



**DEPUTY MAYOR
CATHY DEAGLE GAMMON**
DISTRICT 1
Waverley - Fall River - Musquodobit Valley

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WELCOME NOVEMBER!

It's been an exciting November, and I cannot thank residents of District 1 enough for the vote of confidence and returning me as your Councillor for another term. Returning with such a great response can only happen with the support of many, a dedicated campaign team, residents who take lawn signs, residents who walked door to door, residents who sang my praises (some literally), residents who gave such beautiful testimonials and residents who gave generously to the campaign fund. I am truly humbled and grateful for your support and commit to always earning it every day!

What makes this position enjoyable is the open, honest and wonderful engagement of community. I sincerely appreciate every call, every email every chat that enables me to be your representative and for that I am so thankful.

This e-newsletter is a bit late due to the election and a busy first few weeks with a new council. Be warned the December one will be jam packed!

Contact me if you have questions regarding municipal programs/services by phone at 902-717-2718 or by email at deaglec@halifax.ca.





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NOVEMBER MEETINGS

Regional Council meetings will be held on November 12 and 19. North West Community Council will be held on November 18.

You can find the full schedule, agendas and all reports posted on our website [here](#).

NWCC UPDATE

The North West Community Council (NWCC) reviewed the following matter at their September 9 and October 7 meetings:

North West Community Council adopted the amendments to the Bedford Land Use By-law to allow for pet daycares in the Light Industrial Zone. You can find the staff report [here](#).

North West Community Council also directed the Chief Administrative Officer to provide a staff report with the key components of a functional planning process for Hammonds Plains Road and return to Community Council with an update in six months, including:

- Development of a detailed understanding of existing conditions;
- Estimation of future transportation demand;
- Development of infrastructure upgrade options for roads and stormwater;
- Evaluation of infrastructure upgrade options and timeline based on a range of factors including how they meet project objectives and the necessary trade-offs; and



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- Potential funding sources for the design and upgrades, including potential widening from Gary Martin Drive to Kingswood Drive.

The functional planning process must take into consideration HRM's Integrated Mobility Plan (IMP), which calls for the development of strategic corridor plans for existing roadway corridors that are key to regional traffic flow, transit, goods movement and active transportation. You can find more detail [here](#).

For information on upcoming meetings, or past meetings, click [here](#).

DID YOU KNOW...

That November is Movember: a month-long campaign to raise awareness of men's health issues, including prostate cancer and mental health. Participants grow mustaches and engage in fundraising activities to support related charities.

- November 1 – Diwali
- November 1 – Author's Day
- November 1 – World Vegan Day
- November 3 – Daylight Saving Time Ends
- November 5 – Diwali
- November 8 – National Aboriginal Veterans Day
- November 11 – Remembrance Day
- November 13 – World Kindness Day
- November 14 – World Diabetes Day
- November 16 – International Day for Tolerance
- November 19 – National Men's Day
- November 19 – World Toilet Day
- November 20 – Geographic Information Systems (GIS) Day
- November 20 – Trans Day of Remembrance
- November 20 – Universal Children's Day
- November 21 – World Philosophy Day

- November 25 – International Day for the Elimination of Violence Against Women
- November 29 – Buy Nothing Day

REMEMBRANCE DAY

Whom do we remember on [Remembrance Day](#)?



It was a pleasure to see so many youth at Remembrance Day ceremonies on November 11, and I sincerely thank those who laid wreaths for HRM District 1 as I attended the ceremony this year in Waverley. What a crowd in the rain!

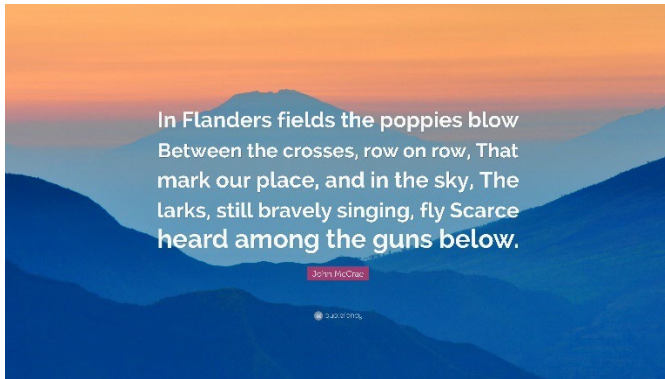
I recall every year two gentlemen from Inverness who served in WW2 that I interviewed for a school history project many years ago. They stay in my memory and come to mind every year on Remembrance Day. The courage they had, the tremble in their voice as they relayed their experiences and the tear, they shed for fallen friends and the truth they shared about coming home and how difficult that was. So, I remember them.

From all of these records of wars, the observations of the individuals who took part stand out as reminders of the true nature of conflict. Through knowledge of the realities, we may work more diligently to prevent them from happening again.

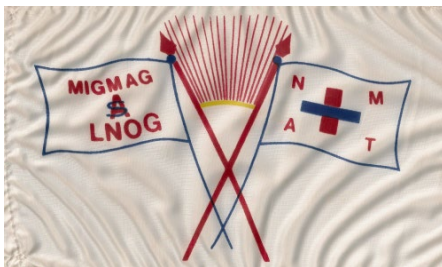


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INDIGENOUS DISABILITY AWARENESS MONTH



On November 12 I was honored to read the Proclamation for Indigenous

Disability Awareness Month at the beginning of Regional Council. It's a time to recognize and celebrate the strength, resilience, and unique challenges faced by Indigenous people living with disabilities.

Indigenous communities in Canada have a rich and diverse history, and they are composed of various nations, each with its own distinct culture and traditions. Many Indigenous people are living with disabilities, which may result from a variety of factors, including historical trauma, limited access to healthcare, and systemic barriers. It's essential to understand the intersection of Indigenous and disability identities to provide culturally sensitive support and advocacy. This month serves as a crucial reminder of the importance of inclusivity, awareness, and support for a community that often faces disparities in healthcare, education,

and social services. Indigenous Disability Awareness Month encourages all Canadians to reflect on the challenges faced by Indigenous individuals with disabilities and to work toward creating a more inclusive society. By fostering cultural sensitivity, we can ensure that services and support systems are tailored to the unique needs of Indigenous communities. This approach promotes a more equitable and just society, respecting the principles of reconciliation and self-determination.

To learn more, visit our [website](#).

TRANSGENDER DAY OF REMEMBRANCE



Transphobia, trans misogyny, and all other forms of violence, including racism against Black, Indigenous, and racialized Trans people, have no place in Canada. We now remember


Transgender Day of Remembrance every year on November 20, honouring all Trans, Two-Spirit, and non-binary people who were victims of violence, hatred, and discrimination and who had their lives taken. We must do better by continuing to condemn all acts of violence against transgender people and to integrate Trans perspectives into Canadian institutions so that they can meet the needs of all Canadians. You can find out more information [here](#).



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A SEAT AT THE TABLE



A seat at the table
Volunteer to serve on a board, committee or commission.

We are seeking volunteers to serve on a variety of municipal boards, committees and commissions. These groups provide recommendations to Regional Council, Community Councils, Standing Committees or municipal staff – and serve as an important part of the decision-making process.

Groups with volunteer opportunities:

- Accessibility Advisory Committee
- Active Transportation Advisory Committee
- African Descent Advisory Committee
- Audit Committee
- Board of Police Commissioners
- Grants Committee
- Heritage Advisory Committee
- Point Pleasant Park Advisory Committee
- Special Events Advisory Committee
- Women & Gender Equity Advisory Committee
- Youth Advisory Committee

Learn more and apply by December 16 at on our [website](#).

REGIONAL SPECIAL EVENTS GRANTS



REGIONAL SPECIAL EVENTS GRANTS

Applications are now open until November 30

Regional Special Events Grants and Marketing Levy Special Event Reserve Grant funding applications for 2025/26 are now open until November 30!

Learn more and apply now [here](#).

THE COGSWELL DISTRICT PROJECT UPDATE



The Cogswell District project is transforming our downtown. There have been many changes over the last few months, including the opening of a new roundabout. Check out our latest update to learn about what's next for this project [here](#).



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NEW TURF FIELD GROUND BREAKING



***NOTE: Ground Breaking ceremony rescheduled for Sunday, December 8 at 1:30 p.m.**

In 2020 my first motion at HRM Regional Council was for this Artificial Turf Field, now to see that we are planning a Groundbreaking Ceremony due to the hard work and dedication of a community of volunteers and all orders of government working together is simply wonderful. Come join us to celebrate!

HALIFAX CHRISTMAS TREE LIGHTING

The annual [Halifax Christmas Tree Lighting](#) will be held on Saturday, November 23 from 6 – 7 p.m. in Grand Parade next to Halifax City Hall. Join us for the lighting of the municipal Christmas Tree, a visit from Santa Claus, fireworks, live music by the Julia Tynes band & dancers, a visit from PAW Patrol Skye & Chase and the Gabby's Dollhouse Live show!

November 2024

FALL RIVER'S HOLIDAY EVENT OF THE YEAR!



Come together with friends, family, and neighbours to celebrate the holiday season with the Fall River Area Business Association's (FRABA) Festive Social, Lions Club Christmas Express Parade of Lights, and the 11th Annual Tree Lighting!

The event will be on Saturday, November 30th beginning at the Shoppers Drug Mart parking lot and the DQ lawn in Fall River. Check out more information on their [facebook page](#).

Want to participate in the parade? Deadline to register a float is November 23 – there is no cost to include a float, but they encourage you to bring a food donation! Visit their [website](#) for float information and registration form.

MIDDLE MUSQUODOBOIT LIONS CLUB CHRISTMAS PARADE OF LIGHTS





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MEAGHERS GRANT COMMUNITY HALL

There is a Christmas Tea and Sale at Meaghers Grant Community Hall Nov 30 from 11 - 1!

CARROLLS CORNER COMMUNITY HALL

CARROLL'S CORNER COMMUNITY CENTER PRESENTS

Vendor Lineup

C.O.A.T. will be onsite collecting gently used coats

Christmas MARKET

Amy's Essentials	Inspired by Nature	Boutique Passion Creative
Hats of Hope, Confidence & Beauty	Rachel Beaman	Linda Dillman
Tupperware w. Cathy Ferguson	Rose Briar Farm	Colleen Chapman
Creations by Catherine Elizabeth	Tracy's Rolling Yarn Shop	Susan Kelly
Egyptian Cuisine Ltd	Lynne Smith	Gen MacDonald
T Anchor Bar Woodworking	Burlap and Berries	The Three Craftateers
Scentsy w. Heather Carter	Michelle Geldart Sweets and Preserves	Black Forest Fall River
Frosted Sea Gems	C's Peace Pottery & Art and The Country Potter	Loops by Haley
Kitchen by MRHS Band		

\$2 admission

Saturday November 16th 2024 10AM - 2PM 9 Milford Road, Carroll's Corner

UPPER MUSQUODOBOIT COMMUNITY HALL

YOU ARE INVITED TO OUR

CHRISTMAS CRAFT SALE

NOVEMBER 16, 2024

* HOME MADE | CRAFTS GIFTS TREATS | 10AM - 2PM *

8344 Highway #224, Upper Musquodoboit

Admittance: \$2 OR nonparishable item(s) for our local food bank

TREE LIGHTING AT CORNERSTONE PARK

Festival of Lights

Tree Lighting

at Cornerstone Park

Light Displays, Hot Chocolate, Crafts, Carol Singing, Photos with Santa, Cookies & more!

December 20 at 6:30pm

Tree Lighting at Cornerstone Park
Activities to follow at the Bicentennial Theatre
Bring a Food Bank donation to put under the tree!

The Tree Lighting at Cornerstone Park and Festival of Lights 2024 is coming up on December 20! The festivities kick off at 6:30 p.m.

This event is a big undertaking, put together by many community partners - The [Musquodoboit Valley Family Resource Centre](#) and Halifax Parks & Recreation will have tasty treats for all. Halifax Public Libraries and the Musquodoboit Valley Community will be leading a craft for the kids. Eastern Shore Musquodoboit Community Health Board will have games and neighbourhood kits to share and the Our Valley Voices Community Choir is once again teaming up with the Musquodoboit Rural High School Show Choir to lead the carols.

We can't wait to see you there!



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RCMP STATISTICS – SEPTEMBER

RCMP ROAD SAFETY STATS

September 2024, District 1

Fall River/ Waverley Rd. / Musquodoboit Valley

- 810 calls for service in September 2024 - up 25.2% over the same period in 2023
- 71 Summary Offence Tickets Issued in September 2024, up from the 31 issued during the same period in 2023
12 Aggressive Driving/33 Speeding/26 Other
- 206 Proactive Assignments in September 2024, up from the 132 reported during the same period in 2023
101 Cell Phone / Impaired / Seatbelt / Speeding Checkpoints / Radar Enforcements
- 166 Traffic Stops in September 2024, up from the 92 conducted during the same period in 2023
2 Impaired Driving Charges in September 2024, the same number issued during the same period in 2023
1 Impaired Driving Suspension in September 2024, up from the 0 issued during the same period in 2023
- 28 Motor Vehicle Accidents in September 2024, up from the 23 reported during the same period in 2023
•5 of these accidents resulted in injuries
- 0 Vehicle/Pedestrian/ Cyclist Accidents in September 2024, down from 1 reported during the same period in 2023



What a moving ceremony for the recipients of the NS Medal of Bravery. Special mention of congratulations to Alexander Munroe of District 1 who acted quickly to save a family member from a dog attack and had the presence of mind to call 911.

IN THE COMMUNITY....



Had a great time at the Lemmon Hill Jamboree! Such incredible local talent!



November 2024



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The opening ceremony of the Halifax County Exhibition was made more special with the Little Miss(es) and their mentors, MP Central Nova Sean Fraser, MLA Colchester – Musquodoboit Valley Larry Harrison, Former Mayor Mike Savage and Dustin O’Leary of St Barbara (Australia based gold mine company associated with Touquoy Mine in Moose River.) We also celebrated Tony Smith, Fair Person of the Year!



Cheering-on Team Sloane at the Paris Olympics viewing with Pat Healey from THE LAKER NEWS. And then at City Hall....



Halifax Rec VAN staff were on site at the Halifax County Exhibition.



Halifax County Exhibition memories.



It was a morning of Olympic proportions as we welcomed Windsor Junction's own Sloan



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MacKenzie to Council Chambers. Sloan won bronze in C2-500m at the [#Paris2024](#) Olympic Games with her partner, Katie Vincent. Katie also won gold in C1-200m, setting Olympic and World records. Katie was represented by her coaches Andreas Dittmer and Anna Hetzler. Both athletes train at Lake Banook in Dartmouth.



Proud to be a part of Annie's Tea event at the Waverley Heritage Museum. Such a wonderful tribute to a lovely lady.

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Lt. Gov Arthur Leblanc and Mrs. Patsy Leblanc at the Halifax Natal Day parade.



Watching the Natal Day parade with Mayor Savage members of HRFE and our Military.



Great time at the Atlantic Canada Aviation Museum's Wings & Wheels event with Executive Director, Barry Rhodenizer.

November 2024



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A wonderful celebration to kick off National Acadian Day. Thank you to Darrell Samson for sharing his vest with me! And thanks to Brian Wong, MLA Waverley, Fall River, Beaver Bank for taking the photo of Mayor Savage and me on stage.

Community Halls / Centres

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages at the links below to find information on local events as well as opportunities to volunteer in your community.

[Elderbank Recreation Club](#)

[Lemmon Hill Sports Association](#)

[Upper Musquodoboit Nova Scotia Nunavut Command](#)

[Upper Musquodoboit Community Hall](#)

Upper Musquodoboit Fellowship Centre
(902)568-2536

[Musquodoboit Valley Bicentennial Theatre](#)

[Musquodoboit Valley Family Resource Centre](#)

[Musquodoboit Valley Food Bank](#)

[Carrolls Corner Community Center](#)

[Meaghers Grant Community Hall](#)

[Gordon Snow Community Centre](#)

[Wellington Fletchers Lake Station House](#)

[Grand Lake Oakfield Community Centre](#)

[Waverley Heritage Museum](#)

[Waverley Legion Dieppe Branch 90](#)

[LWF Community Hall](#)

[Windsor Junction Community Centre](#)

[Helping Hands Families Helping Families](#)

[Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!



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PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

Provincial MLAs:



MLA Larry Harrison

Colchester-
Musquodoboit Valley

Constituency office:

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MLA Brian Wong

Waverley-Fall
River-Beaver Bank

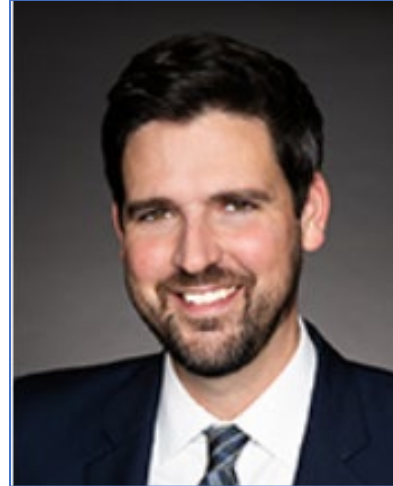
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Federal MPs:



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[Central Nova](#)

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MP Darrell Samson

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HALIFAX | halifax.ca | 311

I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Accessibility Advisory Committee
- Appeals Standing Committee
- Audit and Finance Committee (Vice Chair)
- Canadian Capital Cities Organization
- Environment and Sustainability Committee
- Executive Standing Committee
- Grants Committee (Chair)
- Halifax Regional Water Commission
- Halifax Partnership
- North West Planning Advisory Committee

Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

E-NEWSLETTER/SUBSCRIBE

The District 1 newsletters, available on my [municipal website](#) or by request to be added to the distribution list – please contact my Council Constituency Coordinator, Nancy Viner at: Nancy.Viner@halifax.ca.

LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.



Thank you

I am thrilled to continue representing beautiful **District 1**, working each day for our residents and communities.

Councillor Cathy Deagle-Gammon
 WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY