

CHAPTER 5:

ADDITIONAL INFORMATION AND RESOURCES

Purpose: This “Additional Information and Resources” chapter provides a suite of resources and tools that can be used to inform a food assessment as outlined in this toolkit.

5.0 Introduction

Chapter 5 is designed as a collection of resources that can be used to help you in your food system assessment. The materials presented are categorized by Chapters 1 through 4 of the toolkit. Each of these chapters/sections presents:

- a. Other relevant toolkits that support the goals of each chapter
- b. Additional information and resources on the topics and materials covered in that respective chapter.
- c. Mini case studies relevant to that chapter.

5.1 Chapter 1: Learn about Community Food Security

The following section provides a number of resources that can be used to support what was presented in Chapter 1 of this toolkit. This section compiles (a) Other toolkits that can support the goals of this chapter; (b) Additional resources related to the ideas presented in this chapter, and (c) a case study related to this chapter.

A. Related Toolkits

Alliance Building Roots Toolkit - Food Forward Advocacy Alliance

<http://pushfoodforward.com/buildingrootstoolkit>

Bloomberg School of Public Health - Teaching the Food system resource

<http://www.jhsph.edu/research/centers-and-institutes/teaching-the-food-system>

Guelph-Wellington - Food Charter Toolkit

<http://www.hsfspark.com/sites/default/files/Guelph%20Wellington%20Food%20Charter%20Toolkit.pdf>

Health Canada – Eat Well and Be Active Education Toolkit

<http://www.hc-sc.gc.ca/fn-an/food-guide-aliment/educ-comm/toolkit-trousse/index-eng.php>

Healthy Food for All Toolkit – Food Net Ontario

<http://toolkit.foodnetontario.ca/>

Healthy Food in Your Community: A Toolkit for Policy Change – Center for Science and Democracy

<http://www.ucsus.org/sites/default/files/attach/2014/10/ucs-food-policy-toolkit-2014.pdf>

Healthy Rural Communities Toolkit: A Guide for Rural Municipalities – Public Health Ontario/University of Guelph

http://www.ruralhealthycommunities.ca/Rural_Healthy_Communities/Toolkit_files/HealthyRuralCommunitiesToolKit%20feb17.pdf

The Economics of Local Food Systems Toolkit – USDA

<https://www.ams.usda.gov/sites/default/files/media/Toolkit%20Designed%20FINAL%203-22-16.pdf>

B. Additional Resources

Food Reports and Assessments

Household Food Security in Canada, 2014 – PROOF Food Insecurity Policy Research

The Research to Identify Policy Options to Reduce Food Insecurity (PROOF) produced a report on food insecurity in Canada (2013). The document provides useful statistics on the current status of food security across Canada

<http://proof.utoronto.ca/>

Hunger Count – Feed Nova Scotia

Annual hunger counts report, which provides information on the use of food banks throughout Canada.

http://www.feednovascotia.ca/hungerfacts_hungercount.html

Food Counts: Halifax Food Assessment – Capital Health and Halifax Food Policy Alliance

A report on the current food landscape in Halifax Regional Municipality; this document is the result of an in-depth analysis of the current food landscape in Halifax that provides information and statistics on the various indicators of food for the region.

<http://www.cdha.nshealth.ca/public-health/halifax-food-assessment>

Food Security

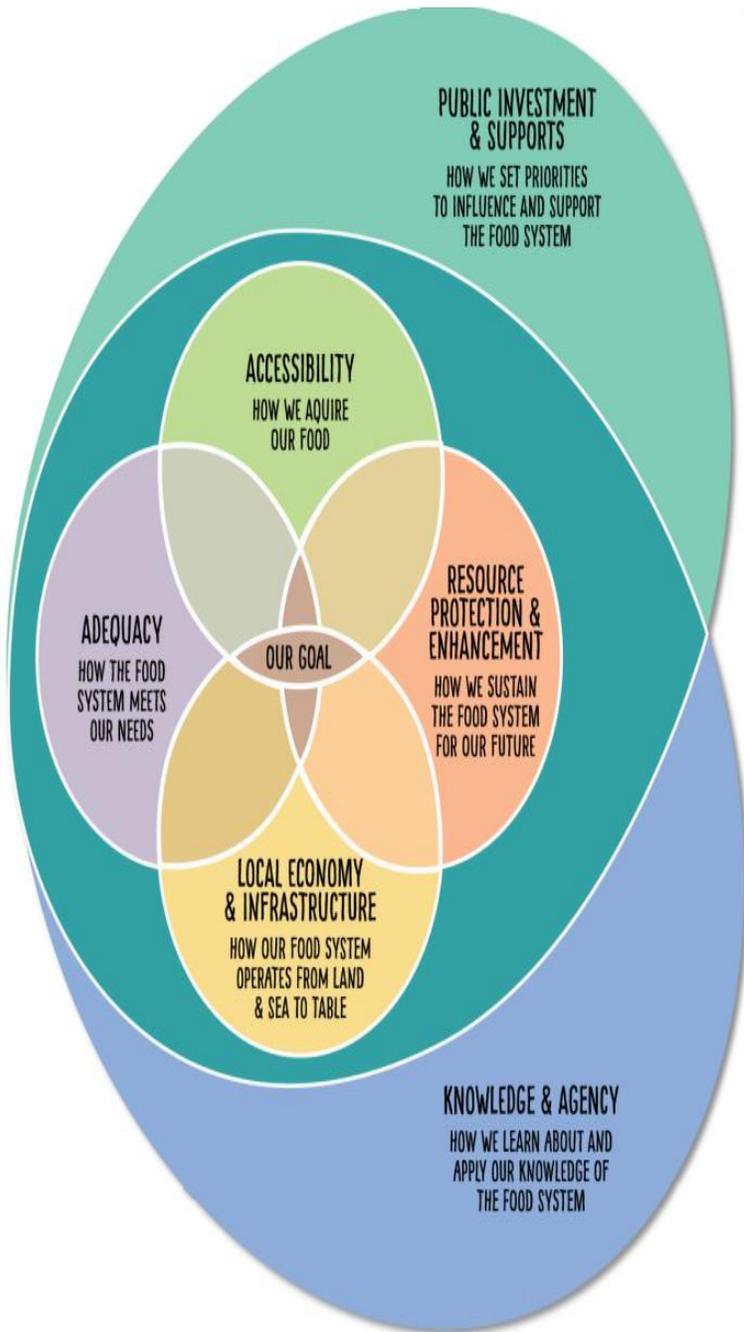
Food Security Review – Population and Public Health, BC Ministry of Health.

An informational tool that provides information on food security. The document provides background and information on food security, the health implications of food security, factors that influence food security, as well as national and international approaches to food security.

<http://www2.gov.bc.ca/assets/gov/health/about-bc-s-health-care-system/public-health/healthy-living-and-healthy-communities/food-security-evidence-review.pdf>

Six Key Determinants of Community Food Security

The **Six A's of Food Security** (from the Food Counts: Halifax Food Assessment) incorporate the various factors that create barriers to food security in your community. The Food Policy Alliance developed a similar system (The Six Determinants of Community Food Security) that address barrier issues and integrate the influence of economic, social, and political factors:



Food Accessibility

Affordable, healthy, and cultural appropriate food needs to be physically and monetarily accessibly to all members of a community.

Food Adequacy

Community food security is dependent on there being adequate food supply to meet the needs of all members in a community.

Food Knowledge and Agency

Knowledge and agency is achieved when citizens have the opportunity to gain knowledge that will increase awareness, familiarity, and understanding of food and the how, and by whom food is produced and distributed, while being able act upon this knowledge to improve community food security.

Local Food Economy and Infrastructure

Community food security relies heavily on the capacity and vitality of the local food economy to meet the needs of the citizens; including producers, fishers, and farmers of local food.

Public Investment and Support

Public investment and support can either hinder or enhance food security. Governments are positioned to address market failures of the economic system and help realize ideals of the population. Governments at all levels set policies and spending priorities that impact the food system, and the ability to absorb shocks to the system and adaption to long-term changes.

Resource Protection and Enhancement

The strength of community food security in Nova Scotia is contingent upon a regional and provincial foundation of farmers and farmland, and fisher and fishing grounds.

Source: Food Policy Alliance, 2015

Alternative Food

Alternative Farming Systems Information Center: Urban Agriculture – United States Department of Agriculture

A collection of resources on urban agriculture.

<https://www.nal.usda.gov/afsic/urban-agriculture>

Breakfast Programs – Halifax Regional School Board

An online resource for further information on breakfast programs in schools in HRM.

<http://www.hrsb.ca/about-hrsb/program/health-promotion/school-nutritionist/breakfast-programs>

Community Farm Programs – Farm Folk City Folk

A collection of resources and considerations on community farming

<http://www.farmfolkcityfolk.ca/community-farms-program/>

Cooking up the Community: Nutrition Education in Emergency Food Programs – Why Hunger

A resource designed to provide information on improving charitable food programs and to ensure that communities have adequate access to nutrition education.

http://www.whyhunger.org/uploads/fileAssets/a86cb1_10a252.pdf

Improving Cooking and Food Preparation Skills: A Profile of Promising Practices in Canada and Beyond – Health Canada

An online report that profiles 13 successful Canadian programs that are aimed to improve cooking and food preparation skills in families.

<http://www.hc-sc.gc.ca/fn-an/nutrition/child-enfant/cfps-acc-profil-apercu-eng.php>

Just Us!

An organization based in Nova Scotia that seeks to raise awareness of ethical purchasing of foods, while providing education resources and facilitating partnerships.

<http://www.judsfairtrade.ca/>

Making the Case for Healthier Food Donations in Brown County – Beyond Health

A document designed to help promote food drives and charitable food resources in your community.

http://www.de-pere.org/egov/documents/1438882595_00233.pdf

Making the Business Case for Good Food Box Programs - Ontario Healthy Communities Coalition

A background on food box programs, and then provides education tools on developing the program such as marketing, management and staff, training and education as well as practical matters such as produce and transportation, space, and equipment.

www.ohcc-ccso.ca/en/webfm_send/501

Proof: Food Insecurity Policy Research

An online document that acts as a large collection of resources for community food security and charitable food resources

<http://proof.utoronto.ca/resources/research-publications/community-food-programs/>

Nipen, A.

Profiles the available area for setting up Urban Agriculture in Halifax.

http://www.dal.ca/content/dam/dalhousie/pdf/science/environmental-science-program/Honours%20Theses/a_nipenthesisjan.pdf

Urban Agriculture Policy, Planning, and Practice – City of Hamilton Report

A planning and informational document on urban agriculture. Topics such as benefits of urban agriculture, best practices, zoning considerations, etc.

<https://www.hamilton.ca/sites/default/files/media/browser/2015-03-06/urbanagriculturepolicyplanningandpractice.pdf>

Urban Farming and Gardening Resources - Beginning Farmers.org

A Collection of urban farming and gardening resources

<http://www.beginningfarmers.org/urban-farming/>

Learning about the Food System in Other Regions

Community Food Assessment – Food Matters Manitoba

Reports on the current state of the food landscape in St. Vital; provides in depth information on the current demographics of the region, as well as an inventory and description of food resources such as farms, and community food resources, while also providing information on issues such as food access and food waste. The document also outlines current priorities in the community such as improving food skills, food insecurity, promoting food in schools and promoting community food programs.

<http://www.foodmattersmanitoba.ca/sites/default/files/St%20Vital%20-%20Low%20res.pdf>

Healthy Food for All: Sustainable Local Food Systems in Ontario – Government of Ontario

A resource that discusses the food system in an attempt to educate about local food systems in Ontario

http://www.ohcc-ccso.ca/en/webfm_send/672

The NiKigijavut Hopedalimi: “Our Food in Hopedale” - Food Security Network of Newfoundland & Labrador

A community led food assessment report on the current food landscape in the Labrador coastal community of Hopedale. The goal of the document is to provide information on the current food system so that barriers and goals can be identified to improve this system. Due to the cost of food in the community, food economics and pricing are a central focus of the document. The document also outlines community concerns that were expressed during the research for the report.

<http://www.foodsecuritynews.com/Publications/NiKigijavutHopedalimiReportFINAL.pdf>

C. Case Study

FoodARC (Food Action Research Centre) is a research centre at Mount Saint Vincent University that seeks to research and take action to support food security in Nova Scotia. The organization focuses on four main pillars:



1. **Research**
2. **Building Capacity**
3. **Sharing Knowledge**
4. **Advocacy and Policy Change**

Research Projects

FoodARC students, staff and partners undertake a variety of research activities, using both qualitative and quantitative methodology such as surveys, interviews, focus groups, and other qualitative methods, food costing, inventories, food mapping, community mapping, and other quantitative methods.

A number of research projects have been completed and are ongoing: For example between 2005 and 2011 a project titled *Mobilization on Food Security and Community Development*. This project was one of six research groups funded for Atlantic Canada, which sought to broaden knowledge about social economy of the Atlantic region. The research developed partnerships and laying the foundation for participatory action research projects on community mobilization on food security and community economic development.

Another project was carried out between 2005 and 2006, titled *Thought About Food? A Workbook on Food Security & Influencing Policy*. The project was part of a series of research projects on food security that was intended to provide tools and information to engage communities to start promoting food security.

More information on these projects is available at: <http://foodarc.ca/projects-activities/completed-projects>

Student Involvement

FoodARC involves students in a number of capacities, such as graduate students, dietetic interns, volunteers, and research assistants. FoodARC supports these partners research and food related work to support food security in Nova Scotia.

Resources

FoodARC provides a collection of resources on their website such as food security and policy change resources. These materials include a collection of food security websites and documents, as well as resources about food policy in Canada. FoodARC also provides a large selection of food security related research on their website ranging from 2003 to 2015, associated with various FoodARC projects.

5.2 Chapter 2: Gathering Information

The following section provides a number of resources that can be used to support Chapter 2 of this toolkit. This section compiles (a) Other toolkits that can support the goals of this chapter; (b) Additional resources related to the ideas presented in this chapter, and (c) a case study related to this chapter.

A. Related Toolkits

Breakfast in the Classroom Toolkit – University of Wisconsin-Extension

http://fyi.uwex.edu/wischoolbreakfast/files/2009/10/BIC_FINAL-web.pdf

Community Food Toolkit – OMAFRA & the University of Guelph – running community workshop, Asset Mapping

<http://nourishingontario.ca/community-food-toolkit/>

Community-Based Participatory and Developmental Evaluation Approaches: An Introductory Toolkit

<https://www.ecologyaction.ca/files/images-documents/file/Food/Our%20Food%20Eval%20Toolkit.pdf>

Community Planning Toolkit – Community Engagement

<http://www.communityplanningtoolkit.org/sites/default/files/Engagement.pdf>

Designing survey questions on food-related issues toolkit – National Center for Social Research (UK)

<http://www.natcen.ac.uk/media/2862/question-design-toolkit.pdf>

Engaging your Community Toolkit – John Snow Inc.

http://www.jsi.com/JSIInternet/Inc/Common/_download_pub.cfm?id=14333&lid=3

Farm to School Toolkits – Center for Integrated Agriculture Systems (UW Madison)

<http://www.cias.wisc.edu/toolkits/>

Food Mapping Toolkit – Food Matters Manitoba – Community based mapping and workshops tools

<http://www.foodmattersmanitoba.ca/wp-content/uploads/2014/04/Food-Mapping-toolkit.pdf>

Inventory Toolkit – Rural Opportunities Network

http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/roninventorytoolkit2013.pdf

Mapping Local Food Webs Toolkit – CPRE – Food system mapping, planning, community engagement, tools

<http://www.cpre.org.uk/resources/farming-and-food/local-foods/item/3076-mapping-local-food-webs-toolkit>

Sustainable Communities: A guide to community asset mapping

http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/fbcassetmappingmanuale0905manual1.pdf

USDA Community Food Security Assessment Toolkit

http://www.ers.usda.gov/media/327699/efan02013_1_.pdf

Where's the Food – University of Ottawa and Just Food: Identifying Stakeholders Toolkit

http://www.justfood.ca/foodforall/documents/Wheres_the_Food_web2011.pdf

B. Additional Resources

ACORN

An organization that seeks to facilitate information exchange between food organizations and the community. It also operates an online tool where the user can search for organic food services and business and be linked to a list of relevant resources in their chosen area.

<http://www.acornorganic.org/resources/organicdirectory>

Mapping Food Matters - Ground Works Learning Center and Food Secure Canada

A resource that presents background information on the power of food mapping, the process of food mapping, case studies on food mapping, and considerations such as planning and policy considerations.

http://foodsecurecanada.org/sites/default/files/Mapping_food_matters.pdf

Ontariofresh.ca

A website that is designed for food services and businesses where they are able to create a profile to promote products to their communities. Community members are able to use their search tool to find local food resources in nearby communities.

<https://ontariofresh.ca/>

Select Nova Scotia

An online food resource tool that allows local businesses and services to register their information, which is then placed in a database. Community members are able to select a number of criteria to be given a list of local businesses and services that match those criteria.

<http://www.selectnovascotia.ca/where-to-buy>

West End Food Coop

A website designed to disseminate information on food in the community. Presents upcoming events, information on retailers, and the location of food services and resources:

<https://westendfood.coop/>

Example Food Maps

Campus Food Map - Wisconsin University

<http://sustainability.wisc.edu/campusfoodmap/>

Guelph Wellington Local Food Map

<http://www.tastereal.com/local-food-map/>

Local Food Asset Map – Food Security Alberta

<http://www.foodsecurityalberta.org/civigeo-map>

South Vancouver Neighbourhood Food Network Map

<https://www.google.com/maps/d/viewer?hl=en&mid=1ZsJWRGwui1PvegnIsSXQtCMOo4>

C. Case Study

Guelph Wellington Local Food – Taste Real

Guelph-Wellington Local Food in Ontario started a Taste Real program in 2011, an initiative to support local businesses, farms and producers. The program was designed as a stakeholder engagement initiative working to continually connect consumers and food tourists to these resources, making it easy to bring food directly to the table. 45 stakeholders were initially represented at planning meetings, with the explicit goals of: 1. Build upon the local food network through engagement; 2. Promote infrastructure and distribution network development; 3. Develop and deliver products, services, and experiences; and 4. Facilitate the transfer of knowledge, skills, and best practices.

The primary outputs of the program are a food map and a resource to help identify local food related events. The local food map is produced annually and is available in hard copy at a number of local businesses and is available online. The resource is a map of local food businesses and services including farms, farmers' markets, restaurants, retailers & distributors, catering & and prepared food, breweries, and wholesale. The map operates as an informational tool for the community on all food assets present, providing both their location, operational information, and services offered. Importantly, Taste Real manages an online Ontariofresh.ca website portal, where food services are able to create a profile to showcase their local food to the community, and where the community is able to search for local food services. A number of success stories are available on the Taste Real website that explain how this type of community food mapping program is increasing food awareness, healthy eating, and benefitting local business

The following graphics show (a) some clippings from the Taste Real Local Food Map, and also (b) the tool for searching a database of local foods available in nearby communities.

A

FARMS, FARM GATE ST

10 EVERDALE FARM STORE L-7
Everdale is a charity that offers a choice-based CSA, workshops, a farm camp, school programs, farmer training and more! Come to Carrot Fest on Sept 20th!
5812 8th Line, HILLSBURGH
ORGANIC, CSA, WHOLESALE
www.everdale.org
info@everdale.org
519.855.4859

17 HUBER FARMS HERITAGE MEATS FARM STORE F-2
Traditionally raised Heritage Breeds – beef and pork. Also lamb, chicken, turkey & duck. No antibiotics, hormones or GMO crops. Delivery available. See website for details and online store.
Robert or Heather Huber
9601 Conc. 2, KENILWORTH
Year round.
www.heritagemeats.ca
info.heritagemeats@gmail.com
519.604.5599

FARMERS' MARKETS

44 ABERFOYLE FARMERS' MARKET L-13
Food you love...farmers you know. Come taste the best of the region and chat with our friendly growers and producers in our spacious open air pavilion. Fully accessible facility.
23 Brock Rd. S and
WHOLESALE

RESTAURANTS

52 ARTISANALE FRENCH COUNTRY COOKING Guelph Map
Simple and delicious handcrafted food
214 Woolwich St., GUELPH
Lunch: Tue-Sat: 11:30 am-3:00 pm
Dinner: Wed-Sat: 5:00 pm-9:00 pm
www.artisanale.ca
info@artisanale.ca
519.821.3359

B

Profile Search

Map Satellite

Drayton Elora St. Jacobs Waterloo Kitchener Cambridge Burlington

Google

Map data ©2016 Google Terms of Use

Search

apples

Your Location

Guelph Ontario

Sort by

Relevance ▾

http://www.tastereal.com/wp-content/uploads/2015/05/LFM_2015_WEB2.pdf

5.3 Chapter 3: Analyzing Food Security

The following section provides a number of resources that can be used to support Chapter 3 of this toolkit. This section compiles (a) Other toolkits that can support the goals of this chapter; (b) Additional resources related to the ideas presented in this chapter, and (c) a case study related to this chapter.

A. Related Toolkits

Assessing Community Needs and Resources – Community Tool Box

<http://ctb.ku.edu/en/assessing-community-needs-and-resources>

Community Food Systems Toolkit – University of Wisconsin-Extension

<http://fyi.uwex.edu/foodsystemstoolkit/>

Community Food Security Assessment Toolkit

http://www.ers.usda.gov/media/327699/efan02013_1_.pdf

Food Hub Business Assessment Toolkit – Wholesome Wave

<http://www.wholesomewave.org/wp-content/uploads/2014/08/HFCI-Food-Hub-Business-Assessment-Toolkit.pdf>

Healthy School Toolkit – The Food Trust

http://thefoodtrust.org/uploads/media_items/healthy-school-toolkit-original.original.pdf

Nutrition Services Questionnaire/Checklist

http://toolkit.inesite.org/toolkit/INEEcms/uploads/1041/Nutrition_Services_Questionnaire.PDF

SWOT Analysis Questions to Consider – Government of British Columbia

http://www2.gov.bc.ca/assets/gov/employment-business-and-economic-development/economic-development/developing-your-community/plan-your-economic-development-program/swot_analysis_questions.pdf

The Good Food Toolkit – John Hopkins Bloomberg School of Public Health

http://www.jhsph.edu/research/centers-and-institutes/johns-hopkins-center-for-a-livable-future/projects/BFFP/toolkits_guides_ideas/audit_form/index.html

Where's The Food - The University of Ottawa and Just Food

http://www.justfood.ca/foodforall/documents/Wheres_the_Food_web2011.pdf

B. Additional Resources

Community Food Security – Positions of Dietitians in Canada

An information document on food security and the food system, touching on different issues of food insecurity.

<https://www.dietitians.ca/Downloads/Public/cfs-position-paper.aspx>

SWOT Analysis - UW Food Services

A resource designed to help guide the process of performing a SWOT analysis

<https://uwaterloo.ca/food-services/sustainability/uwaterloo-buy-local-project/strength-weakness-opportunity-threat-analysis>

Land-Use and Zoning Resources:

Municipal Planning Strategies and Land Use By-Laws – Halifax Regional Municipality

Halifax has a large number of community planning strategies and LUBs. This online tool allows navigation by Core Plan Areas and the communities within the region.

<http://www.halifax.ca/planning/CommunityPlans.php#HalifaxMainland>

C. Case Study: Where's the Food? Finding out about Food in your Community, Ottawa Ontario

Like the goals of chapter 3 in this toolkit, the Where's the Food Program was developed to help assess the food landscape in Ottawa Ontario by asking important questions and providing possible means of assessing these food issues. A document is provided as a part of the program to help with this assessment of the food system.

The document produced has 5 steps or sections pertaining to assessing food in the community of Ottawa:

1. A Community Overview
2. How is food grown, gathered and prepared
 - a. Community gardening
 - b. Food in schools
 - c. Food Literacy in school
 - d. Community kitchens
 - e. Community gleaning
3. Where is food bought
 - a. Community shared agriculture
 - b. Farmers markets/farm stands
 - c. Food box programs
 - d. Food stores and restaurants
4. What are the barriers to accessing healthy food
 - a. Household food insecurity and emergency food
 - b. Transportation to food stores
 - c. Skills and information
 - d. Food options
5. What does this mean for their community



The document provides guidance on gathering information on the food system in Ottawa. Food mapping and statistical information are used to characterize the community. Each section discusses an important facet of the food system, indicators to measure how it is functioning, and how to perform an assessment and where more information can be gathered.

Farmers' Markets, Farm-Gate Sales, and Farm Stands	
Potential Indicators	Where to Get Information
Where is the closest farmers' market(s) to your community located? When is it open (days/hours/months)? Is it within walking distance (how many km)? If not, is there public transportation available? How long does it take to bus there? How long does it take to drive there? How many farmers attend the farmers' market(s) in or closest to your neighbourhood? If you are in a rural area, how many of these farms are located within your community?	Just Food's Buy Local Food Guide; Attend Farmers' Market and make observations; Google Maps; OC Transpo
Are there any farm stands in your community? If not, where are the nearest farm stands to your community? Are these farm stands within walking distance (how many km)? If not, is there public transportation available? How long does it take to bus there? How long does it take to drive there? When are they open?	Just Food's Buy Local Food Guide Visit the farm stands; Google maps; OC Transpo

5.4 Chapter 4: Developing an Action Plan -

The following section provides a number of resources that can be used to support Chapter 4 of this toolkit. This section compiles (a) Other toolkits that can support the goals of this chapter; (b) Additional resources related to the ideas presented in this chapter, and (c) a case study related to the goals of Chapter 4.

A. Related Toolkits

Alternative Food

Community Garden Best Practices Toolkit – FSNNL

http://www.foodsecuritynews.com/Publications/Community_Garden_Best_Practices_Toolkit.pdf

Community Garden Best Practices Toolkit – Food Security Network of Newfoundland and Labrador

http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/communitygardbestpracticestoolkit.pdf

School Year Gardens: A Toolkit for High Schools to Grow Food – Richmond Food Security

<http://richmondfoodsecurity.org/Documents/Publications/SchoolGardenToolkit.pdf>

Temporary Food Markets Guideline – Food Protection Services

http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/guidelinessaleoffoodsatemporaryfoodmarkets2010final.pdf

Community Engagement and Literacy

A Toolkit for New Brunswick Community Food Mentor Program Facilitators – NBCFP

<http://nbfoodsecurity.ca/wp-content/uploads/2013/02/Facilitator-Toolkit.-CFM.-April-2013.pdf>

Community Futures British Columbia Aboriginal Engagement Tool – Aboriginal Strategic Committee

http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/cfda-aboriginal-engagementtoolkit-revised-january-08.pdf

Food Literacy Toolkit – Food Fight

<http://foodfight.org/toolkit>

Knowledge Translation and Transfer Plan Toolkit (1) - OMAFRA and the University of Guelph
http://www.uoguelph.ca/omafra_partnership/ktt/en/localfoodhub/Visioning_Exercises.asp

Knowledge Translation and Transfer Plan Toolkit (2) - OMAFRA and the University of Guelph
http://www.uoguelph.ca/omafra_partnership/ktt/en/agrifoodrurallink/resources/omafra_ktttoolkitoctober2010.pdf

Food in Schools

Steps to Creating a School Nutrition Policy: A Step By Step Toolkit – Alberta Health Services
<http://www.albertahealthservices.ca/assets/info/nutrition/if-nfs-school-nutrition-policy.pdf>

USDA Foods Toolkit for Child Nutrition Programs
<http://www.fns.usda.gov/usda-foods/usda-foods-toolkit>

Expanding Your School Breakfast Program Toolkit – USDA
<http://www.fns.usda.gov/sbp/expanding-your-school-breakfast-program>

Kitchen Programs

Community Kitchen Best Practice Toolkit – FSNNL
http://www.foodsecuritynews.com/Publications/Community_Kitchen_Best_Practices_Toolkit.pdf

Community Kitchen Best Practices Toolkit – Food Security Network of Newfoundland and Labrador
http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/communitykitchenbestpracticestoolkit.pdf

Community Kitchen Best Practices Toolkit – Food Security Network of Newfoundland and Labrador
http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/communitykitchenbestpracticestoolkit.pdf

Farmer's Markets and Local Food

Farmers Market Best Practice Toolkit – Food Security Network of Newfoundland and Labrador
http://ruralnetwork.royalroads.ca/sites/default/files/tools_resources/farmersmarketbestpracticestoolkit.pdf

Famers' Market Best Practice Toolkit – FSNNL

http://www.foodsecuritynews.com/Publications/Farmers_Market_Best_Practices_Toolkit.pdf

Growing a Healthy Economy with Local Foods Toolkit – NC State University

<https://communitydevelopment.ces.ncsu.edu/wp-content/uploads/2015/03/GHELF-Toolkit.pdf?pwd=no>

Healthy Food Systems: A Toolkit for Building Value Chains

<http://community-wealth.org/sites/clone.community-wealth.org/files/downloads/tool-build-value-chain-appalachian-sust-dev.pdf>

Local Food Organizational Toolkit – Iowa State University

<https://www.leopold.iastate.edu/sites/default/files/pubs-and-papers/2015-10-iowa-local-food-organizational-toolkit-structure-management-and-finance.pdf>

Policy and Planning

Bulk Buying Club Best Practice Toolkit – FSNNL

http://www.foodsecuritynews.com/Publications/Bulk_Buying_Club_Best_Practices_Toolkit.pdf

Event Planning Toolkit – Event Planning Toolkit

http://www.fb.org/assets/files/programs/ourfoodlink/OurFoodLink_PlanningToolkit.pdf

Food Security Communications Toolkit – FAO

<http://www.fao.org/docrep/014/i2195e/i2195e.pdf>

Good Laws, Good Food: Putting Food Policy to Work In the Navajo Nation – Harvard Food Law Policy Clinic

<http://www.chlpi.org/wp-content/uploads/2013/12/Navajo-Food-Policy-Toolkit-May-2015.pdf>

Toolkit for Food Security – PVPC

<http://www.pvpc.org/content/food-security-toolkit>

B. Additional Resources

Richmond Foodland Asset Report – Richmond Food Security Society

An example of an assessment undertaken for a community looking at various facets of food in the community.

<http://www.richmondfoodsecurity.org/Documents/Publications/RichmondFoodlandStrategicPlan.pdf>

Toolkit, Guides, and More - New Brunswick Food Security Action Network

A large collection of toolkits and guides about food. These toolkits cover materials such as food skills, alternative and community food programs, healthy eating, program planning and delivery, food education and much more.

<http://www.nbfoodsecurity.ca/toolkits-and-manuals/>

Planning/Policy and Advocating for Change Resources:

Community Food Toolkit, OMAFRA - University of Guelph

Case studies for different regions in Ontario that have taken actions to improve their food landscape. This is a powerful resource as it can help you identify goals and approaches to your own food system.

http://www.uoguelph.ca/omafra_partnership/ktt/en/localfoodhub/Case_Studies.asp

Institute for Food and Development Policy- Cutting through the Red Tape

A Resource Guide for Local Food Policy Practitioners & Organizers

<http://foodfirst.org/publication/cutting-through-the-red-tape-a-resource-guide-for-local-food-policy-practitioners-organizers/>

Nova Scotia Federation of Agriculture (NSFA)

An organization that reviews regulatory issues that impact the agriculture sector, lobby governments for changes to existing legislation, and develop and deliver services and programs to meet the needs of farmers. They operate a website that overviews their mission statement and their approaches to achieving these goals.

<http://nsfa-fane.ca/about-us/>

Nova Scotia Food Policy Council

An organization that operates as a non-partisan citizen group that works with communities, organizations, and governments to help develop policies and programs that ensure an equitable, healthy, and sustainable food system that meets the needs of all Nova Scotians.

<https://nsfoodpolicy.wordpress.com/about/>

Planning for Food Security in the Commonwealth – Commonwealth Foundation

A document providing a variety of food related issues

<https://www.cip-icu.ca/Files/Resources/Perspectives-on-Planning-for-Agriculture-and-Food.aspx>

How other Cities/Regions are Enacting Food System Change

Fresh: Edmonton's Food & Urban Agriculture Strategy - City of Edmonton

A food strategy document titled, which is designed to explore the current state of urban agriculture and local food in Edmonton. The report provides an overview of the food landscape in Edmonton, and then covers topics such as strategy building, public consultation and municipal goals, food system frameworks, strategic directions and recommendations, and finally enacting the strategies that have been outlined.

http://www.edmonton.ca/city_government/documents/FRESH_October_2012.pdf

Recipes for Policy Change – A resource toolkit for promoting food security through policy change in Alberta

Alberta Food Matters produced a resource kit that provides an excellent selection of resources on food security, as well as details on different approaches and processes to help induce food policy change to promote food security and food sovereignty:

<http://www.foodsecurityalberta.org/node/1887>

Planning your Approach and Defining Your Goals

Community Food Assessment Guide - Provincial Health Authority

The purpose of the document is to help with the initial steps of determining why a community food assessment could be a fruitful activity, and the important elements and processes to undertake a food assessment. The document also presents a suite of tools that can be used to ensure an effective and efficient approach to this process.

<http://www.phsa.ca/Documents/communityfoodassessmentguide.pdf>

Whole Measures for Community Food Systems

A tool is a resource that has been developed to give organizations and communities a resource that helps them develop a process for defining and expressing their complex stories and determining desired outcomes?

http://www.hungerfreecommunities.org/wp-content/uploads/2011/05/WholeMeasures-for-Community-Food-Systems_CFSC1.pdf

A. Case Study

Municipal Food Policy Entrepreneurs

A cooperative project by the [Toronto Food Policy Council](#), [Vancouver Food Policy Council](#), and the [Canadian Agri-Food Policy Institute](#) produced a preliminary analysis (2013) of how different Canadian municipal governments are approaching the food system to incite food system change. The document provides a number of case studies from cities around Canada to shed light on different approaches to promoting food. The document identifies six types of initiatives, and the cities that support them:



1. Municipality-driven food policy initiatives
2. Hybrid model with direct links to government
3. Hybrid model with indirect links to government
4. Food policy organization linked to government through a secondary agency
5. Civil society organization with limited government funding and participation
6. Civil society organization with no direct government involvement

The analysis provides detailed explanation of the results found across Canada. 64 food policy projects were captured in the analysis, recognizing that food initiatives have been gaining momentum across Canada since the early 1990s. Some key findings of the food systems they studied are as follows:

- Many food initiatives are driven by one pressing issue such as reliance on food banks, health issues, or loss of farmland and food production
- Municipalities are not solely trying to feed themselves, rather they are also trying to improve environmental sustainability, health promotion, and economic development
- Municipal food systems may be similar to provincial, but the proportions of actors and activities differ
- Restaurants, work places, health care facilities, schools, and higher learning institutes are a large part of the food system
- Given the shift of populations to urban and suburban communities, municipalities need to provide more diverse food system functions such as planning, social development, economic development, parks and recreation and health services that all focus on food and the food system
- Successful initiatives utilize individual or institutional champions, who provide tactical advice and the skills needed to get the work done.

http://capi-icpa.ca/pdfs/2013/Municipal_Food_Policy_Entrepreneurs_Final_Report.pdf

Canadian food Initiatives studied in this report.

