

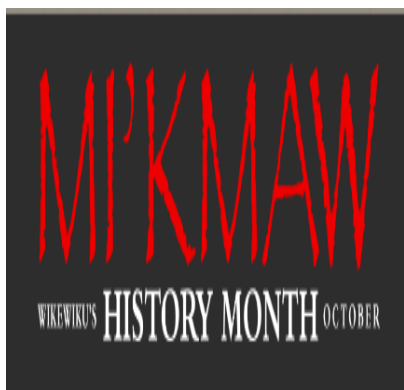


COUNCILLOR JEAN ST-AMAND

DISTRICT 16 NEWSLETTER
BEDFORD - WENTWORTH

OCTOBER 2025

Fall is in the air and cooler weather is on the way. I hope your fall is off to a great start. I would like to take this opportunity to wish everyone a very happy thanksgiving. Thanksgiving is a special time to give thanks and celebrate with family and friends. I feel blessed to serve the residents of District 16. Thank you for the opportunity and the honor to be your voice in bringing your ideas and concerns forward. A special thank you to our first responders, our healthcare teams and all essential workers. From my family to yours, Happy Thanksgiving!



It's [Mi'kmaq History month](#)! Each October, we commemorate Mi'kmaq History Month to celebrate and reflect upon our region's first people, the Mi'kmaq.

Mi'kmaq History Month is a time for learning and unlearning, and for the Mi'kmaq to be proud of their traditions and ancestors. I invite you to take part in the variety of events planned this month to celebrate the First Nations culture and heritage.



Happy Halloween! For those planning to Trick or Treat this year, be safe! Wear reflective clothing to be seen at night, take a flashlight with you as you go door to

door and be very careful when crossing the street – look both ways and make eye contact with any driver before you step out onto the street. Have fun and enjoy your treats!

Keep reading for updates on Halifax's inclusive economic strategy, tax relief for nonprofit and charitable organizations, the Student Transit Pass, information on the 2025 Volunteer Conference, and many more interesting articles on what's going on in and around the community! I hope you will find this newsletter helpful and informative.

Contact me if you have questions regarding municipal programs/services by phone at 902-476-2484 or by email at Jean.St-Amand@halifax.ca

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BEDFORD - WENTWORTH

OCTOBER MEETING DATES

Regional Council:

Tuesday, October 7 at 10 a.m.
 Tuesday, October 21 at 6 p.m. Public Hearings
 (if required)
 Tuesday, October 28 at 10 a.m.

Grants Committee:

Wednesday, October 22 at 10 a.m.

NorthWest Community Council:

Monday, October 6 at 6 p.m.

Accessibility Advisory Committee

Monday, October 20 at 4 p.m.

Standing Committees:

Audit & Finance Standing Committee

Wednesday, October 15 at 10 a.m.

Community Planning & Economic Development Standing Committee

Thursday, October 16 at 10 a.m.

DID YOU KNOW...

The name "October" comes from the Latin word "octo," meaning eight, as it was originally the eighth month in the Roman calendar.

October is Mi'kmaw History Month, Women's History Month, and Disability Employment Awareness Month

October 1st is Treaty Day
 October 5th is World Teacher's Day
 October 5 to 11 is Fire Prevention Week
 October 10th is World Mental Health Day
 October 11th is International Day of the Girl Child

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October 13th is Thanksgiving Day
 October 17th is International Day for the
 Eradication of Poverty
 October 18th is Persons Day
 October 31st is Halloween

MI'KMAW HISTORY MONTH



October is Mi'kmaw History Month, a time to commemorate the rich history, proud culture and important contributions of the Mi'kmaq people. The month-long celebrations kick-off with Treaty Day on October 1, which recognizes the key role of treaties in the relationship between the Mi'kmaq people and the Crown. The theme for this year's Mi'kmaw History Month is A'tukwemk aq A'tukowinu'k - Storytelling and Storytellers. The theme honours the distinctive and descriptive stories of Mi'kmaw people stories shaped by the land and waters, rooted in Mi'kma'kik and passed down through generations. They are not only ways of remembering, but of connecting to each other, to our ancestors, and to Mi'kmaw knowledge systems that continue to grow and guide us.

This year marks the 32nd anniversary of Mi'kmaw History Month. In 1993, Premier John Savage and Mi'kmaw Grand Chief Ben Sylliboy declared October as the official month to recognize and celebrate Mi'kmaw culture and heritage.

The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace and Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.



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TREATY DAY



Every year on Oct. 1, Nova Scotians mark Treaty Day to celebrate the rich history, proud culture and important contributions of Mi'kmaq people. These centuries-old treaties honour the enduring bond of friendship and respect between Nova Scotia's Indigenous and non-Indigenous communities and reaffirm the historic presence of the Mi'kmaw who have occupied the land for thousands of years.

Ceremonies and Events

*On October 1st City Hall will be lit up in orange to commemorate Treaty Day and the start of Mi'kmaw History Month.

*On October 1st, attend the proclamation reading by Mayor Andy Fillmore at 1:30 PM at City Hall.

*On October 1st, attend a traditional salmon dinner at the [Mi'kmaw Native Friendship Centre](#) from 11 a.m. to 2 p.m.

*On October 1st, attend the Treaty Day event Every One, Every Day: Mi'kmaq Treaty Day at the Mi'kmaw Native Friendship Centre from 3 to 8:00 p.m.

WOODS BAN LIFTED, BURN BAN REMAINS IN PLACE

On Friday, Aug. 29, the Province of Nova Scotia lifted restrictions on access to woods within the Halifax region as part of a partial lifting of the [Aug. 5, 2025 Woods Restrictions Proclamation](#). The provincial burn ban remains in place for the entire province until Oct. 15 or until otherwise advised by the Province of Nova Scotia. The municipality is asking residents to continue to exercise caution in wooded areas and to report any signs of fire to 911. The municipality is in the process of removing barricades and signage at impacted municipal parks, trails and greenspaces, which is expected to take several days. More information on the lifting of the provincial notice of restricting travel and activities in the woods is available in the Province of Nova Scotia's [news release](#).

REGISTRATION OPENS FOR THE 2025 VOLUNTEER CONFERENCE

The Halifax Regional Municipality is advising residents that registration has opened for the municipality's [2025 Volunteer Conference](#).

This year's conference will take place on Friday, Nov. 21 from 8 a.m. to 4:30 p.m. at the Delta Hotels by Marriott Dartmouth (240 Brownlow Avenue, Dartmouth).

This will be the municipality's 25th year hosting the Volunteer Conference. The conference is an opportunity for volunteers to connect, celebrate and learn relevant skills.

Delegates representing a variety of organizations and causes will participate in networking activities as well as two training workshops, with

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sessions such as Basic Financials, Volunteering with the Vulnerable Sector, and Digital Tools & Technology.

Participants will also enjoy a keynote speech and a seated meal. This year's keynote speaker is Hope Swinimer, founder of the non-profit Hope for Wildlife.

Early bird registration will be open until Tuesday, Oct. 21. Regular registration will remain open until Monday, Nov. 17.

For more information, including a complete schedule, visit [our website](#).

STUDENT TRANSIT PASS

Students in grades 7 to 12 at all HRCE and CSAP schools, as well as homeschooled students across Halifax, can ride Halifax Transit for free during the 2025/26 school year. Your Student Transit Pass gives you unlimited access to buses and ferries from Sept. 4, 2025, to Sept. 11, 2026.

Learn more at <https://brnw.ch/21wVFFB>

YOUTH POET LAUREATE



Applications have opened for the 2026 Youth Poet Laureate Program. The program helps young poets (aged 14-18) to hone their writing skills, receive mentorship and engage with their peers on issues that shape our region. Learn more and apply by 5 p.m. on October 31 at halifax.ca/PoetLaureate.

ANTI-BLACK RACISM GRANTS PROGRAM



The Halifax Regional Municipality is now accepting applications for the second year of the Anti-Black Racism (ABR) Grants Program.

Launched in 2024, the program was established to address

anti-Black racism through grassroots projects and initiatives. Anti-Black racism is a form of discrimination uniquely rooted in the history of Black people, informed by the legacies of enslavement and colonization, and experienced daily across the municipality and the world.

Grants ranging from \$500 to \$10,000 are available to support community-based projects developed and delivered at the local level.

Applications will be accepted from Monday, Sept. 15 to Friday, Oct. 31 at 11:59 p.m.

Learn more: buff.ly/7vD8lQw

NEIGHBOURHOOD PLACEMAKING

Applications are now open for 2026 Neighbourhood Placemaking! Apply to our annual municipal initiative that helps neighbours connect through community-led projects in their neighbourhoods. Successful applicants will receive training, guidance and funding for their 2026 neighbour-led project.

Learn more and apply by Oct. 30 at halifax.ca/placemaking.

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FALL 2025 LEADERSHIP & COMMUNITY TRAINING WORKSHOPS

Neighbourhood & Volunteer Services (NVS): Community Development Training Catalogue

Residents can now register online for a variety of community development workshops. Upcoming fall training workshops:

October 1 | Neighbourhood Placemaking 101
6:30-8:30 p.m. | Halifax Central Common, multi-purpose room | Course code: 23762 | 18+

October 8 | Boards 101
6-8 p.m. | Cole Harbour Place, meeting room one | Course code: 27564 | 18+

October 30 | Navigating Community Resources: Asset Mapping 101
6-8 p.m. | Cole Harbour Place, meeting room one | Course code: 27564 | 18+

November 5 | Boards 101
6-8 p.m. | Sackville Sports Stadium, multi-purpose room | Course code: 19934 | 18+

December 3 | Communication & Conflict Resolution
6-8 p.m. | Chocolate Lake Recreation Centre, multi-purpose room | Course code: 25116 | 18+

Learn more and register now at halifax.ca/volunteer-training.

HALIFAX | PARKS & RECREATION

HRM's Neighbourhood & Volunteer Services team is offering free workshops this fall to support volunteers, boards, grassroots organizations, and non-profits in building stronger communities.

Workshops run from October to December and cover topics like

neighbourhood placemaking, board governance, conflict resolution, and mapping community resources.

Sessions take place in locations across the HRM:

- Oct. 1 – Neighbourhood Placemaking 101 (Halifax Central Common)
- Oct. 8 – Boards 101 (Cole Harbour Place)
- Oct. 30 – Navigating Community Resources: Asset Mapping 101 (Cole Harbour Place)
- Nov. 5 – Boards 101 (Sackville Sports Stadium)
- Dec. 3 – Communication & Conflict Resolution (Chocolate Lake Recreation Centre)

If these dates or locations don't work, community groups can also request customized training through the Leadership & Community Training Opportunities page at Halifax.ca/Volunteer-Training.

BRAD ANGUISH APPOINTED ACTING CAO

On Sept. 3, 2025, Halifax Regional Council announced the appointment of Brad Anguish as Acting Chief Administrative Officer (A/CAO) for the municipality, effective Sept. 8, 2025. Mr. Anguish brings more than 22 years of experience with HRM, including leadership roles in Operations, Public Works, and Parks & Recreation. He has also overseen major municipal projects such as the Harbour Clean Up and the Cogswell District project.

Congratulations, Mr. Anguish! We look forward to working with him in this important leadership role.

SUPPORT FOR BUSINESSES IMPACTED BY TARIFFS

The Halifax Chamber of Commerce has shared an update on new support available to businesses impacted by recent U.S. tariff changes.

In response to the U.S. Commerce Department expanding its list of tariffed steel and aluminum products, the Atlantic Canada Opportunities Agency (ACOA) has launched the Regional Tariff Response Initiative (RTRI), which helps Atlantic Canadian businesses adapt to shifting trade conditions, diversify markets, strengthen supply chains, and improve productivity. Applications are now open.

Businesses can also access the Tariff and Customs Advisory Program, delivered by the Nova Scotia Association of CBDCs, which provides up to 12 hours of consulting support from customs brokers to help navigate tariffs, compliance requirements, and supply chain adjustments.

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Businesses can learn more by contacting ACOA's Business Information Services at bis-sie@acoa-apeca.gc.ca, call 1-888-576-4444, or register [online](#).

TAX RELIEF FOR NONPROFIT AND CHARITABLE ORGANIZATIONS

The 2026/27 Tax Relief Program is now OPEN for applications.

Because the Jan. 31, 2026, deadline falls on a weekend the application deadline has been extended to Monday, Feb. 2, 2026.

Late or incomplete applications will not be accepted.

HRM's website has an overview of the program and the Application Form for those organizations seeking to add a property to the program next fiscal year.

For those organizations already accepted into the program ("Renewals") the web page also has the annual Confirmation Form. This form must be completed and submitted by the stated deadline to avoid a 50% reduction in level of tax relief up to a maximum of \$5,000 per property. Any deduction for non-compliance with the program's reporting requirements will be apportioned between the interim and final tax bills.

The web page address is:

<https://www.halifax.ca/business/doing-business-halifax/tax-relief-non-profit-organizations> or simply use the search bar on HRM's home page.

Inquiries should be directed to 311 or Contactus@311.halifax.ca

PARKS STEWARDSHIP PROGRAM



Regional Council has directed the CAO to develop a Park Stewardship Program.

The proposed program will expand opportunities for residents and community groups to take part in the care and enhancement of municipal parks. It builds on existing initiatives such as community gardens and naturalization projects, while adding new components like Adopt-a-Park and more flexible cleanup opportunities.

Halifax has more than 900 parks, ranging from neighbourhood green spaces to wilderness areas. While day-to-day maintenance is performed by municipal staff or contractors, there is strong community interest in contributing to stewardship activities. The Park Stewardship Program will provide a consistent, coordinated framework for this involvement.

The program is expected to launch using existing resources, with future program growth to be assessed and reported back to Council as required.

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HALIFAX'S INCLUSIVE ECONOMIC STRATEGY UPDATE



Regional Council has received an update on *People, Planet, Prosperity: Halifax's Inclusive*

Economic Strategy, which guides economic growth in the municipality from 2022 to 2027.

The strategy focuses on ensuring all residents can contribute to – and benefit from – Halifax's prosperity. It has three overarching goals:

- Promote and maximize inclusive and sustainable growth
- Attract, retain and develop talent
- Make Halifax a better place to live, work and visit

Highlights from April 2024 to March 2025 include:

- GDP growth of 2.6 per cent, outpacing national and provincial averages
- Progress on the Housing Accelerator Fund, with 39 per cent of the three-year housing target achieved in the first year
- Support for African Nova Scotian and Indigenous economic development initiatives
- Expansion of the Student Transit Pass Pilot Program and adoption of the renewed Accessibility Strategy (2025–2028)
- Ongoing major projects including the Cogswell District Redevelopment and Windsor Street Exchange redesign

For more information, read the [staff report](#).

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MUNICIPALITY SEEKING YOUTH SERVICES PLAN TEAM PARTICIPANTS

The Halifax Regional Municipality is inviting youth to join Parks & Recreation's Youth Services Plan Team and contribute to the development of the 2026-29 [Youth Services Plan](#).

Applications will remain open until Thursday, Oct. 16.

The Youth Services Plan identifies key issues affecting youth across the region and helps guide future youth-focused programs and services, particularly in recreation.

Applicants must reside in the region and be between 13 and 24 years of age.

DISABILITY EMPLOYMENT AWARENESS MONTH

October is [Disability Employment Awareness Month \(DEAM\)](#) a time to recognize the contributions of people with disabilities in the workforce. Throughout the month, DEAM initiatives aim to bring awareness to barriers experienced by those living with disabilities, and encourages workplaces across country to create inclusive and accessible environments for all.

Did you know?

- Nova Scotia has the highest provincial average of individuals with disabilities, with 38 per cent of Nova Scotians over the age of 15 identifying as having a disability (Canadian average is 27 per cent)
- Nova Scotia became the third Canadian province to create accessibility legislation with the passing of the Nova Scotia Accessibility Act in 2017, following Manitoba (2013) and Ontario (2005)



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- According to the Canadian Survey on Disability 2017, the four most common disabilities among Nova Scotian adults include pain related disabilities, flexibility issues, mobility, and mental health related disabilities, with almost 20 per cent of individuals identifying as having a pain related disability

Numbers of individuals with disabilities is expected to grow as our population ages, making the municipality's commitment to improving accessibility and inclusion across our organization, in our programs and services, and in the communities we serve increasingly important.

In support of this goal, and in alignment with the provincial accessibility framework, the Office of Diversity & Inclusion/ANSAIO developed an [Accessibility Strategy](#) that was unanimously approved by Regional Council in May 2021.

We all play a part in working to break down the barriers that exist for people living with disabilities.

PERSONS DAY

Oct. 18 is Persons Day in Canada. It marks the day in 1929 when the historic decision to include women in the legal definition of "persons" was handed down by Canada's highest court of appeal. This gave some women the right to be appointed to the Senate of Canada and paved the way for women's increased participation in public and political life. Though this decision did not include all women, such as Indigenous women and women of Asian heritage and descent, it did mark critical progress in the advancement of gender equality in Canada.

Learn more about Persons Day [here](#).

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INTERNATIONAL DAY OF THE GIRL



October 11 is [International Day of the Girl Child](#), a day dedicated to celebrating the voices and power of

girls, championing their rights worldwide, and reflecting on the challenges they continue to face because of their gender.

Canada led the international effort to establish this day to draw attention to the persistent inequalities and dangers that too many girls face around the world. The United Nations subsequently adopted a resolution to formally recognize this important date.

Across Canada and around the world, girls are making an impact and creating positive change in their communities and far beyond. They are leading the way as students, entrepreneurs, volunteers and activists, and proving that you are never too young to shape the future and improve the lives of others.

SHARED MICROMOBILITY PILOT PHASE 2 LAUNCHES



Phase 2 of the Shared Micromobility Pilot launched on Sept. 3. The service boundary grows and e-scooters increase from 300 to 600.

With more riders and students back to school, ride safe: follow speed limits, don't ride on sidewalks and park in designated zones.

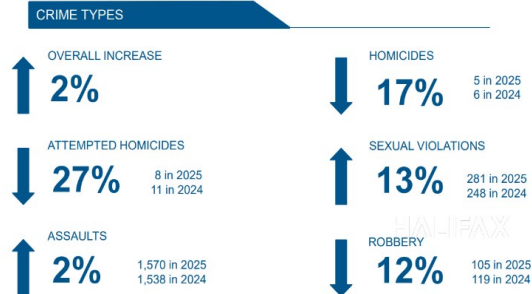


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SEMI-ANNUAL CRIME & TRAFFIC STATISTICS

Crimes Against Persons - HRM



Halifax Regional Police/ RCMP Halifax Regional Detachment 9 HALIFAX

Halifax Regional Police (HRP) and RCMP Halifax District have released their first joint semi-annual report, covering January–June 2025.

Key highlights:

- Calls for service across HRM increased 7% compared to the same period in 2024, with proactive policing activity (such as foot patrols and traffic stops) seeing notable growth.
- Crimes against persons were up slightly overall, with increases in assaults, sexual violations, and firearm-related incidents.
- Crimes against property rose in HRP areas, particularly shoplifting, while RCMP areas reported fewer shoplifting cases but more fraud and theft under \$5,000.
- Traffic collisions decreased overall, though HRP and RCMP continue to respond to impaired driving and serious collisions.

You can read the full report [here](#).

2025-2028 ACCESSIBILITY STRATEGY



The municipality has released the 2025–2028 Accessibility Strategy.

It outlines 30 recommendations in six key areas to improve accessibility and representation.

The recommendations are to be completed over a three-year period and represent a call to action to create a municipality that is accessible to all, regardless of ability.

Four versions are available: plain text, plain language, condensed and condensed & plain language.

AFFORDABLE HOUSING GRANT PROGRAM FUNDING

Regional Council has directed the Chief Administrative Officer to allocate \$1.5 million from the Density Bonus Reserve to fund affordable housing projects in the regional centre. The program provides project-specific grants to non-profit and charitable housing providers for new construction, conversions, repairs, acquisitions and studies. The AHGP supports municipal priorities to increase the supply of affordable housing and to improve and maintain existing stock. Since 2021, the program has awarded \$14 million to create or preserve more than 730 units and rooms of affordable housing. For more information, read the [staff report](#).

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HALLOWEEN SAFETY TIPS



Halloween is just around the corner! We look forward to the fun that comes with this spooky day, but it is important to keep safety a priority.

Trick-or-treaters, parents and guardians:

- Look both ways before crossing the street but try to limit cross-crossing the street (go down one side of the street and up the other). Always watch for vehicles.
- Trick-or-treat with people from your household or your close social group – never go alone.
- Ensure Halloween costumes are bright, reflective, fit well and are warm. Consider using face paint or makeup instead of a mask.
- Carry a flashlight and stay close to well-lit areas.
- Be sure an adult checks all Halloween candy before trick-or-treaters dig in.
- Trick-or-treaters should tell their parents and/or guardians their Halloween route and when they expect to be home.
- Never enter someone's home while trick-or-treating.

Motorists:

- Drive slowly and be careful backing up and drive with extra caution in residential areas.

Homeowners:

- Keep your doorway well-lit; clear of tripping hazards and open flames.
- Give out only commercially wrapped snacks.
- Keep pets inside on Halloween.

Wishing everyone a safe, fun-filled night!

TIPS FOR TRICK-OR-TREATING ACCESSIBILITY



Did you know that there are around 400,000 children in Canada who identify as having a disability that

may prevent them from trick-or-treating?

This Halloween, we want to make sure everyone can enjoy a safe, fun, and inclusive experience.

Here are some tips to help make trick-or-treating accessible for everyone this Halloween:

1. If your house has stairs, consider setting them up on your driveway or front yard.
2. Clear the path to your trick-or-treating setup by moving vehicles and other obstructions.
3. Outdoor decorations are fun; but avoid those with strobing lights or sudden loud noises.
4. If you have pets, keep them safely inside the house and away from the trick-or-treaters.



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BEDFORD - WENTWORTH

IN THE COMMUNITY

BEDFORD UNITED CHURCH

INVITES YOU TO

OUR FREE
COMMUNITY MEALS

SEPT 28
OCT 26
NOV 23

ALL ARE WELCOME



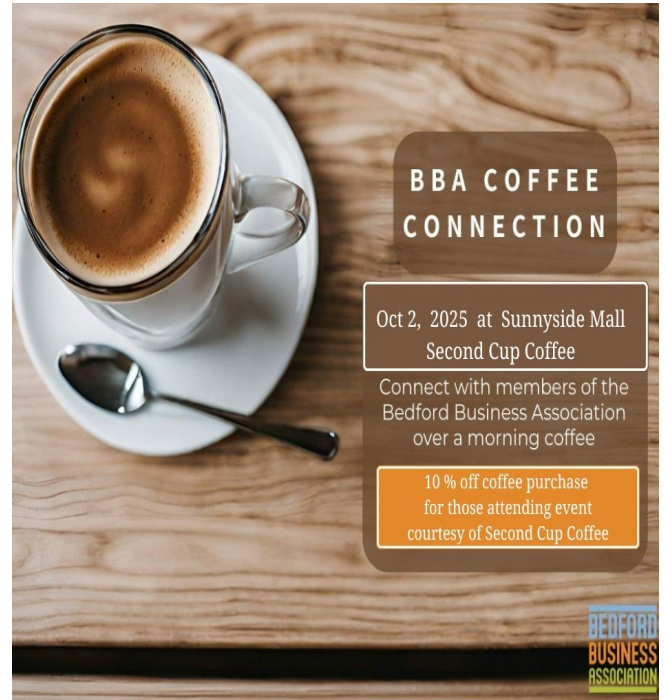
1200 BEDFORD HIGHWAY-ENTER OFF SULLIVANS HILL

The BUC Community Meal is a ministry of community building. By bringing together BUC folks and our neighbours around a shared and open table, this meal builds community within our congregation, and with the wider community of Bedford.

September's meal will have options for those with vegetarian, gluten and lactose sensitivities/needs but our kitchen is not a dedicated allergen free space so please be aware that cross contamination can occur. It is not recommended for Celiacs etc.

Any Questions?

Please contact Jocelyn Tingley our Community Meal Lead via email:
communitymeals@bedfordunited.com



BBA COFFEE CONNECTION

Oct 2, 2025 at Sunnyside Mall
Second Cup Coffee

Connect with members of the
Bedford Business Association
over a morning coffee

10 % off coffee purchase
for those attending event
courtesy of Second Cup Coffee

BEDFORD
BUSINESS
ASSOCIATION

Join us for our first fall event , October 2 at [Sunnyside Mall](#) food court, out front of [Second Cup Café](#) for BBA Coffee Connections
Time : 8:30 am to 9:30 am
Here is the official event page <https://www.facebook.com/events/1946585196140013?context>

Cost is just your cup of coffee ☕

Second cup Bedford has generously offered 10% off your coffee purchase that morning if you are attending the event.

Bring your business cards & an extra to put in the draw to win second cup gift card donated by [Graham Coade, Real Estate Professional](#)

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I'm pleased to share that the playground replacement at the LeBrun Centre is complete and ready for play as of late this afternoon. What a great upgrade! In addition to the new playground, there's also a new protected green space area (the sods are new so give it some time to set in) with granite benches, trees and accessible bench, and a new extension to the AT trail to Doyle Court, and the parking area by the rink has been extended as well. Many thanks to Adrian at Dirt Road Contracting for his hard work for the past several weeks working on this great space for the community!



Celebrating the opening of another new business in Bedford! I was pleased to join Jeff from the leadership team and franchisee Mayankkumar and his staff for a ribbon cutting to mark the official opening of @thechoppedleaf on the Bedford Highway in the TD Bank Plaza. Unique, fresh and healthy bowls, wraps and salads stand out in their menu, and I was delighted to help celebrate the opening and I greatly enjoyed a wrap for lunch! Congrats and welcome to the business community in District 16. I wish you the very best!



Always something new to find when you wander the Halifax waterfront on your lunch break from a council meeting! at [Maritime Museum of the Atlantic](#).

October 18th, 2025
Doors Open: 5:30PM

20th Annual
Dinner & Silent Auction
Kinsmen Community Centre
71 First Lake Drive, Lower Sackville, NS

Silent Auction in support of the
Sackville Rivers Association.

Appetizers & hors d'oeuvres

Roast Beef Dinner

Cash 50/50

For tickets call our
office at
(902) 865 - 9238

Tickets
\$50

Remember to mark your calendars!

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BEDFORD - WENTWORTH

WHO DOES WHAT?

Federal Government

Airports	Criminal laws	Canadians Mortgages
Borders & passports	Employment insurance	National RCMP
Broadcasting & telecommunications	Environment	National defence & veteran's affairs
Canada Child Benefit	Fisheries, oceans & national parks	Postal service
Charter of Human Rights	Immigration	Student loans
Correctional facilities	Income tax	International travel and support for abroad

Provincial Government

Addictions and mental health	100 series highways & off ramps	Property tax (property assessment)
Affordable/public housing	Hospitals	Provincial parks
Correctional facilities	Housing	Provincial RCMP
Employer and employee supports	Justice	Schools and school parking lots
Environment	Landlord and tenant supports	Student loans
Family and Community Support Services	Lakes	Workplace safety
	Post-secondary education	

Municipal Government

City Hall	Municipal police force (i.e. HRP & RCMP District H)	Property tax (municipal portion)
Development and building permits and fees	Municipal parks	Recreation facilities
Environment	Libraries	Snow removal & waste collection
Fire services (i.e. HRFE)	Local road maintenance & improvement	Transit
Halifax Water	Parks, trails and playgrounds	

Not sure which level of government does what Federal, Provincial, or Municipal - See the helpful chart above.

IMPORTANT TELEPHONE NUMBERS

911 - Emergencies

Call this number for help right away to protect your safety or property.

811 - Primary Health Care

Call this number for health advice and peace of mind.

511 - Highway and Road Conditions

Call this number for information about provincial highways & roads.

311 - Municipal information, services, and complaints

Call this number for information about programs and services within the municipal government.

211 - Confidential information and referral service that connects individuals to community programs and services

Call this number for information on non-profit, community and government programs and services, including information about being ready for an emergency.

- Poison Centre (1-844-764-7669)
- Bell Aliant outages 611 or 1-800-663-2600
- Eastlink outages 1-888-345-1111
- Halifax Water 24-hour emergency (water, sewer, and flooding) (902) 420-9287
- Mental Health and Addictions Crisis Line 1-888-429-8167
- NS Power outages 1-877-428-6004
- Police Non-Emergency (902) 490-5020
- Shelter Nova Scotia (902)-406-3631
- SPCA Dartmouth Shelter (902) 468-7877
 - to report Animal Cruelty 1-888-703-7722
- Red Cross 1-800-222-9597



COUNCILLOR JEAN ST-AMAND

BEDFORD - WENTWORTH

PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for District [16](#).

MLA Tim Outhit, Bedford Basin



1597 Bedford Highway,
#306
Bedford, NS
B4A 1E7

Phone:
782-540-9849

Email:
timouthitmla@gmail.com

MLA Rick Burns, Hammonds Plains-Lucasville



12 Westwood Blvd
Upper Tantallon, NS
B3Z 1H3

Phone:
902-404-4393

E-mail:
rick.burns.mla@gmail.com

MLA Dadian Stoilov, Bedford South



620 Nine Mile Drive, Unit 208
Bedford, NS
B4A 0H4

Phone:
902-405-3518

Email:
damianstoilovmla@gmail.com

MP Braedon Clark, Sackville-Bedford Preston



Suite 201
2900 Hwy 2
Fall River

Toll-free (Canada):
1-866-599-4999

Telephone:
613-992-4793

TTY:
613-995-2266

Email:
braedon.clark@parl.gc.ca



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COUNCILLOR ST-AMAND



Councillor Jean St-Amand

District 16
Bedford – Wentworth
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Halifax Regional Municipality
PO Box 1749 | Halifax, NS B3J 3A5

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I serve on Regional Council, North West Community Council, and the following boards and committees:

- Audit and Finance Standing Committee
- Community Planning and Economic Development Standing Committee
- Grants Committee - Chair
- Discover Halifax
- Accessibility Advisory Committee
- Acadian and Francophone Community Liaison

EMAIL LIST, SOCIAL MEDIA, COMMUNITY EVENTS CALENDAR

Visit jeastamandhrm.ca to subscribe to my email list for occasional updates about District 16.

Follow me on [Facebook](#) and [Instagram](#) for regular updates and announcements of my activities and things that are happening around the district. Social media is great, but for official business, please contact me directly by email or phone.

Visit jeanstamandhrm.ca/events for my community events calendar.

For additional assistance, you may also reach my Constituency Coordinator, Nancy Viner at Nancy.Viner@halifax.ca.

OCTOBER 2025

WE ARE ALL TREATY PEOPLE

The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.



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