

HALIFAX



Fall 2025



Sackville

Acadia Centre
636 Sackville Drive
902.869.4141

Sackville Sports Stadium
409 Glendale Drive
Phone: 902.869.4141

Adult programs are + HST. Senior discounts apply to residents over 60 years of age. Some program fees and/or details may change over the course of registration. For the latest details, visit halifax.ca/myREC



Program Number	Program Name	Age from	Age to	Dates	Time	Days	Facility	Location	Classes	Price
PRESCHOOL										
23380	Intro to Dance - Creative Movement	3 Y	5 Y	Sep 25 - Nov 27, 2025	5:30PM - 6:00PM	Thu	Acadia Hall - Program Room	Acadia Centre	10	\$31.90
23381	Creative Movement	3 Y	5 Y	Sep 25 - Nov 27, 2025	6:15PM - 6:45PM	Thu	Acadia Hall - Program Room	Acadia Centre	10	\$31.90
21973	Intro to Dance - Pre-Primary	3 Y	5 Y	Sep 27 - Dec 13, 2025	10:30AM - 11:00AM	Sat	Studio B	Sackville Sports Stadium	10	\$31.90
23431	Tumblebugs	3 Y	5 Y	Sep 27 - Nov 29, 2025	9:00AM - 9:45AM	Sat	Acadia Hall - Program Room	Acadia Centre	10	\$47.80
23432	Tumblebugs	3 Y	5 Y	Sep 27 - Nov 29, 2025	10:00AM - 10:45AM	Sat	Acadia Hall - Program Room	Acadia Centre	10	\$47.80
22260	Soccer	4 Y	5 Y	Sep 22 - Dec 1, 2025	5:15PM - 5:45PM	Mon	Gymnasium	Sackville Sports Stadium	10	\$31.90
22265	Basketball	4 Y	5 Y	Sep 23, 2025 - Dec 2, 2025	05:15PM - 05:45PM	Tue	Gymnasium	Sackville Sports Stadium	10	\$31.90
22551	Intro to Gymnastics (Parented)	4 Y	5 Y	Sep 27 - Nov 29, 2025	12:00PM - 12:45PM	Sat	Studio A	Sackville Sports Stadium	10	\$47.80
23363	Family Yoga	5 Y		Sep 26 - Nov 21, 2025	6:30PM - 7:30PM	Fri	Gymnasium	Harry R. Hamilton Elementary School	8	\$50.96
22631	Basketball (Parented)	3 Y	5 Y	Sep 28 - Dec 7, 2025	10:00AM - 10:45AM	Sun	Gymnasium	Sackville Sports Stadium	10	\$47.80
22552	Intro to Gymnastics (Parented)	3 Y	5 Y	Sep 27 - Nov 29, 2025	1:00PM - 1:45PM	Sat	Studio A	Sackville Sports Stadium	10	\$47.80
22553	Intro to Gymnastics (Parented)	3 Y	5 Y	Sep 27 - Nov 29, 2025	2:00PM - 2:45PM	Sat	Studio A	Sackville Sports Stadium	10	\$47.80
CHILD										
22547	All Sorts of Sports	6 Y	8 Y	Sep 25 - Nov 27, 2025	6:00PM - 6:45PM	Thu	Gymnasium	Sackville Sports Stadium	10	\$47.80
21965	Every Child Matters Craft Workshop	4 Y	14 Y	September 27, 2025	10:00AM - 11:00AM	Sat	Classroom	Sackville Sports Stadium	1	\$7.43
21966	Remembrance Day Craft Workshop	4 Y	14 Y	November 8, 2025	10:00AM - 11:00AM	Sat	Classroom	Sackville Sports Stadium	1	\$7.43
21967	Halloween Craft Workshop	4 Y	14 Y	October 25, 2025	10:00AM - 11:00AM	Sat	Classroom	Sackville Sports Stadium	1	\$7.43
21969	Arts et au Bricolage (en Français)	4 Y	14 Y	Sep 21 - Nov 30, 2025	2:00PM - 3:00PM	Sun	Classroom	Sackville Sports Stadium	10	\$74.30
21968	Winter Holiday Craft Workshop	4 Y	14 Y	December 6, 2025	10:00AM - 11:00AM	Sat	Classroom	Sackville Sports Stadium	1	\$7.43

Program Number	Program Name	Age from	Age to	Dates	Time	Days	Facility	Location	Classes	Price
21964	Thanksgiving Craft Workshop	4 Y	14 Y	October 11, 2025	10:00AM - 11:00AM	Sat	Classroom	Sackville Sports Stadium	1	\$7.43
22557	Intro to Badminton	6 Y	8 Y	Sep 27- Nov 29, 2025	5:00PM - 5:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.40
22560	Intro to Badminton	9 Y	12 Y	Sep 27 - Nov 29, 2025	6:00PM - 6:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.40
22270	Basketball	6 Y	8 Y	Sep 23 - Dec 2, 2025	7:00PM - 7:45PM	Tue	Gymnasium	Sackville Sports Stadium	10	\$47.80
22268	Basketball	6 Y	8 Y	Sep 23 - Dec 2, 2025	6:00PM - 6:45PM	Tue	Gymnasium	Sackville Sports Stadium	10	\$47.80
22548	Basketball	9 Y	12 Y	Sep 25 - Nov 27, 2025	7:00PM - 7:45PM	Thu	Gymnasium	Sackville Sports Stadium	10	\$47.80
22629	Basketball	6 Y	8 Y	Sep 28 - Dec 7, 2025	12:00PM - 12:45PM	Sun	Gymnasium	Sackville Sports Stadium	10	\$47.80
22628	Basketball	6 Y	8 Y	Sep 28 - Dec 7, 2025	11:00AM - 11:45AM	Sun	Gymnasium	Sackville Sports Stadium	10	\$47.80
22274	Intro to Girl's Boxing	12 Y	18 Y	Sep 23 - Dec 2, 2025	6:00PM - 7:00PM	Tue	Training Zone	Sackville Sports Stadium	10	\$63.70
22550	Intro to Boxing	12 Y	18 Y	Sep 26 - Dec 5, 2025	6:00PM - 7:00PM	Fri	Training Zone	Sackville Sports Stadium	10	\$63.70
21975	Kids in the Kitchen	9 Y	12 Y	Sep 26 - Nov 28, 2025	5:30PM - 7:00PM	Fri	REC Zone	Sackville Sports Stadium	10	\$111.50
21976	Kids in the Kitchen	6 Y	8 Y	Sep 27 - Nov 29, 2025	10:00AM - 11:30AM	Sat	REC Zone	Sackville Sports Stadium	10	\$111.50
21977	Kids in the Kitchen	9 Y	12 Y	Sep 27 - Nov 29, 2025	11:45AM - 1:15PM	Sat	REC Zone	Sackville Sports Stadium	10	\$111.50
23375	Intro to Hip Hop	7 Y	10 Y	Sep 25 - Nov 27, 2025	7:00PM - 8:00PM	Thu	Acadia Hall - Program Room	Acadia Centre	10	\$63.70
23325	Sketch & Draw	5 Y	8 Y	Sep 27 - Nov 29, 2025	12:45PM - 1:30PM	Sat	Acadia School - The Den Program Room	Acadia Centre	10	\$55.70
23324	Sketch & Draw	5 Y	8 Y	Sep 27 - Nov 29, 2025	9:30AM - 10:15AM	Sat	Acadia School - The Den Program Room	Acadia Centre	10	\$55.70
23326	Sketch & Draw	10 Y	16 Y	Sep 27, 2025 - Nov 29, 2025	11:30AM - 12:30PM	Sat	Acadia School - The Den Program Room	Acadia Centre	10	\$74.30
23340	Sketch & Draw	8 Y	12 Y	Sep 27 - Nov 29, 2025	10:30AM - 11:15AM	Sat	Acadia School - The Den Program Room	Acadia Centre	10	\$55.70
23342	Sketch & Draw	8 Y	12 Y	Sep 25 - Nov 27, 2025	6:00PM - 7:00PM	Thu	Acadia School - The Den Program Room	Acadia Centre	10	\$74.30
22283	Floor Hockey	9 Y	12 Y	Sep 24 - Nov 26, 2025	7:00PM - 7:45PM	Wed	Gymnasium	Sackville Sports Stadium	10	\$47.80
22281	Floor Hockey	6 Y	8 Y	Sep 24 - Nov 26, 2025	6:00PM - 6:45PM	Wed	Gymnasium	Sackville Sports Stadium	10	\$47.80
22585	Intro to Flag Football	9 Y	12 Y	Sep 27 - Nov 29, 2025	4:00PM - 4:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.80

Program Number	Program Name	Age from	Age to	Dates	Time	Days	Facility	Location	Classes	Price
22582	Intro to Flag Football	6 Y	8 Y	Sep 27 - Nov 29, 2025	3:00PM - 3:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.80
21970	Intro to Guitar	8 Y	12 Y	Sep 24 - Nov 26, 2025	6:15PM - 7:15PM	Wed	REC Zone	Sackville Sports Stadium	10	\$55.70
21972	Intro to Music	6 Y	8 Y	Sep 24 - Nov 26, 2025	5:30PM - 6:15PM	Wed	REC Zone	Sackville Sports Stadium	10	\$55.70
21971	Intro to Guitar	13 Y		Sep 24 - Nov 26, 2025	7:15PM - 8:15PM	Wed	REC Zone	Sackville Sports Stadium	10	\$74.30
30648	Intro to Curling	6 Y	8 Y	Sep 22 - Dec 1, 2025	7:00PM - 7:45PM	Mon	Lakeshore Curling Club	Sackville Sports Stadium	10	\$47.80
30649	Intro to Curling	9 Y	12 Y	Sep 22 - Dec 1, 2025	6:00PM - 6:45PM	Mon	Lakeshore Curling Club	Sackville Sports Stadium	10	\$47.80
30249	Intro to Lacrosse	6 Y	8 Y	Sep 27 - Nov 29, 2025	3:15PM - 4:15PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$74.30
30250	Intro to Lacrosse	9 Y	12 Y	Sep 27 - Nov 29, 2025	3:15PM - 4:15PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$74.30
21962	Jr. Scientists	6 Y	8 Y	Sep 21 - Nov 30, 2025	3:15PM - 4:15PM	Sun	Classroom	Sackville Sports Stadium	10	\$74.30
21963	Jr. Scientists	9 Y	12 Y	Sep 20 - Nov 22, 2025	3:15PM - 4:15PM	Sat	Classroom	Sackville Sports Stadium	10	\$74.30
22630	Soccer en Francais	6 Y	8 Y	Sep 28 - Dec 7, 2025	1:00PM - 1:45PM	Sun	Gymnasium	Sackville Sports Stadium	10	\$47.80
22257	Soccer	9 Y	12 Y	Sep 22 - Dec 1, 2025	7:00PM - 7:45PM	Mon	Gymnasium	Sackville Sports Stadium	10	\$47.80
22241	Soccer	6 Y	8 Y	Sep 22 - Dec 1, 2025	6:00PM - 6:45PM	Mon	Gymnasium	Sackville Sports Stadium	10	\$47.80
22587	Intro to Volleyball	6 Y	8 Y	Sep 27 - Nov 29, 2025	1:00PM - 1:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.80
22588	Intro to Volleyball	9 Y	12 Y	Sep 27 - Nov 29, 2025	2:00PM - 2:45PM	Sat	Gymnasium	Sackville Sports Stadium	10	\$47.80
22633	PD Day Camp	9 Y	12 Y	September 29, 2025	8:00AM - 5:00PM	Mon	REC Zone	Sackville Sports Stadium	1	\$47.79
22632	PD Day Camp	6 Y	8 Y	September 29, 2025	8:00AM - 5:00PM	Mon	Multipurpose Room	Sackville Sports Stadium	1	\$47.79
22635	PD Day Camp	6 Y	8 Y	October 24, 2025	8:00AM - 5:00PM	Fri	Multipurpose Room	Sackville Sports Stadium	1	\$47.79
22634	PD Day Camp	9 Y	12 Y	October 24, 2025	8:00AM - 5:00PM	Fri	REC Zone	Sackville Sports Stadium	1	\$47.79

Program Number	Program Name	Age from	Age to	Dates	Time	Days	Facility	Location	Classes	Price
YOUTH										
22274	Intro to Girl's Boxing	12 Y	18 Y	Sep 23 - Dec 2, 2025	6:00PM - 7:00PM	Tue	Training Zone	Sackville Sports Stadium	10	\$63.70
22550	Intro to Boxing	12 Y	18 Y	Sep 26 - Dec 5, 2025	6:00PM - 7:00PM	Fri	Training Zone	Sackville Sports Stadium	10	\$63.70
21978	Youth Ops	12 Y	15 Y	Sep 26 - Dec 5, 2025	5:00PM - 7:30PM	Mon	Multipurpose Room	Sackville Sports Stadium	14	Free
ADULT										
23358	Badminton	19 Y		Sep 22 - Dec 1, 2025	8:00PM - 10:00PM	Mon	Gymnasium	Sackville Heights Junior High School	10	\$119.10
23349	Sketch & Draw	19 Y		Sep 25 - Oct 4, 2025	7:00PM - 8:00PM	Thu	Acadia School - The Den Program Room	Acadia Centre	10	\$84.90
21956	TRX Workout	19 Y		Sep 11 - Nov 13, 2025	7:00PM - 8:00PM	Thu	Training Zone	Sackville Sports Stadium	10	\$66.90
21955	Chair Fit	19 Y		Sep 11 - Nov 13, 2025	11:15AM - 12:00PM	Thu	Studio A	Sackville Sports Stadium	10	\$50.20
21954	ESSETRICS® - Aging Backwards	19 Y		Sep 13 - Nov 29, 2025	10:30AM - 11:30AM	Sat	Studio A	Sackville Sports Stadium	12	\$80.28
21958	ESSETRICS® - Aging Backwards	19 Y		Sep 11 - Nov 13, 2025	10:15AM - 11:15AM	Thu	Studio A	Sackville Sports Stadium	10	\$66.90
29204	Forever Fit	19 Y		Sep 8 - Nov 24, 2025	10:30AM - 11:15AM	Mon	Studio A	Sackville Sports Stadium	12	\$60.24
29481	Gentle Pilates	19 Y		Sep 11 - Nov 13, 2025	8:30AM - 9:45AM	Thu	Yoga Studio	Sackville Sports Stadium	10	\$83.60
21959	Intro to TRX	19 Y		Sep 13 - Nov 15, 2025	11:00AM - 12:00PM	Sat	Training Zone	Sackville Sports Stadium	10	\$66.90
21961	Iron Yoga	19 Y		Sep 9 - Nov 18, 2025	7:00PM - 8:00PM	Tue	Yoga Studio	Sackville Sports Stadium	10	\$66.90
21960	Beginner Yoga	19 Y		Sep 14 - Nov 23, 2025	5:45PM - 6:45PM	Sun	Yoga Studio	Sackville Sports Stadium	10	\$66.90
DROP-INS										
30258	Friday Night Rocks	Grades 6-8		Sep 26 - Dec 12, 2025	6:30PM - 9:00PM	Fri	Classroom	Sackville Sports Stadium	14	Free
30322	After School Hoops	12 Y	16 Y	Sep 22 - Dec 19, 2025	3:15PM - 5:15PM	Mon, Wed, Fri	Gymnasium	Sackville Sports Stadium	14	Free
30325	Night Hoops	16 Y	20 Y	Sep 26 - Dec 12, 2025	7:30PM - 9:00PM	Fri	Gymnasium	Sackville Sports Stadium	14	Free
	Pickleball	19 Y		Sep 22 - Dec 19, 2025	8:00AM-10:00AM	Mon, Wed, Fri	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 22 - Dec 19, 2025	10:00AM-12:00PM	Mon, Wed, Fri	Gymnasium	Sackville Sports Stadium	14	\$5.00

Program Number	Program Name	Age from	Age to	Dates	Time	Days	Facility	Location	Classes	Price
	Pickleball	19 Y		Sep 22 - Dec 19, 2025	1:00PM-3:00PM	Mon, Wed, Fri	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 23 - Dec 18, 2025	1:00PM-3:00PM	Tue/Thu	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 23 - Dec 18, 2025	3:00PM-5:00PM	Tue/Thu	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 20 - Dec 18, 2025	7:30AM-8:45AM	Sat	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 21 - Dec 18, 2025	7:30AM-8:45AM	Sun	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Pickleball	19 Y		Sep 21 - Dec 18, 2025	6:30PM-8:30PM	Sun	Gymnasium	Sackville Sports Stadium	14	\$5.00
	Public Skate	All ages		Sep 3 - Dec 19, 2025	10:30AM-11:50AM	Mon,Wed, Thu,Fri	Arena	Sackville Sports Stadium	14	Free
	Public Skate	All ages		Sep 3 - Dec 19, 2025	3:05PM-3:50PM	Mon-Sat	Arena	Sackville Sports Stadium	14	Free
	Public Skate	All ages		Sep 7 - Dec 19, 2025	1:05PM-1:50PM	Sun	Arena	Sackville Sports Stadium	14	Free
	Public Skate	All ages		Sep 4 - Dec 19, 2025	6:00PM-6:55PM	Thu	Arena	Sackville Sports Stadium	14	Free

PLEASE NOTE:

For a full refund, withdrawal requests must be received no later than 7 days prior to the program start date.

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