



**DEPUTY MAYOR CATHY DEAGLE GAMMON**  
DISTRICT 1 ONLINE NEWS  
WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

## WELCOME DECEMBER!



Happy Hanukkah, Merry Christmas, Happy Kwanzaa, Happy Holidays, and Happy New Year!  
The holidays give us an opportunity to pause and reflect on the important things around us - the gift of kindness

will long be remembered once the holidays have passed. While many look forward to this time of year; it is difficult for others. Your gifts of time, generosity, compassion and understanding will go a long way to lighten someone else's load. Thank you for all you do for others in our communities.

May you be blessed with the **Spirit** of Christmas  
~ **Peace**

The **Gift** of the Season ~ **Hope**  
and The **Heart** of the Season ~  
**Love**

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## Standing Committees

December 11 at 10 a.m. **Audit and Finance**

December 5at 1:30 p.m. **Environment and Sustainability**

December 12 at 10 a.m. **Community Planning & Economic Development**

Dec 16 at 10 a.m. **Executive Standing Committee**

## External Meetings:

Dec 4 at 11 a.m. Aerotech Connector CLC

Dec 4 at 3 p.m. A& F Agenda Review

Dec 5 at 8 a.m. HIAA Community Consultative Co

Dec 6 at 8:30 a.m. Halifax Water Board Workshop

Dec 11 at 4 p.m. Three Corners CLC Meeting

Dec 13 at 10 a.m. HRFE Career Firefighters Graduation

## DECEMBER MEETINGS

You can find the full schedule, agendas and all reports posted on our website [here](#). Please confirm meeting dates and times on the [municipal website](#) as they are subject to change.

### Budget Committee

Tuesday, December 10 at 10:00 a.m.

### Regional Council

Tuesday, December 12 immediately following Budget Committee

### North West Community Council

Monday, December 9 at 7:00 p.m.

## NWCC UPDATE

At the November 19 meeting of the North West Community Council, (NWCC) dealt with:

- Election of Chair ~ Deputy Mayor Cathy Deagle Gammon
- Election of Vice Chair ~ Councillor Shawn Cleary

### Amendment to the Land Use By-law for Beaver Bank, Hammonds Plains and Upper Sackville

North West Community Council gave First Reading to consider approval of the proposed amendment to the Beaver Bank, Hammonds Plains and Upper Sackville Land Use By-law to increase the total number of dwelling units for



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PID 00346874 from 57 to 64. A public hearing will be scheduled for further feedback.

### Councillor Appointments to Boards and Committees

Councillor Jean St-Amand was appointed to serve on the Grants Committee for a term to November 2026.

To view the full meeting minutes click [here](#)

### DID YOU KNOW....

December is HIV/AIDS Awareness Month, Seasonal Affective Disorder Awareness Month, Universal Human Rights Month.

- December 1 – World Aids Day
- December 2 - International Day for the Abolition of Slavery
- December 3 – Giving Tuesday
- December 3 – International Day of Persons with Disabilities
- December 5 – International Volunteer Day
- December 6 – National Day of Remembrance and Action on Violence Against Women
- December 6 – St. Nicholas Day
- December 10 – Human Rights Day
- December 17 – Anti-Bullying Day
- December 18 – International Migrants Day
- December 21 - Winter Solstice
- December 24 – Christmas Eve
- December 25 - Christmas Day
- December 26 – Boxing Day
- December 26 – Kwanzaa (beginning)
- December 28 – National Call A Friend Day
- December 31 – New Year’s Eve

## WINTER 2024 RECREATION REGISTRATION NOW OPEN



Course catalogues for winter 2025 recreation programming are now available [online](#).

Registration for dryland programming starts at 10:00 a.m. Wednesday, December 4.

Registration for skating & aquatic programs will open at 10:00 a.m. Thursday, December 5.

## INTERNATIONAL DAY OF PEOPLE WITH DISABILITIES

On December 3, we recognize and celebrating the International Day of People with Disabilities (IDPWD).

This day aims to raise awareness and mobilize support for the dignity, rights, and well-being of persons with disabilities. This year’s theme is Amplifying the leadership of persons with disabilities for an inclusive and sustainable future. Learn more about this important day [here](#).



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### NATIONAL DAY OF REMEMBRANCE AND ACTION ON VIOLENCE AGAINST WOMEN

On December 6, we recognize The National Day of Remembrance and Action on Violence Against Women – commemorating the 1989 École Polytechnique massacre where 14 women lost their lives. We honour them by observing a moment of silence at 11 a.m. and wearing a white ribbon if possible.

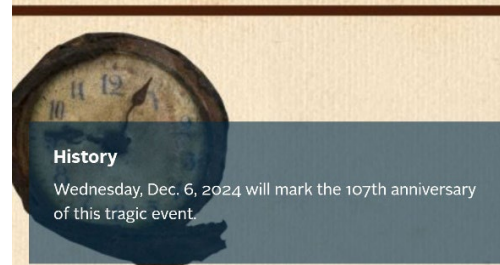
It is important to remember that violence can affect women from all backgrounds regardless of age, race, sexual orientation, immigration status, ethnicity, education or income. Preventing and ending gender-based violence is everyone’s responsibility. Learn more about gender-based violence and find helpful resources on the Nova Scotia Advisory Council on the Status of Women’s [website](#).

### HALIFAX EXPLOSION MEMORIAL

On December 6, 1917, when the SS Imo collided with the explosive laden SS Mont Blanc, the cities, towns and villages around Halifax Harbour were changed forever.

We will never forget this disaster that had a significant impact on our city, and the thousands of people that were killed, or were injured or

blinded for the rest of their lives. You can find out more about the Halifax Explosion [here](#).



### NOVA SCOTIA POWER HOLIDAY PARADE OF LIGHTS



On Sunday, December 8, starting at 5:00 p.m., we will celebrate the 29th annual Nova Scotia Power Holiday Parade of Lights, presented by Eastlink and hosted by the Holiday Parade of Lights Society. For all inquiries related to the parade, please email [hpolsociety@gmail.com](mailto:hpolsociety@gmail.com).

### HEATING ASSISTANCE REBATE PROGRAM

The Heating Assistance Rebate Program provides assistance to low and moderate income Nova Scotians for help with the cost of home heating. Rebates are \$600/household. Find out more and apply by March 31, 2025 [here](#).



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## 2025/26 MUNICIPAL BUDGET

This month, Regional Council will begin setting our strategic priorities for the next four years and start the municipal budget review process. Over the next few months, we will be reviewing each department’s budget in preparation for a final budget approval in April.

We welcome public feedback throughout this process. You can have your say by taking part in the Public Participation portion included in each meeting or by submitting correspondence to the [Clerk’s Office](#).

## STREAMING COUNCIL AND COMMITTEE MEETINGS

Regional Council are using a new system for electronic streaming, to find the council videos – go to our [Agendas, Meetings and Reports page](#) and click the meeting you want to view.

Meetings will still be live-streamed and videos will be available after the meeting.

## VOLUNTEER AWARD NOMINATIONS

Do you know an outstanding volunteer? Nominations are now open for HRM’s 2025 Volunteer Awards! You can nominate deserving volunteers in the youth, adult or group categories to be recognized at a ceremony in the

Spring for their contributions to their community. Fillable nomination forms can be found on the program [web page](#) and will remain open until 5 p.m. on Wednesday, January 8, 2025.

As a reminder in the photo below are our 2024 Recipients : Steven Cochrane, Ella MacKinnon, Steve Sinnott, Catherine Van Oosten, Betty Lou Tilley, Cheryl Sinnott, Karen MacDougal and Andrea Speranza.



Group photo of District 1 Volunteer Award 2024 recipients.

## VOLUNTARY VULNERABLE PERSONS REGISTRY

The Halifax Regional Municipality has a Voluntary Vulnerable Persons Registry (VVPR) for those who require more support during emergencies. The VVPR provides essential information to first responders and Emergency Management staff and volunteers to help prioritize responses to residents’ needs in situations such as sustained power outages or severe storms. You can learn more or sign up [here](#).



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### SENIORS CARE GRANT

The Seniors Care Grant helps low-income seniors with the cost of household services like lawn care, snow removal, grocery delivery, transportation, small home repairs and phone service, healthcare services like physiotherapy and mental health support and home heating.

Grants are \$750 for each household. You can find out more information and the application form [here](#).

### SENIOR SNOW REMOVAL PROGRAM

There's no denying it – winter is on its way. There is a snow removal program available for seniors (ages 65 and older) and persons with disabilities to help ensure safe access to your home.

The Senior Snow Removal is a YMCA program provided in partnership with Halifax Regional Municipality, and oversees the clearing of front and back steps, walkways, ramps, and access to fuel tanks. Please note that the program does not include driveway clearing.

Those 65+ or persons with disabilities must also meet the following eligibility criteria:

- The participant must reside in a single dwelling home which is owned or rented;
- The participant, also including all individuals who live on the premises aged eighteen or older, must not exceed a total gross household income of \$32,000, and;

- The participant may not be a landlord.

The Senior Snow Removal operates on a first-come, first-serve basis. When maximum capacity is reached, the program will come to a close and individuals will be placed on a waitlist.

Call 902-483-3678 for more information. You can download the 2024/2025 application package online.

Completed applications may be emailed to [ssr@halifax.ymca.ca](mailto:ssr@halifax.ymca.ca) faxed to 902-423-8530 or can be mailed or dropped off in person to the attention of:

YMCA Senior Snow Removal  
Community YMCA  
2269 Gottingen Street  
Halifax, NS B3K 3B7

### SNOW CLEARING

As we gear up for the winter season, it's important to ensure we're all prepared. Our snow clearing crews are poised and ready, responsible for over 3,844 lane kilometers of streets and about 1,000 kilometers of sidewalks.

While the snow hasn't started to fly yet, I would encourage you to begin preparing your property for snow clearing season by removing planters, lawn decorations and any other portable objects near the sidewalk and trimming any tree branches and shrubs that originate from your property that may obstruct access and visibility for snow-clearing equipment. You can mark any permanent structures or objects with a reflector that will be visible above the snow. This helps crews identify obstacles.



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Effective December 15 to March 31, the municipal overnight winter parking ban will be enforced from 1 a.m. to 6 a.m. during weather events and snow removal operations. You can sign up for hfxALERT to receive crucial updates, including Winter Parking Ban [notifications](#).

Let's work together to ensure a safe and smooth winter season for everyone in our community.

### WINTER SAFETY TIPS FOR MOTORISTS

With winter weather arriving potentially any day, Halifax Regional Police is sharing some winter safety tips to help road users be winter ready. Plan ahead to ensure your vehicle is roadworthy.

- Check your safety inspection sticker and the tread on your tires.
- Consider topping up your vehicle with extra windshield washer fluid.
- Keep a shovel, a bag of salt or sand and your snow brush and ice scraper in your vehicle.

Drive safely for the road conditions

- Stay up to date with the weather conditions.
- Visibility is key. Before you hit the road, clear all snow from the roof, hood, license plate, windows, mirrors, lights, turn signals and cameras of your vehicle. Scrape/defrost your windshield if necessary.

- Be mindful that winter conditions create challenges for pedestrians who may need to walk in the roadway to avoid snow-covered or icy sidewalks.
- Never drive distracted. Keep your hands on the wheel and your eyes on the road. Watch for other road users, pedestrians and cyclists.
- Adjust your speed to the conditions. Leave extra space between you and the vehicle in front of you so that you can safely slow down and/or stop. Remember not to accelerate or brake too quickly when the roads are slippery.

Think before you park on the street. When and where you park in the winter can have a big impact on clearing streets and sidewalks, which, in turn, can affect road safety. To help make a responsible parking choice, ask yourself:

- Is the overnight parking ban currently being enforced?
- Is your vehicle causing a safety issue?
- Is it making the road impassable?
- Is it impeding snow operations underway in the area?

### SOLID WASTE STRATEGY REVIEW

In order to align our solid waste system with our climate change action goals, and update outdated strategies, HRM is conducting a Solid Waste Strategy Review. The review began in February



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2023, and the final report will be presented to Halifax Regional Council in Spring 2025. We all need to do our part to reduce waste. You can find out more [here](#).

## AUTOMATED CART-BASED COLLECTION

**Automated cart-based collection survey**  
We want to hear from you!

Complete the survey online at [shapeyourcityhalifax.ca](http://shapeyourcityhalifax.ca). For an alternate way to participate, call 311.  
Survey deadline: December 20, 2024



HALIFAX

As part of the ongoing efforts to improve waste management and enhance community services, the Halifax Regional Municipality is exploring a cart-based collection system for garbage, similar to the green cart program for the collection of residential organics. Cart-based collection of waste is an emerging trend across Canada. Cart-based collection can address health and safety considerations, modernizes collection infrastructure, has been demonstrated to improve citizen satisfaction and protection from animals/birds and associated litter. Cart-based programs are also typically implemented with automated collection which reduces labour requirements. If implemented, each household would receive a wheeled cart specifically designed for garbage disposal. On collection days, residents would place their carts at the curb, where trucks equipped with hydraulic arms will lift, empty, and return the carts.

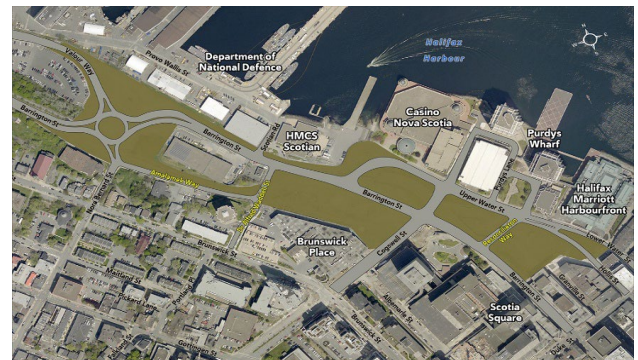
Cart-based collection for recycling (i.e., blue carts) is not part of this current evaluation. Under Extended Producer Responsibility (EPR), the delivery of curbside recycling collection will shift from the municipality to the producers of blue bag material, commencing in December 2025. A survey to gauge public interest and support will be available until December 20. The results of the survey will be used to inform a 'Garbage/Organics Automated Cart Based Collection Implementation Plan' which staff will present to Halifax Regional Council in Spring 2025. [Take the survey here.](#)

## 2025 URBAN DESIGN AWARDS

The Halifax Regional Municipality is calling for submissions to the 2025 Urban Design Awards – a celebration of urban design excellence in the Halifax region that occurs every two years. The submission deadline is Feb. 10, 2025.

For more information or to submit an application, please visit [the website](#) or contact [urbandesign@halifax.ca](mailto:urbandesign@halifax.ca).

## COGSWELL DISTRICT UPDATE







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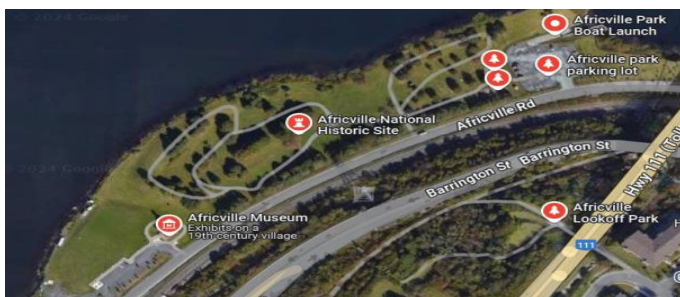
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Last month, the municipality announced three new street names in the Cogswell District that honour our history, Reconciliation Way, Dr. Alfred Waddell Street and Amalamek Way and this month we're making major progress towards the new Cogswell District.

On December 16, the new Halifax Transit Terminal at Scotia Square will open, rerouting approximately 30 Halifax Transit routes that have been on detour for the last six months. The Transit Terminal will include new heated shelters, additional seating and waiting space for passengers, wider sidewalks and an additional bus bay. New trees and landscaping elements will be installed in 2025.

Valour Way and the new roundabout will be fully operational with a temporary connection to Nora Bernard Street. Cogswell Street, from Brunswick Street to Upper Water Street, will also open on December 16. To learn more about the Cogswell District project, visit our [website](#).

## AFRICVILLE - UNESCO DESIGNATION



The Halifax Regional Municipality congratulates the Africville Heritage Trust on the [recent UNESCO designation](#) of Africville as a Place of History and Memory linked to Enslavement and

the Slave Trade. Africville is the first location in Canada to receive this designation.

The municipality remains committed to continue supporting the Africville Heritage Trust, the Africville Genealogy Society and the descendants of Africville. This work includes the Africville Visioning Project – where community members will have a voice in the development of a long-term vision for Africville. Community input will be key in shaping the areas of focus and informing the accompanying phases, priorities and actions.

For more information, visit our [website](#).

## CANADA SUMMER JOBS APPLICATIONS

Until December 19 at 4:00 p.m. AST, employers from not-for-profit organizations, the public sector, and private sector organizations with 50 or fewer full-time employees are invited to apply for wage subsidies to support the creation of quality summer work experiences for young people ages 15 to 30 years.

For more information on the Canada Summer Jobs program, please visit their [website](#) or you can contact the CSJ call centre at 1-800-935-5555.

## TAX RELIEF FOR NON-PROFIT ORGANIZATIONS PROGRAM

The municipality is pleased to announce that the Tax Relief for Non-Profit Organizations Program is now accepting applications for 2024-2025. Organizations applying for acceptance into the



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program (or the addition of another property) must submit a complete application on or before Friday January 31, 2025.

The municipality's Tax Relief for Non-Profit Organizations Program can help eligible non-profit and charitable organizations reduce the amount of property tax they pay each year.

You can find the application form online on the Program's [website](#) or by emailing [non-profittax@halifax.ca](mailto:non-profittax@halifax.ca).

### HOUSING AND HOMELESSNESS UPDATE

The goal of the Halifax Regional Municipality is to ensure that no one is forced to sleep rough and that designated encampments are no longer needed in our region and that everyone has a safe and supportive place to call home. Municipal staff continue to work daily with our colleagues at the province and their service providers to make this a reality.

As the province launches new initiatives such as the shelter villages and the tiny homes project, there will be more than 150 new spaces for people currently experiencing homelessness. In addition, as people transition from existing temporary sheltering and housing options into more permanent and supportive housing options, the spaces they were in are freed up for someone else, providing other options for those sleeping rough in the municipality.

As people from the University Avenue green space relocate, Street Navigators and housing support workers from multiple agencies will concentrate their efforts on identifying

alternative options for those currently in the designated locations at Green Road Park, Cogswell Park, the Geary Steet green space, Lower Flinn Park and the Barrington Street green space.

You can find out more about our efforts to combat homelessness [here](#).

### NEW DATASETS AVAILABLE ON OPEN DATA

The Halifax Regional Municipality has released two new datasets on [Open Data](#), as part of an ongoing commitment to provide public access to data created and managed by the municipality. The new datasets include information on [African Nova Scotian Communities](#) and the [Tree Canopy](#).

Data sets regarding the HRCE School Boundaries, the Canadian Index of Multiple Deprivation 2021 and Tax Rates have also been updated with more current information.

For more information on the municipality's Open Data program, and to access all the datasets, visit the open data [hub](#).

### HALIFAX REGIONAL FIRE & EMERGENCY RECRUITMENT

Halifax Regional Fire & Emergency (HRFE) is accepting applications for career firefighters from Jan. 2 to Jan. 16, 2025. Career firefighters serve their communities by protecting and preserving life, property and the environment through appropriate emergency management.



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The recruitment process is multi-phased and will include an application, aptitude testing, physical abilities testing, a background screening and panel interview. The skills, abilities and competencies measured through each of these phases are in alignment with the requirements for firefighters. Becoming a firefighter is a serious commitment that requires unwavering dedication and extensive preparation at every stage of the recruitment process. Candidates will face rigorous evaluations designed to ensure they are physically and mentally prepared to tackle the challenges of this demanding profession.

HRFE is hosting several community sessions to help potential candidates learn more about the firefighting recruitment process. The community sessions will run from Dec. 10, 2024 to Jan. 15, 2025. For information about an information session near you, visit our [website](#). Careers with HRFE offer flexible work-life balance and competitive salaries. For more information, visit our [website](#).

### RESIDENTS INVITED TO ANNUAL TD DARTMOUTH CHRISTMAS TREE LIGHTING

The Halifax Regional Municipality is inviting residents to attend the annual TD Dartmouth Christmas Tree Lighting on Saturday, December 7 at 5 p.m. at Sullivan’s Pond.

Residents will receive free candy canes at A Buyer’s Choice Home Inspections tent (while quantities last); free hot chocolate, treats and

glow sticks at the TD Festive Service tent (while quantities last); and a free holiday treat at the Kiwanis Findlay Fun tent (while quantities last).

Programming will include *A Celebration of Christmas*, presented by The African Nova Scotian Music Association and featuring Linda Carvey, Eriana Willis and Conquerors for Christ. Other activities will include fireworks, live music, crafting and games for the whole family.

For more information, visit [our website](#).

### HOLIDAY SHOPPING SAFETY TIPS



Holiday shopping season is in full swing. Whether you’re going to stores or shopping online,

consider these safety tips to keep your holiday season happy and bright:

#### Online shopping

- It is best to shop from your personal device at home on a trusted network.
- Consider using different user ID and passwords for different accounts and updating your passwords frequently.
- Verify secure connections and make sure you are on a secure website. Look for the padlock icon in the address bar and check for the valid certificate by clicking on the padlock icon.



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- Unlike secure order forms on a websites, email and text messages are not private. Don't send confidential personal or financial information by email or text.
- Be cautious, if an online deal looks too good to be true then it probably is.
- Watch out for email scams. Be wary of clicking on links in an email message, even if the deal seems great.
- After making purchases it can be helpful to keep the receipt, confirmation number and postal tracking numbers in a safe accessible place.
- If you are at an online store that you are unfamiliar with, read and understand the online shop's policies. It's always a good idea to check a site's reviews before making a purchase.

### In-store shopping

- We encourage you to lock your vehicle and park in well-lit and busy areas if they are available.
- Would be thieves will look for shoppers storing valuables in their vehicles. If you're going to drop off your purchases and return to the stores, consider locking your packages in the trunk and move your vehicle to another location in the parking lot.
- Thieves sometimes watch shoppers exiting a store. You may want to shop strategically; wait until the end of your shopping trip to make high-end

purchases or make a special trip to take high-end items home and then return to continue shopping.

- Protect your PIN when using bank and debit machines.
- Cover the keypad to prevent someone from observing your key strokes or from recording your PIN. It's a good idea to change your PIN frequently.
- After a day of shopping, we recommend removing parcels and valuables and locking the vehicle upon returning home. Even an empty shopping bag can create the appearance that there's something in your car worth stealing.

No matter whether your shop in-person or online, we encourage you to monitor your bank and credit card statements closely and immediately report any discrepancies to your bank or to the company that issued the credit card.

### POLICE ADVISE CITIZENS OF RECURRING SCAM TARGETING SENIORS

Police are advising citizens to be cautious of a scam that targets seniors. In each incident, the victim received a call from someone pretending to be a family member who indicated that they have been arrested and are in jail. Another person representing themselves to be from the legal system becomes involved in the call and



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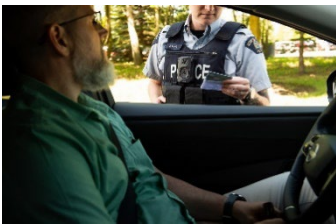
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informs the victim that they need to pay money to have their loved one released from custody.

If you receive a call like this, do not provide or confirm any personal or financial information and hang up the phone.

Call police at [902-490-5020](tel:902-490-5020) if you've lost money or your identity has been compromised as the result of a scam. You can report a scam where you haven't been a victim to the [Canadian Anti-Fraud Centre](#), or call 1-888-495-8501.

### RCMP BODY-WORN CAMERAS



Starting this month, as part of the RCMP's national deployment, the Nova Scotia RCMP will begin issuing

body-worn cameras (BWCs) to officers across the province.

BWCs can help to improve police outcomes, accountability, and relationships with the public.

The cameras will be issued to 600 Nova Scotia RCMP officers in a phased approach over the next six to eight months with a digital evidence management system that will be used to store and manage video captured by the cameras.

RCMP officers will typically wear their BWCs on their chests; members of the public will know they're recording when a red light is visible and flashing below the lens of the camera. You can find out more about this RCMP initiative [here](#).

Halifax Regional Police are also reviewing the potential use of BWCs. A [presentation](#) came to the Board of Police in June and Police will likely bring this forward for approval during budget.

### SALTWATER MANAGEMENT PLAN REVIEW

Regional Council has directed the Chief Administrative Officer to initiate a review of the municipality's current Saltwater Management Plan and to explore policy options for setbacks for new stormwater discharge locations.

These recommendations came from the LakeWatchers Water Quality Monitoring Program Report. The LakeWatchers Program, launched in 2022, conducts water quality monitoring in 73 lakes. Water quality monitoring is a critical component of effective water resource management. This responsibility is shared across all levels of government, the private sector and the general community.

Given that many municipal programs, services and responsibilities directly affect lake health and water quality, the municipality is uniquely positioned to monitor water quality and address emerging issues, as well as ongoing concerns.

For more information, read the [staff report](#).

### NEW YEAR'S EVE

The Halifax Regional Municipality is inviting residents to its annual live New Year's Eve celebrations, taking place on Tuesday, December



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31 in the Grand Parade from 11:00 p.m. to 12:30 a.m.

This free event will include a live TV broadcast on Eastlink Community TV, fireworks, music and tons of fun! Visit [here](#) closer to the event date for all the details.



Fun times with the [Musquodoboit Valley Lion's Club](#) Parade of Lights. Thank you so much to organizers and volunteers.

## IN THE COMMUNITY....

### We Remember Waverley Legion Dieppe 90



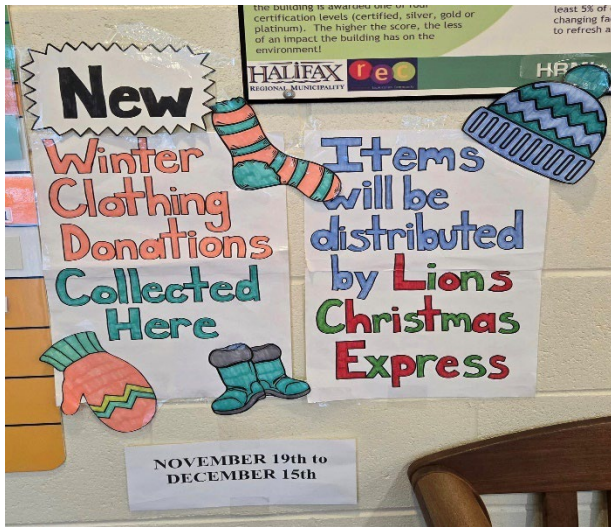
Some fun at [Grand Lake Oakfield Community Nola Hines Memorial Seniors Christmas Party](#)





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Once again the Lion's Christmas Express is collecting new winter clothing of all sizes (snow suits, jackets, boots, hats, mitts) for all ages at the Gordon Snow Centre from now until December 19. They will be distributed to families within our own community who are in need. Thanks in advance.



What a great [FRABA - Fall River and Area Business Association](#) Christmas Tree Lighting and [Fall River & Riverlake District Lions Club](#) Christmas Express Parade. Love my home community!

15



[Carrolls Corner Community Center](#) Christmas! Storytime, gifts with Santa and photos, crafts and cookies.





# COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY



[Waverley Legion Royal Canadian Legion](#)  
[Dieppe Br90](#) Christmas Craft Show. Great local vendors.

## CHRISTMAS AT THE EX

CRAFTS - FESTIVAL OF TREES - FOOD

DECEMBER 7TH  
12 - 6PM

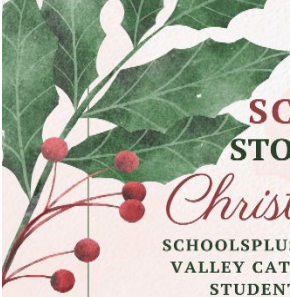
\$2.00 ADMISSION  
5 AND UNDER FREE  
PROVIDES YOU WITH ACCESS  
TO 80+ VENDORS

Join us for an exciting outdoor Christmas Market where you'll find unique gifts, a magical atmosphere, and a festive spirit!



Please note that the food banks tree will be gratefully accepting non perishable food & personal items as well as monetary donations.

**HALIFAX COUNTY EXHIBITION GROUNDS**  
190 EXHIBITION GROUNDS ROAD, MIDDLE MUSQUODOBOIT



**SCHOOLSPLUS STOCKING STUFFER**  
*Christmas Drive*


SCHOOLSPLUS IN THE MUSQUODOBOIT VALLEY CATCHMENT IS SUPPORTING STUDENTS AND FAMILIES IN DUTCH SETTLEMENT, MIDDLE MUSQUODOBOIT AND UPPER MUSQUODOBOIT COMMUNITIES BY PROVIDING STOCKING STUFFER ITEMS AGAIN THIS CHRISTMAS. WE ARE SEEKING DONATIONS OF NEW ITEMS.

**DONATIONS MAY INCLUDE:**

- TOILETRIES
- SOCKS AND MITTENS
- SMALL TOYS & GAMES
- CHOCOLATE & CANDY

CASH DONATIONS TO ALLOW FOR PURCHASE OF SPECIFIC ITEMS

PLEASE CONTACT EMMA HORNE BY DEC 6TH TO ARRANGE PICKUP/DROPOFF OF ITEMS  
EMMA.HORNE@HRCE.CA  
902-233-0440 (CALL OR TEXT)



We have another beautiful art sculpture at [LWF Community Hall](#) !







# COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY



- [Grand Lake Oakfield Community Centre](#)
- [Waverley Heritage Museum](#)
- [Waverley Legion Dieppe Branch 90](#)
- [LWF Community Hall](#)
- [Windsor Junction Community Centre](#)
- [Helping Hands Families Helping Families](#)
- [Barefoot Farmers Association](#)

For those I have missed this time around please reach out let me know and I will add to the list!

## COUNCILLOR DEAGLE GAMMON

**COUNCILLOR CATHY DEAGLE GAMMON**

**DISTRICT 1**  
Waverley - Fall River -  
Musquodoboit Valley

**CONTACT ME**  
902.717.2718  
cathy.deaglegammon@halifax.ca

**HALIFAX** halifax.ca 311



I currently serve on Regional Council, North West Community Council and the following boards and committees:

- Audit and Finance Committee (Chair)
- Budget Committee (Chair)
- Environment and Sustainability Committee (Vice Chair)
- Community Planning & Economic Development Committee
- Executive Standing Committee
- Halifax Regional Water Commission
- Halifax Partnership

Mark your calendars!

## COMMUNITY ORGANIZATIONS

Here is a list of some of the great organizations in our district:

- [Elderbank Recreation Club](#)
- Lemmon Hill Sports Association [Facebook](#)
- [Upper Musquodoboit Nova Scotia Nunavut Command](#)
- [Upper Musquodoboit Community Hall](#)
- Upper Musquodoboit Fellowship Centre (902)568-2536
- [Musquodoboit Valley Bicentennial Theatre](#)
- [Musquodoboit Valley Family Resource Centre](#)
- [Musquodoboit Valley Food Bank](#)
- [Carrolls Corner Community Center](#)
- [Meaghers Grant Community Hall](#)
- [Gordon Snow Community Centre](#)
- [Wellington Fletchers Lake Station House](#)



# COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

## Community Committees:

- Aerotech Community Liaison Community Committee
- Halifax International Airport Authority
- Goffs Quarry Community Liaison

## PROVINCIAL & FEDERAL REPRESENTATIVES

The following are the [provincial](#) Members of the Legislative Assembly (MLAs) and [federal](#) Members of Parliament (MPs) representatives for [municipal district 1](#).

### Provincial MLAs:



**Welcome to MLA Scott Armstrong** Colchester-Musquodoboit Valley

Progressive Conservative  
Caucus Office: 1601 Lower Water Street,

Halifax, NS B3J 3P6

Phone: 902-424-2731

Fax: 902-424-7484

E-mail: [PCcaucus@novascotia.ca](mailto:PCcaucus@novascotia.ca)



**MLA Brian Wong**

Waverley-Fall River-Beaver Bank

Constituency Office:  
1265 Fall River Road  
Suite 101 Fall River, NS

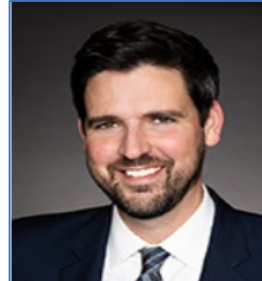
B2T 1E6

Phone: 902-576-3411

Email: [brianwongmla@gmail.com](mailto:brianwongmla@gmail.com)

December 2024

### Federal MPs:



**MP Sean Fraser**

[Central Nova](#)

House of Commons

Ottawa, ON K1A 0A6

Phone: 613-992-6022

Fax: 613-992-2337

Email:

[sean.fraser@parl.gc.ca](mailto:sean.fraser@parl.gc.ca)



**MP Darrell Samson**

Sackville-Preston-Chezzetcook

Constituency Office:

2900 Highway 2

Suite 2nd Floor

Fall River, NS B2T 1W4

Phone: 902-861-2311

Fax: 902-861-4620

Email: [darrell.samson@parl.gc.ca](mailto:darrell.samson@parl.gc.ca)

## LAND ACKNOWLEDGEMENT



The Halifax Regional Municipality honours and recognizes the importance of the Indigenous people (First Nation, Métis, and Inuit) and their cultural contributions to the tapestry of our region.



## COUNCILLOR CATHY DEAGLE GAMMON

WAVERLEY - FALL RIVER - MUSQUODOBOIT VALLEY

The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace & Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

### E-NEWSLETTER/SUBSCRIBE

My monthly e-newsletters are available on my municipal [website](#). I also maintain a mailing distribution list, if you wish to be added to the list, please contact my Council Constituency Coordinator at: 902-490-4086 or email: [Nancy.viner@halifax.ca](mailto:Nancy.viner@halifax.ca)



*Wishing you peace and joy in the year to come! Happy New Year from our family to yours! Warmest wishes for a wonderful year ahead! May you find joy in the little things this year!*