



Winter 2026



HALIFAX

Cole Harbour & Lawrencetown

Cole Harbour Community Centre
51 Forest Hills Parkway
Second floor (above the CHP Arena)
Phone: 902.490.4711

Note: Cole Harbour Community Centre has moved to the second floor of Cole Harbour Place (CHP) but will continue to operate separately from CHP with a focus on community-driven recreation programs.

Adult programs are + HST. Senior discounts apply to residents over 60 years of age. Some program fees and/or details may change over the course of registration. For the latest details, visit halifax.ca/myREC



Cole Harbour



HALIFAX

Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
PRESCHOOL									
40489	Parent & Tot Soccer	2-4 Y	Jan 19 - Mar 9, 2026	6:00PM - 6:30PM	Mon	Gymnasium	Eric Graves Memorial Junior High School	7	\$22.33
39330	Ballet & Jazz Combo	3-5 Y	Jan 19 - Mar 9, 2026	6:00PM - 6:45PM	Mon	Gymnasium	Caldwell Road Elementary School	7	\$33.46
40488	Parent & Tot Basketball	2-4 Y	Jan 19 - Mar 9, 2026	6:45PM - 7:15PM	Mon	Gymnasium	Eric Graves Memorial Junior High School	7	\$22.33
40495	Soccer 3-5 Years	3-5 Y	Jan 20 - Mar 10, 2026	6:00PM - 6:45PM	Tue	Gymnasium	Colby Village Elementary School	8	\$38.24
40650	Little Sports 4-5 Years	4-5 Y	Jan 21 - Mar 11, 2026	6:00PM - 6:45PM	Wed	Gymnasium Side B	Cole Harbour District High School	8	\$38.24
40787	Tumblebugs 3-5 Years	3-5 Y	Jan 22 - Mar 12, 2026	4:30PM - 5:15PM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	8	\$38.24
40788	Tumblebugs 3-5 Years	3-5 Y	Jan 22 - Mar 12, 2026	5:30PM - 6:15PM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	8	\$38.24
40790	Tumblebugs 3-5 Years	3-5 Y	Jan 22 - Mar 12, 2026	6:30PM - 7:15PM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	8	\$38.24
41415	Messy Art	3-5 Y	Jan 24 - Mar 14, 2026	10:30AM - 11:15AM	Sat	Activity Room	Cole Harbour Recreation Centre	8	\$44.56
CHILD									
39338	Ballet & Jazz Combo	6-11 Y	Jan 19 - Mar 09, 2026	7:00PM - 7:45PM	Mon	Gymnasium	Caldwell Road Elementary School	7	\$37.18
40500	Broadway Kids 6-8 Years	6-8 Y	Jan 20 - Mar 10, 2026	5:00PM - 6:00PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	8	\$42.48
40491	Basketball 5-7 Years	5-7 Y	Jan 20 - Mar 10, 2026	6:00PM - 6:45PM	Tue	Gymnasium	Astral Drive Elementary School	8	\$38.24
40503	Broadway Kids 9-12 Years	9-12 Y	Jan 20 - Mar 10, 2026	6:15PM - 7:15PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	8	\$42.48
40493	Basketball 8-11 Years	8-11 Y	Jan 20 - Mar 10, 2026	7:00PM - 7:45PM	Tue	Gymnasium	Astral Drive Elementary School	8	\$38.24
40496	Soccer 6-10 Years	6-10 Y	Jan 20 - Mar 10, 2026	7:00PM - 7:45PM	Tue	Gymnasium	Colby Village Elementary School	8	\$38.24
40641	Basketball 5-7 Years	5-7 Y	Jan 21 - Mar 11, 2026	6:00PM - 6:45PM	Wed	Gymnasium	Caldwell Road Elementary School	8	\$38.24
40643	All Sorts of Sports 6-10 Years	6-10 Y	Jan 21 - Mar 25, 2026	6:00PM - 6:45PM	Wed	Gymnasium Side B	Cole Harbour District High School	8	\$38.24
40645	Badminton 9-12	9-12 Y	Jan 21 - Mar 11, 2026	7:00PM - 8:00PM	Wed	Gymnasium Full	Cole Harbour District High School	8	\$50.96
41407	Artists in Action 6-10yrs	6-10 Y	Jan 24 - Mar 14, 2026	11:30AM - 12:15PM	Sat	Kitchen	Cole Harbour Recreation Centre	8	\$44.56
41411	Jr. Scientists 6-10 Years	6-10 Y	Jan 24 - Mar 14, 2026	1:30PM - 2:15PM	Sat	Kitchen	Cole Harbour Recreation Centre	8	\$45.60
41413	Jr. Scientists 6-10 Years	6-10 Y	Jan 24 - Mar 14, 2026	12:30PM - 1:15PM	Sat	Kitchen	Cole Harbour Recreation Centre	8	\$45.60
41854	March Break Camp (Monday) - Builders & Engineers	5-12 Y	Mar 16 - Mar 16, 2026	8:00AM - 5:00PM	Mon	Multipurpose Room Full	Cole Harbour Recreation Centre	1	\$47.79
41861	March Break Camp (Tuesday) - St. Patrick's Day Fun!	5-12 Y	Mar 17 - Mar 17, 2026	8:00AM - 5:00PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	1	\$47.79
41864	March Break Camp (Wednesday) - All About Art	5-12 Y	Mar 18 - Mar 18, 2026	8:00AM - 5:00PM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	1	\$47.79
41867	March Break Camp (Thursday) - Throwback Thursday	5-12 Y	Mar 19 - Mar 19, 2026	8:00AM - 5:00PM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	1	\$47.79
41869	March Break Camp (Friday) - Pyjama Party!	5-12 Y	Mar 20 - Mar 20, 2026	8:00AM - 5:00PM	Fri	Multipurpose Room Full	Cole Harbour Recreation Centre	1	\$47.79
YOUTH									
40646	Badminton Club Ages 13-15	13-15 Y	Jan 21 - Mar 11, 2026	8:15PM - 9:15PM	Wed	Gymnasium Full	Cole Harbour District High School	8	FREE
ADULT									
40254	Yang/Yin Yoga	18 Y +	Jan 5 - Mar 30, 2026	10:30AM - 11:45AM	Mon	Multipurpose Room Full	Cole Harbour Recreation Centre	11	\$91.96
40253	Stability Ball Yoga	18 Y +	Jan 5 - Mar 23, 2026	12:00PM - 1:00PM	Mon	Multipurpose Room Full	Cole Harbour Recreation Centre	10	\$73.59
40246	Pilates	18 Y +	Jan 5 - Mar 30, 2026	6:30PM - 7:30PM	Mon	Multipurpose Room Full	Cole Harbour Recreation Centre	11	\$73.59
39345	International Dance Fit	18 Y +	Jan 5 - Mar 30, 2026	7:45PM - 8:45PM	Mon	Multipurpose Room Full	Cole Harbour Recreation Centre	11	\$73.59
40497	50+ Cardio Fitness	18 Y +	Jan 6 - Mar 31, 2026	10:00AM - 10:45AM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$60.24
40513	Yoga	18 Y +	Jan 6 - Mar 31, 2026	11:00AM - 12:00PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
40509	Yin Yoga	18 Y +	Jan 6 - Mar 31, 2026	12:15PM - 1:15PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
40507	Gentle Yoga	18 Y +	Jan 6 - Mar 31, 2026	1:30PM - 2:30PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
40508	Step & Strength	18 Y +	Jan 6 - Mar 31, 2026	7:30PM - 8:30PM	Tue	Multipurpose Room Full	Cole Harbour Recreation Centre	13	\$86.97
40755	Yoga-Lates	18 Y +	Jan 7 - Apr 1, 2026	9:15AM - 10:15AM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
41744	Seated Pilates	18 Y +	Jan 7 - Apr 1, 2026	11:30AM - 12:30PM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
40651	Barre	18 Y +	Jan 7 - Apr 1, 2026	6:30PM - 7:30PM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
40648	50+ Fitness	18 Y +	Jan 7 - Apr 1, 2026	10:30AM - 11:15AM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$60.24
40784	Pilates	18 Y +	Jan 8 - Apr 2, 2026	10:15AM - 11:15AM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28

Program Number	Program Name	Age	Dates	Time	Days	Facility	Location	Classes	Price
40778	Healthy Bones for Functional Fitness 50+	50 Y +	Jan 8 - Apr 2, 2026	9:15AM - 10:00AM	Thu	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$60.24
40829	50+ International Dance Fit	50 Y +	Jan 9 - Apr 3, 2026	10:15AM - 11:15AM	Fri	Multipurpose Room Full	Cole Harbour Recreation Centre	12	\$80.28
42164	*Tai Chi - Beginners Long Form	18 Y+	Jan 21 - Apr 1, 2026	2:00PM - 3:00PM	Wed	Multipurpose Room Full	Cole Harbour Recreation Centre	10	\$66.90

PLEASE NOTE:

*** New Programs**

Adult programs are +HST and senior discounts apply to clients 60 years of age or older.

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