



Fall 2025



HALIFAX

Musquodoboit Valley

Dutch Settlement to Dean
12046 Highway # 224,
Middle Musquodoboit
Phone: 902.384.3008

Adult programs are + HST. Senior discounts apply to residents over 60 years of age. Some program fees and/or details may change over the course of registration. For the latest details, visit halifax.ca/myREC



Musquodoboit Valley



HALIFAX

| Program Number | Program Name | Age from | Age to | Dates | Time | Day | Location | Classes | Price |
|------------------|---|----------|--------|-----------------------|--------------------------|-----|---------------------------------------|---------|---------|
| PRESCHOOL | | | | | | | | | |
| 24168 | Creative Movement | 3 | 5 | Sep 27 - Nov 29, 2025 | 09:15AM - Sat 09:45AM | | Musquodoboit Valley Education Centre | 10 | \$31.90 |
| 24169 | Creative Movement | 3 | 5 | Sep 27 - Nov 29, 2025 | 10:00AM - Sat 10:30AM | | Musquodoboit Valley Education Centre | 10 | \$31.90 |
| 24166 | Little Sports | 3 | 5 | Sep 27 - Nov 29, 2025 | 10:00AM - Sat 10:45AM | | Musquodoboit Valley Education Centre | 10 | \$47.80 |
| 24164 | Tumblebugs + | 3 | 5 | Sep 25 - Nov 27, 2025 | 06:00PM - Thu 07:00PM | | Musquodoboit Valley Education Centre | 9 | \$57.33 |
| CHILD | | | | | | | | | |
| 30601 | Open Gym and More | 6 | 11 | Sep 22 - Dec 01, 2025 | 06:00PM - Mon 07:30PM | | Musquodoboit Valley Education Centre | 10 | Free |
| 26783 | Open Gym and More | 6 | 11 | Sep 23 - Dec 02, 2025 | 06:00PM - Tue 07:30PM | | Upper Musquodobit Community Hall | 10 | Free |
| 24167 | All Sorts of Sports | 6 | 12 | Sep 27 - Nov 29, 2025 | 10:45AM - Sat 11:45AM | | Musquodoboit Valley Education Centre | 10 | \$63.70 |
| 24163 | Archery - Beginner | 10 | 17 | Oct 04 - Oct 25, 2025 | 01:00PM - Sat 02:15PM | | Musquodoboit Valley Education Centre | 4 | \$47.76 |
| 24165 | Kids Create | 6 | 12 | Sep 25 - Nov 27, 2025 | 06:00PM - Thu 07:00PM | | Musquodoboit Valley Education Centre | 9 | \$66.87 |
| 24171 | Just Dance | 6 | 9 | Sep 27 - Nov 29, 2025 | 11:00AM - Sat 12:00PM | | Musquodoboit Valley Education Centre | 10 | \$63.70 |
| 23270 | Stars and other Things Up Far! - Intro to Astronomy | 10 | 15 | Sep 29 - Nov 10, 2025 | 07:00PM - Mon 08:00PM | | Carroll's Corner Community Centre | 6 | \$44.58 |
| YOUTH | | | | | | | | | |
| 24163 | Archery - Beginner | 10 | 17 | Oct 04 - Oct 25, 2025 | 01:00PM - Sat 02:15PM | | Musquodoboit Valley Education Centre | 4 | \$47.76 |
| 30450 | Open Gym - Teen | 13 | 17 | Sep 30 - Dec 09, 2025 | 07:00PM - Tue 09:00PM | | Musquodoboit Rural High School | 11 | Free |
| 23270 | Stars and other Things Up Far! - Intro to Astronomy | 10 | 15 | Sep 29 - Nov 10, 2025 | 07:00PM - Mon 08:00PM | | Musquodoboit Valley Recreation Office | 6 | \$44.58 |

| Program Number | Program Name | Age from | Age to | Dates | Time | Day | Location | Classes | Price |
|----------------|---------------------------------|----------|--------|----------------------------|--------------------------|-----|--------------------------------------|---------|---------|
| ADULT | | | | | | | | | |
| 24161 | Open Gym - Adult and Youth | 13 | | Sep 26 - Dec 19, 2025 | 06:30PM - Fri 09:00PM | | Musquodoboit Rural High School | 11 | Free |
| 26872 | Pickleball | 18 | | Sep 22 - Dec 01, 2025 | 07:30PM - Mon 09:00PM | | Musquodoboit Valley Education Centre | 11 | Free |
| 26885 | Pickleball | 18 | | Sep 25 - Dec 18, 2025 | 07:30PM - Thu 09:00PM | | Musquodoboit Valley Education Centre | 10 | Free |
| 26870 | Pickleball | 16 | | Sep 27 - Dec 06, 2025 | 09:00AM - Sat 10:00AM | | Musquodoboit Valley Education Centre | 10 | Free |
| 30271 | Badminton | 14 | | Sep 24 - Dec 10, 2025 | 07:00PM - Wed 09:00PM | | Musquodoboit Rural High School | 12 | Free |
| 23290 | Yoga | 18 | | Sep 25 - Nov 27, 2025 | 06:00PM - Thu 07:00PM | | Musquodoboit Valley Education Centre | 9 | \$60.21 |
| 30616 | Knitting Club /Learn to Knit | 19 | | Sep 22 - Nov 17, 2025 | 06:00PM - Mon 07:30PM | | Musquodoboit Valley Education Centre | 8 | \$40.00 |
| 26782 | Felting Workshop - Landscape | 18 | | Saturday, October 18, 2025 | 09:30AM - Sat 12:30PM | | Musquodoboit Valley Education Centre | 1 | \$25.47 |
| 26282 | Rug Making Workshop | 19 | | Saturday, October 25, 2025 | 09:30AM - Sat 01:30PM | | Musquodoboit Valley Education Centre | 1 | \$85.00 |
| 30244 | Soap Making Workshop | 19 | | Sunday, November 2, 2025 | 01:00PM - Sun 04:00PM | | Meaghers Grant Community Hall | 1 | \$55.00 |
| 26248 | Bus Trip - Apple Picking Plus | 19 | | Friday, September 26, 2025 | 09:00AM - Fri 05:00PM | | Musquodoboit Valley Education Centre | 1 | \$15.00 |
| 26250 | Bus Trip - Thrift Shopping | 19 | | Friday, October 10, 2025 | 09:00AM - Fri 05:00PM | | Musquodoboit Valley Education Centre | 1 | \$15.00 |
| 26252 | Bus Trip - Windsor Maker Studio | 19 | | Friday, November 14, 2025 | 09:00AM - Fri 05:00PM | | Musquodoboit Valley Education Centre | 1 | \$15.00 |
| 26253 | Bus Trip - Dartmouth Crossong | 19 | | Friday, December 12, 2025 | 09:00AM - Fri 05:00PM | | Musquodoboit Valley Education Centre | 1 | \$15.00 |

| Program Number | Program Name | Age from | Age to | Dates | Time | Day | Location | Classes | Price |
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| DROP-INS | | | | | | | | | |
| 24160 | Fitness Centre | 16 | | Sep 22 - Dec 19, 2025 | 6:00PM - 09:00 PM | Mon, Wed, Fri | Musquodoboit Rural High School | 12 | Free |
| 24160 | Fitness Centre | 16 | | Sep 23 - Dec 16, 2025 | 7:00PM - 09:00 PM | Tue | Musquodoboit Rural High School | 12 | Free |
| 30271 | Badminton | 16 | | Sep 24 - Dec 10, 2025 | 07:00PM - 09:00PM | Wed | Musquodoboit Rural High School | 12 | Free |
| 24161 | Open Gym - Adult and Youth | 13 | | Sep 26 - Dec 19, 2025 | 06:30PM - 09:00PM | Fri | Musquodoboit Rural High School | 11 | Free |
| 30450 | Open Gym - Teen | 13 | 18 | Sep 30 - Dec 09, 2025 | 07:00PM - 09:00PM | Tue | Musquodoboit Rural High School | 11 | Free |

PLEASE NOTE:

For a full refund, withdrawal requests must be received no later than 7 days prior to the program start date.

Adult programs are +HST and senior discounts apply to clients 60 years of age or older.

Some program fees and/or details may changed over the course of registration. Visit Halifax.ca/MyRec for the most current information.