



CELEBRATING  
AFRICAN HERITAGE  
MONTH

Councillor Cathy Deagle Gammon  
District 1 Newsletter  
Waverley - Fall River - Musquodoboit Valley

**HALIFAX**

**WELCOME FEBRUARY!**



February is [African Heritage Month](#) and also the month in which we celebrate [Nova Scotia Heritage Day](#).

February is traditionally the month for expressions of love. There’s no better time to show your love and appreciation by learning more about our heritage, and by attending one of the many planned events for African Heritage month and Nova Scotia Heritage Day.

Keep reading for more information on dates and times for the 2025/26 budget discussions, African Heritage Month, winter snow removal standards, and much more!

Please reach out to me with suggestions on how I can assist with providing the municipal programs/services you want to see by phone at 902-717-2718 or by email at [deaglec@halifax.ca](mailto:deaglec@halifax.ca). Your input is important!

*Cathy*

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Wednesday, February 19 at 9:30 a.m.

Thursday, February 20 at 9:30 a.m.

Friday, February 21 at 9:30 a.m. **(Contingency)**

Wednesday, February 26 at 9:30 a.m.

Friday, February 28 at 9:30 a.m. **(Contingency)**

### Regional Council:

Tuesday, February 4 at 10:00 a.m. **(Special)**

Tuesday, February 11 at 10:00 a.m.

Tuesday, February 25 at 10:00 a.m.

### North West Community Council:

Monday, February 10 at 6:00 p.m.

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### Standing Committees:

#### CPED

- Thursday, February 13 at 10:00 a.m.

#### Audit & Finance Standing Committee

- Tuesday, February 18 at 10:00 a.m.

#### Executive Standing Committee

- Monday, February 24 at 10AM

### Streaming Council and Committee Meetings

Regional Council are using a new system for electronic streaming, to find the council videos – go to our [Agendas, Meetings and Reports page](#) and click the meeting you want to view. Meetings will still be live-streamed and videos will be available after the meeting.

## FEBRUARY MEETING DATES

### Budget Committee:

Wednesday, February 5 at 9:30 a.m.

Friday, February 7 at 9:30 a.m. **(Contingency)**

Wednesday, February 12 at 9:30 a.m.

Friday, February 14 at 9:30 a.m. **(Contingency)**



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### DID YOU KNOW....

February is African Heritage Month.

- February 2 is Ground Hog Day
- February 4 is World Cancer Day
- February 10 is International Epilepsy Day
- February 11 is International Day of Women and Girls in Science
- February 13 is Wear Red Day (Women's Heart Health)
- February 14 is Valentine's Day
- February 14 is International Book Giving Day
- February 15 is National Flag Day
- February 15 is International Childhood Cancer Day
- February 15 is Canada's Agriculture Day
- February 17 is Nova Scotia Heritage Day
- February 20 is World Day of Social Justice
- February 21 is International Mother Language Day
- February 22 is World Thinking Day
- February 25 is World Spay Day
- February 26 is Pink Shirt Day/Anti-Bullying Day
- February 27 is World Non-Governmental Organization Day
- February 28 is the First Day of Ramadan

### AFRICAN HERITAGE MONTH

February is African Heritage Month, a time to celebrate the rich culture, achievements and contributions of African Nova Scotians and communities of African descent in our region and across the nation.



This year's provincial theme, *Legacy in Action: Celebrating Black Brilliance*, highlights the living legacy of Black Nova Scotians, honouring the impact and perseverance of the long-standing community.

Nova Scotia has 52 historic African Nova Scotian communities with a long, deep and complex history dating back over 400 years.

The Halifax Regional Municipality are committed to fostering safe and inclusive communities for all. Our African Nova Scotian Affairs Integration Office (ANSAIO) are committed to addressing anti-Black racism in our workplaces and communities with the [Anti-Black Racism Framework](#), the [African Descent Advisory Committee](#) advises Regional Council on the impact of municipal policies, programs and services for People of African Descent and we are sponsors of the [Road to Economic Prosperity for African Nova Scotian Communities](#), that encourages community efforts and provides a space for realizing future opportunities for all people of African descent.

This month, City Hall will be illuminated in black, green and red and the Pan-African flag will be displayed at some of our municipal buildings in honour of African Heritage Month. Take time to commemorate African Heritage this month by attending an [event](#) or checking out the [Halifax Public Library portal featuring programs that celebrate the African Nova Scotian community](#).





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### HERITAGE DAY

Celebrated the third Monday in February, Nova Scotia Heritage Day is an annual reminder of our storied past and an opportunity to honour the remarkable people, places and events that have contributed to this province’s unique heritage. This year’s honouree is Nora Bernard, a Mi’kmaq activist for her community and First Nations across the country who was instrumental in ensuring justice, recognition and compensation for the survivors of the Canadian Indian Residential School system. Learn more about Nora [here](#).

### WEAR RED DAY

Heart disease is the number one killer of women worldwide and the leading cause of premature death in Canadian women. Wear Red Canada Day (WRCD) is celebrated annually on February 13 to raise awareness about women’s cardiovascular. I hope you will join me and wear red on February 13 for this significant day of awareness.

This national movement first WRDC occurred here in Halifax in 2018, sponsored by our Women’s Heart Health Clinic. WRCD is organized by the Canadian Women’s Heart Health Alliance (CWHHA), a volunteer group of clinicians, scientists, allied health care providers, and women with lived experience with heart disease from across Canada. Visit their [website](#) to learn more.

### PINK SHIRT DAY

Wear a pink shirt on February 26 to promote a more kind, inclusive world and raise awareness

and funds for anti-bullying initiatives. You can find out more about Pink Shirt Day [here](#).

### RCMP FALL RIVER COMMUNITY OFFICE REQUEST



RCMP Halifax Regional Detachment (HRD) requested support to establish a community policing office in the community of Fall River, requiring six (6) FTE positions to staff.

Over the past four years I have listened to our communities from Grand Lake to Fall River to Waverley, speak about speeding, traffic concerns and the lack of an RCMP presence.

The BOPC has approved this request to come to Regional Council at budget deliberations. If you have any comments in support or otherwise, please email me at [deaglec@halifax.ca](mailto:deaglec@halifax.ca); and if you so choose, you may also send any comments to the clerks office at [clerks@halifax.ca](mailto:clerks@halifax.ca).

You can find more details about this proposal [here](#).



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## BUDGET UPDATE



This month, Regional Council will be continuing to work with each business unit to direct the 2025/26 budget and business plan and capital plan.

Residents are encouraged to tune in or attend these budget sessions, where we will hear from each business unit and discuss their budget and plan for the next fiscal year and there will be time set aside for public feedback:

### Public Safety

Wednesday, February 12 9:30 a.m. *(Contingency: Friday, February 14)*

Community Safety; Halifax Regional Fire & Emergency; Halifax Regional Police; and Royal Canadian Mounted Police Halifax Regional Detachment

### Operations

Wednesday, February 19, 9:30 a.m. and Thursday, February 20 9:30 a.m. *(Contingency: Friday, February 21)*

Halifax Transit; Parks & Recreation; Planning & Development; Property, Fleet & Environment; and Public Works

### Corporate Services

Wednesday, February 26, 9:30 a.m. *(Contingency: Friday, February 28)*

Chief Administrative Office; Finance & Asset Management; Human Resources; Information Technology; and Legal & Legislative Services

Next month, Regional Council will review all of the add-ons (“overs”) and subtractions (“unders”) on the Budget Adjustment List then final budget approval is scheduled for Tuesday, April 8. Visit our [website](#) to tune in or confirm the schedule and details.

## HEATING ASSISTANCE REBATE PROGRAM

The Heating Assistance Rebate Program provides assistance to low and moderate income Nova Scotians for help with the cost of home heating. Rebates are \$600/household. Find out more and apply by March 31 [here](#).

## URBAN DESIGN AWARDS

The Halifax Regional Municipality is now accepting submissions for the 2025 Urban Design Awards. We’re recognizing outstanding projects completed after January 1, 2020 that have helped shape and enhance our communities. For details on categories, eligibility and submission guidelines, visit our [website](#).

## SENIORS CARE GRANT

The Seniors Care Grant helps low-income seniors with the cost of household services like lawn care, snow removal, grocery delivery, transportation, small home repairs and phone



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service, healthcare services like physiotherapy and mental health support and home heating. Grants are \$750 for each household. You can find out [here](#).

to applying and find more information about the program on our [website](#).

## COMMUNITY GRANTS PROGRAM



## CAMP COURAGE

**Do you want the experience of a lifetime?**

If so, apply to **CAMP COURAGE HALIFAX** Before February 15<sup>th</sup>

An empowering program that introduces Nova Scotian young women and gender-diverse youth ages 15-19 years to emergency service careers.

Only 24 youth WILL BE SELECTED TO ATTEND THIS **FREE CAMP**

Date : Saturday June 28<sup>th</sup> to Sunday July 6<sup>th</sup> 2025.

Contact us at [campcourage.ca](http://campcourage.ca) or Call (902) 701-1405

Discover Camp Courage in Alberta, Nova Scotia & New Brunswick.

The Halifax Regional Municipality is advising eligible registered non-profit and charitable organizations that applications for the [Community Grants Program](#) have opened. The program provides annual cash grants to registered non-profit organizations and charities located throughout the region. There are project grants (up to \$5,000) or capital grants (up to \$25,000) available in the following categories: community arts; diversity and accessibility; environment and climate change; emergency assistance and neighbourhood safety; community histories; leisure; and recreation. Check out the [2025/26 Program Guidebook](#) prior

Camp Courage is a free, award-winning program that inspires young women and gender-diverse youth to discover careers in emergency services. This life-changing experience builds confidence, leadership, and resilience while igniting a passion to make a difference.

This program has had a profound impact on youth who have participated in the past. Do you know someone in our community who could benefit from stepping into a world of inspiration, mentorship, and possibility? Camp Courage can empower the next generation of first responders and leaders. Let's change a life today! For more information, visit their website.





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### 2024 MUNICIPAL ELECTION CAMPAIGN DISCLOSURE

The Halifax Regional Municipality is advising residents that campaign finance disclosure documentation for the 2024 Municipal and Conseil scolaire acadien provincial Election are now available on our [website](#).

Within 60 days of 2024 Municipal Election, every candidate was required to provide a *Statement of Campaign Contributions and Expenditures and Statement of Campaign Surplus* in accordance with [By-law C-1100 – Respecting Campaign Financing](#) and the Province of Nova Scotia’s [Municipal Elections Act](#).

### 2023/24 STRATEGIC PERFORMANCE REPORT

The Halifax Regional Municipality has released the [2023/24 Strategic Performance Report](#). This annual report uses strategic key performance indicators to provide a high-level analysis of advancement towards the municipality’s priorities and outcomes in the [2021-2025 Strategic Priorities Plan](#). The [Strategic Performance Snapshot](#) dashboard has also been updated with data for 2023/24.

### NEW MINIMUM PLANNING REQUIREMENTS FEEDBACK

The Halifax Regional Municipality is inviting residents to learn more about new Minimum Planning Requirements that will affect policies and regulations regarding housing in our region.

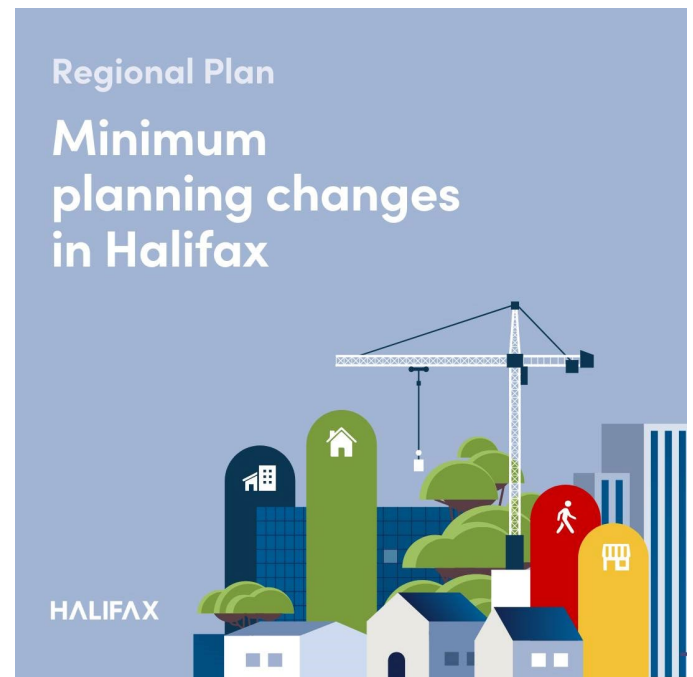
Minimum Planning Requirements are provincial

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regulations that the municipality’s land use plans and strategies must meet as required by the province. In August 2024, the province announced [12 new Minimum Planning Requirements](#) to prioritize increasing housing supply.

To comply with the new regulations, the municipality is making changes to the [Regional Plan](#), as well as Community Plans and land use by-laws.

Check out the new requirements and submit your feedback in our online public engagement by **Monday, February 24** [here](#).



### 2024 RESIDENT SURVEY

2,029 residents responded to the 2024 Resident Survey in the fall and results were presented to Regional Council last month.



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These surveys help to inform where Regional Council can focus our priorities to better serve our residents. Residents provided their feedback on what the top issues facing our municipality are, satisfaction with services and much more. You can check out the presentation [here](#) or the full staff report [here](#).

## EMERA OVAL OPENS FOR THE 2024/25 SEASON

The Halifax Regional Municipality is advising residents that the Emera Oval, located on the Halifax Common, is now open. A full schedule of public skate times, details about equipment rentals and more can be found [here](#).

## PARK LIGHTING STRATEGY



Regional Council has approved a new Park Lighting Strategy to add lighting in parks to increase safety and accessibility at night and minimizes environmental impact.

Park lighting plays an important role in improving accessibility, visibility, safety and active living in municipal green spaces across the region. Regional Council identified the need for a

strategy address nighttime safety, enhance the use of facilities like sport courts and installations of public art.

For more information, read the [staff report](#) here.

## SUMMER JOB RECRUITMENT

Applications are now open for our summer casual positions in aquatics, inclusion and recreation programming. These positions are ideal for teenagers and students with a fun work college, competitive wages and opportunities to work outdoors in an environment that promotes health, wellness and physical activity.

For more information on dates and locations, as well as a list of job openings, visit our [website](#).

## INCLUSION SUPPORT ADVISORY GROUP



We are looking for 8-12 people to make up the Inclusion Support Advisory Group, a volunteer team of residents from all over the region that





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will be responsible for leading the development of the Inclusion Support Analysis and Evaluation in Parks & Recreation ensuring that key priorities reflect the needs of the disability community.

The advisory group will consist of a mixed group of persons with disabilities, parents of persons with disabilities and service providers of persons with disabilities. This group will help in the following:

- the creation of a municipality-wide survey
- analyzing of data to determine key issues
- providing recommendations that will make up the final plan

Applications are open until Monday, March 3, 2025. Any questions about the inclusion support analysis or the advisory committee, please contact [inclusion@halifax.ca](mailto:inclusion@halifax.ca). To learn more or apply, visit our [website](#).

## FRENCH LANGUAGE SERVICES FEEDBACK



The Halifax Regional Municipality is inviting Acadian and Francophone residents to share feedback on the *French Language Services Strategy*.

The Halifax Regional Municipality has the largest Acadian and Francophone community in Nova Scotia, with more than one third of French-speaking Nova Scotians residing in the municipality. It also accounts for more than half of the self-identified bilingual individuals in the province. In 2021, Halifax Regional Council approved the [French-Language Services Strategy](#), designed to strengthen the municipality's engagement with its Acadian and Francophone communities. This strategy includes 33 action items, divided into three phases, to ensure municipal services, programs and decisions meet the needs of French-speaking residents. The first phase of this strategy is complete.

You can attend an [online engagement session](#) Monday, February 3 from 6 to 7:30 p.m. or complete an online survey. The [online survey](#) can be completed in French or English and will be available until February 16.

## RFP LOCKSIDE CANTEEN OPERATOR



The Shubenacadie Canal Commission is excited to offer a small business opportunity to lease and operate the Lockside Canteen, located at the trailhead of Shubie Park (54 Locks Rd., Dartmouth, NS).

We are looking for a passionate, community-focused operator to enhance the park experience with quality food and beverage offerings. The Request for Proposal (RFP) is now open! Learn more & apply: [www.shubenacadiecanal.ca/rfp](http://www.shubenacadiecanal.ca/rfp)



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### HFX ALERT

HfxALERT is the municipality's mass notification

**hfxALERT**  
Notifications  
when you  
need to know.

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system for informing residents about emergencies and operations updates.

hfxALERT will send urgent and non-urgent

notifications from Halifax Regional Police, Halifax Fire & Emergency's Emergency Management Division, as well as municipal winter parking ban notices. [Sign up for notifications](#) or [click here to download the mobile app](#).

Once the Mersey River Wind Farm is online, this supply of clean electricity will result in a 24% reduction in the municipality's carbon dioxide emissions.

The agreement helps us meet the goals of [HalifACT, our long-term climate action plan](#), which commissions the municipality to support alternative energy sources in order to transition away from the fossil fuels that cause climate change.

Purchasing renewable energy is an essential part of achieving HalifACT's target of net-zero municipal operations by 2030.

Each megawatt of wind energy can reduce greenhouse gas emissions by as much as 2,500 tonnes a year. Electrifying our infrastructure with clean energy also helps the municipality save money. Since Renewall's rates are less expensive than current market rates and will not go up by more than one per cent a year for the next 20 years, the municipality will be able to reduce costs on the roughly \$9 million we spend annually on electricity.

Renewall Energy is part of the Province of Nova Scotia's [Renewable to Retail Program](#), which began in 2015. Renewall's first wind farm will eventually operate 33 turbines and generate 148 MW of electricity. Their licence, granted by the UARB in 2021, will allow Nova Scotians to acquire up to 100% of their electricity from local renewable energy sources.

### SOURCING RENEWABLE WIND ENERGY



The municipality has signed an agreement with [Renewall Energy](#) to receive renewable wind energy through their Renewable to Retail license.

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### CLIMATE COMMITMENT BADGES



The municipality's Environment & Climate Change team and the Ecology Action Centre have worked with local artists to create Climate Commitment Badges to inspire residents to set achievable goals for climate action.

Climate 101, Home Energy and Getting Around are the first of several badges that residents can earn by getting informed about these issues, choosing cleaner methods of transportation and exploring how we can make our homes more efficient and less reliant on fossil fuels.

Find out how to get involved on our [website](#).

### SENIOR CITIZEN SCAM

Police are advising citizens to be cautious of a scam that targets seniors that is continuing to occur throughout our region.

In each incident, the victim received a call from someone pretending to be a family member who indicated that they have been arrested, they are in jail and need bail money.

Another person representing themselves to be from the legal system becomes involved in the call and informs the victim that they need to pay

money to have their loved one released from custody. In all recent incidents, a suspect made arrangements to pick up the money in person by attending the victim's residence or meeting in a public place. Recently, the scammers have been asking victims to forward their cash to an address via registered mail or a courier service such FedEx.

If you receive a call like this, do not provide or confirm any personal or financial information and hang up the phone. In Canada, law enforcement and court officials will not attend a residence to collect money in relation to bail.

Call police at 902-490-5020 if you've lost money or your identity has been compromised as the result of a scam. You can report a scam where you haven't been a victim to the Canadian Anti-Fraud Centre or call 1-888-495-8501.

For more information and scam prevention tips, visit the [Canadian Anti-Fraud Centre](#) and [Halifax Regional Police fraud prevention websites](#).

### SIGNIFICANT RISE IN FATAL ROAD COLLISIONS

The Nova Scotia RCMP responded to 77 fatal vehicle collisions and crashes in 2024 with multiple drivers and passengers losing their lives and RCMP officers responding to 180 serious injury collisions in our jurisdiction.

These numbers don't include medical events experienced by people behind the wheel, nor do they include off-highway vehicle incidents that occurred off provincial roadways.

There are four primary causal factors for fatal and serious injury collisions, including impaired driving, distracted driving, aggressive driving





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(primarily speeding), and failure to use a seatbelt.

The Nova Scotia RCMP is asking motorists to do their part to protect themselves and others by buckling up every time they get into a vehicle.

Between 2020 and 2023, there were, on average, 52 fatal incidents on roads policed by the Nova Scotia RCMP.

## WINTER PARKING BAN



The Halifax Regional Municipality is advising residents that the municipal overnight winter parking ban is now

in effect during declared weather events to ensure effective snow clearing. Residents are encouraged to plan ahead when snow is in the forecast and secure off-street parking when the overnight winter parking ban is enforced.

The parking ban can be enforced throughout the entire municipality or just by zone. Zone 1 – Central refers to the Halifax peninsula and downtown Dartmouth within Highway 111 (the Circumferential Highway) and some surrounding areas. Zone 2 – Non-Central is any area outside of Zone 1. You can find out what zone you are in [here](#).

To get updates on when the parking ban is in effect, sign up for our [hfxALERT](#) system or check out our [public service announcements](#) or [@hfxgov](#) on X.

The municipality has enhanced enforcement for parking ban violations in areas around hospitals, schools, bus routes and challenging streets to ensure unobstructed access for snow equipment and emergency vehicles. Officers will also be ticketing vehicles obstructing sidewalk clearing.

Regardless of the status of the overnight winter parking ban, vehicles can be ticketed or towed at any time if their vehicle is interfering with snow clearing operations as outlined in Section 139 of the [Nova Scotia Motor Vehicle Act](#).

Learn more about the parking ban [here](#).

## SNOW CLEARING SERVICE STANDARDS



During a storm, our crews have 4,322 lane kms or road, 1,000 kms of sidewalks plus bike lanes, multi-use pathways and bus stops to clear. They begin their work before the

winter weather event even begins by applying salt or brine to streets and sidewalks across the region and snow clearing efforts begin once the snow has begun to accumulate.

Streets and sidewalks are prioritized based on traffic volumes, local amenities such as hospitals and schools and steepness. We work as quickly as possible to get all streets cleared, but Priority 1 roads should be cleared to bare pavement within a maximum of 12 hours of the end of a weather event and Priority 2 Roads should be



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snow covered but passable within a maximum of 24 hours from the end of an event. You can find out who clears your street and what priority level it is with our interactive map [here](#). More information about the service standards and sidewalk priority levels can be found [here](#).

If your street or sidewalk does not meet the standards, please call 311 and they will dispatch a crew. In exceptional weather events, these timelines may not be able to be met, but we do our best to clear as quickly as possible.

For more information on municipal winter operations, please visit our [website](#).

## WINTER SAFETY TIPS FOR MOTORISTS

Halifax Regional Police is sharing some winter safety tips to help road users be winter ready.

Plan ahead to ensure your vehicle is roadworthy.

- Check your safety inspection sticker and the tread on your tires.
- Consider topping up your vehicle with extra windshield washer fluid.
- Keep a shovel, a bag of salt or sand and your snow brush and ice scraper in your vehicle.

Driving safely for the road conditions

- Stay up to date with the weather conditions.
- Visibility is key. Before you hit the road, clear all snow from the roof, hood, license plate, windows, mirrors, lights, turn signals and cameras of your vehicle. Scrape/defrost your windshield if necessary.
- Be mindful that winter conditions create challenges for pedestrians who may need to walk in the roadway to avoid snow-covered or icy sidewalks.
- Never drive distracted. Keep your hands on the wheel and your eyes on the road. Watch for other road users, pedestrians and cyclists.
- Adjust your speed to the conditions. Leave extra space between you and the vehicle in front of you so that you can safely slow down and/or stop. Remember not to accelerate or brake too quickly when the roads are slippery.

## NOVEMBER RCMP STATS

- 738 calls for service in November 2024 - up 33.9% over the same period in 2023
- 40 Summary Offence Tickets Issued in November 2024, up from the 22 issued during the same period in 2023
- 14 Aggressive Driving/15 Speeding/11 Other
- 207 Proactive Assignments in November 2024, up from the 100 reported during the same period in 2023
- 96 Cell Phone / Impaired / Seatbelt / Speeding Checkpoints / Radar Enforcements
- 144 Traffic Stops in November 2024, up from the 98 conducted during the same period in 2023
- 2 Impaired Driving Charges in November 2024, the same number issued during the same period in 2023. 1 Impaired Driving Suspension in November 2024, up from the 0 issued during the same period in 2023
- 36 Motor Vehicle Accidents in November 2024 (3 resulting in injury), up from the 24 reported during the same period in 2023.



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Think before you park on the street. When and where you park in the winter can have a big impact on clearing streets and sidewalks, which, in turn, can affect road safety. To help make a responsible parking choice, ask yourself:

- Is the overnight parking ban currently being enforced?
- Is your vehicle causing a safety issue?
- Is it making the road impassable?
- Is it impeding snow operations underway in the area?

### PROPERTY TAX ASSESSMENT APPEALS

## Property Valuation Services Corporation

Property Valuation Services Corporation (PVSC) assesses every property in Nova Scotia and mails over 638,000 Property Assessment Notices to property owners every January. If you are a property owner, you should be receiving your latest Property Assessment Notice in the coming weeks.

There is an option to appeal/refute your assessment within 31 days of the date on your Assessment Notice.

To learn more about your assessment, call PVSC assessors at 1-800-380-7775 or email them at [inquiry@pvsc.ca](mailto:inquiry@pvsc.ca).

Visit their [website](#) to learn more.

### IN THE COMMUNITY...



Vyterra is a Canadian company focused on providing climate change solutions from sawmill residues (chips, sawdust, bark) and low-grade forest biomass.

Vyterra is seeking input from residents of Enfield about a proposed facility that will create LCFO as a renewable, clean fuel.

LCFO has significantly lower carbon emissions than conventional fossil fuels and can help Nova Scotia meet its greenhouse gas reduction targets.

The project is designed to be a model for how the forest sector can partner with local communities and industrial companies to produce clean fuels, create sustainable local jobs, reduce air emissions, and combat climate change.

Vyterra will have project team members on-site to listen to your feedback and answer any questions you may have about the project or the environmental studies that are taking place.

Please visit their [website](#) for more information about the project. The event is free and open to everyone, and light refreshments will be available.





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I was so pleased to tour and have a chat at [Aerotec Engines Limited](#) with Jason Crowell. He runs a thriving business, is a local employer and Jason is a founding member of the [FRABA - Fall River and Area Business Association](#). Our community is fortunate to have many local businesses operating in local, national and international markets. The [Halifax Partnership](#) along with FRABA can be helpful, consider connecting and see what opportunities await!



New Year levees began at City Hall, then off to Government House, later our Mayor Andy Filmore and I were welcomed at the [LWF Community Hall](#), and then [Wellington Fletchers Lake Station House](#) and then [Waverley Legion Royal Canadian Legion Dieppe Br90](#).

Thanks to everyone for the hospitality and good wishes for 2025.





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### COMMUNITY HALLS / CENTRES

District 1 is home to many community halls and non-profit organizations. Check out their website or Facebook pages at the links below to find information on local events as well as opportunities to volunteer in your community.

[Elderbank Recreation Club](#)

[Lemmon Hill Sports Association](#)

[Upper Musquodoboit Nova Scotia Nunavut Command](#)

[Upper Musquodoboit Community Hall](#)

Upper Musquodoboit Fellowship Centre  
(902)568-2536

[Musquodoboit Valley Bicentennial Theatre](#)

[Musquodoboit Valley Family Resource Centre](#)

[Musquodoboit Valley Food Bank](#)

[Carrolls Corner Community Center](#)

[Meaghers Grant Community Hall](#)

[Gordon Snow Community Centre](#)

[Wellington Fletchers Lake Station House](#)

[Grand Lake Oakfield Community Centre](#)

[Waverley Heritage Museum](#)

[Waverley Legion Dieppe Branch 90](#)

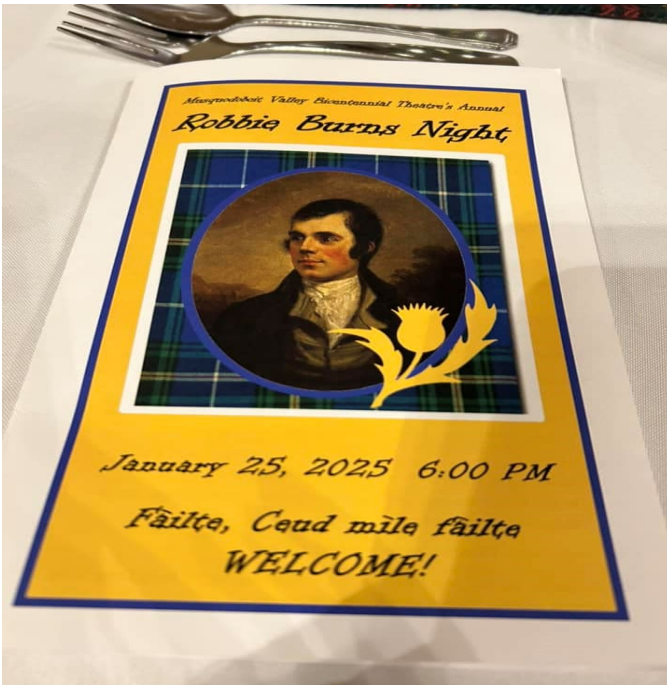
[LWF Community Hall](#)

[Windsor Junction Community Centre](#)

[Helping Hands Families Helping Families](#)

[Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!



Attending [Musquodoboit Valley Bicentennial Theatre](#) Robbie Burns night.

FEBRUARY 2025

HALIFAX





# COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

## PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the provincial Members of the Legislative Assembly (MLAs) and federal Members of Parliament (MPs) representatives for [municipal district 1](#).

### Provincial MLAs:

#### MLA Scott Armstrong



Colchester-  
Musquodoboit Valley

Progressive Conservative  
Caucus Office: 1601  
Lower Water Street,  
Halifax, NS B3J 3P6

Phone: 902-424-2731

Fax: 902-424-7484

E-mail: [PCcaucus@novascotia.ca](mailto:PCcaucus@novascotia.ca)

#### MLA Brian Wong



Waverley-Fall River-  
Beaver Bank

Constituency Office:  
1265 Fall River Road  
Suite 101  
Fall River, NS B2T 1E6  
Phone: 902-576-3411

Email: [brianwongmla@gmail.com](mailto:brianwongmla@gmail.com)

### Federal MPs:

#### MP Sean Fraser



#### [Central Nova](#)

House of Commons  
Ottawa, ON K1A 0A6

Phone: 613-992-6022

Fax: 613-992-2337

Email: [sean.fraser@parl.gc.ca](mailto:sean.fraser@parl.gc.ca)

#### MP Darrell Samson



Sackville-Preston-  
Chezzetcook

Constituency Office:

2900 Highway 2  
Suite 2nd Floor  
Fall River, NS B2T 1W4

Phone: 902-861-2311

Fax: 902-861-4620

Email: [darrell.samson@parl.gc.ca](mailto:darrell.samson@parl.gc.ca)





# COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

## COUNCILLOR DEAGLE GAMMON



### Councillor Cathy Deagle Gammon

DISTRICT 1  
Waverley – Fall River – Musquodoboit Valley

902.717.2718  
cathy.deaglegammon@halifax.ca

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### Internal

- **Regional Council District 1**
  - **North West Community Council: Chair**
- **Standing Committees:**
  - **Audit & Finance – Chair**
    - **Budget – Chair**
  - **Community Planning & Economic Development - Chair.**
  - **Environment & Sustainability – Vice Chair**
  - **Executive Standing Committee**

### External

- **Halifax Regional Water Commission - Vice Chair**
  - Audit & Finance Committee
- **Halifax Partnership Board Member**
  - Audit & Risk Committee
- **Canadian Capital Cities Organization** HRM rep
- **Nova Scotia Federation of Municipalities**
  - Equity & Well Being Sub Committee Vice Chair

### Community Committees:

- Collins Park Watershed Advisory Committee
- Middle Musquodoboit Watershed Advisory Committee
- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
  - Community Consultative Committee
- Goffs Quarry Community Liaison Committee
- Musgo-Rider Ex Officio member

### E-NEWSLETTER/SUBSCRIBE

The District 1 newsletters, available on my [municipal website](#) or to request to be added to the distribution list – please contact my Council Constituency Coordinator, Nancy Viner at [Nancy.Viner@halifax.ca](mailto:Nancy.Viner@halifax.ca).

### LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region. The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

♥ HAPPY  
Valentine's  
DAY ♥