Item 9.1.1 HALIFAX

Youth Advocate Program (YAP)

Empowering Youth, Strengthening Community

What is YAP?

- A voluntary, community-based crime prevention and advocacy program for youth (aged 9–15) at risk of or engaging in criminalized activity.
- Pilot launched in 2007, made permanent in 2011.
- Operates with 9 Youth Advocate Workers, each serving one of the following communities with a total capacity of 45 youth:
 - Spryfield
 - Bayers Westwood/Fairview/Clayton Park
 - North End Halifax
 - Sackville

- Dartmouth North
- Dartmouth East
- Woodside/Gaston Rd

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- Cole Harbour
- Preston Township

YAP's Goals & Core Approach

Goals:

- Increase resiliency and pro-social skills.
- Strengthen family and community supports.

Core Approach:

- Focuses on addressing root causes.
- Collaboration, cultural safety, and adaptability.

- Reduce involvement in the justice system.
- Foster safer, more inclusive communities

 One-on-one mentorship and individualized action plans guided by Youth Advocate Workers based on unique youth and family needs.



Eligibility Criteria for YAP Participants

- Age: 9-15 at the time of referral
- Location: Must live within YAP program boundaries
- **Behaviour:** Demonstrates behaviours linked to chargeable offenses or has been charged
- **Risk Factors:** Faces challenges in multiple life areas (e.g., home, school, community) with limited protective factors

- Exposure to Violence: Has been exposed to violence or crime (e.g., incarcerated family members, friends involved in criminal behaviour)
- Skills: Low resiliency and/or pro social skills
- Support Connections: Limited connection to support networks



YAP Roadmap: From Referral to Graduation

1. Referral – direct from community

- Youth identified by referral source
- Consent from youth & guardian
- Referral submitted online

2. Intake

- Meet with youth & family to assess eligibility
- Assign Youth Advocate Worker, if accepted
- If not accepted, other resources provided

3. Program

- Regular check-ins & meetings
- Goal setting & action plan
- Mentoring & support
- Ongoing evaluation

4. Graduation

- Increased resiliency & pro social skills
- Improved support networks
- Positive trajectory in the criminal justice system
- Transition plan & final evaluation 4

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Program Action Planning

INCREASED CONNECTION INCREASED RESILIENCY AND IMPROVED TRAJECTORY IN TO SUPPORTS **PRO-SOCIAL SKILLS** CRIMINAL JUSTICE SYSTEM support the formation anger management of positive relationships mentoring from support navigating supportive adult restorative justice & long-term connection to mental health court system supports for youth & family support occasionally attend transportation cultural safety meetings or court dates home & parenting WrapAround advocacy within criminal trauma-informed community justice system appreciative inquiry positive relationships communication with lawyers, probation strength-based employment officers, police, etc. leisure education financial support and recreation transition back into and food security community after incarceration elements of harm reduction education short-term support while incarcerated



Current Program Statistics



50 total youth in the program
in 202411 graduations in 2024Longest waitlist is in Bayers
Westwood/Fairview/Clayton
Park with 19 total youth, with
6 active, 2 waitlisted, and 11
referred



Benefits of YAP: Youth

- Increased Resiliency and Skills: Builds pro-social skills to navigate challenges.
- Improved Support Systems: Connects youth and families with critical resources.
- **Reduction in Risk Factors:** Addresses root causes like exposure to violence or low self-esteem.
- **Personalized Development Plans:** Tailored action plans meet unique needs for growth.
- **Positive Trajectories:** Guides youth toward education, employment, and healthy life choices.



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Benefits of YAP: Communities

- **Crime Prevention:** Early intervention reduces crime, fostering safer neighborhoods.
- **Stronger Family Connections:** Reinforces family bonds, strengthening the community fabric.
- Enhanced Civic Engagement: Empowers youth to actively participate and lead in their communities.
- Economic Impact: Prepares youth for future roles, boosting local economies.
- **Collaborative Solutions:** Facilitates partnerships for unified community action.



Addressing Gaps & Expanding Impact

Gaps Identified

- Limited capacity: 40 active youth, 40 waitlisted.
- Increased need for culturally responsive supports.
- Insufficient prevention programs for younger youth.

Future Projects – Going to Council

- Expand capacity with 2 new Supervisors, 2-3 new Youth Advocate Workers.
- Introduce culturally specific positions (e.g., Indigenous, African Nova Scotian, Newcomer/Immigrant).
- Launch SNAP program for early intervention (ages 6–12).
- Remove geographic boundaries to ensure equitable access.



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Thank You!

Questions?

