

Winter 2025

rec | HALIFAX

# Musquodoboit Valley

Dutch Settlement to Dean  
12046 Highway # 224,  
Middle Musquodoboit  
Phone: 902.384.3008



# Musquodoboit Valley

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>NEW PROGRAMS</b>									
Tumblebugs	3-5	Th	6:15 PM	45 min	Musquodoboit Valley Education Centre	8	16-Jan	00098927	\$37.44
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	19-Jan	00098933	FREE
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	16-Feb	00098934	FREE
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	16-Mar	00098935	FREE
<b>PRESCHOOL</b>									
Tumblebugs	3-5	Th	6:15 PM	45 min	Musquodoboit Valley Education Centre	8	16-Jan	00098927	\$37.44
Soccer	2-5	Sa	10:30 AM	45 min	Musquodoboit Valley Education Centre	9	11-Jan	00097051	\$28.08
<b>CHILD</b>									
Family Open Gym	3 +	Sa	11:15 AM	45 min	Musquodoboit Valley Education Centre	10	11-Jan	00097050	FREE
Arts and Crafts - Heart Art	9-12	Sa	9:00 AM	1.5 hrs	Musquodoboit Valley Education Centre	1	8-Feb	00097046	\$10.92
Arts and Crafts - Snow Flake Art	7-9	Sa	9:00 AM	1.5 hrs	Musquodoboit Valley Education Centre	1	15-Feb	00097047	\$10.92
Arts and Crafts - Sensational Snowmen	5-8	Sa	9:01 AM	1.5 hrs	Musquodoboit Valley Education Centre	1	22-Feb	00097045	\$10.92
Open Gym	6-10	M	6:00 PM	1hr	Musquodoboit Valley Education Centre	9	6-Jan	00097004	FREE
Kids Create	7-10	Th	6:30 PM	1hr 15min	Musquodoboit Valley Education Centre	8	9-Jan	00097034	\$72.80
March Break Day Camp	5-11	Tu	8:00 AM	9 hrs	Carrolls Corner Community Centre	1	11-Mar	00098926	\$46.82
March Break Day Camp	5-11	W	8:00 AM	9 hrs	Carrolls Corner Community Centre	1	12-Mar	00098931	\$46.82
March Break Day Camp	5-11	Th	8:00 AM	9 hrs	Carrolls Corner Community Centre	1	13-Mar	00098930	\$46.82
March Break Day Camp	5-11	F	8:00 AM	9 hrs	Carrolls Corner Community Centre	1	14-Mar	00098932	\$46.82
<b>FAMILY</b>									
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	19-Jan	00098933	FREE
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	16-Feb	00098934	FREE
Snowshoe Sundays	All Ages	Su	1:00 PM	2 hrs	Musquodoboit Valley Provincial Park	1	16-Mar	00098935	FREE

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Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
<b>ADULT</b>									
Knitting - Beginner Toque	16+	M	6:30 PM	1.5 hrs	Musquodoboit Valley Education Centre	8	13-Jan	00097002	\$30.00
Pickleball	18+	M	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	10	6-Jan	00097003	FREE
Pickleball	18+	Th	7:00 PM	1.5 hrs	Musquodoboit Valley Education Centre	10	9-Jan	00097035	FREE
Pickleball	18+	Sa	9:00 AM	1.5 hrs	Musquodoboit Valley Education Centre	10	11-Jan	00097048	FREE
Bus Trip - Thrifting	All Ages	F	9:00 AM	8 hrs	Musquodoboit Valley Recreation Office	1	7-Feb	00097040	\$15.00
Zumba - Online	18+	Su	7:00 PM	1hr	Online	10	5-Jan	00097710	\$65.48
Zumba - Toning Online	18+	Su	8:00 PM	30min	Online	10	5-Jan	00097712	\$32.78
<b>DROP INS</b>									
Fitness Centre	16+	M	6:00 PM	3 hrs	Musquodoboit Rural High School		06-Jan		FREE
Fitness Centre	16+	Tu	7:00 PM	2 hrs	Musquodoboit Rural High School		07-Jan		FREE
Fitness Centre	16+	W	6:00 PM	3 hrs	Musquodoboit Rural High School		08-Jan		FREE
Fitness Centre	16+	F	6:00 PM	3 hrs	Musquodoboit Rural High School		10-Jan		FREE
Open Gym - Youth	13-18	Tu	7:00 PM	3 hrs	Musquodoboit Rural High School		07-Jan		FREE
Badminton	14+	W	7:00 PM	2 hrs	Musquodoboit Rural High School		08-Jan		FREE
Open Gym - Adults & Youth	13+	F	6:00 PM	3 hrs	Musquodoboit Rural High School		10-Jan		FREE

**PLEASE NOTE:**

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into myREC.

