

This year is
Marching
right along 

Have a great month!

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COUNCILLOR CATHY DEAGLE GAMMON

DISTRICT 1 NEWSLETTER

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

WELCOME MARCH!



There's lots to celebrate this month with several special days - International Women's Day, St. Patrick's Day, Ramadan, and the

beginning of spring. Clocks will "spring ahead" at 2 a.m. on March 9. After a long, cold winter, Spring is just around the corner! And all month long, we will be able to celebrate our francophonie community for Francophonie Month! Keep reading for information on the private well groundwater assessment study, Community Grants and Community Garden Programs, Extra Care accessible taxi service, Spring Recreation, and so much more.

Please reach out to me with suggestions on how I can assist with providing the municipal programs/services you want to see. You can contact me either by phone at (902) 717-2718 or by email at deaglec@halifax.ca. Your input is important!

MARCH 2025

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Tuesday, March 18 at 10 a.m.
Tuesday, March 25 at 10 a.m.

North West Community Council:
Monday, March 3 at 6 p.m.

Standing Committees:

Appeals Standing Committee

- Thursday, March 6 at 10 a.m.

Environment & Sustainability Standing Committee

- Thursday, March 6 at 1:30 p.m.

Community Planning & Economic Development Standing Committee

- Thursday, March 20 at 10 a.m.

Audit & Finance Standing Committee

- Monday, March 24 at 10:00 a.m.

DID YOU KNOW....

March is Irish Heritage month and Francophonie month.

March 1 is the start of Ramadan

March 2 is World Teen Mental Wellness Day

March 3 is World Wildlife Day

March 4 is Shrove Tuesday

March 4 is Mardi Gras

March 5 is Ash Wednesday

March 8 is International Women’s Day

March 9 Daylight Saving Time Starts

March 14 is Pi Day

March 14 is Commonwealth Day

March 15 is International Day to Combat Islamophobia

March 17 is St. Patrick’s Day

March 20 is World Oral Health Day

March 20 is French Language Day

March 20 is First Day of Spring

MARCH MEETING DATES

Regional Council, Budget Committee and Northwest Community Council meetings will be held on:

Budget Committee:

Wednesday, March 19 at 9:30 a.m.

Friday, March 21 at 9:30 a.m. if required

Regional Council:

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- March 21 is International Day for the Elimination of Racial Discrimination
- March 26 is Purple Day
- March 29 is Earth Hour
- March 30 is Last Day of Ramadan
- March 31 is International Transgender Day of Visibility
- March 31 is National Indigenous Languages Day

March: “When winter is holding on by a thread, but spring is knocking on the door.” Anonymous

DAYLIGHT SAVING TIME



Don't forget on Sunday, March 9 clocks are turned forward one hour at 2 am.

Daylight

Saving Time starts in the spring, causing one hour of sunlight to be moved from the morning to the evening.

The practice is intended to give people the opportunity to take advantage of the daylight during months when the weather is typically warmer.

HALIFAX WATER UPDATE



Why did Halifax Water decide to stop fluoridating?

Halifax Water has not decided to stop fluoridating; mechanical/equipment issues at the Pockwock Lake and Lake Major Water Supply Plants have caused interruptions to the process.

- The fluoride storage tank at Lake Major was at end of life and became a safety risk. As a result, it was taken offline, and a plan was put in place to replace it. However, external environmental factors mandated additional changes in the treatment process to maintain compliance. This has delayed the replacement of the fluoride tank as the facility has limited chemical storage space.
- Fluoridation of drinking water resumed at Pockwock Lake on December 12, 2024.

Who did Halifax Water report the treatment change to?

All drinking water treatment changes, including changes to fluoridation, are reported to Nova Scotia Environment and Climate Change (NSECC) as part of Halifax Water's Approval to Operate permit.

Is it a requirement to add fluoride to drinking water?

While adding fluoride to drinking water is not a regulatory requirement or mandatory in Nova



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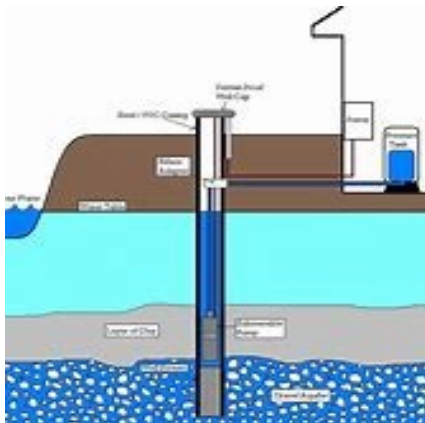
Scotia, it has traditionally been decided by communities and public health officials. Halifax Water is currently reviewing these issues with the current HW Board and the Minister of Health and seeking guidance on the next steps.

- In 2014, the HW Board of Commissioners endorsed the addition of Fluoride for Lake Major and Pockwock.
- This decision included support from the IWK, the Nova Scotia Dental Association and the Dalhousie University Faculty of Dentistry.

At the March 6th 1:30 PM Environment & Sustainability Standing Committee Halifax Water will be presenting on Water Fluoridation in HRM. You may watch the video or attend in person.

For updates and more information please visit this link: [Chlorine & Fluoride | Halifax Water](#)

PRIVATE WELLS – RURAL GROUNDWATER ASSESSMENT



The municipality is inviting residents to participate in a survey about private wells as part of a rural groundwater assessment study.

Your input will help us understand potential impacts and risks on well water quantity and quality. This data will support resilient rural growth by informing decisions on development density and climate adaptation.

Take the survey to help shape a sustainable future for the municipality's rural communities halifax.ca/surveys

HALIFAX TRANSIT SERVICE CHANGES



Halifax Transit implemented service changes affecting Halifax, Bedford, and Dartmouth beginning on Feb. 24, 2025.

These service changes include the latest installment of [Moving Forward Together Plan](#) (MFTP) changes, the reinstatement of 25 trips across eleven routes, a minor schedule adjustment for Route 10C on Saturdays, and the publication of updated route maps and schedules to reflect the reopening of Scotia Square terminal.

- **Route 10C Dalhousie:** There will be a minor schedule adjustment on Saturdays only, allowing for more travel time between Scotia Square and Dalhousie University.
- **Route 196:** This route will now travel along Highway 102, from Hammonds Plains Road to Bayers Road, taking advantage of bus priority lanes. This route will also add two morning and two evening trips, providing residents with additional options to commute into downtown Halifax.

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- **Routes 55, 59, 65, 84, 85, 127, 159, 165, 182, 185 and 330:** These routes will have 25 previously cancelled trips reinstated, with four of these routes returning to full service.

All Halifax Transit maps and schedules for **routes servicing Scotia Square Terminal** will also be updated to reflect the new and renamed roads in the Cogswell District, and bus routing and bus bay assignments. All service changes, including previous Dec. 2024 Scotia Square changes, will be reflected in trip planning apps as of Feb. 24, 2025.

Visit our [website](#) for up-to-date changes to routes and schedules, including maps.

The introduction of additional trips and routing changes for Route 196 are outlined in the [Moving Forward Together Plan](#). The plan initiated a complete redesign of Halifax Transit’s service to respond to the region’s growth while improving on-time performance and reliability of service for transit users. To learn more, visit: <https://www.halifax.ca/transportation/halifax-transit/service-adjustments>

For the most up-to-date information on service changes, residents can follow @hfxtransit on X or call 311.

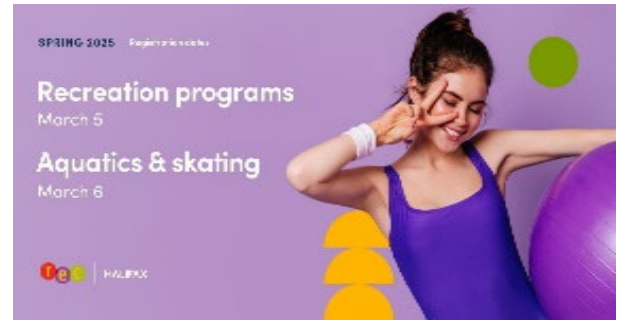
SOCIAL MEDIA SURVEY

Social media is constantly evolving, and the municipality is looking to better understand where residents are most active.

By completing a short survey (will take less than 10 minutes), you can help ensure we're sharing municipal information and engaging with you, and other residents, in the most effective way.

The online survey, which closes on Monday, March 10 at 11:59 p.m., can be found on halifax.ca/surveys.

SPRING 2025 RECREATION REGISTRATION DATES



Ready to get active? We offer lots of cost-effective ways for you and your family/friends to participate in our programs & use our facilities.

There are 1000s of recreation programs and services to help you and your family play, learn, move and stay active. [It's as easy as R-E-C!](#)

Registration dates for Spring 2025:

Wednesday, March 5
beginning at 10:00 a.m. for Recreation Programs

Thursday, March 6
beginning at 10:00 a.m. for Swimming & Skating

Monday, April 14
beginning at 10:00 a.m. for Summer Camps



PARKS & RECREATION FEES CHANGING APRIL 1



In 2022, changes to the Parks & Recreation fee structure for recreation programs, services,

rentals, drop-ins and membership fees were announced. In accordance with the five-year fee structure changes, Parks & Recreation fees, including membership fees, will be increasing effective April 1, 2025.

The fee changes will provide more clarity and predictability for residents:

- New user categories will be based on the age group and type of organization.
- Consistent subsidization for fee categories. For example, the fee structure will ensure all youth programs across the municipality receive the same subsidy.
- Reduced risk of unexpected fee increases. The new fee structure accounts for inflation, helping to reduce unexpected and potentially significant fee increases.
- Predictable five-year review cycle. New requirement to review fee structure every five years.
- No user charge for Parks that are rented for public events that are open to the public, non-exclusive and free of charge.
- Overall standardization, consistency and transparency of fees across the municipality. If you have any questions regarding how the Parks and Recreation fee changes will affect you, please email myREC@halifax.ca.

RECREATION FUNDING ACCESS PROGRAM

The Funding Access Program provides recreation opportunities to children, youth and adults in financial need. Depending on the need, the cost of recreation programs could be 50% or 100% covered by the program.

To qualify, you must:

- Live in HRM
- Show proof of financial need
- Apply before registering for a program

All Halifax Recreation programs are eligible except private swim lessons, birthday parties, third-party programs, and rentals.

Proof of financial need must accompany your application. You must include the following as applicable to your application request.

- [Canada Child Benefit Statement](#) for children and youth under 18 years of age
- [Notice of Assessment](#) for individuals 18 years of age and over
 - [Sample Notice of Assessment](#)
- Letter from the [Department of Community Services](#)

If you are applying to the Affordable Access Program and would like to provide feedback, please fill out and submit our [Feedback Survey](#).



ANTI-BLACK RACISM GRANTS PROGRAM



Regional Council has approved funding for 13 projects under the 2024 [Anti-Black Racism Grants Program](#).

The Halifax Regional Municipality’s Anti-Black Racism Grants Program offers project-specific funding to eligible registered non-profit organizations and charities within the municipality.

Grants range from \$500 to \$10,000 and focus on five key categories:

1. Racial segregation
2. Historic omission
3. Lack of recognition
4. Systemic expropriation
5. Negative portrayal in media and literature.

Out of 28 submissions, 13 projects were selected for their strong commitment to addressing systemic challenges faced by Black communities while aligning with the municipality’s commitment to equity and inclusion.

For more information, read the [staff report](#).

RAMADAN 2025: A HOLY MONTH OF GRATITUDE!



This year, the holy month of Ramadan begins at the first sighting of the crescent Moon on the evening of Friday, Feb. 28.

In practicing the self-restraint and gratitude that Ramadan involves, adult Muslims fast from dawn until dusk at this time and exhibit goodwill through acts of kindness and charity.

Ramadan is the ninth month of the Muslim calendar and begins and ends with the appearance of the crescent moon.

Ramadan is expected to last from Feb. 28/March 1 to March 29 in 2025. However, these dates can vary slightly depending on the crescent moon’s appearance.



INTERNATIONAL WOMEN’S DAY

March 8 is International Women's Day (IWD). It's a global day to recognize and celebrate women's and girls' social, economic, cultural, and political achievements. It's also a time to highlight the progress made in advancing women's rights and the ongoing efforts needed to ensure their full participation in all aspects of society.

International Women’s Day 2025 theme



The Government of Canada’s theme for International Women’s Day 2025 is Strength in every story.

This year’s theme highlights the importance of amplifying the voices of all women, particularly those who continue to face barriers to success.

Creating opportunities for women and girls unlocks their potential and drives innovation, supports Canada’s economy, and helps ensure a sustainable future for all.

Every woman’s story is a testament to resilience, determination, and the power of opportunity. This International Women’s Day, celebrate the women and girls in your life and share their stories.

MARCH 2025

TRAFFIC CALMING MEASURES

High Road (Heddass Way to Lockview Rd), Fall River

Kinclaven Drive (High Rd to Lockview Rd), Fall River

Halifax Regional Municipality is committed to road safety for all users. In February 2016 Regional Council approved the Traffic Calming Administrative Order which focuses on making neighbourhood streets safer for all users by slowing down traffic.



Traffic is calmed by constructing physical measures to encourage safer driving behaviours. Under the Traffic Calming Administrative Order, a review of High Road & Kinclaven Drive was completed which included the collection of vehicle speed and volume data as well as other features of the roadway.

As a result, High Road was identified as eligible for traffic calming measures. SPEED TABLES were selected as the appropriate traffic calming measure for High Road & Kinclaven Drive. Speed tables encourage slower speeds of travel by causing discomfort for drivers travelling at higher speeds. There is no negative effect on



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cyclists riding at moderate speeds, and there is no effect on resident access or on-street parking. Transit buses can also traverse speed tables with minimal impact. With the construction of speed tables on High Road & Kinclaven Drive we expect slower vehicular speeds.

The figure below shows the approximate speed table locations on High Road & Kinclaven Drive.



Please note these locations may very slightly during construction to minimize the impacts on driveways and drainage structures.

Examples of speed tables are also included in the attached. For more information regarding the traffic calming program in HRM, please visit our website: halifax.ca/trafficcalming.

This work is planned for the 2025 construction season.

The project involves several stages and temporary traffic control measures to install the asphalt speed tables along with associated pavement markings and signage work. Efforts will be taken to reduce the impact to your property during construction.

Both on-street and private driveway parking may be impacted. Notice of project timing and

impacts to parking and driveway access will be provided before construction.

Property owners are responsible for removing and relocating any personal property in the street prior to construction. Property that is not relocated may be removed without notice. Trees in the street are Municipal property and must not be removed by the property owner.

It is important that you contact 311 if:

- You have a heated driveway, invisible dog fence or in-ground sprinkler system near the street property line(s).
- You have an anticipated project within the next two years requiring a pavement cut, including driveway access modifications¹. You will need to apply for a permit and coordinate with the upcoming capital work. If the work involves utilities servicing, please reach out to them to coordinate the work. For water or sewer lateral works, contact Halifax Water at 902-420-9287. For installation of natural gas laterals, contact Eastward Energy at 1-877-836-7427.
- Anyone at your address has difficulty crossing uneven ground, gravel or using steps. We will work with you for alternate access, where possible, during the project.
- You are aware of any problems relating to your property's drainage, or water/sewer servicing lateral lines connecting to your property. We look forward to working with you and welcome your questions through our call centre at 311.

Please note that HRM By-Law S-300 states that pavement cuts will not be permitted,



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except to address emergency work, for two years after the street has been paved.

inclusion/french-services/francophonie-month for more information as event details are finalized.

FRANCOPHONIE MONTH



March is Francophonie Month, celebrating the French language and diverse Francophone cultures through cultural activities held worldwide.

March 20 has been observed worldwide as International Francophonie Day since 1988. The date commemorates the establishment of the Agence de Coopération Culturelle et Technique, the precursor to the [International Organization of La Francophonie](https://www.oif.int/), the organization representing countries and regions where French is the first or customary language.

Today, with 300 million speakers worldwide, French is the fifth most spoken language in the world; La Francophonie has 88 member states and governments.

You can learn more about the valuable role the Acadian and Francophone population plays in contributing to the cultural, social and economic development in our region by joining celebrations throughout the month! Visit <https://www.halifax.ca/about-halifax/diversity->

EMPLOYEE APPRECIATION DAY



Employee Appreciation Day is March 7. Employee Appreciation Day is a day dedicated to recognizing and expressing gratitude for the hard work, dedication, and contributions of employees within an organization.

Celebrated annually on the first Friday in March, this day serves as an opportunity for employers to show appreciation and acknowledge the efforts of their staff.

Thank you to those serving our municipality - your work hard to make our communities a better place to live, work and play!

MARCH 2025



BUDGET 2025/2026



Please be advised of the following key dates for the 2025/26 municipal budget process.

The municipal budget funds all costs associated with servicing a growing municipality. This includes day-to-day municipal operations, capital priority initiatives approved by Regional Council and capital projects and investments to purchase, construct, rehabilitate and replace municipal assets.

There are several milestones in the annual municipal budget process. Below are the key dates for the 2025/26 municipal budget process:

Wednesday, March 19

- **Budget Adjustment List (BAL) Review:**
The BAL includes all additional items that business units have presented beyond their proposed budgets, including additions (“overs”) and subtractions (“unders”).

Tuesday, April 8

- **Budget Approval**

Please note these dates are subject to change. For the most up-to-date information, click [here](#).

Residents will have the opportunity to speak directly to the Budget Committee during the budget process. During each meeting, time will be set aside for the public to provide insight and comments.

For more information on the 2025/26 municipal budget process, visit halifax.ca/budget.

WINDSOR STREET EXCHANGE



At the Feb. 25 meeting, Regional Council voted 15-2 in favour of proceeding with the Windsor Street Exchange project under its current design and funding agreement.

The proposed project aims to add active transportation connections and transit priority measures through the intersection, improve the movement of vehicles and goods through the area, and improve the safety for all road users.

The previous design was rejected at the Jan. 28 meeting, when Council raised concerns about the lack of a firm commitment to Bus Rapid Transit (BRT) and active transportation in the design. On Feb. 25, staff presented a supplementary report



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with a revised recommendation based on Council input.

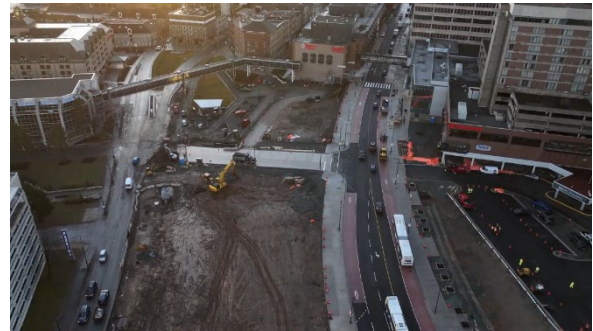
This includes design and construction of new structures within the project area to accommodate additional dedicated transit lanes and separated pedestrian and cycling facilities.

Municipal staff will also now start planning a second phase of the project, which will include road-widening to provide additional right-of-way for dedicated transit lanes in both the inbound and outbound directions. It will also include separated sidewalks and cycling facilities for active transportation connections from Joseph Howe Drive to Kempt Road.

For background on the Windsor Street Exchange project, please visit our [website](#).

options and opportunities are available to address the unsatisfactory situation currently occurring on the property.

COGSWELL DISTRICT PROJECT UPDATE



The final year of construction for the Cogswell District Project is here. Here's the quarterly project update for Winter 2025:

Phase 2 of the project was completed on December 24, 2024. Barrington Street from the roundabout at Nora Bernard Street, through to Duke Street, re-opened to all traffic along with Cogswell Street from Brunswick Street to Upper Water Street.

The Nora Bernard Street leg of the roundabout remains closed except to local traffic to enable underground services installation.

The Barrington Street Transit Terminal was relocated back to its permanent home on Barrington Street between Cogswell Street and Duke Street. Work continues on the installation of bus shelters, benches and signage which are expected to be completed by mid-March.

Commemorative names were approved and implemented for three streets in the Cogswell

BLOOMFIELD STAFF REPORT

At the Feb. 25 meeting, Regional Council voted unanimously in favour for a staff report that would look at opportunities to address the situation at the closed Bloomfield School site in light of the recent fire, including addressing the timely demolition of the remaining structures as well as options for cost recovery.

The report will also provide an update regarding the Municipality's buy back rights to the property.

The former Bloomfield School site has sat vacant since 2014, and since being bought in 2021, continues to remain vacant.

The motion indicates that information should be provided to HRM Council to determine what



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District: Reconciliation Way, Dr. Alfred Waddell Street and Amalamek Way.

The third and final phase of project construction began on January 6, 2025. This final year of construction (2025) will see the completion of the remaining street network, underground infrastructure, four parks: Granville Mall Park, Barrington Street Park, Upper Water Street Park and Amalamek Way Park, as well as two kilometres of separated bike paths and multi-use paths.

Substantial work will take place on Upper Water Street in the next 12 months. There will be a variety of changes and disruptions to traffic, pedestrian and bicycle movement starting in April.

These changes will be detailed and announced well in advance of the work occurring. Current work is focused on construction of the two westernmost lanes of the redesigned street.

Underground services are being installed on the lower portion of Dr. Alfred Waddell and will connect to those being installed on Amalamek Way and Nora Bernard Street.

The roof of the Granville Park stage is slated for completion by end of March.

Learn more: <https://www.halifax.ca/about-halifax/regional-community-planning/construction-projects/cogswell-district-redevelopment-3>

EXTRA CARE ACCESSIBLE TAXI SERVICE



Halifax Regional Municipality supports an accessible taxi service, [Extra Care Taxi](#), that

operates vehicles 24 hours a day, 7 days a week across the municipality. Passengers pay the standard taxi rate for trips.

Bookings can be made by phone at 902.334.0334, [online](#), or through the [Extra Care Taxi App](#), found at the Google Play store or the Apple Store. In March 2022, Regional Council [approved a staff recommendation](#) to grant a three-year contract to Extra Care Taxi. The municipality provides funding to Extra Care Taxi to support the extra cost of accessible service. Extra Care Taxi is part of [SeniorsTransit](#).

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The municipality's support for an accessible taxi service is based on feedback from:

- residents and visitors citing the lack of accessible vehicles, making spontaneous trips a challenge.
- service providers about the high costs of providing accessible taxi services
- The municipality's *Accessibility Strategy*, which mandates the creation of an inclusive environment for individuals with disabilities and acknowledges the need to create accessibility for all, regardless of ability.



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ACCESSIBILITY STRATEGY APPROVED



Halifax Regional Council has approved the [2025/28 Accessibility Strategy](#), representing an important step in our continued commitment to a more accessible region.

The 2025/28 Accessibility Strategy focuses on how we can improve accessibility throughout the municipality by identifying, removing and preventing barriers for persons with disabilities. In line with the Nova Scotia Accessibility Act, the 2025/28 Accessibility Strategy has 30 recommendations with five key focus areas:

- Transportation and Transportation Infrastructure
- Built Environment
- Information and Communications
- Goods and Services
- Employment

Through deliberate and conscious planning and with this strategy as our guide, the municipality will work diligently to make our municipality a more inclusive place. For more information, read the [staff report](#).

COMMUNITY GRANTS PROGRAM APPLICATIONS DEADLINE MARCH 31

Community Grants Program

A guide to different types of Community Grants, eligibility criteria and how to apply.

Applications deadline: March 31, 2025.

HRM’s **Community Grants Program** is accepting applications from registered non-profits and charities located within HRM for the 2025-2026 program.

The application deadline is March 31st. Application forms and program guidebooks are available here or by:

- Visiting one of our Customer Service Centres
- Contacting 311
- E-mailing nonprofitgrants@halifax.ca

For further information, please email nonprofitgrants@halifax.ca or call 902.497.0479.

COMMUNITY GARDENS PROGRAM DEADLINE MARCH 30

The Community Garden program is now accepting applications for 2025. For more information about the community garden program review the Community Garden program handbook and the fillable application forms or contact Jasmine Du, Community Developer.



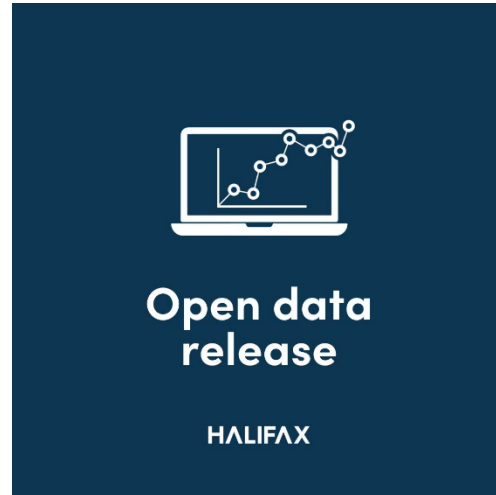
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Community gardens can include vegetables, fruit, herbs, flowers, native and/or ornamental plants established and operated within existing municipal regulations, by-laws and assessments.



NEW DATASETS OPEN DATA



COMMUNITY MEDIATION PROJECT



I'm excited to share that Regional Council has approved funding for a Community Mediation Project established to promote public safety, improve community wellbeing and further the civilian delivery of non-core policing functions.

Trained community mediators can help neighbours, relatives, and others resolve conflicts peacefully. Staff propose a one-year community mediation pilot (with the possibility of year-by-year renewals). Once approved in the 2025/2026 Operating Budget, Council has directed the Chief Administrative Officer to provide a contribution of \$100,000 to the United Way of Halifax to create and implement this pilot program. For more information, read the [staff report](#).

Halifax Regional Municipality has released one new dataset on [Open Data](#), as part of an ongoing commitment to provide public access to data created and managed by the municipality.

The new datasets include:

[PPL&C Inspections](#)

The addition of this dataset brings the total number of Open Data datasets to 255.

As well, the following datasets have been updated with more current information:

[Cityworks Work Orders](#) – The dataset is being updated to include two additional fields: Work Order Cause and Work Order Resolution.

[Legacy Building Permits](#) - A new field, titled Certificate of Occupancy, will be incorporated into this dataset. This addition aims to assist external agencies in identifying when the occupancy permit has been issued.

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[PPL&C Halifax Water Permits](#) - Two new fields will be added to the dataset, titled Net New Residential Units and Net New Commercial Space. These additions will enable external agencies to access essential information regarding units.

[PPL&C Halifax Water Permits Geolocated](#) - Two new fields will be added to the dataset, titled Net New Residential Units and Net New Commercial Space. These additions will enable external agencies to access essential information regarding units.

[Traffic Calming Assessments](#) - A new field is being added to this dataset called Assessment Year, to identify the year the speed assessment was conducted.

For more information on the municipality's Open Data program, and to access all the datasets, visit our [open data hub](#).

SNOW CLEARING



Snow clearing in our municipality is a big job and if stretched into a straight line, it would reach from Halifax to Winnipeg. Streets and sidewalks are prioritized based on commuter usage and access to key infrastructure. Learn more: <http://halifax.ca/snow>

RCMP ROAD SAFETY STATS – JANUARY

RCMP ROAD SAFETY STATS

January 2025, District 1
Waverley - Fall River - Musquodoboit Valley

- 693 Calls for Service in January 2025 (down 6.6% from January 2024)
- 7 Summary Offence Tickets (vs. 16 issued in January 2024)
 - 3 Speeding
 - 2 Aggressive Driving
 - 2 Other MVA (No Insurance, Unlicensed Driver, Unregistered Vehicle, etc.)
- 185 Proactive Assignments (vs. 167 in January 2024)
 - 106 Cell Phone/Impaired/Seatbelt/Speeding Checkpoints/Radar Enforcements
- 148 Traffic Stops (vs. 83 in January 2024)
 - 0 Impaired Driving Charges (vs. 1 in January 2024)
 - 1 Impaired Driving Suspension (same as January 2024)
- 40 Motor Vehicle Accidents (vs. 56 in January 2024)
 - 31 Non-Injury, 9 Injury
- 1 Vehicle/Pedestrian/Cyclist Accidents (vs. 0 in January 2024)
 - This accident resulted in injuries

Please Drive Safely!

NOVA SCOTIA LOCAL

When you see a product with a Nova Scotia Loyal badge, you can be sure that your purchase is keeping your money where it belongs – here at home, supporting Nova Scotian workers.



By being loyal together, we can protect our economy. Share this to encourage others to shop Nova Scotian!

MARCH 2025



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

NS POWER SCHOLARSHIPS

At Nova Scotia Power, we're proud to foster education, diversity, equity, and inclusion to help empower students to follow their dreams. Providing opportunities to learn and grow is essential for creating a workforce that will help build the strong, healthy, and successful communities of tomorrow.

Each year, we offer 20 scholarships and eight bursaries to qualifying students enrolled in trades and degree programs.

Applications for 2025 recipients are now open until **April 11, 2025**.

Age 8+

CHEEMA AQUATIC CLUB

This summer have fun & make new friends at PADDLEALL

Introducing youth with intellectual and/or developmental disabilities to the sport of paddling.

PaddleAll participants learn to paddle safely and develop skills in various types of kayaks.

June 2 - September 29
Monday and Thursday, 6:00 - 7:30 pm
Saturdays, 9:00 - 10:30 am

best. Summer. ever.

just add Water!

www.cheema.ca/register

IN THE COMMUNITY



[Capture It Photography](#) studio space opening at 1000 Windmill Rd. Unit 45 with Deputy Mayor Tony Mancini



Congratulations to Musquodoboit Rural High for winning the St. Barbara Mine in Moose River Land Design Competition!

MARCH 2025



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

AFRICAN HERITAGE GALA



COMMUNITY HALLS / CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages at the links below to find information on local events as well as opportunities to volunteer in your community.

[Elderbank Recreation Club](#)

[Lemmon Hill Sports Association](#)

[Upper Musquodoboit Nova Scotia Nunavut](#)

[Command](#)

MARCH 2025

[Upper Musquodoboit Community Hall](#)

Upper Musquodoboit Fellowship Centre

(902)568-2536

[Musquodoboit Valley Bicentennial Theatre](#)

[Musquodoboit Valley Family Resource Centre](#)

[Musquodoboit Valley Food Bank](#)

[Carrolls Corner Community Center](#)

[Meaghers Grant Community Hall](#)

[Gordon Snow Community Centre](#)

[Wellington Fletchers Lake Station House](#)

[Grand Lake Oakfield Community Centre](#)

[Waverley Heritage Museum](#)

[Waverley Legion Dieppe Branch 90](#)

[LWF Community Hall](#)

[Windsor Junction Community Centre](#)

[Helping Hands Families Helping Families](#)

[Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

FOUR-LEAF CLOVERS



- *They are rare, with odds of finding one at about 1 in 10,000.*
- *Ancient Celtic beliefs associated them with protection against evil spirits.*
- *Each leaf represents a positive attribute like hope, faith, love, and luck.*
- *They are a symbol of good luck in legend and history.*
- *Researchers believe a combination of genes and environment leads to the extra leaf.*



PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

Provincial MLAs:



MLA Scott Armstrong

Colchester-Musquodoboit Valley

Progressive Conservative Caucus
Office: 1601 Lower Water Street, Halifax, NS B3J 3P6

Phone: 902-424-2731 Fax: 902-424-7484

E-mail: PCcaucus@novascotia.ca

MLA Brian Wong



Waverley-Fall River-Beaver Bank

Constituency Office:
1265 Fall River Road Suite 101
Fall River, NS B2T 1E6
Phone: 902-576-3411

Email: brianwongmla@gmail.com



COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

Federal MPs:

MP Sean Fraser



Central Nova

House of Commons
Ottawa, ON K1A 0A6

Phone: 613-992-6022
Fax: 613-992-2337

Email: sean.fraser@parl.gc.ca

MP Darrell Samson



Sackville-Preston-
Chezzetcook

Constituency Office:

2900 Highway 2
Suite 2nd Floor
Fall River, NS B2T
1W4

Phone: 902-861-2311
Fax: 902-861-4620

Email: darrell.samson@parl.gc.ca

COUNCILLOR DEAGLE GAMMON



Councillor Cathy Deagle Gammon

DISTRICT 1
Waverley - Fall River - Musquodoboit
Valley

902.717.2718
cathy.deaglegammon@halifax.ca

HALIFAX

halifax.ca | 311

I currently serve on the following boards and committees:

Internal

- Regional Council District 1
- North West Community Council – Chair

Standing Committees

- Audit & Finance – Chair
- Budget – Chair
- Community Planning & Economic Development – Chair
- Environment & Sustainability – Vice Chair
- Executive Standing Committee

External

- Halifax Regional Water Commission – Vice Chair
 - Audit & Finance Committee
- Halifax Partnership Board Member
 - Audit & Risk Committee
- Canadian Capital Cities Organization – HRM Rep
- Nova Scotia Federation of Municipalities
 - Equity & Well Being Sub Committee – Vice Chair



Community Committees

- Collins Park Watershed Advisory Committee
- Middle Musquodoboit Watershed Advisory Committee
- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
 - Community Consultative Committee
- Goffs Quarry Community Liaison Committee
- Musgo-Rider Ex Officio Member

E-NEWSLETTER/SUBSCRIBE

The District 1 newsletters, available on my [municipal website](#) or to request to be added to the distribution list – please contact my Council Constituency Coordinator, Nancy Viner at Nancy.Viner@halifax.ca.

LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi’kma’ki, the ancestral and traditional lands of the Mi’kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

MARCH 2025

St. Patrick’s Day Wishes:

May your day be filled with joy and cheer,

With luck and blessings throughout the year.

May rainbows shine and shamrocks grow,

And happiness in your heart always flow.

So wear your green and dance with glee,

For on St. Patrick’s Day, lucky you’ll be!

