

# Halifax

## **Adventure Earth Centre Fleming Park**

68 Parkhill Road  
Phone: 902.490.4539

## **Citadel Community Centre**

1955 Trollope Street  
Phone: 902.490.3895

## **Captain William Spry Centre**

16 Sussex Street  
Phone: 902.477.POOL (7665)  
or 902.479.1111

## **St. Mary's Boat Club**

1641 Fairfield Road  
Phone: 902.490.4688

## **Isleville Centre**

3460 Isleville Street  
Phone: 902.490.4633

## **Larry O'Connell Centre**

6691 Fourth Street  
Phone: 902.490.3895

## **Needham Community Centre & Pool**

3372 Devonshire Avenue  
Phone: 902.490.4633

## **George Dixon Community Centre**

2502 Brunswick Street  
Phone: 902.490.4550

## **Chocolate Lake Community Centre**

14 Purcell's Cove Road  
Phone: 902.490.4607

## **Emera Oval**

5775 Cogswell Street  
Phone: 902.490.2343

## **St. Andrews Community Centre**

3380 Barnstead Lane  
Phone: 902.490.4693

## **Power House Youth Centre**

1606 Bell Rd  
Phone: 902.490.4309  
Cell/Text: 902.266.7451



# Halifax

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>NEW PROGRAMS</b>									
Girls Softball	6-10	Tu	4:15 PM	1 hr	Chocolate Lake Community Centre	10	1-Apr	00099983	\$63.70
Barre Pilates	18+	M	4:00 PM	1hr	Chocolate Lake Community Centre	10	31-Mar	00100090	\$66.90
Pilates - Beginner	18+	M	2:00 PM	1 hr	St. Andrew's Centre	9	7-Apr	00101731	\$60.20
Volleyball	10-12	Sa	12:00 PM	45 min	Needham Community Centre	8	5-Apr	00100869	\$38.24
<b>PRESCHOOL</b>									
Parent & Tot Playgroup	1-4	W	9:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	2-Apr	00100104	\$71.60
Parent & Tot Playgroup	1-4	F	9:00 AM	1.5 hrs	Chocolate Lake Community Centre	9	4-Apr	00100100	\$64.44
Dance - Parent & Tot	2-4	Th	4:30 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100081	\$47.80
Dance - Parent & Tot	2-4	Sa	9:45 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100908	\$43.02
Creative Movement	3-4	Sa	9:00 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100910	\$43.02
Creative Movement	3-5	Sa	9:00 AM	45 min	Citadel Community Centre	8	5-Apr	00101020	\$38.24
Creative Movement	3-5	Sa	10:00 AM	45 min	Citadel Community Centre	8	5-Apr	00101021	\$38.24
Little Hoops	3-5	Su	9:00 AM	30 min	Citadel Community Centre	8	6-Apr	00101024	\$25.44
Little Hoops	3-5	Su	9:30 AM	30 min	Citadel Community Centre	8	6-Apr	00101025	\$25.44
Ballet & Jazz Combo	4-6	Sa	10:15 AM	45 min	St. Andrew's Centre	10	5-Apr	00101183	\$47.80
Messy Art	4-5	Sa	3:00 PM	1 hr	St. Andrew's Centre	9	5-Apr	00101169	\$66.87
Tumblebugs - Parent & Tot	3-4	Sa	9:00 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100907	\$43.02
Tumblebugs	4-5	Sa	10:00 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100377	\$43.02
Tumblebugs	3-4	Sa	10:45 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100376	\$43.02
Tumblebugs	3-5	Sa	11:45 AM	45 min	St. Andrew's Centre	9	5-Apr	00101159	\$43.02
Tumblebugs	4-5	Sa	1:00 PM	1 hr	St. Andrew's Centre	9	5-Apr	00101177	\$57.33
Tumblebugs	3-5	Su	10:00 AM	45 min	George Dixon Recreation Centre	8	6-Apr	00102118	\$38.24
Tumblebugs	3-5	Su	11:00 AM	45 min	George Dixon Recreation Centre	8	6-Apr	00102119	\$38.24
Tumblebugs	4-6	Sa	10:00 AM	45 min	Needham Community Centre	8	5-Apr	00100817	\$38.24
Tumblebugs	4-6	Sa	11:00 AM	45 min	Needham Community Centre	8	5-Apr	00100818	\$38.24
Parent & Tot Soccer	18m - 4	Sa	9:00 AM	45 min	George Dixon Recreation Centre	8	5-Apr	00102120	\$38.24

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>PRE-SCHOOL</b>									
Parent & Tot Soccer	18m - 4	Sa	10:00 AM	45 min	George Dixon Recreation Centre	8	5-Apr	00102121	\$38.24
Soccer - Active Start	3-5	Sa	9:00 AM	30 min	Citadel Community Centre	8	5-Apr	00101015	\$25.44
Soccer - Active Start	3-5	Sa	9:45 AM	30 min	Citadel Community Centre	8	5-Apr	00101016	\$25.44
Nature Play - Parent & Tot - Fleming	1-5	Th	10:45 AM	1.5 hrs	Adventure Earth - Fleming Park	6	3-Apr	00100383	\$42.96
Nature Preschool - Fleming	3-5	Th	9:00 AM	1.5 hrs	Adventure Earth - Fleming Park	6	3-Apr	00100382	\$42.96
<b>CHILD</b>									
Soccer	4-5	Su	10:00 AM	45 min	Chocolate Lake Community Centre	9	6-Apr	00100371	\$43.02
Soccer	6-7	Su	10:45 AM	1 hr	Chocolate Lake Community Centre	9	6-Apr	00100372	\$57.33
Soccer	8-10	Su	12:00 PM	1 hr	Chocolate Lake Community Centre	9	6-Apr	00100373	\$57.33
Soccer	10-12	Su	1:00 PM	1 hr	Chocolate Lake Community Centre	9	6-Apr	00100370	\$57.33
Soccer	4-6	M	5:30 PM	45 min	Chocolate Lake Community Centre	9	31-Mar	00100068	\$43.02
Soccer	7-10	M	6:15 PM	1 hr	Chocolate Lake Community Centre	9	31-Mar	00100069	\$57.33
Soccer	5-7	M	6:00 PM	1 hr	St. Andrew's Centre	9	31-Mar	00101174	\$56.16
Soccer	8-10	M	7:00 PM	1 hr	St. Andrew's Centre	9	31-Mar	00101176	\$56.16
Soccer - Fairview Junior High	5-7	Sa	10:00 AM	1 hr	Fairview Junior High School	8	5-Apr	00101681	\$50.96
Soccer - Fairview Junior High	8-10	Sa	11:00 AM	1 hr	Fairview Junior High School	8	5-Apr	00101682	\$50.96
Soccer	6-8	Sa	10:30 AM	45 min	Citadel Community Centre	8	5-Apr	00101017	\$38.24
Soccer	9-12	Sa	11:30 AM	1 hr	Citadel Community Centre	8	5-Apr	00101018	\$38.24
Creative Movement	4-6	Sa	10:30 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100911	\$43.02
Ballet	5-8	Sa	11:00 AM	45 min	Citadel Community Centre	8	5-Apr	00101022	\$38.24
Ballet	5-8	Sa	12:00 PM	45 min	Citadel Community Centre	8	5-Apr	00101023	\$38.24
Hip Hop	6-8	Su	10:00 AM	45 min	Citadel Community Centre	8	6-Apr	00101027	\$38.24
Hip Hop	9-12	Su	11:00 AM	45 min	Citadel Community Centre	8	6-Apr	00101028	\$38.24
Hip Hop	6-8	Sa	11:30 AM	1 hr	Chocolate Lake Community Centre	9	5-Apr	00100909	\$57.33
Hip Hop	6-10	Th	6:00 PM	1 hr	Chocolate Lake Community Centre	10	3-Apr	00100080	\$63.70
Ballet & Jazz Combo	5-7	Th	5:15 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100079	\$47.80

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>CHILD</b>									
Ballet & Jazz Combo	6-9	Sa	11:15 AM	1 hr	St. Andrew's Centre	10	5-Apr	00101184	\$63.70
Artists in Action	7-11	F	5:30 PM	1 hr	Chocolate Lake Community Centre	9	4-Apr	00100899	\$66.87
Artists in Action	5-6	F	4:15 PM	1 hr	Chocolate Lake Community Centre	9	4-Apr	00100889	\$66.87
Artists in Action	5-6	Sa	9:00 AM	1 hr	Chocolate Lake Community Centre	9	5-Apr	00100374	\$66.87
Artists in Action	7-10	Sa	10:15 AM	1.5 hrs	Chocolate Lake Community Centre	9	5-Apr	00100375	\$100.26
Artists in Action	6-7	Sa	10:30 AM	1 hr	Halifax Central Commons Multi-Purpose Room	8	5-Apr	00101032	\$59.44
Artists in Action	8-9	Sa	12:00 PM	1 hr	Halifax Central Commons Multi-Purpose Room	8	5-Apr	00101034	\$59.44
Easter Crafts Workshop	7-9	Su	1:00 PM	1.5 hrs	Halifax Central Commons Multi-Purpose Room	1	13-Apr	00101035	\$11.14
Pottery	10-13	Th	5:00 PM	2 hrs	St. Andrew's Centre	10	3-Apr	00101136	\$148.60
Painting	7-10	W	5:00 PM	2 hrs	St. Andrew's Centre	10	2-Apr	00101751	\$148.60
Chess Club	9-12	Tu	5:45 PM	1 hr	St. Andrew's Centre	11	1-Apr	00101149	\$81.73
Tumblebugs	5-6	Sa	11:45 AM	45 min	Chocolate Lake Community Centre	9	5-Apr	00100378	\$43.02
Gymnastics	7-8	Sa	12:30 PM	1 hr	Chocolate Lake Community Centre	9	5-Apr	00100903	\$57.33
Badminton	7-11	M	4:00 PM	45 min	Citadel Community Centre	8	7-Apr	00101001	\$38.24
Tennis	8-12	Su	1:00 PM	45 min	Citadel Community Centre	8	6-Apr	00101029	\$38.24
Tennis	8-12	Su	2:00 PM	45 min	Citadel Community Centre	8	6-Apr	00101030	\$38.24
All Sorts of Sports	6-8	Sa	1:00 PM	1 hr	Citadel Community Centre	8	5-Apr	00101019	\$50.96
Basketball	6-8	Su	10:15 AM	45 min	Citadel Community Centre	8	6-Apr	00101026	\$38.24
Basketball	5-7	M	4:15 PM	1 hr	Chocolate Lake Community Centre	9	31-Mar	00099757	\$57.33
Basketball - Girls Only	5-8	Tu	5:15 PM	1 hr	Chocolate Lake Community Centre	10	1-Apr	00100071	\$63.70
Basketball - Girls Only	9-13	Tu	6:15 PM	1 hr	Chocolate Lake Community Centre	10	1-Apr	00100072	\$63.70
Basketball	5-7	W	4:15 PM	1 hr	Chocolate Lake Community Centre	10	2-Apr	00100074	\$63.70
Basketball	8-11	W	5:15 PM	1 hr	Chocolate Lake Community Centre	10	2-Apr	00100077	\$63.70
Basketball	5-7	Tu	6:00 PM	1 hr	St. Andrew's Centre	11	1-Apr	00101148	\$70.07
Basketball - Fairview Junior High	7-10	Sa	12:30 PM	1 hr	Fairview Junior High School	8	5-Apr	00101683	\$50.96

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>CHILD</b>									
Basketball	5-7	Sa	11:00 AM	50 min	George Dixon Recreation Centre	8	5-Apr	00102114	\$50.96
Night Hoops	8-12	W	6:00 PM	1 hr	Needham Community Centre	12	2-Apr	00100822	FREE
Night Hoops	8-12	M	6:00 PM	1 hr	Needham Community Centre	9	7-Apr	00100820	FREE
Volleyball	10-12	Sa	12:00 PM	45 min	Needham Community Centre	8	5-Apr	00100869	\$38.24
Volleyball	6-8	Th	4:15 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100084	\$47.80
Volleyball	9-11	Th	5:15 PM	1 hr	Chocolate Lake Community Centre	10	3-Apr	00100082	\$63.70
Music - Guitar	9-12	Th	6:00 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100088	\$55.70
Girls Softball	6-10	Tu	4:15 PM	1 hr	Chocolate Lake Community Centre	10	1-Apr	00099983	\$63.70
Golf	9-12	F	5:30 PM	1 hr	Chocolate Lake Community Centre	9	4-Apr	00100905	\$57.33
Golf	6-8	F	4:15 PM	1 hr	Chocolate Lake Community Centre	9	4-Apr	00100901	\$57.33
Drama	7-8	M	4:30PM	1 hr	Chocolate Lake Community Centre	9	31-Mar	00099982	\$46.80
Drama	9-12	M	5:30 PM	1 hr	Chocolate Lake Community Centre	9	31-Mar	00100064	\$46.80
Jr. Science	8-10	M	4:15PM	1 hr	Chocolate Lake Community Centre	9	31-Mar	00100067	\$65.52
Kindaibujitsu - Beginner	5-12	Sa	8:45 AM	1 hr	St. Andrew's Centre	10	5-Apr	00101160	\$63.70
Kindaibujitsu - Returning	7-15	Sa	10:00 AM	1.5 hrs	St. Andrew's Centre	10	5-Apr	00101161	\$95.50
Kindaibujitsu	8-12	W	6:00 PM	1 hr	St. Andrew's Centre	10	2-Apr	00101162	\$63.70
Cooking - Fun With Baking	9-10	W	4:00 PM	1.5 hrs	St. Andrew's Centre	8	2-Apr	00101151	\$89.12
Cooking - Fun With Baking	11-12	W	6:00 PM	1.5 hrs	St. Andrew's Centre	8	2-Apr	00101150	\$89.12
George Dixon After School	4-7	M-F	2:30 PM	3 hrs	George Dixon Recreation Centre	52	31-Mar	00102116	FREE
George Dixon After School	8-12	M-F	2:30 PM	3 hrs	George Dixon Recreation Centre	52	31-Mar	00102117	FREE
George Dixon After School Pick Up	4-12	M-F	2:30 PM	30 min	George Dixon Recreation Centre	52	31-Mar	00102115	FREE
In Service Camp - Nature Lovers - Fleming	6-12	Th	9:00 AM	7 hrs	Adventure Earth - Fleming Park	1	3-Apr	00100384	\$37.14
In Service Camp - Nature Lovers - Fleming	6-12	W	9:00 AM	7 hrs	Adventure Earth - Fleming Park	1	30-Apr	00100385	\$37.14
In Service Camp	4-7	Th	8:30 AM	8 hrs	George Dixon Recreation Centre	1	3-Apr	00102716	\$42.45
In Service Camp	8-12	Th	8:30 AM	8 hrs	George Dixon Recreation Centre	1	3-Apr	00102717	\$42.45
In Service Camp	4-7	W	8:30 AM	8 hrs	George Dixon Recreation Centre	1	30-Apr	00102718	\$42.45
In Service Camp	8-12	W	8:30 AM	8 hrs	George Dixon Recreation Centre	1	30-Apr	00102719	\$42.45



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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>YOUTH</b>									
Archery	10-15	Sa	5:15 PM	1 hr 15min	Citadel High School	8	5-Apr	00101756	\$95.52
Archery - Returning	10-15	Sa	6:30 PM	1 hr 15min	Citadel High School	8	5-Apr	00101757	\$95.52
Pottery	10-13	Th	5:00 PM	2 hrs	St. Andrew's Centre	10	3-Apr	00101136	\$148.60
Badminton	11-14	Tu	4:30 PM	1 hr	St. Andrew's Centre	11	1-Apr	00101146	\$70.07
Badminton	11-15	W	6:30 PM	1 hr	St. Andrew's Centre	11	2-Apr	00101143	\$70.07
Badminton - Fairview Junior High	11-14	Sa	1:45 PM	1 hr	Fairview Junior High School	8	5-Apr	00101684	\$50.96
Badminton	12-15	M	5:15 PM	45 min	Citadel Community Centre	8	7-Apr	00101004	\$38.24
Kindaibujitsu - Advanced	11-14	W	7:00 PM	1 hr	St. Andrew's Centre	10	2-Apr	00101163	\$63.70
Kindaibujitsu - Returning	7-15	Sa	10:00 AM	1.5 hrs	St. Andrew's Centre	10	5-Apr	00101161	\$95.50
Jugger	12-16	Sa	3:00 PM	1 hr	Needham Community Centre	9	5-Apr	00100819	FREE
Night Hoops	13-24	W	7:15 PM	1 hr 45min	Needham Community Centre	12	2-Apr	00100823	FREE
Night Hoops	13-24	M	7:15 PM	1 hr 45min	Needham Community Centre	9	7-Apr	00100821	FREE
Basketball	11-13	W	6:30 PM	1 hr	Chocolate Lake Community Centre	10	2-Apr	00100073	\$63.70
Volleyball	12-14	Th	6:15 PM	1 hr	Chocolate Lake Community Centre	10	3-Apr	00100083	\$63.70
Volleyball	12-15	Tu	7:15 PM	1 hr	St. Andrew's Centre	11	1-Apr	00101178	\$70.07
H.E.A.T. Camp	13-19	F-Su	7:00 PM	48 hrs	Camp Mockingee	3	11-Apr	00100045	\$90.00
Preteen Outdoor Theatre Retreat	13-15	F-Su	7:00 PM	48 hrs	Deanery Project	3	2-May	00100049	\$90.00
Craft and Create	13-18	Th	4:30 PM	2 hrs	Power House Youth Centre	8	10-Apr	00100705	\$80.00
Dungeons and Dragons	12-15	W	4:30 PM	2 hrs	Halifax Central Commons Multi-Purpose Room	10	9-Apr	00101040	\$60.00
<b>FAMILY</b>									
Family Open Gym	3+	Su	3:00 PM	2 hrs	Citadel Community Centre	8	6-Apr	00101031	FREE
Family Learn to Canoe	18+	W	5:30 PM	1 hr	St Marys Boat Club	1	4-Jun	00102568	\$14.64
Family Learn to Canoe	18+	W	7:00 PM	1 hr	St Marys Boat Club	1	4-Jun	00102569	\$14.64
Family Learn to Canoe	18+	W	5:30 PM	1 hr	St Marys Boat Club	1	11-Jun	00102570	\$14.64
Family Learn to Canoe	18+	W	7:00 PM	1 hr	St Marys Boat Club	1	11-Jun	00102571	\$14.64
Family Learn to Canoe	18+	W	5:30 PM	1 hr	St Marys Boat Club	1	18-Jun	00102572	\$14.64
Family Learn to Canoe	18+	W	7:00 PM	1 hr	St Marys Boat Club	1	18-Jun	00102573	\$14.64
Family Learn to Canoe	18+	W	5:30 PM	1 hr	St Marys Boat Club	1	25-Jun	00102574	\$14.64
Family Learn to Canoe	18+	W	7:00 PM	1 hr	St Marys Boat Club	1	25-Jun	00102575	\$14.64

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Archery	16+	Sa	7:45 PM	1.5 hrs	Citadel High School	8	5-Apr	00101759	\$127.36
Quilting	18+	M	1:00 PM	2 hrs	St. Andrew's Centre	9	31-Mar	00101172	\$152.82
Quilting	18+	W	1:00 PM	2 hrs	St. Andrew's Centre	11	2-Apr	00101173	\$186.78
Card Making Workshop	16+	Su	1:00 PM	3 hrs	Chocolate Lake Community Centre	1	27-Apr	00101033	\$20.00
Card Making Workshop	16+	Su	1:00 PM	2.5 hrs	St. Andrew's Centre	1	13-Apr	00101185	\$20.00
Oil & Acrylic Painting	18+	Tu	1:00 PM	2.5 hrs	St. Andrew's Centre	10	1-Apr	00101131	\$212.20
Acrylic Painting - Beginner	18+	Tu	1:00 PM	2.5 hrs	Needham Community Centre	8	8-Apr	00100809	\$169.76
Acrylic Painting - Intermediate	18+	W	1:00 PM	2.5 hrs	Needham Community Centre	8	9-Apr	00100810	\$169.76
Watercolours	18+	Th	9:30 AM	2.5 hrs	Needham Community Centre	9	10-Apr	00100811	\$190.98
Watercolours	18+	Th	12:30 PM	2.5 hrs	Needham Community Centre	9	10-Apr	00100812	\$190.98
Pottery	18+	Tu	5:30 PM	3 hrs	St. Andrew's Centre	10	1-Apr	00101127	\$254.70
Pottery	18+	Su	10:00 AM	4 hrs	St. Andrew's Centre	8	6-Apr	00101130	\$271.68
Pottery	18+	Tu	09:30 AM	2.5 hrs	George Dixon Recreation Centre	10	8-Apr	00102108	\$244.00
Pottery	18+	Tu	6:30 PM	2.5 hrs	George Dixon Recreation Centre	10	8-Apr	00102109	\$244.00
Pottery	18+	W	9:30 AM	2.5 hrs	George Dixon Recreation Centre	10	9-Apr	00102110	\$244.00
Pottery	18+	W	12:30 PM	2.5 hrs	George Dixon Recreation Centre	10	9-Apr	00102111	\$244.00
Pottery	18+	W	6:30 PM	2.5 hrs	George Dixon Recreation Centre	10	9-Apr	00102112	\$244.00
Pottery	18+	Th	6:30 PM	2.5 hrs	George Dixon Recreation Centre	10	10-Apr	00102113	\$244.00
Argentine Tango - Level 2 +	18+	Tu	6:30 PM	1 hr 15min	Chocolate Lake Community Centre	8	6-May	00100368	\$74.32
Line Dancing	18+	Th	11:00 AM	45 min	Chocolate Lake Community Centre	12	3-Apr	00100912	\$66.84
Line Dancing	18+	Th	10:00 AM	45 min	Chocolate Lake Community Centre	12	3-Apr	00100078	\$66.84
Bachata - Beginner	18+	W	7:00 PM	1 hr	Halifax Central Commons Multi-Purpose Room	8	16-Apr	00101041	\$74.32
Salsa Dance - Beginner	18+	W	8:00 PM	1 hr	Halifax Central Commons Multi-Purpose Room	8	16-Apr	00101042	\$74.32
Guitar	18+	Th	8:00 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100086	\$71.60
Guitar - Beginner	18+	Th	7:00 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100087	\$71.60
Ukulele - Beginner	18+	Th	5:00 PM	45 min	Chocolate Lake Community Centre	10	3-Apr	00100085	\$71.60
Barre	18+	M	12:30 PM	1 hr	St. Andrew's Centre	10	31-Mar	00101152	\$66.90
Barre	18+	W	12:30 PM	1 hr	St. Andrew's Centre	12	2-Apr	00101153	\$80.28

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<b>ADULT</b>									
Barre	18+	Th	1:30 PM	1 hr	St. Andrew's Centre	12	3-Apr	00101154	\$80.28
Barre	18+	F	12:15 PM	1 hr	St. Andrew's Centre	10	4-Apr	00102581	\$66.90
Barre Pilates	18+	M	4:00PM	1hr	Chocolate Lake Community Centre	9	7-Apr	00100090	\$60.30
Barre - Beginner	18+	W	5:00 PM	45 min	Chocolate Lake Community Centre	11	9-Apr	00100056	\$55.11
Pilates - Beginner	18+	W	12:00 PM	1 hr	Chocolate Lake Community Centre	11	9-Apr	00100060	\$73.59
Pilates - Beginner	18+	F	12:00 PM	1 hr	Chocolate Lake Community Centre	10	11-Apr	00100061	\$66.90
Pilates - Beginner	18+	M	2:00 PM	1 hr	St. Andrew's Centre	9	7-Apr	00101731	\$60.20
Yoga - Gentle	18+	Tu	10:00 AM	1 hr	St. Andrew's Centre	12	1-Apr	00101181	\$80.28
Yoga - Gentle	18+	Th	10:00 AM	1 hr	St. Andrew's Centre	12	3-Apr	00101180	\$80.28
Yoga - Gentle	18+	F	1:30 PM	1 hr	St. Andrew's Centre	10	4-Apr	00101179	\$66.90
Yoga - Flow	18+	Tu	6:45 PM	1 hr	St. Andrew's Centre	12	1-Apr	00101182	\$80.28
Yoga	18+	W	7:30 PM	1 hr	Chocolate Lake Community Centre	12	2-Apr	00100059	\$80.28
Yoga - Yin	18+	W	10:00 AM	1 hr	Chocolate Lake Community Centre	12	2-Apr	00100036	\$80.28
Yoga - Flow	18+	M	10:00 AM	1 hr	Chocolate Lake Community Centre	10	7-Apr	00100035	\$66.90
Yoga - Flow	18+	F	10:00 AM	1 hr	Chocolate Lake Community Centre	11	4-Apr	00100037	\$73.59
Yoga - Strength and Stretch	50+	M	1:30 PM	1 hr	Chocolate Lake Community Centre	8	28-Apr	00100369	\$53.52
Kripalu - Gentle Yoga & Movement	40+	Th	10:00 AM	1.5 hrs	Chocolate Lake Community Centre	10	10-Apr	00100327	\$100.30
Yoga - Yin	16+	Tu	6:00 PM	1hr 15min	Isleville Centre	10	8-Apr	00100874	\$83.60
Yoga	18+	Th	6:00 PM	1 hr 15min	Isleville Centre	10	10-Apr	00100875	\$83.60
Yoga - Chair	18+	M	12:00 PM	45 min	Needham Community Centre	8	7-Apr	00100814	\$40.08
Yoga - Chair	18+	Tu	10:00 AM	1 hr	Needham Community Centre	8	8-Apr	00100815	\$53.52
Yoga	18+	W	6:00 PM	1 hr	Citadel Community Centre	13	2-Apr	00101012	\$86.97
Yoga	18+	Sa	9:00 AM	1 hr	Halifax Central Commons Multi-Purpose Room	10	5-Apr	00101039	\$66.90
Fitness - 55+ Mind over Matter	55+	Tu	9:30 AM	1 hr	Chocolate Lake Community Centre	10	1-Apr	00100053	\$66.90
Fitness - 55+ Mind over Matter	55+	Th	9:30 AM	1 hr	Chocolate Lake Community Centre	10	3-Apr	00100055	\$66.90
Stretching & Mobility	55+	Tu	11:00 AM	1 hr	Chocolate Lake Community Centre	11	8-Apr	00100089	\$73.59
Fitness - Tone and Sculpt	18+	Th	10:00 AM	1 hr	Halifax Central Commons Multi-Purpose Room	10	10-Apr	00101038	\$66.90
Senior's Fitness	18+	W	10:30 AM	1 hr	Halifax Central Commons Multi-Purpose Room	10	9-Apr	00101043	\$66.90



# Halifax

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Fitness – Boot Camp (outdoor/indoor)	18+	Tu	12:00 PM	55 min	Needham Community Centre	22	1-Apr	00100816	\$147.18
Gentle Fitness	18+	Sa	9:30 AM	1 hr	Isleville Centre	8	12-Apr	00100873	\$53.52
Tai Chi & Qi Gong	18+	Tu	11:30 AM	1.5 hrs	St. Andrew's Centre	11	1-Apr	00101155	\$110.33
Tai Chi & Qi Gong	18+	Th	11:30 AM	1.5 hrs	St. Andrew's Centre	11	3-Apr	00101156	\$110.33
Zumba	18+	Tu	5:30 PM	1 hr	Citadel Community Centre	13	1-Apr	00101011	\$86.97
Zumba	18+	Th	5:30 PM	1 hr	Citadel Community Centre	13	3-Apr	00101013	\$86.97
Zumba	18+	W	6:30 PM	1 hr	Chocolate Lake Community Centre	12	2-Apr	00100058	\$80.28
Zumba	18+	M	6:30 PM	1 hr	Chocolate Lake Community Centre	8	7-Apr	00099809	\$53.52
Zumba	18+	Tu	5:30 PM	1 hr	St. Andrew's Centre	12	1-Apr	00101158	\$80.28
Zumba	18+	Th	6:30 PM	1 hr	St. Andrew's Centre	12	3-Apr	00101157	\$80.28
Zumba Online	18+	Su	7:00 PM	1 hr	Online	8	6-Apr	00101090	\$53.52
Zumba Toning Online	18+	Su	8:00 PM	30 min	Online	8	6-Apr	00101094	\$26.72
Piloxing Online	16+	Tu	7:00 PM	1 hr	Online	10	8-Apr	00101122	\$66.90
Basketball – Co-ed	18+	Tu	7:30 PM	2 hrs	Chocolate Lake Community Centre	10	1-Apr	00100070	\$116.70
Badminton	18+	Tu	7:00 PM	2 hrs	St. Stephen's Elementary School	8	8-Apr	00100813	\$93.36
Badminton – Non –Instructional	18+	M	6:30 PM	2 hrs	Citadel Community Centre	10	7-Apr	00101005	\$116.70
Pickleball – Non–Instructional	18+	Th	4:30 PM	2 hrs	Citadel Community Centre	13	3-Apr	00101014	\$151.71
Pickleball – Non–Instructional Intermediate	18+	Tu	4:30 PM	2 hrs	Citadel Community Centre	13	1-Apr	00101009	\$151.71
Pickleball – Non–Instructional	18+	F	6:00 PM	2 hrs	Needham Community Centre	10	11-Apr	00100824	\$116.70
Pickleball – Non–Instructional – Intermediate	18+	Th	5:30 PM	1.5 hrs	Needham Community Centre	11	10-Apr	00100825	\$95.17
Pickleball – Non–Instructional – Recreational	18+	M	4:00 PM	1.5 hrs	Needham Community Centre	10	7-Apr	00100826	\$87.50
Pickleball –Instructional – Beginner/Novice	18+	Tu	9:00 AM	1.5 hrs	Needham Community Centre	10	8-Apr	00100828	\$111.39
Pickleball – Non–Instructional – Recreational	18+	Tu	10:30 AM	1.5 hrs	Needham Community Centre	10	8-Apr	00100827	\$87.50
Pickleball Non–Instructional	18+	Tu	10:00 AM	2 hrs	St. Andrew's Centre	12	1-Apr	00101165	\$140.04
Pickleball Non–Instructional	18+	Tu	1:00 PM	2 hrs	St. Andrew's Centre	12	1-Apr	00101166	\$140.04
Pickleball Non–Instructional	18+	Th	10:00 AM	2 hrs	St. Andrew's Centre	12	3-Apr	00101167	\$140.04
Pickleball – Beginner	18+	Th	1:30 PM	1.5 hrs	St. Andrew's Centre	9	3-Apr	00101164	\$100.26
Pickleball – Non–Instructional	18+	F	1:00 PM	2 hrs	St. Andrew's Centre	10	4-Apr	00101168	\$116.70

# Halifax

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Explore Your Trails - Fleming Park	17+	F	10:00 AM	2 hrs	Fleming Park	1	4-Apr	00100891	FREE
Explore Your Trails - Herring Cove	17+	F	10:00 AM	2 hrs	Herring Cove Provincial Park	1	18-Apr	00100898	FREE
Explore Your Trails - McIntosh Run	17+	F	10:00 AM	2 hrs	McIntosh Run	1	25-Apr	00100900	FREE
Explore Your Trails - Long Lake	17+	F	10:00 AM	2 hrs	Long Lake Drive Park	1	2-May	00100902	FREE
Womens Outdoor Program	18+	Sa	10:00 AM	2.5 hrs	Adventure Earth - Fleming Park	5	5-Apr	00100387	\$55.70
Yoga	18+	Tu	6:00 PM	1 hr	St. Marys Boat Club	10	1-Apr	00100890	\$66.80
Beginner Kayak Paddle Night	18+	M	5:45 PM	2 hrs	St. Marys Boat Club	1	2-Jun	00102550	\$29.29
Beginner Kayak Paddle Night	18+	M	5:45 PM	2 hrs	St. Marys Boat Club	1	9-Jun	00102551	\$29.29
Beginner Kayak Paddle Night	18+	M	5:45 PM	2 hrs	St. Marys Boat Club	1	16-Jun	00102552	\$29.29
Beginner Kayak Paddle Night	18+	M	5:45 PM	2 hrs	St. Marys Boat Club	1	23-Jun	00102553	\$29.29
Beginner Kayak Paddle Night	18+	W	5:45 PM	2 hrs	St. Marys Boat Club	1	4-Jun	00102554	\$29.29
Beginner Kayak Paddle Night	18+	W	5:45 PM	2 hrs	St. Marys Boat Club	1	11-Jun	00102555	\$29.29
Beginner Kayak Paddle Night	18+	W	5:45 PM	2 hrs	St. Marys Boat Club	1	18-Jun	00102556	\$29.29
Beginner Kayak Paddle Night	18+	W	5:45 PM	2 hrs	St. Marys Boat Club	1	25-Jun	00102557	\$29.29
Intermediate Kayak Paddle Night	18+	Tu	5:45 PM	2 hrs	St. Marys Boat Club	1	3-Jun	00102558	\$29.29
Intermediate Kayak Paddle Night	18+	Tu	5:45 PM	2 hrs	St. Marys Boat Club	1	10-Jun	00102559	\$29.29
Intermediate Kayak Paddle Night	18+	Tu	5:45 PM	2 hrs	St. Marys Boat Club	1	17-Jun	00102560	\$29.29
Intermediate Kayak Paddle Night	18+	Tu	5:45 PM	2 hrs	St. Marys Boat Club	1	24-Jun	00102561	\$29.29
Intermediate Kayak Paddle Morning	18+	Sa	9:30 AM	3 hrs	St. Marys Boat Club	1	21-Jun	00102562	\$29.29
Intermediate Kayak Paddle Morning	18+	Sa	9:30 AM	3 hrs	St. Marys Boat Club	1	28-Jun	00102563	\$29.29
Adult Learn to Stand Up Paddleboard	18+	Tu	6:30 PM	1.5 hrs	St. Marys Boat Club	1	3-Jun	00102564	\$17.09
Adult Learn to Stand Up Paddleboard	18+	Tu	6:30 PM	1.5 hrs	St. Marys Boat Club	1	10-Jun	00102565	\$17.09
Adult Learn to Stand Up Paddleboard	18+	Tu	6:30 PM	1.5 hrs	St. Marys Boat Club	1	17-Jun	00102566	\$17.09
Adult Learn to Stand Up Paddleboard	18+	Tu	6:30 PM	1.5 hrs	St. Marys Boat Club	1	24-Jun	00102567	\$17.09

# Halifax

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>COMMUNITY DEVELOPMENT WORKSHOPS</b>									
Leadership & Teamwork Part 1	18+	Th	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	6-Mar	00102684	FREE
Strategic Planning 101	18+	W	6:00 PM	2 hrs	Chocolate Lake Community Centre	1	16-Apr	00102304	FREE
Communication & Conflict Resolution - Part 2	18+	Th	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	20-Mar	00102685	FREE
Boards 101	18+	Th	6:30 PM	2 hrs	Halifax Central Commons Multi-Purpose Room	1	1-May	00102645	FREE
Volunteer Recruitment & Retention	18+	W	6:30 PM	2 hrs	Findlay Community Centre	1	14-May	00102690	FREE
Strategic Planning 101	18+	M	6:30 PM	2 hrs	Cole Harbour Community Centre (2nd Floor of Cole Harbour Place)	1	23-Jun	00102686	FREE
<b>DROP INS</b>									
Afterschool Drop - In (all youth)	13-24	M	3:00 PM	4 hrs	Power House Youth Centre	Weekly until 16-Jun	13-Jan		FREE
Afterschool Drop - In (younger youth night)	13-18	Tu	3:00 PM	4 hrs	Power House Youth Centre	Weekly until 17-Jun	14-Jan		FREE
Afterschool Drop - In (older youth night)	16-24	W	3:00 PM	4 hrs	Power House Youth Centre	Weekly until 18-Jun	15-Jan		FREE
Open Gym	All Ages	Tu	4:00 PM	2 hrs	Needham Community Centre	11	1-Apr		FREE
Open Gym	All Ages	W	4:00 PM	2 hrs	Needham Community Centre	11	2-Apr		FREE
Open Gym	13+	Sa	1:00 PM	1 hr	Needham Community Centre	11	5-Apr		FREE
Open Gym	12 & under (with parent/guardian)	Sa	2:00 PM	1 hr	Needham Community Centre	11	5-Apr		FREE
Family Games Night	All Ages	F	5:00 PM	2 hrs	Needham Community Centre	8	4-Apr		FREE

**PLEASE NOTE:**

- Adult programs are +HST and senior discounts apply to clients 60 years and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into MyRec.

