

SUMMER
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IN THE
Air

COUNCILLOR CATHY DEAGLE GAMMON
DISTRICT 1 NEWSLETTER
WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY



WELCOME JUNE!



After a cold and wet spring, I am so excited to be welcoming the month of June! June signals the start of summer and with it comes a month of new beginnings, new opportunities, and happy times with friends and family. Whatever you do, take a moment to reflect on the year so far, as it's almost halfway gone already!

To all the graduates - Congratulations on achieving this milestone! Graduation is an extraordinary achievement that marks the end of one chapter and the beginning of another. For every ending – there is a new beginning, for every memory – there is a dream ahead; and always remember, if opportunity doesn't knock, build a door! I wish you the best of luck with your future endeavors.

Keep reading for more information on the Municipality's strategic planning process, Wildfire risk assessment, Natal Day Parade applications, and many more interesting articles on what's going on in the community!

JUNE 2025

Contact me if you have questions regarding municipal programs/services by phone at 902-717-2718 or by email at deaglec@halifax.ca.

TABLE OF CONTENTS

WELCOME JUNE!	1
JUNE MEETING DATES	2
DID YOU KNOW	2
MUNICIPALITY SETS 2026-2030 STRATEGIC PLANNING PROCESS	3
COUNCIL APPROVES 2025-26 EVENTS EAST BUSINESS PLAN	3
ONE MEMBERSHIP FOR REC CENTRES	3
FREE WILDFIRE RISK ASSESSMENT FROM FIRESMART	4
HFX ALERT	4
COUNCIL APPROVES NEXT STEP TOWARD DOWNTOWN DARTMOUTH HERITAGE DISTRICT	4
HRM 2025 CITIZENSHIP AWARDS	5
NEIGHBOUR WEEK 2025	6
CURBSIDE GIVE AWAY WEEKEND	6
NATAL DAY PARADE APPLICATIONS	7
TALK TRANSIT	7
TRANSIT SERVICE CHANGES	7
COGSWELL DISTRICT PROJECT STREET MODIFICATION	8



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NATIONAL INDIGENOUS HISTORY MONTH	8
NATIONAL INDIGENOUS PEOPLES DAY	8
ARGYLE STREET - SUMMER OPENING	9
PLAYING FIELD MAINTENANCE UNDERWAY	10
TICK CHECKS	11
HALIFAX TRANSIT ZERO EMISSION BUS PROJECT	11
IN THE COMMUNITY	13
COMMUNITY CENTRES	20
PROVINCIAL & FEDERAL REPRESENTATIVES.....	21
COUNCILLOR DEAGLE GAMMON	22
E-NEWSLETTER/SUBSCRIBE.....	22
LAND ACKNOWLEDGEMENT.....	22

- Wednesday, June 11 at 10:00 a.m.
- Thursday, June 26 at 10:00 a.m.

Executive Standing Committee

- Monday, June 16 at 10:00 a.m.

DID YOU KNOW...

June originates from the month of *Iunius* (also called *mensis Iunius* lit. 'month of June') in the original Roman calendar used during the Roman Republic. This month marks the start of summer and contains the summer solstice, which is the day with the most daylight hours.

JUNE MEETING DATES

Regional Council:

Tuesday, June 3 at 10:00 a.m. Special Meeting
Tuesday, June 10 at 10:00 a.m.
Tuesday, June 19 at 1:00 p.m. Special Meeting
Tuesday, June 20 at 10:00 a.m. (If necessary)
Tuesday, June 24 at 10:00 a.m. Special Meeting
Tuesday, June 30 at 10:00 a.m. (If necessary)

NorthWest Community Council:

Monday, June 9 at 6:00 p.m.

Standing Committees:

Environment and Sustainability Standing Committee

- Thursday, June 5 at 1:00 p.m.

Audit & Finance Standing Committee

- Wednesday, June 18 at 10:00 a.m.

Community Planning & Economic Development Standing Committee

June 1 is National Say Something Nice Day

June 2 is Canadian Armed Forces Day

June 2 is National Cancer Survivors Day

June 5 is World Environment Day

June 6 is D-Day Anniversary

June 8 is World Oceans Day

June 12 is World Day Against Child Labour

June 14 is World Blood Donor Day

June 15 is World Elder Abuse Awareness Day

June 16 is Father's Day

June 20 is World Refugee Day

June 20 is Summer Solstice

June 21 is National Indigenous Peoples Day

June 21 is Take Your Dog To Work Day

June 24 is St. Jean Baptiste Day

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MUNICIPALITY SETS 2026-2030 STRATEGIC PLANNING PROCESS



The municipality's administration has started creating the 2026-2030 Strategic Plan and Regional Council has approved the proposed approach in finalizing the Plan.

The Strategic Plan reflects the municipality's vision, mission and values – and establishes key areas of focus now and into the future. The four-year plan outlines priorities and goals, which guide how the municipality tracks progress and aligns business plans and budgets. The plan also helps municipal employees understand how their work fits into the long-term goals of the organization, and how they can work together to make a difference in the region.

The draft Plan content has been informed by the results of the [2024 Resident Survey](#) and workshops with Regional Council and the administration's senior leadership.

Beginning in May, Regional Council will review the draft plan. This feedback will then inform a subsequent round of working group meetings and plan development in advance of the final Plan being presented to Regional Council in summer 2025. For more information, read the staff report [here](#).

COUNCIL APPROVES 2025-26 EVENTS EAST BUSINESS PLAN



Regional Council has approved the 2025/26 Events East Business Plan. Events East manages and operates the Halifax Convention Centre, Scotiabank Centre and Ticket Atlantic.

The Halifax Convention Centre Act outlines that Event East's activities be maintained and managed in a manner that will promote economic development, tourism and industry in the province generally, and the municipality in, particular. For more information, read the staff report [here](#).

3

ONE MEMBERSHIP FOR REC CENTRES

Do you have a membership at one of our recreation centres? We want to hear from you! Residents are invited to share their feedback on a membership option that could provide access to all municipally owned recreation facilities. Learn more and take the survey by June 30 at shapeyourcityhalifax.ca/one-membership.

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FREE WILDFIRE RISK ASSESSMENT FROM FIRESMART



Wildfires are becoming more frequent and severe, especially in areas where homes meet natural vegetation.

To help reduce this risk, Halifax Regional Fire & Emergency is offering free, voluntary FireSmart property assessments to residents.

As part of this service, trained staff will visit your home, identify potential wildfire hazards—like flammable materials or overgrown vegetation—and provide personalized tips to help you make your property safer.

Request your free assessment today at halifax.ca/firesmart or call 311 to learn more. Taking action now can make a big difference in protecting your home.

HFX ALERT

Get notified when it matters most.

Sign up for hfxALERT, the Halifax Regional Municipality's mass notification system, to receive critical and non-urgent alerts, as well as municipal winter parking ban notices.

To find out more and to register, visit: <http://halifax.ca/hfxalert>

COUNCIL APPROVES NEXT STEP TOWARD DOWNTOWN DARTMOUTH HERITAGE DISTRICT

At the Tuesday, May 13 meeting, Regional Council voted to advance plans for a Heritage Conservation District (HCD) in Downtown Dartmouth by accepting a staff background study and initiating public consultation. The recommendation, brought forward by the Heritage Advisory Committee, highlights the area's unique historic character — including its 1750 street grid, harbour views, and heritage buildings like Quaker House and Christ Church.

Council approved two key actions:

1. Accepting the background study as the basis for establishing a Heritage Conservation District in Downtown Dartmouth.
2. Beginning public consultation in accordance with the Public Participation Program for HCDs, adopted by Council in 2020.

The consultation process will include multiple opportunities for residents to share their perspectives and shape the future HCD plan and by-law. This approach ensures that development in the area continues in a way that respects and reflects its heritage value. A final plan is expected to return to Council in 2026.





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HRM 2025 CITIZENSHIP AWARDS

Halifax Regional Municipality hosts the annual Citizenship Awards ceremony to recognize grade nine students throughout the municipality who exemplify qualities of leadership in, and service to, their school and community, while maintaining commendable academic performance. This year, we were pleased to honor 43 students with the Citizenship Award. The ceremony and awards presentation took place on May 13th as part of a special presentation at Halifax Regional Council.

Congratulations to the District 1 Citizenship Award recipients: Elizabeth Rose Marie Giffin (Lockview High), Grace Stretch (Musquodoboit Rural High), and Abby Sullivan (Armbræ Academy).



Grace Stretch – Musquodoboit Rural High



Elizabeth Rose Marie Giffin – Lockview High



Abby Sullivan – Armbræ Academy



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NEIGHBOUR WEEK 2025



This June, the Regional Municipality is launching the first-ever Neighbour Week! This new initiative, running from June 22 to 28, is all about recognizing and celebrating the simple, everyday moments that

help build stronger connections between neighbours. Whether it's a friendly wave, a shared chat in the driveway, or offering a helping hand, these small acts make a big difference in creating a more welcoming, connected community. Neighbour Week encourages us all to be intentional about reaching out to the people around us — especially in our own neighbourhoods and shared spaces.

The week will be supported by a social media campaign and helpful tools, including:

- A Neighbour Passport & Contact Card
- Tips for Connecting Across Cultures
- An Introvert/Extrovert Guide to Meeting Neighbours
- Ideas for Safe Neighbourhood Play
- Conversation starters and more

The long-term vision is to grow Neighbour Week into a cherished annual tradition — one that promotes civic pride, fosters belonging, and reflects the best of our shared Maritime values. I encourage you to take part, meet someone new, and help spread the word using the hashtags:

#HRMNeighbourWeek,
#HRMNeighbourWeek2025, and
#MeetYourNeighbourHRM.

CURBSIDE GIVE AWAY WEEKEND



Looking to declutter or find free items? Join us for Curbside Give Away Weekend on June 7 & 8! This event takes place, rain or shine, across the municipality.

How to participate:

1. Post your items on the Interactive Map or in the Facebook event.
2. Place re-usable household items at the curb with a "FREE" sign.
3. All unclaimed items must be removed by dusk on Sunday. Consider donating unclaimed items to charity.

Examples of items you can give away:

- Books, furniture, appliances, sports equipment, tools, electronics, clothing, and more.

What not to place at the curb:

- Non-reusable items or those that could be infested with pests (e.g., mattresses).

Curbside Etiquette:

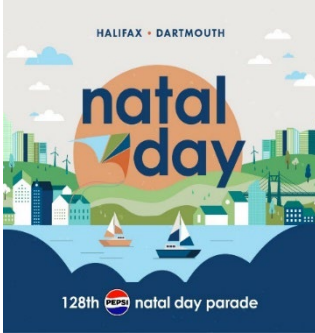
- Ensure items are clean and in reusable condition.
- Items you want to keep should be kept away from the curb.
- Follow traffic laws for safety.



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NATAL DAY PARADE APPLICATIONS



The 128th Pepsi Natal Day Parade is scheduled for 10:30 a.m. on Monday, August 4, 2025.

Float registration is now open and applications will be accepted until Friday, July 18.

Learn more and apply for the parade at <http://halifax.ca/natalday>

HOUSEHOLD LITTER IN PARKS



In November 2021, HRM Solid Waste Resources began enforcement of new illegal dumping regulations. Municipal staff enforce enhanced measures related to illegal dumping and litter, including in parks. Household litter does not belong in parks. Penalties range from \$200-\$10,000. Learn more:

<https://brnw.ch/21wSOCq>

TALK TRANSIT



We want to hear from you! Halifax Transit is seeking feedback about accessible bus stop features for passengers with vision-related disabilities, as well as Our Student Transit Pass Pilot Program.

Learn more, and take the online survey at:

<http://shapeyourcityhalifax.ca/talktransit>

TRANSIT SERVICE CHANGES



Great news! Starting May 19, Halifax Transit brought back trips on Routes 65, 68, 84, 85, 165, 168A, 168B, 182, and 185.

For more information, visit

<https://brnw.ch/21wSxxQ> or call 311.



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COGSWELL DISTRICT PROJECT STREET MODIFICATION



Upper Water Street between Reconciliation Way and Barrington Street will re-open with two modified traffic lanes, one in each direction, effective May 6.

The intersection at Barrington and Upper Water Street is reconfigured as per the attached map. Drivers will no longer be able to turn left from Upper Water Street to Barrington Street.

As work continues in this area, access will be maintained to driveways and Cogswell Street.

There may be intermittent temporary closures to the northern portion of Purdy's Lane to facilitate pipe work.

This work is part of HRM's commitment to improving transportation efficiency and supporting sustainable mobility options, aligning with the Integrated Mobility priority of the municipality's strategic plan.

For project updates, visit: halifax.ca/cogswell.

NATIONAL INDIGENOUS HISTORY MONTH

June is National Indigenous History Month in Canada, a time to recognize the rich history, heritage, resilience and diversity of First Nations, Inuit and Métis people. It's a time to honour the stories, achievements and resilience of Indigenous Peoples, who have lived on this land since time immemorial and whose presence continues to impact the evolving Canada. The House of Commons designated June as National Aboriginal History Month in 2009. The name was changed to National Indigenous History Month in 2017. For more information, visit halifax.ca/national-indigenous-month.

NATIONAL INDIGENOUS PEOPLES DAY

June 21 is National Indigenous Peoples Day, a time to celebrate the heritage, cultures and contributions of First Nations, Inuit and Métis peoples across Canada. The date was chosen to align with the summer solstice—an important and symbolic time for many Indigenous communities. This day of recognition was officially declared in 1996 by the Governor General of Canada, following years of advocacy and recommendations from Indigenous leaders and organizations, including the Assembly of First Nations and the Royal Commission on Aboriginal Peoples. In 2017, the name was changed from National Aboriginal Day to National Indigenous Peoples Day, reflecting a broader and more inclusive understanding of

Indigenous identities. For more information, [click here](#).



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ARGYLE STREET – SUMMER OPENING

The Halifax Regional Municipality is excited to announce the seasonal transformation of Argyle Street into a vibrant pedestrian-first space!

From Monday, April 7 at 9 a.m. to Wednesday, November 12 at 9 a.m., Argyle Street between Prince and Blowers streets will be open exclusively to people walking, rolling, and cycling. Motor vehicle access will be paused during this time to create a more welcoming, accessible, and active downtown experience for all.

This seasonal initiative, consistent with previous years, is part of the municipality's ongoing commitment to supporting active transportation, accessible public spaces, and vibrant communities — no construction is involved.

EMERA OVAL OPENING FOR SUMMER SEASON



The Halifax Regional Municipality is advising residents that the Emera Oval is opening on Saturday, May 31 for the summer season. Residents will be able to enjoy the concrete surface for rollerskating, biking, skateboarding, in-line skating and more. Free equipment

rentals, including bikes, scooters and skateboards, will be available – as well as access to public washrooms and first aid stations. Helmets are mandatory for all users and are also available for rent free of charge. Valid ID is required for all rentals. E-powered and segway-style equipment are not permitted on the Emera Oval to ensure the safety of others.

The municipality will also be hosting Rec Day programming at the Emera Oval on Saturday, June 7 from 11 a.m. to 1 p.m. Activities will include face painting, inflatables and various municipal program demonstrations. Representatives from Halifax Emergency Fire & Emergency, Halifax Regional Police, Speedy Kids, Disc Dolf Nova Scotia, Halifax Tides FC, Sportball Nova Scotia and Athletics Nova Scotia will also be in attendance. For more information, visit: halifax.ca/emeraoval.

PLAYING FIELD CLOSURES

Playing field closures can happen for many reasons such as inclement weather, soil saturation and unforeseen maintenance.

Find daily updates at: <https://brnw.ch/21wSI5T>



JUNE 2025

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PLAYING FIELD MAINTENANCE UNDERWAY



Parks staff have begun seasonal maintenance of playing fields. We maintain over 300 fields and ball diamonds throughout the municipality for residents to use and enjoy. Find more info at:

Look out for more municipal events and announcements coming soon to acknowledge this day.

CAMPFIRES IN MUNICIPAL PARKS



While the municipal Open Air Burning By-law allows campfires in wooded areas, this does not apply to the region's parks.

WORLD REFUGEE DAY



World Refugee Day is an international day designated by the United Nations to honour refugees around the globe. It falls each year on June 20 and

celebrates the strength and courage of people who have been forced to flee their home country to escape conflict or persecution. World Refugee Day shines a light on the rights, needs and dreams of refugees, helping to mobilize political will and resources so refugees can not only survive but also thrive. While it is important to protect and improve the lives of refugees every single day, international days like World Refugee Day help to focus global attention on the plight of those fleeing conflict or persecution. View the United Nations Refugee Agency resource, [Are Refugees Good for Canada: A Look at Canadian Refugee Integration](#), to learn more about how refugees integrate and contribute to Canadian society and the economy.

The Parks By-law clearly states that there are to be no campfires at any time. Learn more at: <https://brnw.ch/21wSHu5>

HELP KEEP PARKS CLEAN



Municipal staff are working hard to keep park spaces clean. Did you know we service more than 1,400 litter receptacles across the municipality?

To report an overflowing litter can or loose litter in a park, please call 311 or email contactus@311.halifax.ca.



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TICK CHECKS



As we spend more time outdoors, it's important to be aware of ticks and how to protect yourself. Ticks can be found in wooded areas, tall grass, and shrubs — even in urban parks and backyards.

To reduce your risk:

Wear light-coloured clothing to spot ticks more easily

Tuck pants into socks and shirts into pants

Do a full body check after being outdoors — on yourself, children, and pets

Shower within two hours of coming inside

For more information on tick safety and prevention, click [here](#).

HALIFAX TRANSIT ZERO EMISSION BUS PROJECT



Halifax Transit officially launched its first electric buses into service, marking the completion of Phase 1 of the municipality's Zero Emission Bus Project. This milestone includes the arrival of 60 electric buses and the expansion of the Ragged Lake Transit Centre to accommodate them, along with a deep energy retrofit of the facility to meet net-zero ready standards. The project, the first of its kind in Atlantic Canada, aligns with municipal, provincial, and federal climate goals, including those outlined in HalifACT, the municipality's climate action plan. It was made possible through a \$112 million investment shared by all three levels of government.

Planning is now underway for Phase 2, which involves a rebuild of the Burnside Transit Centre to support additional electric buses and incorporate future low-emission fuel technologies.



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WHO DOES WHAT?

Federal Government

Airports	Criminal laws	Canadians Mortgages
Borders & passports	Employment Insurance	National RCMP
Broadcasting & telecommunications	Environment	National defence & veteran's affairs
Canada Child Benefit	Fisheries, oceans & national parks	Postal service
Charter of Human Rights	Immigration	Student loans
Correctional facilities	Income tax	
	International travel and support for abroad	

Provincial Government

Addictions and mental health	100 series highways & off ramps	Property tax (property assessment)
Affordable/public housing	Hospitals	Provincial parks
Correctional facilities	Housing	Provincial RCMP
Employer and employee supports	Justice	Schools and school parking lots
Environment	Landlord and tenant supports	Student loans
Family and Community Support Services	Lakes	Workplace safety
	Post-secondary education	

Municipal Government

City Hall	Municipal police force (i.e. HRP & RCMP District H)	Property tax (municipal portion)
Development and building permits and fees	Municipal parks	Recreation facilities
Environment	Libraries	Snow removal & waste collection
Fire services (i.e. HRFE)	Local road maintenance & improvement	Transit
Halifax Water	Parks, trails and playgrounds	





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IN THE COMMUNITY



The Gordon R. Snow Community Centre in Fall River is offering weekly camps this summer for children ages 5-12, with full and half day options. From sports to arts & crafts, there will be lots to keep your children engaged and having fun. Music Mania, Lost in Space and Lights, Camera, Action are just a few of the exciting themes to explore.

For more information or to register call 902 860-4570 or go online halifax.ca/myrec

Construction Coming to Wellington

2025 Upgrades: Collins Dr • Carlheath Dr • Anthony Ave • Lawrence Pl



- New paving, curbs, & speed tables
- Watermain & catch basin work
- Culvert near Civic #29
- Temporary parking impacts
- Learn more & view speed table map

halifax.ca/trafficalming



The Halifax Regional Municipality will be upgrading several streets in your neighbourhood during the 2025 construction season.

Project Area:

Collins Drive, Carlheath Drive, Anthony Avenue, and Lawrence Place

Planned Work Includes:

- New paving, curbs, and gravel shoulders
- Watermain and catch basin replacements
- Stormwater culvert installation near Civic #29
- Speed tables on Carlheath Drive as part of HRM's traffic calming program. There may be temporary impacts to driveway and on-street parking. Residents will receive advance notice before construction begins. View speed table locations and get more information at halifax.ca/trafficalming. You can also scan the QR code in the attached graphic. Residents are reminded to remove any personal property (fences, gardens, etc.) from the street right-of-way prior to construction. If you have accessibility needs, underground systems, or upcoming projects requiring street access, please contact 311 to coordinate.

Ingram Drive (Civic #65-71), Fall River

Guiderail Installation – 2025 Construction Season

Guiderails and fresh gravel will be installed in 2025 as part of HRM's Capital Budget. Most work will happen in the municipal right-of-way.

- Temporary impacts to driveways and street parking are expected.
- Specific construction dates will be shared in advance.

Before Work Begins

- Remove personal items from the street
- Don't remove municipal trees
- Watch for an advance notice

Contact 311 if

- You have heated driveways, sprinklers, or pet fencing
- You're planning any projects that need pavement cuts
- Someone at home has limited mobility
- There are drainage or utility issues on your property

Have Questions?
Call 311



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Public Service Announcement – Waverley Road

Traffic Delay – Waverly Road

Location: Waverly Road, at the intersection with Mountbatten Avenue

Date: Monday, May 26 to Tuesday July 15
Time: 9 a.m. to 4 p.m. daily, weekdays only.
Work details: This is required for retrofitting of a pressure relief valve chamber.

Traffic impact: Stop-and-go traffic will be in place while work is underway. Motorists should expect delays and are asked to use alternative routes whenever possible. A temporary crosswalk will be installed at the corner of Waverly Road and Mountbatten Avenue, and a temporary sidewalk with jersey barriers will be in place to maintain pedestrian access.

Notices will be provided prior to parking restrictions. We thank you for your patience and cooperation in assisting the Halifax Regional Municipality in improving the level of service to your area and apologize for any inconvenience the work may cause you. The work generally consists of the construction of asphaltic concrete speed tables, speed cushions, and the installation of associated signposts, signs, and pavement markings.

NOTE: If someone at your address has difficulty crossing uneven ground, gravel or steps, please let us know in advance so we can work with you for alternate access where possible during this project.

Traffic Calming PH1 High Rd.; Kinclaven Dr.

- HRM INSPECTOR:
Amanda Benson 902- 943- 0296
- CONTRACTOR:
Ocean Contractors Limited
- ANTICIPATED START DATE:
May 21, 2025
- ANTICIPATED COMPLETION DATE:
July 3, 2025



Notice of Traffic Calming - Construction Advisory Notice. The Halifax Regional Municipality will be carrying out construction work on your street. Parking may occasionally be restricted on your street which might require that you consider temporary parking arrangements.



Bedford Bypass Repairs to the Highway 101/Highway 102 bridge structure in Bedford will cause additional lane restrictions.

The following restrictions will be in place from 9:30 p.m. to 6 a.m. starting May 14.

*Highway 102 southbound (inbound) will be down to one lane

*Highway 101 westbound to Highway 102 southbound ramp will be closed
There will be a detour in place.

Work takes place daily from sunrise to sunset, and motorists can expect delays.

The repairs are expected to be complete by Friday, July 18.

JUNE 2025

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It's been five years already! Cheers to the Daffodil Garden for Cancer Survivors in Dartmouth. Thanks to the dream and determination of Judi and Jim Edgar.

Earlier this month, all orders of government, community and medical professionals came in the rain to say thank you one and all.

I was so pleased to say a few words with colleague Dartmouth Centre Councillor Sam Austin. Thanks to Councillor Trish Purdy - District 4 as well, for the photos.



One of the greatest moments as a councillor, is participating and celebrating our youth. Along with Mayor Filmore and Deputy Mayor Mancini also chair of Environment and Sustainability Standing Committee, I was humbled as vice chair of Environment Sustainably Standing Committee to be in the presence of amazing youth Climate Action Fund Round 2 recipients. Stay tuned for results of their projects. The best of our future - our so talented, intelligent, compassionate and environmentally conscious youth. We are in good hands!

15

Musquodoboit Valley Bicentennial
THEATRE & CULTURAL CENTRE
Presents...
THEATRE CAMPS 2025

Week Long Camps
Puppet Camp: July 14th - 18th
Musical Theatre Camp: July 21st - 25th
Tiny Tots Theatre Camp: July 28th - 30th

Day Camps:
Arts & Crafts: August 6th
Theatre Around the World: August 7th
Broadway and Beyond: August 8th

For more information and to register go to: bicentennialtheatre.ca



Bird Friendly Halifax Coalition Bird Walk

JUNE 2025

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Making plans for June... be sure to mark Saturday June 21 as Family Fun Day at the Atlantic Canada Aviation Museum.

Come and enjoy an event which brings our community together through our shared love of aviation and history.

There will be face painting, games, and prizes. There will also be a free BBQ and refreshments.

Admission to the museum is by donation.



Sackville Lakes Park and Trails Association and Friends of Second Lake combined AGMs.

Billy Gillis - HRM Councillor for District 15 - Lower Sackville/Beaver Bank and I were pleased to present a cheque from our District Capital Funds to provide Water Testing for First and Second Lake, Lake Watchers Program.

Guest speaker was HRM's Urban Forest Coordinator Heba Jarrer.



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Supported Ronald McDonald House Charities for McHappy Day with East Hants Councillor Norval Mitchell and Hants East MLA John A MacDonald, MLA for Hants East at the Elmsdale McDonalds



Congratulations to LWF Baseball Association on your funding support from Jays Care Foundation!



I'm delighted to announce that our district capital funds are supporting the Lock 5 Extended season opening!

This funding is crucial for Shubenacadie Canal Commission, a non-profit organization dedicated to preserving the waterway and its sites. With this support, we're able to open earlier and stay open longer – from April 1st to November 30th in 2025.

By supporting public access and local recreation, we're building a stronger, more vibrant community.

Current Season: May 1 – Oct, 31, 2025

Extended Season: April 1 – Nov. 30.

JUNE 2025

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Shop local at crafts in the Jamieson Park. What a wonderful assortment of treasures from biscuits to jewelry to painted stones, to clothes to wooden toys and more!



Lockview High School - Little Shop of Horrors play



Carroll's Corner Community Centre Breakfast



L'Arche Halifax celebrating 15 years. Emcee was Danny Graham.

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Congratulations and thank you to these amazing volunteers who were awarded an HRM Volunteer Award on April 30!



Volunteer of the Year Sharon Arsenault

JUNE 2025

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Community Yard Sale



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The Great Nova Scotia Pick-Me-Up programs are open for registration.

Visit www.nsadoptahighway.ca and click on the 'Register Today!' tab.

For one-time clean-ups on shorelines, roadways, parks, or trails, click on the green Great Nova Scotia Pick-Me-Up logo.

For Adopt-A-Highway clean-ups, click on the blue Adopt-A-Highway logo.

Did you know?

By registering for a clean-up with the Great Nova Scotia Pick Me Up you receive free bags and gloves to use during your clean up.

If you need assistance registering, feel free to send an email to litterprograms@coastalaction.org.

COMMUNITY CENTRES

[Elderbank Recreation Club](#)

[Lemmon Hill Sports Association](#)

[Upper Musquodoboit Nova Scotia Nunavut Command](#)

[Upper Musquodoboit Community Hall](#)

Upper Musquodoboit Fellowship Centre
(902)568-2536

[Musquodoboit Valley Bicentennial Theatre](#)

[Musquodoboit Valley Family Resource Centre](#)

[Musquodoboit Valley Food Bank](#)

[Carrolls Corner Community Center](#)

[Meaghers Grant Community Hall](#)

[Gordon Snow Community Centre](#)

[Wellington Fletchers Lake Station House](#)

[Grand Lake Oakfield Community Centre](#)

[Waverley Heritage Museum](#)

[Waverley Legion Dieppe Branch 90](#)

[LWF Community Hall](#)

[Windsor Junction Community Centre](#)

[Helping Hands Families Helping Families](#)

[Barefoot Farmers Association](#)

*For those I have missed this time around, please reach out to let me know and I will add you to the list!

**Let's make this
summer
unforgettable.**



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal District 1](#).

Provincial MLAs:

MLA Scott Armstrong



Colchester-Musquodoboit Valley

Progressive Conservative
Caucus Office:

1601 Lower Water Street,
Halifax, NS B3J 3P6

Phone: 902-424-2731 Fax: 902-424-748

E-mail: PCcaucus@novascotia.ca

MLA Brian Wong



Waverley-Fall River-
Beaver Bank

Constituency Office:

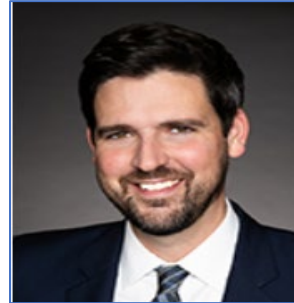
1265 Fall River Road

Suite 101 Fall River, NS
B2T 1E6

Email: brianwongmla@gmail.com

Federal MPs:

MP Sean Fraser



[Central Nova](#)

House of Commons
Ottawa, ON K1A 0A6

Phone: 613-992-6022

Fax: 613-992-2337

Email: sean.fraser@parl.gc.ca

MP Braedon Clark



Sackville-Preston-
Chezzetcook

House of Commons,
Ottawa, Ontario

K1A 0A6

Toll -free (Canada): 1 -
866 -599 -4999

Telephone: 613 -992 -

4793 TTY: 613 -995 -2262

Email: braedon.clark@parl.gc.ca



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

COUNCILLOR DEAGLE GAMMON



Councillor Cathy Deagle Gammon

DISTRICT 1
Waverley – Fall River – Musquodoboit Valley

902.717.2718
cathy.deaglegammon@halifax.ca

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I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Audit and Finance Committee (Chair)
- Canadian Capital Cities Organization
- Community Planning and Economic Development Standing Committee (Chair)
- Environment and Sustainability Committee (Vice Chair)
- Executive Standing Committee
- Halifax Regional Water Commission
- Halifax Partnership

Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

E-NEWSLETTER/SUBSCRIBE

The District 1 newsletters, are available on my [municipal website](#), or to request to be added to the distribution list, please contact my Council Constituency Coordinator, Nancy Viner at Nancy.Viner@halifax.ca.

LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

22



JUNE 2025

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