Dear Elizabeth,

I hope this email finds you well. My name is Stacie Smith, and I am the Youth Engagement Coordinator at Nourish Nova Scotia. I am also a former Halifax YAC member from 2020 to 2022.

We are looking to engage with the Halifax Youth Advisory Committee to get an understanding of what policy recommendations they would like to see in the upcoming federal election, in a campaign called "Eat Think Vote". I wanted to see if you had some time to connect on this initiative in January. I know it's a busy time of year for you

I look forward to hearing from you.

Best wishes,



Stacie Smith (she/her)
Youth Engagement Coordinator

Kjipuktuk, Unceeded Mi'kmaw Territory