



Winter 2026



Musquodoboit Harbour

7900 Highway #7
Corner of #7 Highway
& East Petpeswick Road
Phone: 902.889.4050

Adult programs are + HST. Senior discounts apply to residents over 60 years of age. Some program fees and/or details may change over the course of registration. For the latest details, visit halifax.ca/myREC



Musquodoboit Harbour



HALIFAX

Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
PRESCHOOL									
41961	Creative Movement	3-5 Y	Jan 13 - Mar 3, 2026	5:30PM - 6:00PM	Tue	Piping Plover Studio	Musquodoboit Harbour Community Centre	8	\$25.52
44161	P&T Little Sports	2-4 Y	Jan 21 - Mar 11, 2026	6:00PM - 6:30PM	Wed	Gymnasium	Oyster Pond Academy	8	\$25.52
CHILD									
41941	Craft Central	5-7 Y	Jan 12 - Mar 9, 2026	5:45PM - 6:30PM	Mon	Piping Plover Studio	Musquodoboit Harbour Community Centre	8	\$44.56
41942	Craft Central	5-8 Y	Jan 12 - Mar 9, 2026	6:45PM - 7:30PM	Mon	Piping Plover Studio	Musquodoboit Harbour Community Centre	8	\$39.61
41962	Multi Dance	5-8 Y	Jan 13 - Mar 3, 2026	6:05PM - 6:50PM	Tue	Piping Plover Studio	Musquodoboit Harbour Community Centre	8	\$38.24
44163	All Sorts of Sports	5-8 Y	Jan 21 - Mar 11, 2026	6:35PM - 7:20PM	Wed	Gymnasium	Oyster Pond Academy	8	\$38.24
41882	March Break Camp	6-12 Y	Mar 16 - Mar 20, 2026	8:00AM - 5:00PM	M-F	Eastern Shore Community Centre	Eastern Shore Community Centre	5	\$238.95
YOUTH									
44192	Ski Martock Trip	12-18 Y	Jan 31, 2026	9:00AM - 6:30PM	Once	Eastern Shore Recreation Bus	Musquodoboit Harbour Community Centre	1	\$45.00
44194	Ski Martock Trip	12 -18 Y	Feb 28, 2026	9:00AM - 6:30PM	Once	Eastern Shore Recreation Bus	Musquodoboit Harbour Community Centre	1	\$45.00
ADULT									
40549	Gentle Fitness	19 Y +	Jan 6 - Mar 31, 2026	9:00AM - 9:45AM	Tue	Piping Plover Studio	Musquodoboit Harbour Community Centre	13	\$65.26
40556	Yoga-Ship Hbr	19 Y +	Jan 6 - Apr 14, 2026	9:30AM - 10:45AM	Tue	Ship Harbour Hall	Ship Harbour Hall	15	\$125.40
40556	Cardio & Weights	19 Y +	Jan 6 - Mar 24, 2026	10:00AM - 10:45AM	Tue	Musquodoboit Harbour & District Lions Club	Musquodoboit Harbour & District Lions Club	12	\$60.24
41084	Pickleball	19 Y +	Jan 6 - Mar 24, 2026	7:45PM - 9:15PM	Tue	Gymnasium	Oyster Pond Academy	11	\$96.36
41087	Rise & Shine Yoga	19 Y +	Jan 7 - Mar 25, 2026	8:00AM - 09:00AM	Wed	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$80.28
41094	Conditionnement Physique Doux	19 Y +	Jan 7 - Mar 25, 2026	9:30AM - 10:15AM	Wed	Acadian House Museum	Acadian House Museum	12	\$60.24
41090	Yoga	19 Y +	Jan 7 - Mar 25, 2026	9:30AM - 10:30AM	Wed	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$80.28
41092	Chair Yoga-Ship Hbr	19 Y +	Jan 7 - Mar 25, 2026	10:00AM - 11:00AM	Wed	Ship Harbour Hall	Ship Harbour Hall	12	\$80.28
41101	Roll & Stretch	19 Y +	Jan 7 - Mar 25, 2026	10:45AM - 11:45AM	Wed	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$80.28
41095	Step & Weights	19 Y +	Jan 7 - Mar 25, 2026	6:30PM - 7:15PM	Wed	Seaforth Community Hall	Seaforth Community Hall	12	\$60.24
41097	Tai Chi	19 Y +	Jan 7 - Mar 25, 2026	7:00PM - 8:00PM	Wed	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$89.16
41102	Strength Class	19 Y +	Jan 8 - Mar 26, 2026	6:30AM - 7:30AM	Thu	Fitness Centre	Musquodoboit Harbour Community Centre	12	\$80.28
41106	Yoga-Ship Hbr	19 Y +	Jan 8 - Mar 26, 2026	9:30AM - 10:45AM	Thu	Ship Harbour Hall	Ship Harbour Hall	12	\$100.32
41108	Gentle Yoga	19 Y +	Jan 8 - Mar 26, 2026	1:30PM - 2:45PM	Thu	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$100.32
41110	Trim & Tone	19 Y +	Jan 8 - Mar 26, 2026	7:00PM - 7:45PM	Thu	Seaforth Community Hall	Seaforth Community Hall	12	\$60.24
41117	Gentle Fitness	19 Y +	Jan 9 - Mar 27, 2026	9:00AM - 9:45AM	Fri	Petpeswick Yacht Club	Petpeswick Yacht Club	12	\$60.24
41118	Cardio & Weights	19 Y +	Jan 9 - Mar 27, 2026	10:00AM - 10:45AM	Fri	Petpeswick Yacht Club	Petpeswick Yacht Club	12	\$60.24
41124	Conditionnement Physique Doux	19 Y +	Jan 9 - Mar 27, 2026	1:00PM - 1:45PM	Fri	Acadian House Museum	Acadian House Museum	12	\$60.24
41119	Yin Yoga	19 Y +	Jan 9 - Mar 27, 2026	6:00PM - 7:00PM	Fri	Seaforth Community Hall	Seaforth Community Hall	12	\$80.28
41116	Boot Camp	19 Y +	Jan 10 - Mar 28, 2026	7:00AM - 8:00AM	Sat	Fitness Centre	Musquodoboit Harbour Community Centre	12	\$80.28
41130	Yin Yoga	19 Y +	Jan 10 - Mar 28, 2026	9:00AM - 10:00AM	Sat	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$80.28
41141	Yoga	19 Y +	Jan 11 - Mar 29, 2026	1:30PM - 2:45PM	Sun	Seaforth Community Hall	Seaforth Community Hall	12	\$100.32
40540	Stability Ball	19 Y +	Jan 12 - Mar 30, 2026	9:45AM - 10:30AM	Mon	Piping Plover Studio	Musquodoboit Harbour Community Centre	11	\$55.22
40541	Circuit Fit	19 Y +	Jan 12 - Mar 30, 2026	11:00AM - 11:45AM	Mon	Piping Plover Studio	Musquodoboit Harbour Community Centre	11	\$55.22
40542	Gentle Yoga	19 Y +	Jan 12 - Mar 30, 2026	1:30PM - 2:45PM	Mon	Piping Plover Studio	Musquodoboit Harbour Community Centre	11	\$91.96

Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
40543	Yin Yoga	19 Y +	Jan 12 - Mar 30, 2026	6:00PM - 7:00PM	Mon	Sand Dollar Studio	Musquodoboit Harbour Community Centre	11	\$73.59
40544	Total Fit	19 Y +	Jan 12 - Mar 30, 2026	7:00PM - 7:45PM	Mon	Seaforth Community Hall	Seaforth Community Hall	12	\$60.24
46493	Restorative Yoga	19 Y+	Jan 13 - Mar 31, 2026	7:00PM - 8:00PM	Tues	Piping Plover Studio	Musquodoboit Harbour Community Centre	12	\$80.28

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