



## COUNCILLOR JEAN ST-AMAND

DISTRICT 16 NEWSLETTER  
BEDFORD - WENTWORTH

### WELCOME DECEMBER



December has arrived, bringing with it a sense of unity, joy, and community spirit. With twinkling lights adorning our streets and a festive buzz in

the air, it's a time to cherish the bonds that tie us together as neighbors and friends! I'm looking forward to celebrating this festive season with you at the many upcoming community events.

As we embrace the joyous spirit of the holiday season, I extend my warmest wishes to each one of you for a Merry Christmas and a New Year full of blessings – may your home be filled with love, your heart with joy, your life with laughter.

Budget time is here again; and we will have some tough decisions following extensive debate on the municipal programs and services we provide. Keep reading for more information and to learn how you can have your say on the 2026/27 budget!

I hope you will find this newsletter helpful and informative.

Contact me if you have questions regarding municipal programs/services by phone at 902-476-2484 or by email at [Jean.St-Amand@halifax.ca](mailto:Jean.St-Amand@halifax.ca)

### DECEMBER MEETING DATES

#### **Regional Council:**

Tuesday, December 2 at 10 a.m.

Tuesday, December 9 at 10 a.m.

Tuesday, December 11 at 10 a.m. (contingency)

#### **Grants Committee:**

No meeting scheduled

#### **North West Community Council:**

Monday, December 8 at 6 p.m.

#### **Accessibility Advisory Committee**

No meeting scheduled

#### **Standing Committees:**

#### **Audit & Finance Standing Committee**

Wednesday, December 10 at 10 a.m.

#### **Community Planning & Economic**

#### **Development Standing Committee**

Wednesday, December 3 at 10 a.m.

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**HALIFAX**

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## COUNCILLOR JEAN ST-AMAND


### BEDFORD - WENTWORTH

### DID YOU KNOW...

December is HIV/AIDS Awareness Month,  
Seasonal Affective Disorder Awareness Month,  
and Universal Human Rights Month.

December 1 – World Aids Day  
December 2 - International Day for the Abolition  
of Slavery  
December 3 – Giving Tuesday  
December 3 – International Day of Persons with  
Disabilities  
December 5 – International Volunteer Day  
December 6 – National Day of Remembrance and  
Action on Violence Against Women  
December 10 – Human Rights Day  
December 14 – Beginning of Hanukkah  
December 17 – Anti-Bullying Day  
December 21 - Winter Solstice  
December 24 – Christmas Eve  
December 25 - Christmas Day  
December 26 – Boxing Day  
December 26 – First Day of Kwanzaa  
December 31 – New Year's Eve

### WATER CONSERVATION UPDATE




**Water Conservation Restrictions Update**  
November 12, 2025

Effective immediately, all customers serviced by Lake Major are returning to voluntary water restrictions.

As a reminder, Pockwock Lake remains under voluntary conservation restrictions.

Bulk water fill stations at Lake Major will reopen at 8:00 AM on Thursday, November 13.

Learn more at [halifaxwater.ca](https://halifaxwater.ca)



Due to the recent precipitation, Halifax Water's source water supply has started to replenish and recover. As a result, Lake Major's levels have increased by 70cm and

all customers serviced by Lake Major returned to voluntary water restrictions.

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Halifax Water is cautiously optimistic that water levels are slowly recovering; however, staff continue to monitor water supply levels.

The amount of precipitation that occurs over the winter months will ideally provide enough water to fully recharge lakes across the region. Until then, all customers and residents are urged to follow voluntary water conservation measures until further notice.

Effective Thursday, Nov. 13th at 8:00 AM, Halifax Water resumed hydrant flow testing and reopened bulk water fill stations at Lake Major.

Halifax Water would like to thank all the customers who followed the mandatory restrictions over the past two months. Your cooperation has been appreciated and has helped ensure continuity of service for all customers on the system.

As a reminder, Pockwock Lake remains under voluntary conservation measures.

Visit [halifaxwater.ca/reducing-your-water-waste](https://halifaxwater.ca/reducing-your-water-waste) for a full list of ways to conserve water.

### STUDENT TRANSIT PASS PROGRAM SURVEY



**Student Transit Pass Fall Survey!**  
We want to hear from you!



Halifax Transit wants to hear from you. What do you think about the Student Transit Pass Program?

Share your thoughts and complete the Student Transit Pass survey by **Dec. 15**. For full details, visit <https://brnw.ch/21wXB11>



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### 2024/25 STRATEGIC PRIORITIES PLAN PROGRESS REPORT



The Halifax Regional Municipality has released the [2024/25 Strategic Priorities Plan Progress Report](#).

This annual report provides a high-level analysis on the municipality's progress in delivering Regional Council's priorities and the management of municipal services, staff and finances, using strategic indicators.

This is the fourth annual report on the [2021-25 Strategic Priorities Plan](#).

The [Strategic Performance Snapshot](#), the municipality's public-facing dashboard has also been updated with data for 2024/25. This online tool is a 'snapshot' in time based on data that is updated annually to provide residents with insights on how the municipality is performing.

To view the full report and explore the dashboard, visit: [halifax.ca/budget](https://halifax.ca/budget).

### 2026/27 MUNICIPAL BUDGET

Regional Council has begun setting the strategic priorities for the next four years and start the municipal budget review process.

Over the next few months, each department's budget will be reviewed in preparation for a final budget approval in April.

Public feedback throughout this process is welcomed.

You can have your say by taking part in the Public Participation portion included in each meeting or by submitting correspondence to the clerk's office at [clerks@halifax.ca](mailto:clerks@halifax.ca).

### ANNIVERSARY OF THE HALIFAX EXPLOSION



Dec. 6 marks the 108th anniversary of the Halifax Explosion, one of the most devastating events in our city's history.

On the anniversary, residents are invited to gather at 9 a.m. at the Bell Tower in Fort Needham Memorial Park for the annual Halifax Explosion Memorial Service to honour the lives lost and the resilience of those impacted.

On Dec. 6, 1917, the collision of the French munitions ship Mont Blanc and the Norwegian relief ship Imo in the Narrows of Halifax Harbour caused a catastrophic explosion. The blast leveled much of north-end Halifax, killing over 2,000 people and injuring 9,000 more and buildings throughout Halifax and Dartmouth were significantly damaged.

At 9:04 a.m. naval ships across the Dockyard will sound their whistles for one minute in remembrance.

Learn more: [halifax.ca/HalifaxExplosion](https://halifax.ca/HalifaxExplosion)





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### NOMINATIONS OPEN FOR 2026 VOLUNTEER AWARDS



The Halifax Regional Municipality is advising residents that nominations have opened for the 2026 Volunteer Awards. The nomination period closes on Thursday, Jan. 8, 2026, at 5 p.m.

Every year, the municipality recognizes the extraordinary contributions of outstanding individuals and groups who volunteer their time and skills to provide services and programs in their communities. The annual Volunteer Awards puts a spotlight on the residents who make a meaningful difference in our region.

There are three categories open for applications: Youth, Adult and Group.

The award recipients will be announced at the 2026 Volunteer Awards ceremony on Wednesday, April 22, which coincides with National Volunteer Week.

For more information, visit [our website](#).

### OPERATION CHRISTMAS KICKS OFF IN HRM



Operation Christmas, an annual province-wide campaign that aims to reduce impaired driving, has begun.

Operation Christmas was kicked off on November 26 on Citadel Hill, where law enforcement agencies and public safety partners from across Nova Scotia gathered to speak about the impacts of impaired driving. Officers then set up checkpoints across Halifax Regional Municipality to conduct enforcement and hand out educational materials about the dangers of impaired driving.

“As officers, we have a front-row seat to the consequences of impaired driving,” said Don MacLean, Halifax Regional Police Chief. “Few moments are more heartbreaking than responding to a tragic collision or delivering the news no family should ever have to hear. That’s because we know these collisions are preventable. It’s as simple as not getting behind the wheel if you’re impaired.”

This year, Halifax Transit supported Operation Christmas by donating hundreds of transit tickets for officers to distribute at roadside checkpoints. The donation served as an important reminder that there are always safe alternatives to driving impaired. Operation Christmas will continue throughout the month of December with an increased number of roadside checkpoints across Nova Scotia.



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### COUNCILLOR PATTY CUTTELL ELECTED TO DEPUTY MAYOR



District 11 Councillor Patty Cuttell was elected by her fellow councillors to serve for the next year as Deputy Mayor for the Halifax Regional Municipality.

“Deputy Mayor Cuttell brings significant professional experience to her role, including her national leadership at the Federation of Canadian Municipalities,” says Halifax Regional Municipality Mayor Andy Fillmore.

The new Deputy Mayor takes over from Deputy Mayor Tony Mancini, who held the position for the past 12 months.

Deputy Mayor Patty Cuttell was first elected in 2020 to represent Spryfield - Sambro Loop.

The Deputy Mayor has a Master’s degree in Urban and Rural Planning from the Technical University of Nova Scotia and brings over 20 years of experience working with communities throughout the Atlantic Provinces.

Congratulations to Deputy Mayor Patty Cuttell on the appointment! We look forward to her leadership and collaboration in the year ahead. We also extend our heartfelt thanks to Councillor Tony Mancini for his dedicated service as Deputy Mayor over the past year.

### HALIFAX RCMP ANNOUNCES NEW OFFICER IN CHARGE



The RCMP Halifax Regional Detachment has a new Officer in Charge:  
Chief Superintendent John Duff, a longtime Halifax resident with deep roots

in both the community and the RCMP. C/Supt. Duff brings over 35 years of policing experience to the role, having started his career in 1990 after graduating from Acadia University with a degree in Biology. His journey through the RCMP took him across the country, with the majority of his service spent in Manitoba. There, he rose through the ranks to become Superintendent and later served as Manitoba East District Commander. After a brief retirement in 2018, Duff returned to policing, driven by a continued passion for public service. His leadership in Selkirk, Manitoba, earned him recognition and a promotion, ultimately leading him back home to Halifax. Please join us in welcoming Chief Superintendent John Duff back to the Maritimes and into his new leadership role with the RCMP Halifax Regional Detachment.



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### HALIFAX REGIONAL POLICE RECRUITING FOR 2027 POLICE SCIENCE PROGRAM



Applications for the 2027 Halifax Regional Police Science Program are now being accepted. Those interested in becoming a police officer can apply for the program until **January 9,**

**2026,** at 11:59 p.m.

Successful applicants will enter a 38-week police training program designed to prepare them for careers with Halifax Regional Police.

The program is based at the Halifax Regional Police Training Facility in Dartmouth, which is a recognized private career college by the Nova Scotia Department of Labour and Advanced Education.

“This is our third consecutive year offering the Police Science Program, and it reflects our continued commitment to building a healthy and engage workforce,” said Halifax Regional Police Chief Don MacLean. “Being a police officer takes courage and strength, but it also takes compassion, understanding and a desire to build relationships of trust with the communities we serve. If you are looking for a career where you can make a meaningful impact, I encourage you to apply.”

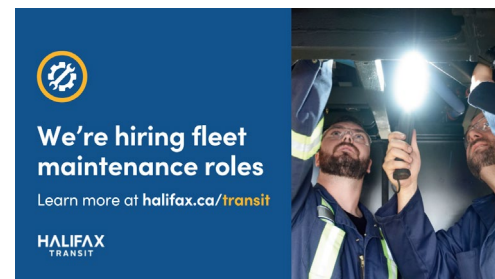
Recruiters are hosting two open house events for those interested in learning more about policing, the application process and physical abilities testing.

Anyone interested in a career in policing is welcome to attend an open house on Saturday, December 6 from 10 a.m. to 2 p.m. at the Police Science Program Training Facility, 2 Chapman Street in Dartmouth.

An open house focused on women in policing will be held Wednesday, December 3 from 4 p.m. to 8 p.m. at the Police Science Program Training Facility, 2 Chapman Street in Dartmouth.

For more information, visit: [Halifax Regional Police Cadet Recruitment | Halifax](https://www.halifax.ca/police/cadet-recruitment).

### HALIFAX TRANSIT IS HIRING



Halifax Transit is inviting applications for the Eligibility List position of Truck and Transport Mechanic in the Transit Fleet division. Join the team of approximately 130 other Truck and Transport Mechanics, Body Mechanics, and Hostlers who work to maintain a reliable fleet of buses used to serve a community of approximately 400,000.

This posting will be used to create an Eligibility List. Applications will be accepted until **11:59 pm on Wednesday, March 11, 2026.**

Learn more on website at [Halifax.ca/transit](https://www.halifax.ca/transit)

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# HALIFAX

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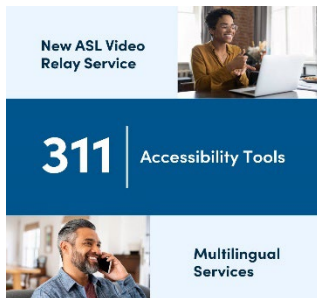




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### 311 OFFERS MULTILINGUAL AND ACCESSIBLE SUPPORT



Did you know 311 provides accessible support for municipal services and information over the phone and at in-person contact centres?

#### NEW ASL Video Relay

Service: Deaf and hard of hearing residents who contact 311 can now request real-time sign language interpretation through SRV Canada VRS.

Multilingual Services: When calling 311 or visiting a centre, residents who need to communicate in languages other than English can request interpretation services in over 300 languages.

Learn more at [halifax.ca/311](https://halifax.ca/311).

### FREE RURAL LIFEGUARD CERTIFICATION



This fall the municipality is offering free lifeguard certification, with priority given to residents living in rural areas.

Participants must complete a series of courses throughout

November and December to receive full certification. Courses include Intermediate First Aid, Bronze Medallion, Bronze Cross and National Lifeguard – Pool. Sessions will be held in Musquodoboit Harbour, Sackville Sports Stadium and online.

Find the full course schedule and register at [halifax.ca/myREC](https://halifax.ca/myREC) with course code #45004.

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### REGISTRATION OPENING FOR PARKS & RECREATION WINTER PROGRAMMING



The Halifax Regional Municipality is advising residents that registration will open for winter recreation programming soon.

\*Registration for **winter recreation programming** will open on Tuesday, Dec. 2 at 10 a.m.

\*Registration for **winter aquatics and skating programming** will open on Tuesday, Dec. 9 at 10 a.m.

Parks & Recreation offers a variety of innovative, cost-effective programming led by local, passionate instructors in a judgement-free zone. Programming is offered in numerous fields, including health, wellness, outdoor and artistic and is available for residents of all ages and abilities. Many programs are available at [local community centres](#), which can help limit travel time.

Access to discounted recreation opportunities is also available for children, youth and adults in financial need through the [Recreation Affordable Access Program](#).

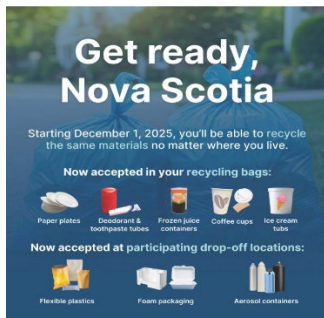
A full list of all programs and information on how to register can be found on [halifax.ca/MyRec](https://halifax.ca/MyRec).



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### BEDFORD - WENTWORTH

## CHANGES TO RECYCLING



On Monday, Dec. 1, 2025, provincial regulations for Extended Producer Responsibility (EPR) will come into effect across Nova Scotia. These regulations shift the operational and financial responsibility for recycling packaging and

paper products to the companies that produce, import or sell them. The Halifax Regional Municipality has opted into the program and will continue to provide curbside recycling collection for residential properties. Residents will have the same contracted service provider, collection day and customer supports available through 311 and the [Halifax Recycles app](#).

Circular Materials, a national not-for-profit organization, is responsible for managing the collection and processing of materials under the new system. The administrator, Divert NS, oversees the program to ensure compliance with provincial regulations. Learn more about Divert NS and Circular Materials [here](#).

These provincial regulations determine which materials are accepted for recycling. Starting on Monday, Dec. 1, 2025, residents will be able to recycle a consistent list of materials no matter where you live in Nova Scotia. Some items will be added to the curbside recycling program, while others will be removed.

### New items accepted in blue bag curbside recycling include:

- Multi-layer paper containers, such as:
  - paper cups (including disposable paper hot and cold beverage cups)

- paper bowls
- ice cream cartons
- cookie dough spiral cans
- frozen juice spiral cans
- potato chip spiral cans

- Plastic tubes, including:
  - toothpaste
  - deodorant
  - hand cream containers
- Small item plastic packaging, such as:
  - bottles/pumps
  - candy/gum containers
  - pails
  - garden pots
  - seedling trays

### The following items will be accepted at [participating depot drop-off locations](#):

- foam packaging (such as meat trays, takeout containers);
- flexible plastics (such as coffee or deli pouches, chip bags, bubble wrap, vacuum packaging, candy and snack wrappers and cereal liner bags); and
- non-hazardous aerosol cans (food spray, hairspray, air fresheners, shaving cream).

The municipality will share updates with residents as they are made available by Circular Materials.

### Recycling routines for residents and businesses

Residents should continue sorting recyclables into blue bags and placing them at the curb on their regular collection day.

For questions or service concerns, residents can contact 311, visit [halifax.ca/recycling](https://halifax.ca/recycling) or refer to the [Halifax Recycles App](#).

For more information about EPR and how it affects you, visit [halifax.ca/recycling](https://halifax.ca/recycling) or call 311.

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### SENIOR SNOW REMOVAL PROGRAM

Winter is on its way. YMCA Senior Snow Removal is available to all seniors who are sixty-five years of age or more and persons with disabilities who reside in the Greater Halifax/Dartmouth area, and meet the following criteria:

\*The participant must reside in a single dwelling home which is owned or rented;

The participant, also including all individuals who live on the premises aged eighteen or older, must not exceed a total gross household income of \$35,000, and;

The participant may not be a landlord. “

The Senior Snow Removal is a YMCA program provided in partnership with Halifax Regional Municipality, and oversees the clearing of front and back steps, walkways, ramps, and access to fuel tanks. Please note that the program does not include driveway clearing. The Senior Snow Removal operates on a first-come, first-serve basis. When maximum capacity is reached, the program will come to a close and individuals will be placed on a waitlist. You can download the 2025/2026 application package online. Call (902) 483-3678 for more information.

**Completed applications may be dropped off, mailed or emailed to:**

Attention: YMCA Senior Snow Removal  
Community YMCA  
2269 Gottingen Street  
Halifax, NS B3K 3B7

**Email:** [ssr@halifax.ymca.ca](mailto:ssr@halifax.ymca.ca)

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### SENIORS CARE GRANT

The Seniors Care Grant helps low-income seniors with the cost of household services like lawn care, snow removal, grocery delivery, transportation, small home repairs and phone service, healthcare services like physiotherapy and mental health support and home heating.

Grants are \$750 for each household. The grant is available for seniors with a household income of \$45,100 or less.

Applications are available [online](#) or print applications can be picked up at Access Nova Scotia and MLA offices. Previous recipients will also receive the applications by mail.

Applications will close March 31, 2026.

### HEATING ASSISTANCE REBATE PROGRAM

The Heating Assistance Rebate Program provides assistance to low and moderate income Nova Scotians for help with the cost of home heating. Rebates are \$400/household. Apply by March 31, 2026.

More information can be found [here](#), or by calling:  
902-424-5200 Or Toll-free:  
1-800-670-4357

### OFF-LEASH DOG PARKS

Winter use of playing fields as off-leash dog parks has begun. For a list of approved off-leash areas throughout the municipality, please visit:

<https://brnw.ch/21wX8If>



## COUNCILLOR JEAN ST-AMAND

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### TAX RELIEF FOR NONPROFIT AND CHARITABLE ORGANIZATIONS

The 2026/27 Tax Relief Program is now OPEN for applications.

Because the Jan. 31, 2026, deadline falls on a weekend the application deadline has been extended to Monday, Feb. 2, 2026.

Late or incomplete applications will not be accepted. HRM's website has an overview of the program and the Application Form for those organizations seeking to add a property to the program next fiscal year. For those organizations already accepted into the program ("Renewals") the web page also has the annual Confirmation Form.

This form must be completed and submitted by the stated deadline to avoid a 50% reduction in level of tax relief up to a maximum of \$5,000 per property.

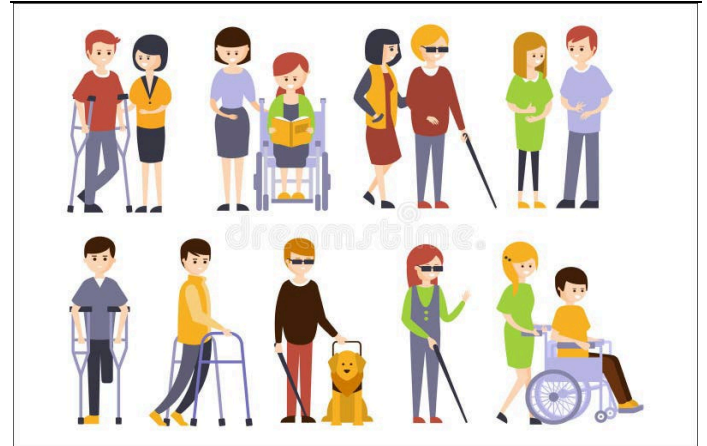
Any deduction for non-compliance with the program's reporting requirements will be apportioned between the interim and final tax bills.

The web page address is:

<https://www.halifax.ca/business/doing-business-halifax/tax-relief-non-profit-organizations> or simply use the search bar on HRM's home page.

Inquiries should be directed to 311 or [Contactus@311.halifax.ca](mailto:Contactus@311.halifax.ca)

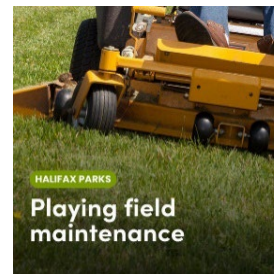
### INTERNATIONAL DAY OF PEOPLE WITH DISABILITIES



On December 3, we recognize and celebrate the International Day of People with Disabilities (IDPWD). The theme for this year is **Ability to Rise: Celebrating Leaders in Disability Inclusion**.

Instituted by the United Nations in 1992, this day highlights the importance of inclusivity, accessibility, and equal opportunities for individuals with disabilities, while also celebrating their achievements and contributions to society; and aims to raise awareness and mobilize support for the dignity, rights, and well-being of persons with disabilities.

### PLAYING FIELD MAINTENANCE ENDS



Please note that playing field maintenance has ended for the season.

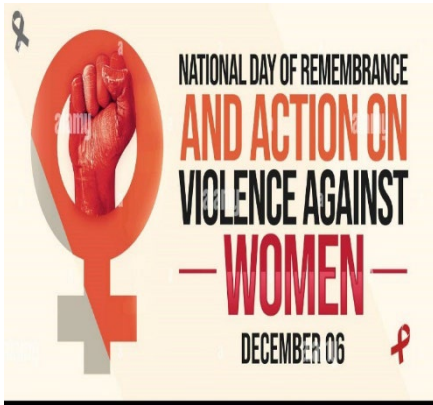
Thanks to all staff and community partners who helped provide this service!



## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

### NATIONAL DAY OF REMEMBRANCE AND ACTION ON VIOLENCE AGAINST WOMEN



On December 6, we recognize The National Day of Remembrance and Action on Violence Against Women – commemorating the 1989 École Polytechnique

massacre where 14 women lost their lives. We honour them by observing a moment of silence at 11 a.m. and wearing a white ribbon if possible.

It is important to remember that violence can affect women from all backgrounds regardless of age, race, sexual orientation, immigration status, ethnicity, education or income. Preventing and ending gender-based violence is everyone's responsibility. Learn more about gender-based violence and find helpful resources on the Nova Scotia Advisory Council on the Status of Women's [website](#).

#### What is gender-based violence?

Gender-based violence (GBV) is committed against someone based on their gender identity, gender expression or perceived gender. GBV disproportionately impacts women and girls as well as Indigenous Peoples, 2SLGBTQ+, gender diverse, non-binary individuals, persons with disabilities, newcomers, children and youth, and seniors.

According to the [Nova Scotia Domestic Violence Resource Centre](#), women in Nova Scotia are approximately 45 times more likely to be murdered by a spouse or intimate partner than

they are by a stranger (57.9 per cent versus 1.3 per cent).

Women who self-identified as lesbian or bisexual reported significantly higher rates of violence by a partner than heterosexual women.

#### How can you help?

Preventing and ending gender-based violence is everyone's responsibility. You can be part of the solution when you:

Listen to and support survivors of gender-based violence.

Speak up when you see harmful behaviour and maintain confidentiality if someone in the workplace has experienced gender-based violence.

If you or a loved one is experiencing violence, speak with someone you trust about getting support.

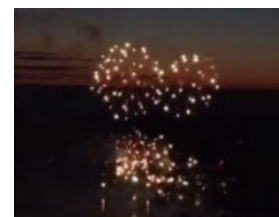
Call 911 if you or someone you know is in danger.

To connect with community services including legal aid, counselling, family resource centres, housing, and accessibility support within the municipality, call 211 or [search online for community resources](#).

See the Nova Scotia Advisory Council on the Status of Women's [Resource Map](#).

Learn more about gender-based violence by visiting <https://endingviolencecanada.org/>.

### NEW YEAR'S EVE



Come on down to the Grand Parade on Wednesday, Dec. 31st to ring in the New Year! Check our [municipal website](#) for details on the festivities!

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### HIGHWAY 102 & HAMMONDS PLAINS ROAD INTERCHANGE



Nova Scotia Public Works began work on Highway 102 to create an additional lane and better sightlines at the Exit 3 southbound off-ramp to Hammonds Plains Road starting Thursday, November 13. It's expected to last approximately 6 weeks.

The project will widen the existing off-ramp to extend the separate right and left turning lanes, effectively creating two lanes through the off-ramp. The project will reduce blind spots at the ramp, making it easier for motorists to clearly see other vehicles as they travel through the exit.

During construction, the exit will remain open most of the time, but motorists should be prepared for intermittent delays and temporary closures. The project began with clearing the landscape beside the ramp. It will include regular blasting required to create the space needed for the new lane, resulting in closures from 9am to 3pm until about the end of November.

These measures are meant to improve safety and relieve some of the congestion and the inbound off-ramp in Bedford.

### SHARE YOUR THOUGHTS



The municipality is seeking to understand community values, aspirations and concerns related to development in the Highway 102 West Corridor Lands Special Planning Area.

We want to hear from you! Share your feedback on topics such as housing types, land uses, transportation connections, parks and open spaces and other public infrastructure that will guide future development of the site.

Share your thoughts through the survey until December 10 at <https://brnw.ch/21wXtai>

If you have any questions about this form/survey, please call 311 or email [contactus@311.halifax.ca](mailto:contactus@311.halifax.ca).

### NEW YEAR'S DAY LEVEE

Mayor Andy Fillmore and members of Regional Council invite you to join them in celebrating the arrival of 2026 at the New Year's Levee on Thurs. Jan. 1, 2026 from 9:30-11 a.m. at Halifax City Hall (Halifax Hall), 1841 Argyle Street, Halifax.

Light refreshments will be provided.

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**HALIFAX**

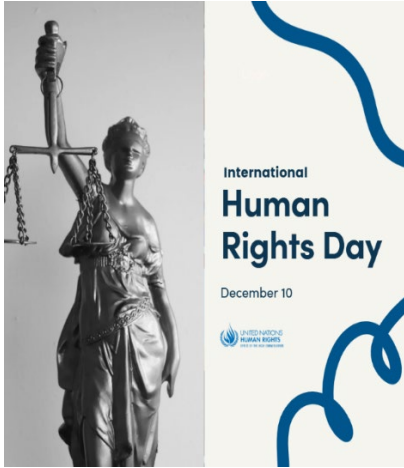
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### INTERNATIONAL HUMAN RIGHTS DAY



Dec. 10 is International Human Rights Day, which commemorates the day in 1948 the United Nations General Assembly adopted the Universal Declaration of Human Rights.

This year's theme is *Human Rights, Our Everyday Essentials*, with a goal of reaffirming the values of human rights and show that they remain a winning proposition for humanity.

To learn more, click [here](#).

### INDEPENDENT LIVING NOVA SCOTIA HOLIDAY GALA



Join Independent Living Nova Scotia for the ultimate East Coast kitchen party!

Celebrate the holiday season at our fully inclusive Holiday Gala & Dance featuring Signal Hill.

**Venue:** Halifax Marriott Harbourfront in their Nova Scotia Ballroom (2nd floor)

**Date:** Friday, December 12, 2025

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**Time:** 7-11:30 PM (Doors open at 5:30 PM)

**Tickets:** <https://www.zeffy.com/en-CA/ticketing/ilns-holiday-gala-and-dance-ft-signal-hill>

Each ticket includes:

- \*3-course meal
- \*Unlimited Polaroids from the Booth Almighty photobooth
- \*Musical performances by Signal Hill

### LUNCH WITH HALIFAX WATER CEO



As the utility responsible for delivering high-quality drinking water, managing wastewater and stormwater systems, and maintaining complex infrastructure

across the municipality, Halifax Water is central to how our city grows and functions.

Join us as Kenda MacKenzie, Halifax Water CEO outlines the organization's current priorities and long-term strategy, including major infrastructure projects, regulatory requirements, sustainability initiatives, and system modernization efforts.

Wednesday, Dec 3 from 11:30 AM - 1:30 PM at The Lord Nelson Hotel

Learn more here:

<https://business.halifaxchamber.com/.../luncheon-a...>





## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

### IN THE COMMUNITY...



Seeing Bedford from this perspective is a whole lot of fun, especially when I get to walk the route with my partners from other orders of government - @braedonclarkns @mlatimouthit @damian\_stoilov @rickburnsns.

The @lightupbedfordparade was a huge success!

Congrats to the organizers and deep thanks to the sponsors and hot spot hosts! Outstanding job!

Last but certainly not least, thank you to the community for coming out to enjoy this kickoff to the holiday season!

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Along with several of my colleagues, I attended the National Housing Day Summit hosted by @chbans @habitatnovascotia @nsarrealtors for conversations about housing strategy and accelerating solutions to address the missing middle of the marketplace.



Attending the Volunteer Conference with the volunteers from Nova Horizons





## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH



### Cash Calendar Lottery for Knights of Columbus

Bedford Knights of Columbus Council 9404 is now selling their annual Cash Calendar - buy a calendar for \$20 to contribute to their worthwhile causes and you're entered into a daily draw for cash prizes for the entire year!

Contact the Bedford Knights or drop by their community booths that will pop up from time to time in Bedford throughout the holidays - like this one that was in front of Giant Tiger the other day!

I and several of my fellow Councillors are contributors to this calendar effort, along with a few of our Provincial counterparts and a number of terrific and generous local businesses.

Be sure to pick one up!



I was one of several officials representing different levels of governmental (including Councillors and MLAs), and health and service providers that attended a workshop led by the United African Canadian Women's Association (@uacwa) to discuss shared mandates, opportunities for collaboration, extension of reach and ways to help amplify the accessibility of some of the wonderful culturally sensitive programming offered by the Association.

The facilitator-led round table discussions were extremely productive and gave everyone around the room some homework to do.



1<sup>st</sup> Bedford Scouts bottle drive



DECEMBER 2025





## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH



The grand opening of the West Bedford Regional Pump Track was a well attended event with great prizes, entertainment and pizza.

I was joined by Mayor Andy Fillmore and fellow Council colleagues, Tony Mancini, Billy Gillis, Virginia Hinch, Janet Steele and John Young; along with several MLA's including Tim Outhit.

HRM Town Crier Will Brewer helped to cut the ribbon and welcomed this amazing new park to the community. Councillor Gillis dusted off the DJ Gear and had a blast mixing beats with longtime friend and DJ collaborator [Ivan Skeete](#).

DECEMBER 2025

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## COUNCILLOR JEAN ST-AMAND

### BEDFORD - WENTWORTH



I attended all three community feedback sessions for the Sandy Lake Special Planning Area today.

It was a busy day, with all sessions being very well attended and I spoke with many residents, as did HRM planners, and several of my colleagues from council that dropped in to chat.

It was an invaluable listening session to hear from the community about their concerns, naturally concentrating on impacts to the environment, to congestion, the need for infrastructure and more.

Now HRM staff will document the feedback captured to share it within their team and with council.



I was delighted to join my North West Community Council colleagues (though we were missing Cathy Deagle Gammon, District 1 Councillor due to a scheduling conflict) and the Mayor at Building Futures for a wonderfully entertaining and moving evening.

The highlight was getting a tour of the newly built sensory room that received shared funding from all five North West Community Council members.

The Building Futures team were so gracious and kind, preparing a thank you banner for us that everyone signed. We aim to display it in the council support office bullpen at city hall.



DECEMBER 2025

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## COUNCILLOR JEAN ST-AMAND

### BEDFORD - WENTWORTH



The Bedford Lions were at @sunnysidemall in front of @braincandytoys for the Speed Puzzle Contest collecting donations for their community food pantry and selling calendars in support of the Lions Foundation's Guide Dog program.

On October 25th, I was honoured to be invited as keynote speaker at the [Bedford NS Lions Club](#) annual Charter Night.

I spoke about my vision for Bedford, provided some updates on a few new things happening around the community, and expressed deep gratitude the community feels for the long history of service the Lions have brought to Bedford and our surrounding communities.

Bedford Lions President, Greg Baldwin, called me up at the end of the evening as awards were given for lifetime service and Lion of the year (two winners this year) to confer upon me an Honourary Bedford Lions Lifetime Membership, which I humbly accepted and vowed to do my best to work for the community with the same spirit our Lions have shown for generations.

I promise I'll try to live up to this honour, Lions. Thank you!



Remembrance day ceremony at Fish Hatchery Park

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## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH



I joined many of my colleagues on council for a presentation and tour with the Halifax Search and Rescue team.

We chatted about service area, the nature and volume of calls, the technological advancements aiding in modern search and rescue, the challenges this volunteer-driven organization faces and its extensive collaboration and coordination with other emergency services - municipal and provincial.

We're grateful for their tireless service. We had a fascinating discussion with the team.



It was a great day spent with Council colleagues



This was a well attended event on November 5 which provided an overview of accessibility successes, challenges and updates.



The shortest day and the longest night of the Year!

DECEMBER 2025

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## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

### Community Events Over the Holidays

**Bedford Lions Tree Lot will close for the season when supplies run out in December**

If you're a last-minute shopper for a real Christmas tree, don't wait too long!

**Dec 24 10-11am, Greenfoot Energy Centre,  
61 Gary Martin Drive**  
**Christmas Eve Friends & Family Skate  
in Support of Feed Nova Scotia**

Councillor John Young and I are supporting the Walker family's 7<sup>th</sup> annual Friends & Family Skate, which has grown over the years and now requires 3 ice surfaces at the same time at Greenfoot Energy Centre! Please bring a food or cash donation for Feed Nova Scotia and enjoy some time on the ice in support of this great cause. I'll see you there!

**Dec 24 12-2pm, LeBrun Arena, 36 Holland Ave**  
**Community Skate with Councillor Jean St-Amand**

I'm hosting a community skate of my own again this year! Please bring a non-perishable donation for the Bedford Lions Community Food Pantry, enjoy some hot chocolate and take a few spins around the rink. It'll be open house style, so you don't need to commit to all 2 hours!

### New Year's Day Levees!

**9:30-11am, Mayor & HRM Council  
City Hall, 1841 Argyle Street**

**11am-12:30pm, Lieutenant Governor  
Government House, 1451 Barrington Street**

**12-4pm, Bedford Legion Branch 95  
1772 Bedford Highway**

**12pm, Bedford Basin Yacht Club  
BBYC, 377 Shore Drive**

**1-2:30pm, Bedford Lions  
LeBrun Centre, 36 Holland Ave**



## COUNCILLOR JEAN ST-AMAND

### BEDFORD - WENTWORTH

#### WHO DOES WHAT?

##### Federal Government

Airports	Criminal laws	Canadians Mortgages
Borders & passports	Employment Insurance	National RCMP
Broadcasting & telecommunications	Environment	National defence & veteran's affairs
Canada Child Benefit	Fisheries, oceans & national parks	Postal service
Charter of Human Rights	Immigration	Student loans
Correctional facilities	Income tax	International travel and support for abroad

##### Provincial Government

Addictions and mental health	100 series highways & off ramps	Property tax (property assessment)
Affordable/public housing	Hospitals	Provincial parks
Correctional facilities	Housing	Provincial RCMP
Employer and employee supports	Justice	Schools and school parking lots
Environment	Landlord and tenant supports	Student loans
Family and Community Support Services	Lakes	Workplace safety
	Post-secondary education	

##### Municipal Government

City Hall	Municipal police force (i.e. HRP & RCMP District H)	Property tax (municipal portion)
Development and building permits and fees	Municipal parks	Recreation facilities
Environment	Libraries	Snow removal & waste collection
Fire services (i.e. HRFE)	Local road maintenance & improvement	Transit
Halifax Water	Parks, trails and playgrounds	

**Not sure what level of government does what - Federal, Provincial, or Municipal? See the helpful chart above.**

#### IMPORTANT TELEPHONE NUMBERS

##### 911 - Emergencies

Call this number for help right away to protect your safety or property.

##### 811 - Primary Health Care

Call this number for health advice and peace of mind.

##### 511 - Highway and Road Conditions

Call this number for information about provincial highways & roads.

##### 311 - Municipal information, services, and complaints

Call this number for information about programs and services within the municipal government.

##### 211 - Confidential information and referral service that connects individuals to community programs and services

Call this number for information on non-profit, community and government programs and services, including information about being ready for an emergency.

- Poison Centre (1-844-764-7669)
- Bell Aliant outages 611 or 1-800-663-2600
- Eastlink outages 1-888-345-1111
- Halifax Water 24-hour emergency (water, sewer, and flooding) (902) 420-9287
- Mental Health and Addictions Crisis Line 1-888-429-8167
- NS Power outages 1-877-428-6004
- Police Non-Emergency (902) 490-5020
- Shelter Nova Scotia (902)-406-3631
- SPCA Dartmouth Shelter (902) 468-7877
  - to report Animal Cruelty 1-888-703-7722
- Red Cross 1-800-222-9597





## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [District 16](#).

### MLA Tim Outhit, Bedford Basin



1597 Bedford Highway, #306  
Bedford, NS  
B4A 1E7

Phone:  
782-540-9849

Email:  
[timouthitmla@gmail.com](mailto:timouthitmla@gmail.com)

### MLA Rick Burns, Hammonds Plains-Lucasville



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Upper Tantallon, NS  
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Phone:  
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E-mail:  
[rick.burns.mla@gmail.com](mailto:rick.burns.mla@gmail.com)

### MLA Dadian Stoilov, Bedford South



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B4A 0H4

Phone:  
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Email:  
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### MP Braedon Clark, Sackville-Bedford-Preston



Suite 201  
2900 Hwy 2  
Fall River

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Telephone:  
613-992-4793

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## COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

### COUNCILLOR ST-AMAND



#### Councillor Jean St-Amand

**District 16**

Bedford – Wentworth

902.476.2484

[jean.st-amand@halifax.ca](mailto:jean.st-amand@halifax.ca)

Halifax Regional Municipality  
PO Box 1749 | Halifax, NS B3J 3A5

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I serve on Regional Council, North West Community Council, and the following boards and committees:

- Audit & Finance Standing Committee – Vice Chair
- Community Planning & Economic Development Standing Committee – Vice Chair
- Grants Committee - Chair
- Discover Halifax
- Accessibility Advisory Committee
- Acadian and Francophone Community Liaison

### EMAIL LIST, SOCIAL MEDIA, COMMUNITY EVENTS CALENDAR

Visit [jeanstamandhrm.ca](http://jeanstamandhrm.ca) to subscribe to my email list for occasional updates about District 16.

Follow me on [Facebook](#) and [Instagram](#) for regular updates and announcements of my activities and things that are happening around the district. Social media is great, but for official business, please contact me directly by email or phone.

Visit [jeanstamandhrm.ca/events](http://jeanstamandhrm.ca/events) for my community events calendar. If you are the organizer of a community-oriented event that you would like to share, please [email me](#) the details.

For additional assistance, you may also reach my Constituency Coordinator, Nancy Viner at [Nancy.Viner@halifax.ca](mailto:Nancy.Viner@halifax.ca).

### WE ARE ALL TREATY PEOPLE

The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

