



Winter 2026



HALIFAX

Sackville

Acadia Centre

636 Sackville Drive
902.869.4141

Sackville Sports Stadium

409 Glendale Drive
Phone: 902.869.4141



Adult programs are + HST. Senior discounts apply to residents over 60 years of age. Some program fees and/or details may change over the course of registration. For the latest details, visit halifax.ca/myREC



Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
PRESCHOOL									
41397	Basketball - Ages 3-5 yrs	3-5 Y	Jan 11 - Mar 1, 2026	10:00AM - 10:45AM	Sun	Gymnasium	Sackville Sports Stadium	8	\$38.24
40892	Soccer - Ages 4-5 Yrs	4-5 Y	Jan 12 - Mar 9, 2026	5:15PM - 5:45PM	Mon	Gymnasium	Sackville Sports Stadium	9	\$28.71
40893	Basketball - Ages 4-5 Yrs	4-6 Y	Jan 13 - Mar 10, 2026	5:15PM - 5:45PM	Tue	Gymnasium	Sackville Sports Stadium	9	\$28.71
40894	KinderSport - Ages 4-5 yrs	4-5 Y	Jan 15 - Mar 12, 2026	5:15PM - 5:45PM	Thu	Gymnasium	Sackville Sports Stadium	9	\$28.71
40876	Intro to Dance - Creative Movement - Ages 3-5 yrs	3-5 Y	Jan 15 - Mar 12, 2026	5:30PM - 6:00PM	Thu	Acadia Hall - Program Room	Acadia Centre	9	\$28.71
40878	Creative Movement - Ages 3-5 yrs	3-5 Y	Jan 15 - Mar 12, 2026	6:15PM - 6:45PM	Thu	Acadia Hall - Program Room	Acadia Centre	9	\$34.45
40888	Tumblebugs - Ages 3-5 yrs	3-5 Y	Jan 17 - Mar 14, 2026	9:00AM - 9:45AM	Sat	Acadia Hall - Program Room	Acadia Centre	9	\$43.02
40890	Tumblebugs - Ages 3-5 yrs	3-5 Y	Jan 17 - Mar 14, 2026	10:00AM - 10:45AM	Sat	Acadia Hall - Program Room	Acadia Centre	9	\$43.02
40882	Intro to Dance - Pre-Primary - Ages 3-5 yrs	3-5 Y	Jan 17 - Mar 14, 2026	10:30AM - 11:00AM	Sat	Studio B	Sackville Sports Stadium	9	\$28.71
40885	Intro to Dance - Creative Movement - Ages 4-6 yrs	4-6 Y	Jan 17 - Mar 14, 2026	11:00AM - 11:30AM	Sat	Studio B	Sackville Sports Stadium	9	\$28.71
41393	Intro to Gymnastics - Ages 4-5 yrs	4-5 Y	Jan 17 - Mar 7, 2026	12:00PM - 12:45PM	Sat	Studio A	Sackville Sports Stadium	8	\$38.24
41396	Intro to Gymnastics - Ages 4-5 yrs	4-5 Y	Jan 17 - Mar 7, 2026	2:00PM - 2:45PM	Sat	Studio A	Sackville Sports Stadium	8	\$38.24
41394	Intro to Gymnastics - Ages 4-5 yrs	4-5 Y	Jan 17 - Mar 7, 2026	1:00PM - 1:45PM	Sat	Studio A	Sackville Sports Stadium	8	\$38.24
CHILD									
41377	Basketball - Ages 6-8 yrs	6-8 Y	Jan 11 - Mar 1, 2026	11:00AM - 11:45AM	Sun	Gymnasium	Sackville Sports Stadium	8	\$38.24
41378	Basketball - Ages 9-12 yrs	8-12 Y	Jan 11 - Mar 1, 2026	12:00PM - 12:45PM	Sun	Gymnasium	Sackville Sports Stadium	8	\$38.24
41380	Learn to Curl - Ages 6-8yrs	6-8 Y	Jan 12 - Mar 2, 2026	4:00PM - 5:00PM	Mon	Field House Side A	Sackville Sports Stadium	8	\$50.96
41381	Learn to Curl - Ages 9-12 yrs	9-12 Y	Jan 12 - Mar 2, 2026	4:00PM - 5:00PM	Mon	Field House Side A	Sackville Sports Stadium	8	\$50.96
41388	Soccer - Ages 6-8 yrs	6-8 Y	Jan 12 - Mar 2, 2026	6:00PM - 6:45PM	Mon	Gymnasium	Sackville Sports Stadium	8	\$38.24
41389	Soccer - Ages 9-12 yrs	9-12 Y	Jan 12 - Mar 2, 2026	7:00PM - 7:45PM	Mon	Gymnasium	Sackville Sports Stadium	8	\$38.24
41374	Basketball - Ages 6-8 yrs	6-8 Y	Jan 13 - Mar 3, 2026	6:00PM - 6:45PM	Tue	Gymnasium	Sackville Sports Stadium	8	\$38.24
41375	Basketball - Ages 9-12 yrs	6-8 Y	Jan 13 - Mar 3, 2026	7:00PM - 7:45PM	Tue	Gymnasium	Sackville Sports Stadium	8	\$38.24
40865	Intro to Music - Ages 5-7 yrs	5-7 Y	Jan 14 - Mar 11, 2026	5:30PM - 6:15PM	Wed	REC Zone	Sackville Sports Stadium	9	\$50.13
41382	Floor Hockey - Ages 6-8 yrs	6-8 Y	Jan 14 - Mar 4, 2026	6:00PM - 6:45PM	Wed	Gymnasium	Sackville Sports Stadium	8	\$38.24
40867	Intro to Guitar - Ages 8-12 yrs	9-12 Y	Jan 14 - Mar 11, 2026	6:30PM - 7:30PM	Wed	REC Zone	Sackville Sports Stadium	9	\$50.13
41383	Floor Hockey - Ages 9-12 yrs	9-12 Y	Jan 14 - Mar 4, 2026	7:00PM - 7:45PM	Wed	Gymnasium	Sackville Sports Stadium	8	\$38.24
41371	All Sorts of Sports - Ages 6-8 yrs	6-8 Y	Jan 15 - Mar 5, 2026	6:00PM - 6:45PM	Thu	Gymnasium	Sackville Sports Stadium	8	\$38.24
40856	Sketch & Draw - Ages 8-12 yrs	8-12 Y	Jan 15 - Mar 12, 2026	6:00PM - 7:00PM	Thu	Acadia School - The Den Program Room	Acadia Centre	9	\$66.87
41376	Basketball - Ages 9-12 yrs	9-12 Y	Jan 15 - Mar 5, 2026	7:00PM - 7:45PM	Thu	Gymnasium	Sackville Sports Stadium	8	\$38.24
40864	Intro to Hip Hop	6-10 Y	Jan 15 - Mar 12, 2026	7:00PM - 8:00PM	Thu	Acadia Hall - Program Room	Acadia Centre	9	\$57.33
40870	Kids in the Kitchen - Ages 9-12 yrs	9-12 Y	Jan 16 - Mar 13, 2026	5:30PM - 7:00PM	Fri	REC Zone	Sackville Sports Stadium	9	\$100.35
40858	Sketch & Draw - Ages 6-8 yrs	6-8 Y	Jan 17 - Mar 14, 2026	9:30AM - 10:15AM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$50.13
40871	Kids in the Kitchen - Ages 6-8 yrs	6-8 Y	Jan 17 - Mar 14, 2026	10:00AM - 11:30AM	Sat	REC Zone	Sackville Sports Stadium	9	\$100.35
41386	Intro to Lacrosse	6-8 Y	Jan 17 - Mar 7, 2026	10:00AM - 10:45AM	Sat	Gymnasium	Sackville Sports Stadium	8	\$38.24
40859	Sketch & Draw - Ages 8-12 yrs	8-12 Y	Jan 17 - Mar 14, 2026	10:30AM - 11:15AM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$50.13
41387	Intro to Lacrosse	9-12 Y	Jan 17 - Mar 7, 2026	11:00AM - 11:45AM	Sat	Gymnasium	Sackville Sports Stadium	8	\$38.24
40872	Kids in the Kitchen - Ages 9-12 yrs	9-12 Y	Jan 17 - Mar 14, 2026	11:45AM - 1:15PM	Sat	REC Zone	Sackville Sports Stadium	9	\$100.35
40862	Sketch & Draw - Ages 6-8 yrs	6-8 Y	Jan 17 - Mar 14, 2026	12:45PM - 1:30PM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$50.13
40859	Sketch & Draw - Ages 8-12 yrs	8-12 Y	Jan 17 - Mar 14, 2026	10:30AM - 11:15AM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$50.13
40855	Emerging Artists	8-12 Y	Jan 17 - Mar 14, 2026	1:00PM - 3:00PM	Sat	Classroom	Sackville Sports Stadium	9	\$133.74
40863	Sketch & Draw - Ages 5-8 yrs	5-8 Y	Jan 17 - Mar 14, 2026	1:30PM - 2:15PM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$50.13
41392	Intro to Volleyball	9-12 Y	Jan 17 - Mar 7, 2026	2:00PM - 2:45PM	Sat	Gymnasium	Sackville Sports Stadium	8	\$38.24
41384	Intro to Flag Football - Ages 6-8 yrs	6-8 Y	Jan 17 - Mar 7, 2026	3:00PM - 3:45PM	Sat	Gymnasium	Sackville Sports Stadium	8	\$38.24
41385	Intro to Flag Football - Ages 9-12 yrs	9-12 Y	Jan 17 - Mar 7, 2026	4:00PM - 4:45PM	Sat	Gymnasium	Sackville Sports Stadium	8	\$38.24
41372	Intro to Badminton	6-8 Y	Jan 17 - Mar 7, 2026	5:00PM - 5:45PM	Sat	Gymnasium	Sackville Sports Stadium	8	\$37.92
41373	Intro to Badminton - Ages 9-12 yrs	9-12 Y	Jan 17 - Mar 7, 2026	6:00PM - 6:45PM	Sat	Gymnasium	Sackville Sports Stadium	8	\$37.92
41390	Soccer - Ages 9-12 yrs	9-12 Y	Jan 19 - Mar 9, 2026	1:00PM - 1:45PM	Mon	Gymnasium	Sackville Sports Stadium	8	\$38.24
45079	March Break Day Camp - 6-8 yrs	6-8 Y	Mar 16 - Mar 20, 2026	8:00AM - 5:00PM	Mon-Fri	Gymnasium	Sackville Sports Stadium	5	\$238.95
45081	March Break Day Camp - 9-12 yrs	9-12 Y	Mar 16 - Mar 20, 2026	8:00AM - 5:00PM	Mon-Fri	Classroom	Sackville Sports Stadium	5	\$238.95

Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
YOUTH									
40875	Youth Ops - Ages 12-15 yrs	12-15 Y	Jan 12 - Mar 9, 2026	5:00PM - 7:30PM	Mon	Classroom	Sackville Sports Stadium	9	FREE
41379	Intro to Girl's Boxing - Ages 12-18 yrs	12-18 Y	Jan 13 - Mar 17, 2026	6:00PM - 7:00PM	Tue	Training Zone	Sackville Sports Stadium	10	\$63.70
40869	Intro to Guitar - Ages 13+ yrs	13-18 Y	Jan 14 - Mar 11, 2026	7:30PM - 8:30PM	Wed	REC Zone	Sackville Sports Stadium	9	\$66.87
40860	Sketch & Draw - Ages 10-16 yrs	10-16 Y	Jan 17 - Mar 14, 2026	11:30AM - 12:30PM	Sat	Acadia School - The Den Program Room	Acadia Centre	9	\$66.87
ADULT									
40846	Beginner Yoga	19 Y	Jan 4 - Mar 8, 2026	5:45PM - 6:45PM	Sun	Yoga Studio	Sackville Sports Stadium	10	\$66.90
40845	Forever Fit	19 Y	Jan 5 - Mar 9, 2026	11:00AM - 11:55AM	Mon	Studio A	Sackville Sports Stadium	10	\$61.30
40837	Pilates	19 Y	Jan 8 - Mar 26, 2026	8:00AM - 9:15AM	Thu	Yoga Studio	Sackville Sports Stadium	12	\$100.32
40838	ESSETRICS ® - Aging Backwards	19 Y	Jan 8 - Mar 26, 2026	10:15AM - 11:15AM	Thu	Studio A	Sackville Sports Stadium	12	\$80.28
40839	Chair Fit	19 Y	Jan 8 - Mar 12, 2026	11:30AM - 12:30PM	Thu	Studio A	Sackville Sports Stadium	10	\$66.90
40841	ESSETRICS ® - Aging Backwards	19 Y	Jan 10 - Mar 28, 2026	10:30AM - 11:30AM	Sat	Studio A	Sackville Sports Stadium	12	\$80.28
40848	Badminton	18 Y	Jan 12 - Mar 16, 2026	8:00PM - 10:00PM	Mon	Gymnasium	Sackville Heights Junior High School	10	\$116.80
40833	Sketch & Draw	19 Y	Jan 15 - Mar 19, 2026	7:00PM - 8:00PM	Thu	Acadia School - The Den Program Room	Acadia Centre	10	\$84.90
40843	Intro to TRX	19 Y	Jan 24 - Mar 28, 2026	11:00AM - 12:00PM	Sat	Training Zone	Sackville Sports Stadium	10	\$68.20
40840	TRX Workout	19 Y	Jan 29 - Mar 26, 2026	7:00PM - 8:00PM	Thu	Training Zone	Sackville Sports Stadium	9	\$61.38
DROP-INS									
40874	Friday Night Rocks	12-14 Y	Jan 16 - Mar 27, 2026	6:30PM - 9:30PM	Fri	Gymnasium	Sackville Sports Stadium	11	FREE

PLEASE NOTE:

For a full refund, withdrawal requests must be received no later than 7 days prior to the program start date.

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Some program fees and/or details may change over the course of registration. Visit Halifax.ca/MyRec for the most current information.