



COUNCILLOR CATHY DEAGLE GAMMON
DISTRICT 1 NEWSLETTER
WAVERLEY – FALL RIVER – MUSQUODOBOIT VALLEY

WELCOME OCTOBER!

It's [Mi'kmaq History month!](#) Each October, we commemorate Mi'kmaq History Month to celebrate and reflect upon our region's first people, the Mi'kmaq. Mi'kmaq History Month is a time for learning and unlearning, and for the Mi'kmaq to be proud of their traditions and ancestors. I invite you to take part in the variety of events planned this month to celebrate the First Nations culture and heritage.



Happy Thanksgiving!
Each year I give thanks for my family, friends and to everyone in the service industry including our Fire & Emergency Services personnel, the

RCMP/Halifax Regional Police as well as our provincial health care providers. Thank you all on this Thanksgiving month and always.



Happy Halloween! For those planning to Trick or Treat this year, be safe! Wear reflective clothing to be seen at night, take a flashlight with you as you go door to door and be very

careful when crossing the street – look both ways and make eye contact with any driver before you step out onto the street. Have fun and enjoy your treats!

Keep reading for more information on the 2025 Volunteer Conference, the Affordable Housing Grant Funding Program, tax relief for nonprofit and charitable organizations, and many more interesting articles!

Please contact me if you have questions regarding municipal programs/services by phoning 902-717-2718 or email: deaglec@halifax.ca.



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OCTOBER MEETINGS

Regional Council:

Tuesday, October 7 at 10:00 a.m.
Tuesday, October 21 at 6:00 p.m. (if required)
Tuesday, October 28 at 10:00 a.m.

North West Community Council:

Monday, October 6 at 6:00 p.m.

Standing Committees:

Environment and Sustainability Standing Committee

- Thursday, October 2 at 1:00 p.m.

Audit & Finance Standing Committee

- Wednesday, October 15 at 10:00 a.m.

Community Planning & Economic Development Standing Committee

- Thursday, October 16 at 10:00 a.m.

Executive Standing Committee

- Monday, October 20 at 10:00 a.m.

Please confirm dates and times on our [municipal website](#) as they are subject to change.

DID YOU KNOW....

The name "October" comes from the Latin word "octo," meaning eight, as it was originally the eighth month in the Roman calendar. In Old English, October was known as "Winterfylleth," meaning "winter full moon."

October 2025

October is Mi'kmaw History Month, Women's History Month, Disability Employment Month, and Cyber Security Awareness Month.

October 1st is Treaty Day
October 5th is World Teacher's Day
October 5 to 11 is Fire Prevention Week
October 10th is World Mental Health Day
October 11th is International Day of the Girl Child
October 13th is Thanksgiving Day
October 17th is International Day for the Eradication of Poverty
October 18th is Persons Day
October 31st is Halloween

NATIONAL FIRE PREVENTION WEEK

National Fire Prevention Week runs from Oct. 5 to 11.

This year's theme is "**Charge into Fire Safety: Lithium-Ion Batteries in Your Home.**" The campaign highlights the importance of safely buying, charging and recycling lithium-ion batteries to prevent fires. Lithium-ion batteries power many household devices, but improper use or disposal can pose serious fire hazards. For safe disposal options, visit: halifax.ca/recycle

Residents are encouraged to ensure smoke alarms meet the needs of all family members, especially those with sensory or physical disabilities.

Halifax Regional Fire & Emergency is running a contest from Oct. 5 to 11 to promote National Fire Prevention Week and smoke alarm safety.

Visit our [website](#) to learn more about how you can participate and win prizes.

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MI'KMAW HISTORY MONTH

October is
Mi'kmaw History Month

October is Mi'kmaw History Month, a time to commemorate the rich history, proud culture and important contributions of the Mi'kmaq people. The month-long celebrations kick-off with Treaty Day on October 1, which recognizes the key role of treaties in the relationship between the Mi'kmaq people and the Crown.

The theme for this year's Mi'kmaw History Month is A'tukwemk aq A'tukowinu'k - Storytelling and Storytellers. The theme honours the distinctive and descriptive stories of Mi'kmaw people stories shaped by the land and waters, rooted in Mi'kma'kik and passed down through generations. They are not only ways of remembering, but of connecting to each other, to our ancestors, and to Mi'kmaw knowledge systems that continue to grow and guide us.

This year marks the 32nd anniversary of Mi'kmaw History Month. In 1993, Premier John Savage and Mi'kmaw Grand Chief Ben Sylliboy declared October as the official month to recognize and celebrate Mi'kmaw culture and heritage.

The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people.

The municipality acknowledges the Peace and Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

TREATY DAY



Every year on Oct. 1, Nova Scotians mark Treaty Day to celebrate the rich history, proud culture and important contributions of Mi'kmaq people. These centuries-old treaties honour the enduring

bond of friendship and respect between Nova Scotia's Indigenous and non-Indigenous communities and reaffirm the historic presence of the Mi'kmaw who have occupied the land for thousands of years.

Ceremonies and Events

*On October 1st City Hall will be lit up in orange to commemorate Treaty Day and the start of Mi'kmaw History Month.

*On October 1st, attend the proclamation reading by Mayor Andy Fillmore at 1:30 PM at City Hall.

*On October 1st, attend a traditional salmon dinner at the [Mi'kmaw Native Friendship Centre](#) from 11 a.m. to 2 p.m.

*On October 1st, attend the Treaty Day event Every One, Every Day: Mi'kmaq Treaty Day at the Mi'kmaw Native Friendship Centre from 3 to 8:00 p.m.



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CANADA POST STRIKE MAY DELAY MUNICIPAL MAIL & PROPERTY TAX BILLS



The Halifax Regional Municipality is advising residents and vendors that the ongoing Canada Post strike may cause delays in municipal mail delivery.

As a result, property tax bills and vendor payments sent by mail may arrive later than expected.

Residents can learn more or sign up to receive property tax email or text (SMS) notifications on the municipality's property tax [website](#).

If residents have not received their property tax bill in the mail, they can request a reprint at no charge by visiting our [website](#).

Requests can also be made by calling 311 or emailing: contactus@311.halifax.ca.

Note that the September tax bill is due Friday, Oct. 31, 2025.

Residents are reminded that property taxes can also be paid by:

1. online banking
2. cash, debit or cheque at a Customer Contact Centre
3. due-date pre-authorized debit
4. credit card (fees apply)

If a cheque was mailed before the strike was called, residents are asked to wait until Friday, Oct. 17, before contacting the municipality to confirm receipt of the payment.

Response times may be longer than usual due to the high volume of calls and email inquiries as a result of the Canada Post strike.

Vendors can sign up for electronic funds payments or may email invoices directly to hrrmaplink@halifax.ca.

Cheque pickup may also be arranged at municipal Customer Contact Centres with advance notice and valid government-issued ID.

For more information, visit our [website](#).





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2025 VOLUNTEER CONFERENCE

The Halifax Regional Municipality is advising residents that registration has opened for the municipality's [2025 Volunteer Conference](#).

This year's conference will take place on Friday, Nov. 21 from 8 a.m. to 4:30 p.m. at the Delta Hotels by Marriott Dartmouth (240 Brownlow Avenue, Dartmouth). This will be the municipality's 25th year hosting the Volunteer Conference. The conference is an opportunity for volunteers to connect, celebrate and learn relevant skills. Delegates representing a variety of organizations and causes will participate in networking activities as well as two training workshops, with sessions such as Basic Financials, Volunteering with the Vulnerable Sector, and Digital Tools & Technology. Participants will also enjoy a keynote speech and a seated meal. This year's keynote speaker is Hope Swinimer, founder of the non-profit Hope for Wildlife.

Early bird registration will be open until Tuesday, Oct. 21. Regular registration will remain open until Monday, Nov. 17.

For more information, including a complete schedule, visit [our website](#).

STUDENT TRANSIT PASS

Students in grades 7 to 12 at all HRCE and CSAP schools, as well as homeschooled students across Halifax, can ride Halifax Transit for free during the 2025/26 school year. Your Student Transit Pass gives you unlimited access to buses and ferries from Sept. 4, 2025, to Sept. 11, 2026. Learn more at <https://brnw.ch/21wVFFB>

ANTI-BLACK RACISM GRANTS PROGRAM



The Halifax Regional Municipality is now accepting applications for the second year of the Anti-Black Racism (ABR) Grants Program. Launched in 2024, the program was established to address

anti-Black racism through grassroots projects and initiatives. Anti-Black racism is a form of discrimination uniquely rooted in the history of Black people, informed by the legacies of enslavement and colonization, and experienced daily across the municipality and the world.

Grants ranging from \$500 to \$10,000 are available to support community-based projects developed and delivered at the local level.

Applications will be accepted from Monday, Sept. 15 to Friday, Oct. 31 at 11:59 p.m.

Learn more: buff.ly/7vD8JQw

NEIGHBOURHOOD PLACEMAKING

Applications are now open for 2026 Neighbourhood Placemaking! Apply to our annual municipal initiative that helps neighbours connect through community-led projects in their neighbourhoods. Successful applicants will receive training, guidance and funding for their 2026 neighbour-led project. Learn more and apply by Oct. 30 at halifax.ca/placemaking.



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LOVE YOUR LAKE SURVEY

Do you Love Your Lake?

Let us know by sharing how and why for a chance to win a Lake Map Throw Pillow by taking the quick values survey: www.loveyourlake.ca/survey

Canadian Wildlife Federation's Love Your Lake shoreline assessment is taking place from Grand Lake to MicMac - while the lakes water levels are the lowest in a generation!

Perhaps you have adapted with local actions such as practicing water conservation and mowing less? We'd LOVE to hear about your season reflections!

Do you live on a Lake?

The Natural Edge Program is a Watersheds Canada initiative supporting local leadership to assist property owners with Lakeshores!

Here you will be guided through the entire process, from the site plan to the physical planting. Both the property owner and the natural ecosystem benefit, from slowing property erosion from wind and wave action, to protecting water quality, and re-establishing essential habitat for a wealth of wildlife.

By planting, landowners work to improve water quality as native plants filter excess nutrients and toxins out of water run-off. Vegetated shorelines also stabilize the shore and reduce soil erosion as plant roots hold soil in place, and overhanging brush reduces the impact that waves and boat wakes have on a shoreline.

In addition, landowners actively create vital wildlife habitat that is home to over 90% of aquatic wildlife at some point in their lifetime.

To learn more about re-naturalizing our Lake communities which will help support healthy ecosystems in the face of climate change, visit TheNaturalEdge.ca; and to participate please contact: NaturalEdge@rah2050.ca #RAH2050

PARKS STEWARDSHIP PROGRAM



Regional Council has directed the CAO to develop a Park Stewardship Program.

The proposed program will expand opportunities for residents and

community groups to take part in the care and enhancement of municipal parks. It builds on existing initiatives such as community gardens and naturalization projects, while adding new components like Adopt-a-Park and more flexible cleanup opportunities. Halifax has more than 900 parks, ranging from neighbourhood green spaces to wilderness areas. While day-to-day maintenance is performed by municipal staff or contractors, there is strong community interest in contributing to stewardship activities.

The Park Stewardship Program will provide a consistent, coordinated framework for this involvement. The program is expected to launch using existing resources, with future program growth to be assessed and reported back to Council as required.



HALIFAX'S INCLUSIVE ECONOMIC STRATEGY UPDATE

Regional Council has received an update on *People, Planet, Prosperity: Halifax's Inclusive Economic Strategy*, which guides economic growth in the municipality from 2022 to 2027.

The strategy focuses on ensuring all residents can contribute to – and benefit from – Halifax's prosperity. It has three overarching goals:

- Promote and maximize inclusive and sustainable growth
- Attract, retain and develop talent
- Make Halifax a better place to live, work and visit

Highlights from April 2024 to March 2025 include:

- GDP growth of 2.6 per cent, outpacing national and provincial averages
- Progress on the Housing Accelerator Fund, with 39 per cent of the three-year housing target achieved in the first year
- Support for African Nova Scotian and Indigenous economic development initiatives
- Expansion of the Student Transit Pass Pilot Program and adoption of the renewed Accessibility Strategy (2025–2028)
- Ongoing major projects including the Cogswell District Redevelopment and Windsor Street Exchange redesign

For more information, read the [staff report](#).

TAX RELIEF FOR NONPROFIT AND CHARITABLE ORGANIZATIONS

The 2026/27 Tax Relief Program is now OPEN for applications.

Because the Jan. 31, 2026, deadline falls on a weekend the application deadline has been extended to Monday, Feb. 2, 2026.

Late or incomplete applications will not be accepted.

HRM's website has an overview of the program and the Application Form for those organizations seeking to add a property to the program next fiscal year.

For those organizations already accepted into the program ("Renewals") the web page also has the annual Confirmation Form. This form must be completed and submitted by the stated deadline to avoid a 50% reduction in level of tax relief up to a maximum of \$5,000 per property. Any deduction for non-compliance with the program's reporting requirements will be apportioned between the interim and final tax bills.

The web page address is:

<https://www.halifax.ca/business/doing-business-halifax/tax-relief-non-profit-organizations> or simply use the search bar on HRM's home page.

Inquiries should be directed to 311 or Contactus@311.halifax.ca



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SUPPORT FOR BUSINESSES IMPACTED BY TARIFFS

The Halifax Chamber of Commerce has shared an update on new support available to businesses impacted by recent U.S. tariff changes.

In response to the U.S. Commerce Department expanding its list of tariffed steel and aluminum products, the Atlantic Canada Opportunities Agency (ACOA) has launched the Regional Tariff Response Initiative (RTRI), which helps Atlantic Canadian businesses adapt to shifting trade conditions, diversify markets, strengthen supply chains, and improve productivity. Applications are now open.

Businesses can also access the Tariff and Customs Advisory Program, delivered by the Nova Scotia Association of CBDs, which provides up to 12 hours of consulting support from customs brokers to help navigate tariffs, compliance requirements, and supply chain adjustments. Businesses can learn more by contacting ACOA's Business Information Services at bis-sie@acoa-apeca.gc.ca, call 1-888-576-4444, or register [online](#).

YOUTH POET LAUREATE



Applications have opened for the 2026 Youth Poet Laureate Program. The program helps young poets (aged 14-18) to hone their writing skills, receive mentorship and

engage with their peers on issues that shape our region. Learn more and apply by 5 p.m. on October 31 at halifax.ca/PoetLaureate.

BRAD ANGUISH APPOINTED ACTING CAO

On Sept. 3, 2025, Halifax Regional Council announced the appointment of Brad Anguish as Acting Chief Administrative Officer (A/CAO) for the municipality, effective Sept. 8, 2025. Mr. Anguish brings more than 22 years of experience with HRM, including leadership roles in Operations, Public Works, and Parks & Recreation. He has also overseen major municipal projects such as the Harbour Clean Up and the Cogswell District project.

Congratulations, Mr. Anguish! We look forward to working with him in this important leadership role.

NEW DATASET ADDED ON OPEN DATA

The Halifax Regional Municipality has released one new dataset on [Open Data](#), as part of an ongoing commitment to provide public access to data created and managed by the municipality. The new dataset includes: [Social Value Catering Registry](#)

A wide range of data can be sourced for free through the catalogue, such as transit routes and schedule data, solid waste collection schedules, and area rates. The Open Data initiative was launched in early 2014 to help improve resident engagement and enhance transparency on municipal data.

For more information on the municipality's Open Data program, and to access all the datasets, visit: [Halifax Data, Mapping & Analytics Hub/Open Data](#).



DISABILITY EMPLOYMENT AWARENESS MONTH

October is [Disability Employment Awareness Month \(DEAM\)](#) a time to recognize the contributions of people with disabilities in the workforce. Throughout the month, DEAM initiatives aim to bring awareness to barriers experienced by those living with disabilities; and encourages workplaces across country to create inclusive and accessible environments for all.

Did you know?

- Nova Scotia has the highest provincial average of individuals with disabilities, with 38 per cent of Nova Scotians over the age of 15 identifying as having a disability (Canadian average is 27 per cent)
- Nova Scotia became the third Canadian province to create accessibility legislation with the passing of the Nova Scotia Accessibility Act in 2017, following Manitoba (2013) and Ontario (2005)
- According to the Canadian Survey on Disability 2017, the four most common disabilities among Nova Scotian adults include pain related disabilities, flexibility issues, mobility, and mental health related disabilities, with almost 20 per cent of individuals identifying as having a pain related disability.

Numbers of individuals with disabilities is expected to grow as our population ages, making the municipality's commitment to improving accessibility and inclusion across our organization, in our programs and services, and in the communities we serve increasingly important.

October 2025

In support of this goal, and in alignment with the provincial accessibility framework, the Office of Diversity & Inclusion/ANSAIO developed an [Accessibility Strategy](#) that was unanimously approved by Regional Council in May 2021.

We all play a part in working to break down the barriers that exist for people living with disabilities.

PERSONS DAY

Oct. 18 is Persons Day in Canada. It marks the day in 1929 when the historic decision to include women in the legal definition of "persons" was handed down by Canada's highest court of appeal. This gave some women the right to be appointed to the Senate of Canada and paved the way for women's increased participation in public and political life. Though this decision did not include all women, such as Indigenous women and women of Asian heritage and descent, it did mark critical progress in the advancement of gender equality in Canada.

Learn more about Persons Day [here](#).

INTERNATIONAL DAY OF THE GIRL



October 11 is [International Day of the Girl Child](#), a day dedicated to celebrating the voices and power

of girls, championing their rights worldwide, and reflecting on the challenges they continue to face because of their gender.



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Canada led the international effort to establish this day to draw attention to the persistent inequalities and dangers that too many girls face around the world. The United Nations subsequently adopted a resolution to formally recognize this important date.

Across Canada and around the world, girls are making an impact and creating positive change in their communities and far beyond. They are leading the way as students, entrepreneurs, volunteers and activists, and proving that you are never too young to shape the future and improve the lives of others.

FALL 2025 LEADERSHIP & COMMUNITY TRAINING WORKSHOPS

Neighbourhood & Volunteer Services (NVS): Community Development Training Catalogue

Residents can now register online for a variety of community development workshops. Upcoming fall training workshops:

October 1 | Neighbourhood Placemaking 101
6:30-8:30 p.m. | Halifax Central Common, multi-purpose room | Course code: 23762 | 18+

October 8 | Boards 101
6-8 p.m. | Cole Harbour Place, meeting room one
Course code: 27561 | 18+

October 30 | Navigating Community Resources: Asset Mapping 101
6-8 p.m. | Cole Harbour Place, meeting room one
Course code: 27564 | 18+

November 5 | Boards 101
6-8 p.m. | Sackville Sports Stadium, multi-purpose room
Course code: 19934 | 18+

December 3 | Communication & Conflict Resolution
6-8 p.m. | Chocolate Lake Recreation Centre, multi-purpose room | Course code: 25118 | 18+

Learn more and register now at halifax.ca/volunteer-training.

HALIFAX | PARKS & RECREATION



HRM's Neighbourhood & Volunteer Services team is offering free workshops this fall to support volunteers, boards, grassroots organizations, and non-profits in building stronger communities.

Workshops run from October to December and cover topics like

neighbourhood placemaking, board governance, conflict resolution, and mapping community resources.

Sessions take place in locations across the HRM:

- Oct. 1 – Neighbourhood Placemaking 101 (Halifax Central Common)
- Oct. 8 – Boards 101 (Cole Harbour Place)

- Oct. 30 – Navigating Community Resources: Asset Mapping 101 (Cole Harbour Place)
- Nov. 5 – Boards 101 (Sackville Sports Stadium)
- Dec. 3 – Communication & Conflict Resolution (Chocolate Lake Recreation Centre)

If these dates or locations don't work, community groups can also request customized training through the Leadership & Community Training Opportunities page at Halifax.ca/Volunteer-Training.

PARTIAL BURN BAN REMAINS IN PLACE

On Friday, Aug. 29, the Province of Nova Scotia lifted restrictions on access to woods.

10

Nova Scotia's provincewide burn ban has been lifted everywhere except Annapolis County. The ban, which came into effect on July 30, was partially lifted at 8 p.m. on Friday, September 26th. The ban will remain in place in Annapolis County until the end of wildfire season due to the ongoing Long Lake wildfire.

For all other counties, the Province's BurnSafe map will be red from 8 a.m. to 2 p.m. because burning is never permitted during those hours; the daily restrictions will be posted at 2 p.m. to show what is and is not allowed for the rest of the day.

The map can be found at novascotia.ca/burnsafe.

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AFFORDABLE HOUSING GRANT PROGRAM FUNDING



Regional Council has directed the Chief Administrative Officer to allocate \$1.5 million from the Density Bonus Reserve to fund affordable housing projects in the regional centre.

The program provides project-specific grants to non-profit and charitable housing providers for new construction, conversions, repairs, acquisitions and studies.

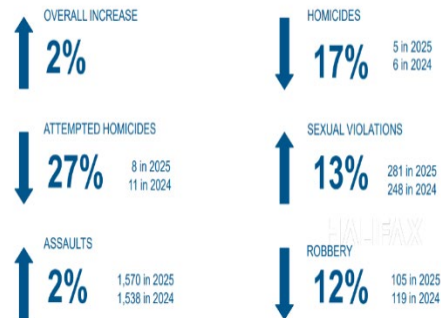
The AHGP supports municipal priorities to increase the supply of affordable housing and to improve and maintain existing stock. Since 2021, the program has awarded \$14 million to create or preserve more than 730 units and rooms of affordable housing.

For more information, read the [staff report](#).

SEMI-ANNUAL CRIME & TRAFFIC STATISTICS

Crimes Against Persons - HRM

CRIME TYPES



Halifax Regional Police/ RCMP Halifax Regional Detachment ⁹ HALIFAX

Halifax Regional Police (HRP) and RCMP Halifax District have released their first joint semi-annual report, covering January–June 2025.

Key highlights:

- Calls for service across HRM increased 7% compared to the same period in 2024, with proactive policing activity (such as foot patrols and traffic stops) seeing notable growth.
- Crimes against persons were up slightly overall, with increases in assaults, sexual violations, and firearm-related incidents.
- Crimes against property rose in HRP areas, particularly shoplifting, while RCMP areas reported fewer shoplifting cases but more fraud and theft under \$5,000.
- Traffic collisions decreased overall, though HRP and RCMP continue to respond to impaired driving and serious collisions.

You can read the full report [here](#).



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SHARED MICROMOBILITY PILOT PHASE 2 LAUNCHES



Phase 2 of the Shared Micromobility Pilot launched on Sept. 3. The service boundary grows and e-scooters increase from 300 to 600.

With more riders and students back to school, ride safe: follow speed limits, don't ride on sidewalks and park in designated zones.

The municipality offers grants of up to \$1,000 to a minimum of seven successful applicants to assist them in covering the insurance cost associated with the operation of the community rink.

Applications will remain open until **Friday, Oct. 3**. The Outdoor Community Rink Program aligns with Regional Council's commitment to advance community-based projects and support residents' ability to participate in outdoor winter activities in their own communities.

For more information, visit [our website](#).

APPLICATIONS OPEN FOR OUTDOOR COMMUNITY RINK PROGRAM



Applications have opened for the Outdoor Community Rink Program. This program provides non-profit organizations the opportunity to operate a community rink on municipally owned property.

2025-2028 ACCESSIBILITY STRATEGY



The municipality has released the 2025-2028 Accessibility Strategy.

It outlines 30 recommendations in six key areas to improve accessibility and representation. The recommendations are to be completed over a three-year period and represent a call to action to create a municipality that is accessible to all, regardless of ability. Four versions are available: plain text, plain language, condensed and condensed & plain language.



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MUNICIPALITY SEEKING YOUTH SERVICES PLAN TEAM PARTICIPANTS



The Halifax Regional Municipality is inviting youth to join Parks & Recreation's Youth Services Plan Team and contribute to the development of the *2026-29 Youth Services Plan*.

Applications will remain open until Thursday, Oct. 16.

The Youth Services Plan identifies key issues affecting youth across the region and helps guide future youth-focused programs and services, particularly in recreation.

Applicants must reside in the region and be between 13 and 24 years of age.

For more information and to apply, visit [our website](#).

YOUTHWORX INFORMATION SESSIONS



Get 24 weeks of paid work experience, training and skill building with the Youth WORX Program!

Participants gain hands-on work experience and improve their skills through job readiness workshops while earning an income.

Apply by **October 10** for our fall program. Applicants must be between 16-24 years of age.

Learn more at halifax.ca/youthworx.

Learn more by joining us for an upcoming information session:

Oct. 2 | 4 p.m. | Power House Youth Centre

WILDFIRE SMOKE



It's not unusual to notice the smell of smoke in the air during wildfire season (March 15 – Oct. 15), especially in the morning. Most of the time, it can be carried from fires

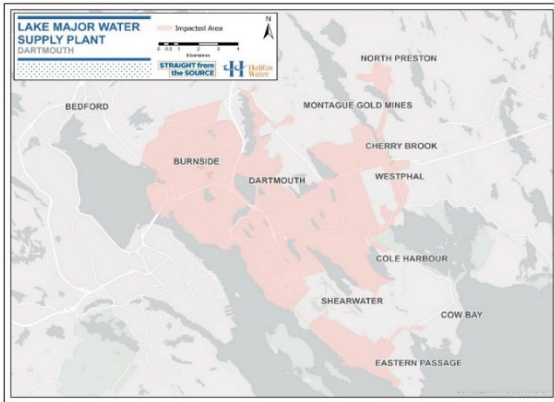
burning elsewhere in the province or even farther away.

Here's when you should call 911:

- *You see a defined column of smoke.
- *You notice visible flames.
- *There's a new, dark plume of smoke in the sky.



MANDATORY WATER CONSERVATION MEASURES



Since the mandatory Stage 1 water restrictions were implemented for the Lake Major supply area on September 10, Halifax Water has seen a 5% decline in overall consumption. Halifax Water is encouraged by the public's response and respectfully asks everyone to do their part to conserve water where they can.

As these dry conditions persist and with little rain in the forecast, all residents and businesses supplied by the Lake Major Water Supply Plant must follow mandatory Stage 1 water conservation measures until further notice. This impacts water service for the communities of Dartmouth, Burnside, Cole Harbour, Westphal, North Preston and Eastern Passage (see attached map for affected service areas).

In order to conserve water, Halifax Water requests that all residents and businesses supplied by the Lake Major Water Supply Plant follow mandatory Stage 1 water conservation measures until further notice.

The following activities are prohibited under mandatory Stage 1 conservation:

October 2025

- Watering lawns.
- Washing vehicles.
- Filling pools.
- Watering golf courses.
- Bulk Fill Stations serviced by Lake Major will be closed

With the move to mandatory, residential and commercial customers are now expected to adhere to these measures. Failure to do so may result in a warning, a non-compliance fine, or suspension of service.

These mandatory water conservation measures are being implemented to maintain essential water service for all customers in the Lake Major service area. The goal is to help reduce demand until the rainfall can replenish the lake and remove/delay the need for an engineered pumping solution. Additional mandatory Stage 2 restrictions may be implemented in the future if lake levels are not replenished.

Halifax Water is also asking customers serviced by the Lake Major Water Supply to consider the following additional measures to conserve water:

- If it's yellow, let it mellow. Depending on the efficiency of your toilet, each flush uses between 6 to 26 litres of water.
- Shorten your showers. Cut back on the frequency and length of showers.
- Turn off the tap when you don't need it. Turn the tap off when brushing your teeth, shaving, washing your face etc. Wash only full loads of laundry and dishes.

Halifax Water customers serviced by Pockwock Lake remain under voluntary conservation measures.



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DROUGHT MONITORING AND WATER DELIVERY



With rural wells running dry across HRM this summer, Regional Council has approved steps to expand and continue the municipal water distribution program. Council voted to add more water distribution locations so residents in drought-affected communities have better access to safe drinking water. The program provides four litres of water per person per day, following Canadian Red Cross guidelines. Since early August, more than \$59,000 worth of water has been distributed through volunteer fire stations, supported by local firefighters, Joint Emergency Management teams, and municipal staff.

To keep the program running, Council also approved up to \$200,000 in reserve funding. Any provincial or federal reimbursements received will be returned to the reserve.

Recognizing the environmental impact of bottled water, the municipality distributes larger 4-litre jugs instead of single-use bottles whenever possible.

These actions ensure residents without access to well water continue to have safe drinking water during this prolonged drought.

HALIFAX URBAN GREENWAY EXTENSION



The Halifax Regional Municipality is inviting residents to learn more about the Halifax Urban Greenway Extension and Active Transportation Connections to Point Pleasant Park.

Residents are encouraged to learn more and complete a short survey at engagehalifax.ca/urban-greenway.

The project is an important step toward realizing the municipality's long-term vision for sustainable mobility and inclusive public spaces while also reflecting the municipality's commitment to climate action and community wellness.

How to participate

Learn more about this extension and have your say at a community engagement session:

- Thursday, Oct. 2, 2025, from 1 to 4 p.m. | Pop-up engagement | Saint Mary's University – Loyola Colonnade
- Saturday, Oct. 4, 2025, from 10 a.m.-1 p.m. | Pop-up engagement | Point Pleasant Park – near Tower Street parking lot



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- Thursday, Oct. 9, 2025, from 4:30 to 8 p.m. | Engagement session | Barbara Holmes Gathering Centre, Dauphinee Centre Arena - 934 Tower Rd - Saint Mary's University

The greenway portion of the project is proposed to be located through Saint Mary's University (SMU) campus and aligns with the university's Active Transportation Plan.

The municipality and SMU have been working together to develop a greenway plan.

The project is also exploring different options to extend active transportation facilities from the university to Point Pleasant Park.

To learn more, visit our [website](#).

POTENTIAL NEW ACTIVE TRANSPORTATION CROSSING



Regional Council has directed the CAO to consider a new active transportation crossing over the CN rail corridor between Scot Street and Chisholm Avenue in future planning.

The CN rail cut is a barrier between the Halifax peninsula and mainland Halifax. Many residents use informal paths in this area to connect to higher-density residential areas on the peninsula side and shopping, services, and employment destinations on the mainland side.

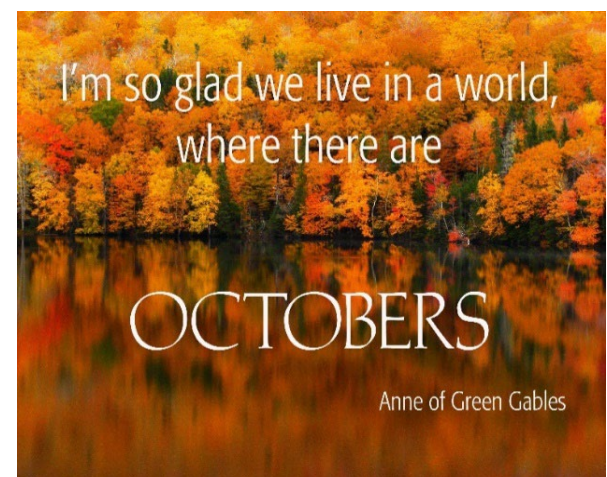
A bridge at this location could:

- Improve safety by eliminating informal rail crossings
- Connect to future bikeways and sidewalks at the north end of the peninsula
- Provide an alternative to the Windsor Street Exchange for some walking and cycling trips

Preliminary estimates suggest the project could cost between 2 to 4 million, plus costs for property acquisition or easements.

It will be considered during the update of the Integrated Mobility Plan and the successor to the Active Transportation Priorities Plan.

For more information, read the [staff report](#).



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HALIFAX



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

HALLOWEEN SAFETY TIPS



Halloween is just around the corner! We look forward to the fun that comes with this spooky day, but it is important to keep safety a priority.

Trick-or-treaters, parents and guardians:

- Look both ways before crossing the street but try to limit cross-crossing the street (go down one side of the street and up the other). Always watch for vehicles.
- Trick-or-treat with people from your household or your close social group – never go alone.
- Ensure Halloween costumes are bright, reflective, fit well and are warm. Consider using face paint or makeup instead of a mask.
- Carry a flashlight and stay close to well-lit areas.
- Be sure an adult checks all Halloween candy before trick-or-treaters dig in.
- Trick-or-treaters should tell their parents and/or guardians their Halloween route and when they expect to be home.
- Never enter someone's home while trick-or-treating.

Motorists:

- Drive slowly and be careful backing up and drive with extra caution in residential areas.

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Homeowners:

- Keep your doorway well-lit; clear of tripping hazards and open flames.
- Give out only commercially wrapped snacks.
- Keep pets inside on Halloween.

Wishing everyone a safe, fun-filled night!

TRICK OR TREATING TIPS FOR ACCESSIBILITY



Did you know that there are around 400,000 children in Canada who identify as having a disability that may prevent them from trick-or-treating?

This Halloween, we want to make sure everyone can enjoy a safe, fun, and inclusive experience.

Here are some tips to help make trick-or-treating accessible for everyone this Halloween:

1. If your house has stairs, consider setting them up on your driveway or front yard.
2. Clear the path to your trick-or-treating setup by moving vehicles and other obstructions.
3. Outdoor decorations are fun; but avoid those with strobing lights or sudden loud noises.
4. If you have pets, keep them safely inside the house and away from the trick-or-treaters.



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IN THE COMMUNITY....



A private healthcare facility at 3061 Highway 2, Fall River has been approved

On September 23, 2025, Minister Lohr issued an order under Section 229C of the *Halifax Regional Municipality Charter* approving a private healthcare facility at 3061 Highway 2 in Fall River. The Village Gateway zone that applies to the property permits the use; however, the proposal does not meet parking, building entrance placement, and architectural requirements. There is a minor encroachment of the proposed parking lot encroachments into the watercourse buffer.



Congratulations Mustang Run! - A Wellness Fund recipient from the Eastern Shore Musquodoboit Community Health board who received funds to help make their community healthier.

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The Mustang Run, hosted by the Middle Musquodoboit Agricultural Society, is an inaugural walk/run which took place on September 28th in Middle Musquodoboit, designed to encourage community activity while raising seed funding for youth-focused, hands-on learning of traditional rural skills such as equestrian activities, livestock care, and backyard farming. Registration fees will support interactive programs at the Halifax County Exhibition Grounds, helping establish new opportunities like Pony Club, Lumbersports day camps, and horse-handling workshops. This first-time event aims to build excitement and pride among youth, and lay the foundation for an annual, self-sustaining community event that promotes active living and experiential learning.



Mark your calendars! Crafts in Jamieson Park beside George P Vanier School on Saturday, October 4th: 10am to 3pm



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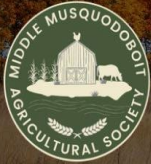
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HARVEST FEST

Saturday October 4th, 2025

190 Exhibition Grounds Road, Middle Musquodoboit NS

Lumberjack Championships,
Tractor Pulls,
Truck Pulls,
Axe Throwing,
Vendors,
Food Vendors,
Family fun for ALL!



You're Invited

Fall River Community Consultation with RCMP and
Councillor Cathy Deagle Gammon

Learn about RCMP priorities and share input on
the new community office.

📍 LWF Community Hall
(843 Fall River Rd., Fall River)
📅 Wednesday, Oct. 8
🕒 6:30 p.m. – 8 p.m.

halifax.ca | 311



OCTOBER 5, 2025

RALLY IN THE MUSQUODOBOIT VALLEY *Car Show*



Cars • Trucks • Tractors • Bikes • Kid's Show & Shine • All Welcome!



Sponsored by the
Musquodoboit
Valley Lions Club

• Event Is Rain Or Shine
• 10am - 4pm
• Free Admission For Participants
• Spectators \$5.00 under 16 free

**Halifax County Exhibition Grounds,
Middle Musquodoboit, NS**

Another exciting event scheduled for October 5



The Aerotech Connector is now open!

Drivers in Wellington and the surrounding area
have a safer commute and a better connection to
Highway 102.

This is a significant piece of infrastructure that
manages the challenges of growth for the
travelling public.

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FIRE STATION 40 - Dutch Settlement & Area
Community Event. Loads of good food, games and a free fire blanket!



Waverley Gold Rush Days on the Waverley Green. So much fun!

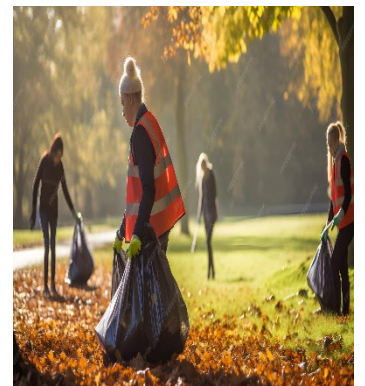
LWF Community Clean up

Join the Community Clean up hosted by the LWF Hall Board

Lakeview, Windsor Junction, Fall River

October 18th, 2025

9AM to 1 PM



We will have garbage bags and gloves supplied; trucks will pick up at various locations and deliver to the LWF Hall.

We will celebrate afterwards with a BBQ!

Volunteers, please register at this email lwfcommunityhall@gmail.com



Thank you **Scott Armstrong MLA for Colchester/Musquodoboit Valley**. This rural non-profit is doing incredible community work thanks to **Helping Hands: Families Helping Families Society**. With your contributions, they can continue their mission.

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Lockview All Weather Turf Field Update



Thank you for your continued patience and support throughout the process of opening the Lockview High School turf field.

I'm pleased to confirm that all necessary components are now in place to officially open the turf field for Lockview's football game on **Sunday, October 5th**. The final outstanding item was resolved last evening.

I'd also like to acknowledge the many HRM staff members who worked diligently behind the scenes to coordinate this effort. Their hard work and collaboration were instrumental in making this possible.

Lockview will also be able to host their **October 12th** game on the new turf. Following that event, the facility will be available for community bookings and future Lockview games.

Best of luck to Lockview in this weekend's game—we're excited to see the community come together and enjoy the new field.

What's happening this fall at the Gordon R. Snow Community Centre:



Imaginative play and creativity will lead the way in our upcoming:

GAMES & CRAFTS workshops for ages 5-12. (Wed. 4:30-6:00 p.m.)

- Fairies, Fun & Friendship #18973 – September 17-October 1
- Pirates, Pets & Pumpkins #18975 – October 8-22
- Mermaids, Monsters & Magic #18976 – October 29-November 12

PRESCHOOLER PLAY (9:00-11:30 a.m.) gives children an opportunity to learn social skills while meeting new friends in a safe and fun environment.

- M/W/F – Sept 8-Dec 5 #19527
- Mondays - Sept 15-Dec 1 #38268
- Wednesdays - Sept 17-Dec 3 #38270
- Fridays - Sept 19-Dec 5 #38271

PRESCHOOL STORY TIME ADVENTURES #18984 – Stories will come to life in this fun half hour of reading, crafts, and games. Tuesdays 5:15-5:45 p.m. Sept 23-Dec 2



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CHILDREN'S SPORTS

- Basketball ages 5-9
- Badminton ages 9-12
- Baseball ages 5-8

ADULT Yoga & Fitness Classes – everyone welcome

New this fall:

- Sketch & Draw for children and adults on Tuesday evenings.

To view the full calendar of activities and to register, go online halifax.ca/myrec or call 902 860-4570 for more information.

COMMUNITY HALLS/CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages to find information on local events as well as opportunities to volunteer in your community.

- [Elderbanks Recreation Club](#)
- [Lemmon Hill Sports Association](#)
- [Upper Musquodoboit Nova Scotia Nunavut Command](#)
- [Upper Musquodoboit Community Hall](#)
- Upper Musquodoboit Fellowship Centre (902)568-2536
- [Musquodoboit Valley Bicentennial Theatre](#)
- [Musquodoboit Valley Family Resource Centre](#)
- [Musquodoboit Valley Food Bank](#)
- [Carrolls Corner Community Center](#)
- [Meaghers Grant Community Hall](#)

- [Gordon Snow Community Centre](#)
- [Wellington Fletchers Lake Station House](#)
- [Grand Lake Oakfield Community Centre](#)
- [Waverley Heritage Museum](#)
- [Waverley Legion Dieppe Branch 90](#)
- [LWF Community Hall](#)
- [Windsor Junction Community Centre](#)
- [Helping Hands Families Helping Families](#)
- [Barefoot Farmers Association](#)





COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal District 1](#).

Provincial MLAs:

MLA Scott Armstrong



Colchester-Musquodoboit Valley

Progressive Conservative
Caucus Office:

1601 Lower Water Street,
Halifax, NS B3J 3P6
Phone: 902-424-2731 Fax:
902-424-748

E-mail: PCcaucus@novascotia.ca

MLA Brian Wong



Waverley-Fall River-
Beaver Bank

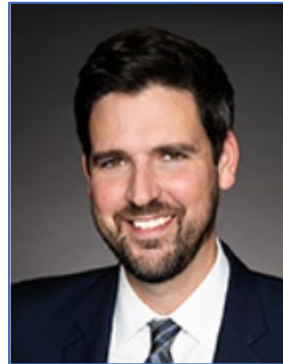
Constituency Office:

1265 Fall River Road
Suite 101
Fall River, NS B2T 1E6

Email: brianwongmla@gmail.com

Federal MPs:

MP Sean Fraser



[Central Nova](#)

House of Commons
Ottawa, ON K1A 0A6

Phone: 613-992-6022

Fax: 613-992-2337

Email: sean.fraser@parl.gc.ca

MP Braedon Clark



Sackville-Preston-
Chezzetcook

House of Commons,
Ottawa, Ontario
K1A 0A6

Toll -free (Canada):

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Phone: 613-992 -4793

Email: braedon.clark@parl.gc.ca



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

COUNCILLOR DEAGLE GAMMON



Councillor Cathy Deagle Gammon

DISTRICT 1
Waverley – Fall River – Musquodoboit Valley

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I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Audit and Finance Committee (Chair)
- Canadian Capital Cities Organization
- Community Planning and Economic Development Standing Committee (Chair)
- Environment and Sustainability Committee (Vice Chair)
- Executive Standing Committee
- Halifax Regional Water Commission
- Halifax Partnership

Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

E-NEWSLETTER/SUBSCRIBE

The District 1 newsletters, are available on my [municipal website](#), or to request to be added to the distribution list, please contact my Council Constituency Coordinator, Nancy Viner at Nancy.Viner@halifax.ca.

LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

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