to receive critical and non-urgent alerts, as

well as municipal winter parking ban notices.

To find out more and to register, visit:  
<http://halifax.ca/hfxalert>

### FREE WILDFIRE RISK ASSESSMENT FROM FIRESMART



Wildfires are becoming more frequent and severe, especially in areas where homes meet natural vegetation.

To help reduce this risk, Halifax Regional

Fire & Emergency is offering free, voluntary FireSmart property assessments to residents.

As part of this service, trained staff will visit your home, identify potential wildfire hazards—like flammable materials or overgrown vegetation—and provide personalized tips to help you make your property safer.

Request your free assessment today at [halifax.ca/firesmart](http://halifax.ca/firesmart) or call 311 to learn more.

Taking action now can make a big difference in protecting your home.

### CAMPFIRES IN MUNICIPAL PARKS



A reminder, as per [By-Law P-600](#), open fires and campfires are not permitted within municipal parks at any time. While the municipal Open Air

Burning By-law allows campfires in wooded areas, this does not apply to the region's parks. The Parks By-law clearly states that there are to be no campfires at any time.





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### NEW ONLINE TOOL FOR BURN RESTRICTIONS

#### Current Conditions

Burning is not allowed between midnight and 2 p.m.



#### Municipal fire risk general index

Low	Moderate	High	Very high	Extreme
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Index represented is the highest fire potential within the municipality today; it may not represent all areas - Please use the Burning Map for decisions on burning

The Halifax Regional Municipality has launched Before You Burn, a new online tool that provides residents and visitors with up-to-date information on whether burning is allowed in the Halifax region.

Before starting an open-air fire, check [Before You Burn](#) to stay informed and ensure compliance with municipal and provincial regulations.

#### WHY BYB?

- No more guesswork – this tool is specific to your civic address.
- Quick visual access to the burn status for the municipality (open, restricted, ban, etc.).
- More detail including the Halifax-specific fire risk index.
- Detailed descriptions of all burning types (campfires, brush burning, etc.).

Both the Province of Nova Scotia and the municipality have burning restrictions in effect. The new [Before You Burn](#) tool displays the burning restrictions in effect across the municipality by comparing municipal by-laws and provincial legislation with live data from the [provincial fire restrictions webpage](#).

Visit [beforeyouburn.halifax.ca](https://beforeyouburn.halifax.ca) to see if burning is allowed.

### PROVINCE-WIDE BURN BAN IN EFFECT UNTIL OCT 15 UNLESS LIFTED BEFORE

Wildfire risk season in Nova Scotia runs from March 15 to Oct. 15, during which additional burning restrictions are in place. always check [Before You Burn](#) to know what restrictions are in place.

On June 30, 2025, the Province of Nova Scotia announced a province-wide fire ban to last until at least October 15<sup>th</sup> unless conditions change and the ban can be lifted. Until then, specific restrictions apply and **violators are subject to fines of up to \$25,000.**

#### WHAT'S NOT ALLOWED

- Campfires, bonfires, wood fire pits
- Brush burning
- Chimineas
- Consumer fireworks

#### WHAT'S ALLOWED

- Charcoal BBQs
- Gas BBQs and stoves
- Devices that follow manufacturer safety instructions

For more information on municipal fire restrictions, visit [halifax.ca/safety-security/fire-emergency/fire-prevention-safety/open-air-burning](https://halifax.ca/safety-security/fire-emergency/fire-prevention-safety/open-air-burning).

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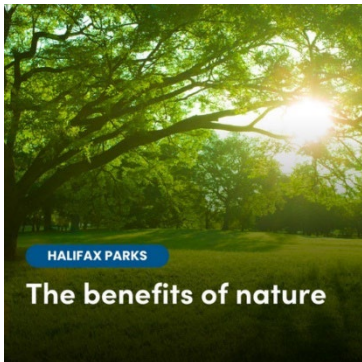




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### BENEFITS OF NATURE



Greenspaces, such as parks, natural areas and community gardens, promote physical, mental and social health and wellbeing for all communities.

Learn more: <https://www.halifax.ca/parks-recreation/parks-trails-gardens/benefits-nature>

### WEEKLY GREEN CART COLLECTION



Weekly green cart collection has returned across the municipality, starting Monday, July 21, continuing until Friday, Sept. 12.

This enhanced summer service is a helpful way to manage food waste during peak heat months.

While in previous years it ran through the full summer, Regional Council approved a slightly shorter collection period this year as part of the 2025–26 municipal budget process.

To ensure pickup, please have your green cart at the curb by 7 a.m. on collection day—and remember to keep items secured from wildlife. The easiest way to confirm your schedule is by checking the Halifax Recycles app or visiting [halifax.ca](https://www.halifax.ca)

**Please note: Printed collection schedules distributed before June 10 are no longer accurate.** For the most up-to-date information,

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refer to the app or municipal website. Bi-weekly collection will resume starting Monday, Sept. 15.

Leaf and yard waste that doesn't fit into the green cart belongs in paper yard waste bags. Did you know that each household that receives curbside collection can place up to twenty yard waste bags out on collection day? This makes disposing of leaf and yard waste easy.

For more information about leaf and yard waste visit: [www.halifax.ca/yardwaste](https://www.halifax.ca/yardwaste)

Thank you for doing your part to keep our community clean and green!

### REDUCING GREEN CART NUISANCES



Items left in our yards may unintentionally attract the attention of wildlife. Follow these tips to help reduce the chance a green cart is one of them.

- Place wet food waste in boxboard or newspaper.
- Line your green cart with a yard wastepaper bag to help absorb moisture.
- Place the green cart curbside each collection day, even if it isn't full.
- Store the cart in a ventilated, shady location.
- Food waste can be stored in the freezer until collection day.
- If you use a bungee cord to lock the cart lid, it must be removed on the morning of collection.
- Report any cart damage to 311 for repairs or replacement as needed.

For additional information on properly managing waste, visit [www.halifax.ca/recycle](https://www.halifax.ca/recycle)



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### HELP SHAPE ORGANIC WASTE MANAGEMENT

Want to help shape how organic waste is managed in the Halifax Regional Municipality?

AIM HCR (Harbour City Renewables), operator of the Halifax Organics Management Facility, is looking for up to four volunteer public members to join its new Community Liaison Committee (CLC).

As a CLC member, you'll:

- represent residents of the Halifax Regional Municipality;
- discuss facility operations, environmental monitoring and more; and
- help address community concerns.

Meetings are held twice a year on-site or virtually. Interested?

Contact: [RaggedLakeCLC@aimgroup.ca](mailto:RaggedLakeCLC@aimgroup.ca)

### CLAM HARBOUR BEACH SANDCASTLE COMPETITION

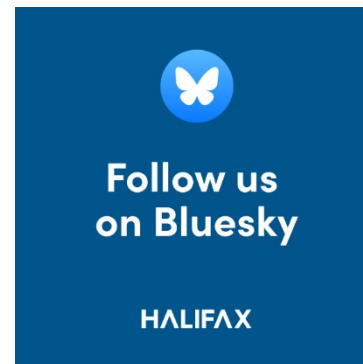


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Mark your calendars: the Clam Harbour Beach Sandcastle Competition returns Sunday, Aug. 24! Now in its 45th year, this popular event draws thousands to the Eastern Shore for a day of sand creations and community fun.

Follow our event page on Facebook or visit [halifax.ca/ClamHarbourSandcastle](https://halifax.ca/ClamHarbourSandcastle)

### HRM MOVES TO BLUESKY



As directed by Regional Council, and following a recent staff report, the municipality will be phasing out its use of X (formerly Twitter) and moving to Bluesky, a growing platform where users can view short posts that include text, images, and videos.

This change reflects feedback from the public, emerging trends in other jurisdictions, and input from provincial and partner organizations.

The following official Bluesky accounts are now active:

- [@hfxgov.bsky.social](https://bsky.social/@hfxgov) (main municipal account)
- [@hfxtransit.bsky.social](https://bsky.social/@hfxtransit) (Halifax Transit)
- [@hfx-fire.bsky.social](https://bsky.social/@hfx-fire) (Halifax Regional Fire & Emergency)
- [@hfxevents.bsky.social](https://bsky.social/@hfxevents) (Halifax Events)
- [@hfxrec.bsky.social](https://bsky.social/@hfxrec) (Halifax Parks & Recreation)
- [@hfxplanning.bsky.social](https://bsky.social/@hfxplanning) (Planning & Development)



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Content on Bluesky will mirror what has traditionally been posted to X—such as updates on programs, services, events, disruptions, and emergency notifications. While an account is not required to view content on Bluesky, residents can follow and engage more actively by signing up. Municipal X accounts will be discontinued by July 14, 2025.

This change does not affect Halifax Water, Halifax Regional Police, or Halifax Public Libraries, as they manage their own social media platforms independently.

Residents are encouraged to stay informed through a variety of channels:

- [Sign up for hfxALERT](#) for emergency and operations notifications
- Download the HFX Recycles app for solid waste info and reminders
- Use the HFX GO app for transit fare payments and service updates
- Visit [halifax.ca/news](https://halifax.ca/news) for the latest PSAs and news releases
- Explore [Shape Your City Halifax](#) to participate in municipal engagement
- Subscribe to the municipality's [RSS feeds](#)
- Call 311 with any questions

## LAWN MOWING

Residents are reminded that they are responsible for mowing the grass in front of their properties, including the strip between the sidewalk and the road, known as the right of way. While the municipality previously mowed some of these areas, particularly along major streets with a high number of non-residential properties, that approach changed with budget adjustments in recent years. For the 2025 season, maintenance of these grassy strips is the responsibility of the adjacent property owner.

Under the [Streets By-law \(S-300\)](#), all property owners, including landlords and owners of commercial or private residential properties, are expected to keep the grass on their property, as well as the adjacent right of way, trimmed to a reasonable height of about six inches.

The municipality does not mow grass on privately owned properties or sites owned by other government agencies. If a complaint is received about long grass, a Compliance Officer will inspect the site. If the property is found in violation, the owner will receive an Order with a deadline to cut the grass. If the work isn't completed by that date, the municipality will hire a contractor to do the work, and the cost will be billed back to the property owner and applied as a lien on the property.

Thank you for doing your part to help keep our community looking its best.





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### TEST DRIVE AN ELECTRIC VEHICLE THIS SUMMER



Curious about what it's like to drive an electric vehicle (EV)? Now's your chance to find out, right here in our community. The municipality's Clean Energy team is once again partnering with Next Ride to offer free EV test drives across the region this summer. Last year, 338 residents had the chance to get behind the wheel, learning firsthand how EVs perform and how our growing charging network supports their use.

With more Level 2 and Level 3 fast chargers being installed across the municipality, it's even easier to make the switch to electric. Learn about reducing your emissions, saving on fuel, or just more about the technology.

**[Register to guarantee your spot.](#)** (Some walk-ins will be available, but spots fill quickly.)

In District 16:  
August 1, 10 a.m. to 2 p.m.  
Greenfoot Energy Centre

You can find the full schedule of events and learn more about the municipality's EV charging network at [halifax.ca/ev](https://halifax.ca/ev).

### TICK CHECKS



As we spend more time outdoors, it's important to be aware of ticks and how to protect yourself. Ticks can be found in wooded areas, tall grass, and shrubs — even in urban parks and backyards.

To reduce your risk:

- Wear light-coloured clothing to spot ticks more easily
- Tuck pants into socks and shirts into pants
- Do a full body check after being outdoors — on yourself, children, and pets
- Shower within two hours of coming inside

For more information on tick safety and prevention, click [here](#).

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### IN THE COMMUNITY



I was delighted to make a check presentation to Fall River Royals for a capital contribution of \$2000 which I shared with District 1 Councillor Cathy Deagle Gammon and District 4 Councillor Trish Purdy to help the club with costs for equipment to support their wildly popular basketball programs.



I added an extra stop to my schedule and dropped in to the newly opened location of [@cobsbreadlarryuteck](https://www.cobsbreadlarryuteck.com). I was delighted to congratulate the team on their official opening and the steady stream of customers they have enjoyed. Nice to have another local (and delicious) shopping option join the Bedford business community!



A photo we snapped with the team after our briefing and tour with Emergency Medical Care in Burnside.



I handed out flags to the folks waiting in line for pancakes with MLA Damian Stoilov and MLA Tim Outhit. Hope you had a Happy Canada Day all!

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The Pride Flag was proudly raised at City Hall to mark the start of 11 days of celebration and acceptance with [@halifaxpride](https://twitter.com/halifaxpride). A particularly powerful address by 2025 Pride Ambassador Reign Dorfschmidt helped set the tone for the theme for the festival. I was delighted to join Mayor Fillmore, Deputy Mayor Tony Mancini, MLA Brendan Maguire, and fellow Councillor Billy Gillis to mark the start of celebrations with a big crowd in Grand Parade!



Lots of folks attended the Pride Parade; and was enjoyed by all!



After the Pride Flag raising, Councillor Billy Gillis and I booked it to Mill Cove to join Steve Craig and May Garden owner Eric Yeung for an incredible meal of authentic Chinese food and lively conversation about business, politics, culture and exciting things ahead in the Chinese community in Nova Scotia.

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**Bedford Days  
Open House at BBYC**

Bedford Days Open House at Bedford Basin Yacht Club was a blast!



Thank you [Bedford Basin Yacht Club](#) for hosting a wonderful ARK. 100 boats and 130 sailors kicked off the summer dinghy racing schedule.

Congratulations to Josef Moravec of [Royal Nova Scotia Yacht Squadron](#) for capturing the U-16 provincial championships by scoring 7 points in 6 races in the Opti Class!

Full results can be found here  
<https://bbyc.ca/regatta/u2EELP2UgP/results>



Just three guys from all three levels of government representing Bedford and enjoying lemonade and oat cake cookies at [Scott Manor House](#) with a big crowd from the community for [#BedfordDays2025](#)

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## COUNCILLOR JEAN ST-AMAND

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#### WHO DOES WHAT?

##### Federal Government

Airports	Criminal laws	Canadians Mortgages
Borders & passports	Employment Insurance	National RCMP
Broadcasting & telecommunications	Environment	National defence & veteran's affairs
Canada Child Benefit	Fisheries, oceans & national parks	Postal service
Charter of Human Rights	Immigration	Student loans
Correctional facilities	Income tax	International travel and support for abroad

##### Provincial Government

Addictions and mental health	100 series highways & off ramps	Property tax (property assessment)
Affordable/public housing	Hospitals	Provincial parks
Correctional facilities	Housing	Provincial RCMP
Employer and employee supports	Justice	Schools and school parking lots
Environment	Landlord and tenant supports	Student loans
Family and Community Support Services	Lakes	Workplace safety
	Post-secondary education	

##### Municipal Government

City Hall	Municipal police force (i.e. HRP & RCMP District H)	Property tax (municipal portion)
Development and building permits and fees	Municipal parks	Recreation facilities
Environment	Libraries	Snow removal & waste collection
Fire services (i.e. HRFE)	Local road maintenance & improvement	Transit
Halifax Water	Parks, trails and playgrounds	

**Not sure what level of government does what - Federal, Provincial, or Municipal? See the helpful chart above.**

#### IMPORTANT TELEPHONE NUMBERS

##### 911 - Emergencies

Call this number for help right away to protect your safety or property.

##### 811 - Primary Health Care

Call this number for health advice and peace of mind.

##### 511 - Highway and Road Conditions

Call this number for information about provincial highways & roads.

##### 311 - Municipal information, services, and complaints

Call this number for information about programs and services within the municipal government.

##### 211 - Confidential information and referral service that connects individuals to community programs and services

Call this number for information on non-profit, community and government programs and services, including information about being ready for an emergency.

- Poison Centre (1-844-764-7669)
- Bell Aliant outages 611 or 1-800-663-2600
- Eastlink outages 1-888-345-1111
- Halifax Water 24-hour emergency (water, sewer, and flooding) (902) 420-9287
- Mental Health and Addictions Crisis Line 1-888-429-8167
- NS Power outages 1-877-428-6004
- Police Non-Emergency (902) 490-5020
- Shelter Nova Scotia (902)-406-3631
- SPCA Dartmouth Shelter (902) 468-7877
  - to report Animal Cruelty 1-888-703-7722
- Red Cross 1-800-222-9597





## COUNCILLOR JEAN ST-AMAND

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### PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for District [16](#).

#### MLA Tim Outhit, Bedford Basin

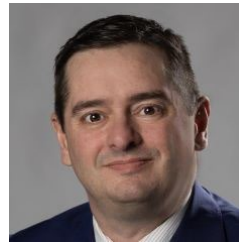


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Bedford, NS  
B4A 1E7

Phone:  
782-540-9849

Email:  
[timouthitmla@gmail.com](mailto:timouthitmla@gmail.com)

#### MLA Rick Burns, Hammonds Plains-Lucasville



12 Westwood Blvd  
Upper Tantallon, NS  
B3Z 1H3

Phone:  
902-404-4393

E-mail:  
[rick.burns.mla@gmail.com](mailto:rick.burns.mla@gmail.com)

#### MLA Dadian Stoilov, Bedford South



620 Nine Mile Drive, Unit 208  
Bedford, NS  
B4A 0H4

Phone:  
902-405-3518

Email:  
[damianstoilovmla@gmail.com](mailto:damianstoilovmla@gmail.com)

#### MP Braedon Clark, Sackville-Bedford-Preston



Suite 201  
2900 Hwy 2  
Fall River

Toll-free (Canada):  
1-866-599-4999

Telephone:  
613-992-4793

TTY:  
613-995-2266

Email:  
[braedon.clark@parl.gc.ca](mailto:braedon.clark@parl.gc.ca)



## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

### COUNCILLOR ST-AMAND



#### Councillor Jean St-Amand

**District 16**  
Bedford – Wentworth

**902.476.2484**  
[jean.st-amand@halifax.ca](mailto:jean.st-amand@halifax.ca)

Halifax Regional Municipality  
PO Box 1749 | Halifax, NS B3J 3A5

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I serve on Regional Council, North West Community Council, and the following boards and committees:

- Audit and Finance Standing Committee
- Community Planning and Economic Development Standing Committee
- Grants Committee - Chair
- Discover Halifax
- Accessibility Advisory Committee
- Acadian and Francophone Community Liaison

### EMAIL LIST, SOCIAL MEDIA, COMMUNITY EVENTS CALENDAR

Visit [jeastamandhrm.ca](http://jeastamandhrm.ca) to subscribe to my email list for occasional updates about District 16.

Follow me on [Facebook](https://www.facebook.com/jean.st.amand) and [Instagram](https://www.instagram.com/jean.st.amand) for more frequent updates and announcements of my activities and things that are happening around the district. While social media is great, for official business, please contact me directly by phone or email.

Visit [jeanstamandhrm.ca/events](http://jeanstamandhrm.ca/events) for my community events calendar.

AUGUST 2025

For additional assistance, you may also reach my Constituency Coordinator, Nancy Viner at [Nancy.Viner@halifax.ca](mailto:Nancy.Viner@halifax.ca).

### WE ARE ALL TREATY PEOPLE

The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

Enjoy the rest of your summer...

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