

October 20, 2025

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2024 Point-In-Time Count Highlights & Update

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What is the Point-In-Time Count (PiT)?

- A coordinated data collection strategy that counts the number of people experiencing homelessness in a region within a 24-hour period.
- A snapshot (estimate) of the extent and nature of homelessness in our community.
 - Under reports the number of people experiencing homelessness
 - Done in November 2024 vs Spring in 2022 & 2018
 - Federal, Provincial and Municipal effort, coordinated by AHANS, conducted by service providers

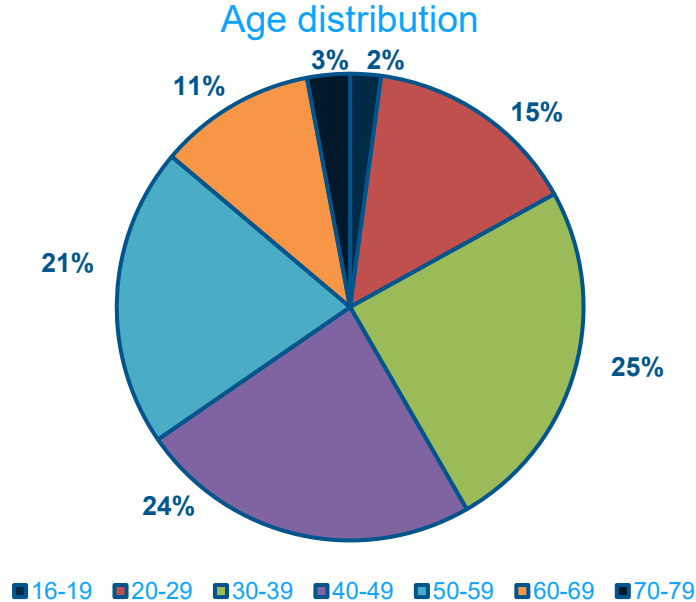
Update on Homelessness

- Homelessness in HRM ↑ (increased by 93% in 2 years)
 - 2018: 220 2022: 586 2024: 1132 (414% in 6 years)
- People sleeping rough ↓ (reduced by over 50%)
 - Over 200, now 70 in designated locations and 30 in non-designated
- Chronically homeless ↑ (tripled in 2 years)
- 34% of homeless were evicted from their home
- 80 beds available in various options

Who is experiencing homelessness?

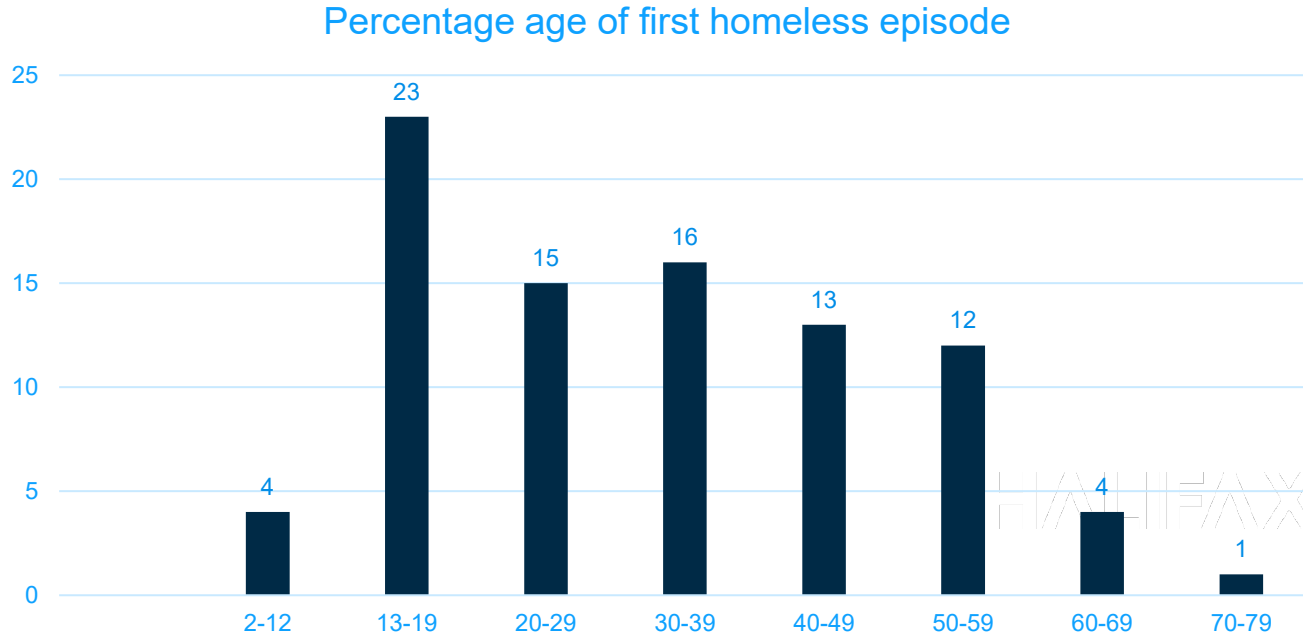
- 65% men & 32% women
- 23% involved in the child welfare system
- 17% black and 6% indigenous
- 8% are couples
- 6% have children or dependents with them
- 4% have pets
- 2% experience homelessness with friends or other family members

PiT count age breakdown



Age Range	Age Distribution
16-19	2%
20-29	15%
30-39	25%
40-49	24%
50-59	21%
60-69	11%
70-79	3%

First time experiencing homelessness



Health Concerns

- 59%: Mental health concerns
- 48% Substance abuse concerns
- 45%: Illness or medical condition
- 39%: Physical mobility
- 38%: Cognitive functioning concerns
- 18%: Acquired brain injury

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Why are people homeless?

- 39% lack of income
- 14% conflict with partner or spouse (+18%)
- 12% unsafe or unfit housing condition
- 10% conflict with landlord
- 10% substance abuse
- 9% renoviction

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Sources of income

- 47%: Income assistance
- 24%: Some level of employment
- 12%: No income
- 9%: GST/HST refund
- 8%: Disability benefit
- 7%: Senior's benefit
- Less than 5%: EI, friends, family, or veteran benefits

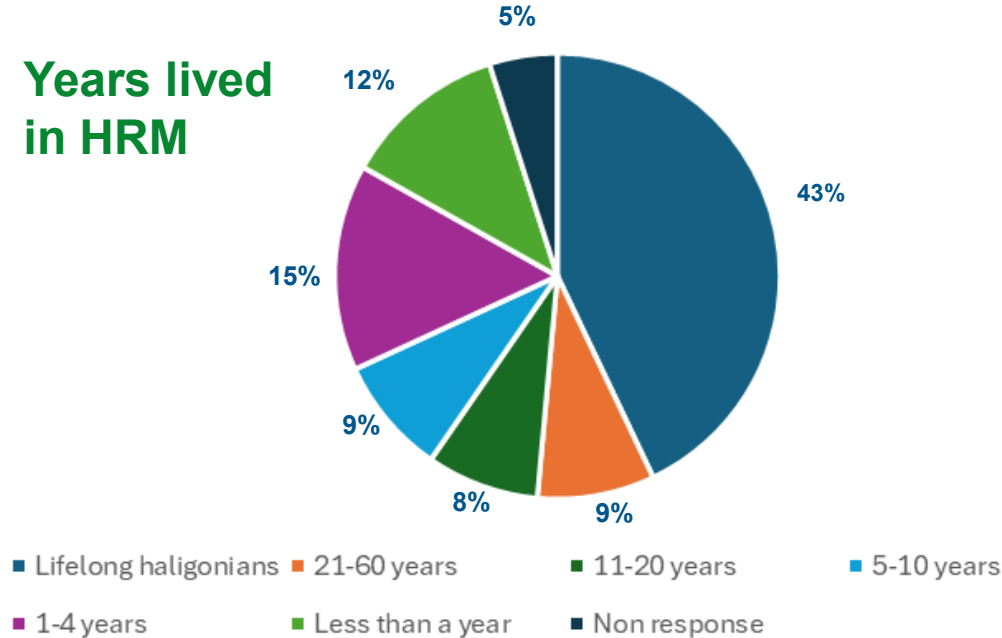
Racial Identity

- 67%: White
- 11%: Black
- 7%: Black-African
- 6%: Indigenous only
- 2%: Asian-South or Indo-Canadian

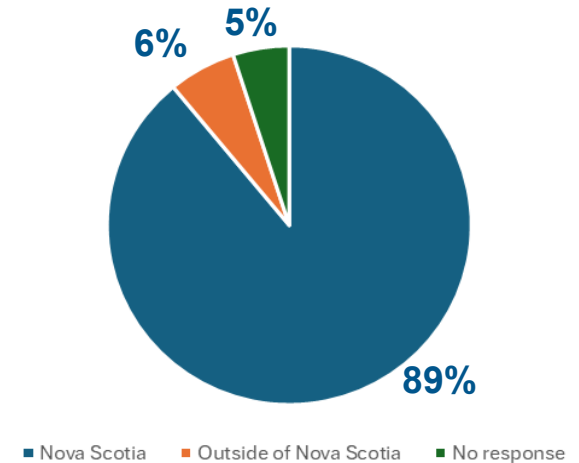
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Where are people from?

Years lived in HRM



People from outside NS vs. from NS



Next Steps

- Complete chronically homelessness research
- Support new provincial shelters and housing initiatives.
- Review HRM's approach to homelessness
- Look to address the root causes of homelessness
- Reduce numbers in encampments as stock allows
- Develop an approach to vehicular homelessness
- Develop a multi-year plan and strategy with a report card to track progress

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