



**TAEKWONDO**  
**CANADA**

- Item 7.3.3

# 2026 Taekwondo Canada Nationals

Taekwondo Canada & Taekwondo Nova Scotia



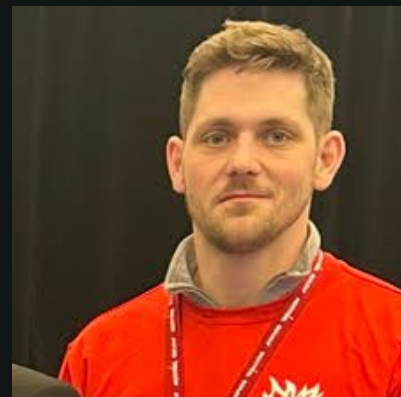
# Introductions!

**2026 Taekwondo  
Canada Nationals**



**Dave Harris**

Executive Director, Taekwondo Canada



**Brayson Snow**

Host Committee, Taekwondo Nova Scotia





# Taekwondo Canada Nationals

Canada's premier domestic competition, bringing together elite athletes to compete in both Kyorugi (Sparring) and Poomsae (Forms) for national titles and Team Canada selection across ages and divisions. The event includes divisions from Youth as young as 8, to Masters in their 70s (so far!)

The event attracts 500-800 competitors annually across all categories. Athletes qualify through provincial championships and sanctioned tournaments, meeting specific point thresholds (Kyorugi) or technical requirements (Poomsae) set by their provincial associations.

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TAEKWONDO CANADA



# Impact & Significance

## Athletes

Ultimate domestic competition in Kyorugi and Poomsae (Individual, Pair, Team, Freestyle); gateway to international teams and Olympic pathways

## Sport

Elevates national profile across both disciplines, inspires grassroots participation, and showcases highlevel competition

## Coaches

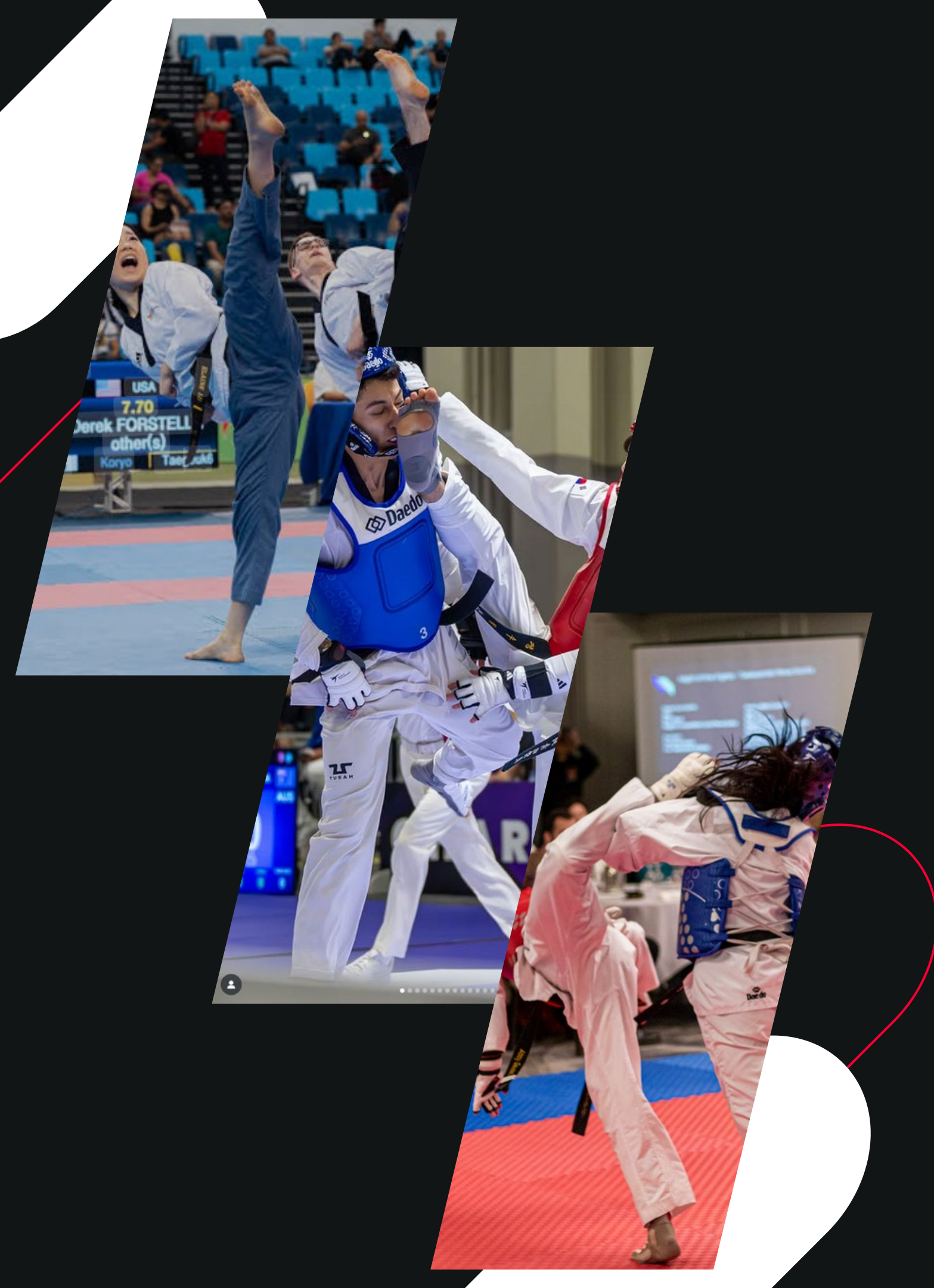
Culmination of technical development in sparring and forms; talent scouting and recognition opportunities

## Referees

Premier officiating opportunity for advancement, international certification pathways, and exposure to elitelevel competition

## Associations

Drives provincial programs in both disciplines, strengthens inter provincial relationships, and standardizes development



# Event Timeline

Feb 4th



Load-in for National Championships and Officials/Coaches meetings

Feb 5th



1st day of competition featuring our top poomsae athletes for the right to compete for Canada at the world championships

Feb 6th



2nd day of competition features kyorugi or sparring for our Cadet and Junior athletes

Feb 7th



The final day of competition features our Senior athletes competing for positions on the National team for 2026-27



# Halifax Convention Centre Partnership

Exceptional venue for the National Championships

The Halifax Convention Centre offers a premier setting for the 2026 Taekwondo Canada National Championships, featuring state-of-the-art facilities and accommodating thousands of spectators and competitors in a vibrant atmosphere. In the downtown core. Walking distance to restaurants, pubs, and hotels.



# Olympic Pathway to Success



## Talent Identification

Discovering young athletes through local events and workshops.



## Training Programs

Comprehensive training for skill development and competition readiness.



## National Team Selection

Athletes chosen to represent Canada at international competitions.



## Olympic Qualification

Final step towards competing at the Olympic Games.



# Skylar Park Olympic Bronze Medalist

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One of Canada's elite taekwondo athletes, Skylar Park captured bronze in the women's 57kg division at the 2024 Paris Olympics. Known for her explosive kicks and tactical brilliance, the Winnipeg native has proven herself as a consistent international medal contender. We're thrilled to confirm Skylar will compete at the 2026 Nationals—the first crucial step on the Olympic pathway to LA 2028. Her presence will inspire the next generation of athletes chasing their Olympic dreams.





The background is a solid black color. In the top left corner, there is a red pill-shaped object with a thin green line trailing from its top. In the top right corner, there is a white pill-shaped object with a thin green line trailing from its bottom. In the bottom left corner, there is a large red circle. In the bottom right corner, there is a white pill-shaped object with a thin green line trailing from its top. The text is centered in the middle of the image.

**“Together, we can build a stronger community through the spirit of volunteerism and local leadership, ensuring future generations have the opportunity to excel in Taekwondo.”**

**– Cody White, President- Taekwondo Nova Scotia**



# Economic Impact

## How the event benefits Halifax and local businesses



The 2026 Taekwondo Canada National Championships will provide a significant economic impact to Halifax through the booking of multiple hotels to be used by athletes/coaches/parents/officials and staff related to the event.

As mentioned earlier, we expect over 750 athletes and 1,700 spectators for the event. For many, it is a costly family trip, and they make the most of it. Enjoying local amenities, restaurants, and tourism attractions. This is a significant boon for Halifax in February, where things tend to be slower in the downtown core.

Sutton Place was chosen as the partner for our staff and referee rooming with 50 rooms being used for the duration of the event.

We are in discussions with Marriot, Delta Halifax and other to secure room blocks for hundreds more rooms.



## Local Sport Promotion

For Taekwondo Nova Scotia, hosting the event will help us promote the sport regionally, and bring more athletes into our sport. Taekwondo has a low financial barrier when compared to other popular sports. It will also allow us to bring more of our regional talent to the event. For some families far flung travel is out of the question, and this will be the opportunity of a lifetime for some athletes.

## Legacy

Taekwondo Canada will assist Taekwondo Nova Scotia in the future development of its events through a legacy donation to the organization in ways of mats to help support and grow our provincial and regional events. This will allow us to accommodate more athletes, coaches and referees giving them many more opportunities for growth.



With the support of our partners, this event will be a  
success that has generational impact.



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**CANADA**

**HALIFAX**



**THANK YOU**