

Halifax

Adventure Earth Centre Fleming Park
68 Parkhill Road
Phone: 902.490.4539

Citadel Community Centre
1955 Trollope Street
Phone: 902.490.3895

Captain William Spry Centre
16 Sussex Street
Phone: 902.477.POOL (7665)
or 902.479.1111

St. Mary's Boat Club
1641 Fairfield Road
Phone: 902.490.4688

Isleville Centre
3460 Isleville Street
Phone: 902.490.4633

Larry O'Connell Centre
6691 Fourth Street
Phone: 902.490.3895

Needham Community Centre & Pool
3372 Devonshire Avenue
Phone: 902.490.4633

George Dixon Community Centre
2502 Brunswick Street
Phone: 902.490.4550

Chocolate Lake Community Centre
14 Purcell's Cove Road
Phone: 902.490.4607

Emera Oval
5775 Cogswell Street
Phone: 902.490.2343

St. Andrews Community Centre
3380 Barnstead Lane
Phone: 902.490.4693

Power House Youth Centre
1606 Bell Rd
Phone: 902.490.4309



Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
NEW PROGRAMS									
Gentle Fitness	18+	Sa	9:30 AM	1hr	Isleville Centre	9	18-Jan	00098337	\$52.38
Dungeon Master's Den	13-18	Tu	4:00 PM	3 hrs	Power House Youth Centre	9	21-Jan	00096400	FREE
Volleyball - Girls Only	15-17	W	4:00 PM	1.5hrs	Citadel Community Centre	8	15-Jan	00098027	\$74.88
Senior's Fitness	18+	W	10:30 AM	1hr	Halifax Central Commons Multi-Purpose Room	9	8-Jan	00098333	\$58.93
Tone and Sculpt	18+	Th	10:00 AM	1hr	Halifax Central Commons Multi-Purpose Room	11	9-Jan	00098355	\$72.03
PRESCHOOL									
Nature Preschool	3-5	W	9:00 AM	1.5 hrs	Adventure Earth - Fleming Park	6	15-Jan	00096242	\$42.12
Parent & Tot - Nature Play	16m-5	W	10:45 AM	1.5 hrs	Adventure Earth - Fleming Park	6	15-Jan	00096243	\$42.12
Parent & Tot - Gym Time	18m-4	W	9:00 AM	1.5hrs	Chocolate Lake Community Centre	8	8-Jan	00098314	\$56.16
Parent & Tot - Gym Time	18m-4	F	9:00 AM	1.5hrs	Chocolate Lake Community Centre	8	10-Jan	00096986	\$56.16
Parent & Tot - Creative Movement	2-4	Sa	9:45 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00097009	\$37.44
Creative Movement	3-4	Sa	9:00 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00096996	\$37.44
Creative Movement	3-5	Sa	9:00 AM	45min	Citadel Community Centre	8	11-Jan	00096314	\$37.44
Creative Movement	3-5	Sa	10:00 AM	45min	Citadel Community Centre	8	11-Jan	00096315	\$37.44
Parent & Tot - Dance	2-4	Th	4:30 PM	45min	Chocolate Lake Community Centre	8	9-Jan	00097030	\$37.44
Ballet & Jazz Combo	4-6	Sa	10:15 AM	45min	St. Andrew's Centre	9	11-Jan	00097671	\$42.12
Parent & Tot - Tumblebugs	3-4	Sa	9:00 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00097006	\$37.44
Tumblebugs	4-5	Sa	10:00 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00097000	\$37.44
Tumblebugs	3-4	Sa	10:45 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00096999	\$37.44
Tumblebugs	3-5	Sa	11:45 AM	45min	St. Andrew's Centre	9	11-Jan	00097926	\$42.12
Tumblebugs	4-5	Sa	1:00 PM	1hr	St. Andrew's Centre	9	11-Jan	00097978	\$56.16
Tumblebugs	3-5	Su	10:00 AM	45min	George Dixon Community Centre	8	12-Jan	00098229	\$37.44
Tumblebugs	3-5	Su	11:00 AM	45min	George Dixon Community Centre	8	12-Jan	00098230	\$37.44
Tumblebugs	4-6	Sa	10:00 AM	45min	Needham Community Centre	8	18-Jan	00097966	\$37.44
Tumblebugs	4-6	Sa	11:00 AM	45min	Needham Community Centre	8	18-Jan	00097967	\$37.44
Messy Art	4-5	Sa	3:00 PM	1hr	St. Andrew's Centre	9	11-Jan	00098312	\$65.52

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
PRE-SCHOOL									
Kiddie Capers	3-5	Tu	9:00 AM	3hrs	Chocolate Lake Community Centre	8	7-Jan	00096983	\$112.40
Kiddie Capers	3-5	W	9:00 AM	3hrs	Chocolate Lake Community Centre	8	8-Jan	00097027	\$112.40
Kiddie Capers	3-5	Th	9:00 AM	3hrs	Chocolate Lake Community Centre	8	9-Jan	00096984	\$112.40
Soccer - Active Start	4-6	M	5:30 PM	45min	Chocolate Lake Community Centre	8	6-Jan	00096448	\$37.44
Soccer - Active Start	3-5	Sa	9:00 AM	30min	Citadel Community Centre	8	11-Jan	00096309	\$24.96
Soccer - Active Start	3-5	Sa	9:45 AM	30min	Citadel Community Centre	8	11-Jan	00096310	\$24.96
Parent & Tot - Soccer	18m-4	Sa	9:00 AM	45min	George Dixon Community Centre	8	11-Jan	00098231	\$37.44
Parent & Tot - Soccer	18m-4	Sa	10:00 AM	45min	George Dixon Community Centre	8	11-Jan	00098232	\$37.44
Little Hoops	3-5	Su	9:00 AM	30min	Citadel Community Centre	8	12-Jan	00096288	\$24.96
Little Hoops	3-5	Su	9:30 AM	30min	Citadel Community Centre	8	12-Jan	00096289	\$24.96
CHILD									
Archery	10-15	Sa	5:15 PM	1hr 15min	Citadel High School	8	11-Jan	00096319	\$93.68
Archery - Returning	10-15	Sa	6:30 PM	1hr 15min	Citadel High School	8	11-Jan	00096321	\$93.68
Soccer	6-8	Sa	10:30 AM	45min	Citadel Community Centre	8	11-Jan	00096311	\$37.44
Soccer	9-12	Sa	11:30 AM	1hr	Citadel Community Centre	8	11-Jan	00096312	\$37.44
Soccer	5-7	M	6:00 PM	1hr	St. Andrew's Centre	9	6-Jan	00097976	\$56.16
Soccer	8-10	M	7:00 PM	1hr	St. Andrew's Centre	9	6-Jan	00097977	\$56.16
Soccer - Fairview Junior High	5-7	Sa	10:00 AM	1hr	Fairview Junior High School	8	11-Jan	00098308	\$49.92
Soccer - Fairview Junior High	8-10	Sa	11:00 AM	1hr	Fairview Junior High School	8	11-Jan	00098310	\$49.92
Soccer	4-5	Su	10:00 AM	45min	Chocolate Lake Community Centre	8	5-Jan	00097011	\$37.44
Soccer	6-7	Su	10:45 AM	1hr	Chocolate Lake Community Centre	8	5-Jan	00097012	\$49.92
Soccer	8-10	Su	12:00 PM	1hr	Chocolate Lake Community Centre	8	5-Jan	00097014	\$49.92
Soccer	10-12	Su	1:00 PM	1hr	Chocolate Lake Community Centre	8	5-Jan	00097010	\$49.92
Soccer	7-10	M	6:15 PM	1hr	Chocolate Lake Community Centre	8	6-Jan	00096449	\$49.92
Painting	7-10	W	5:00 PM	1.5hrs	St. Andrew's Centre	8	8-Jan	00097663	\$87.36
Pottery	10-13	Th	5:00 PM	2hrs	St. Andrew's Centre	8	9-Jan	00097662	\$116.56

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
CHILD									
Artists in Action	6-7	Sa	10:30 AM	1hr	Halifax Central Commons Multi-Purpose Room	8	11-Jan	00096329	\$58.24
Artists in Action	8-9	Sa	12:00 PM	1hr	Halifax Central Commons Multi-Purpose Room	8	11-Jan	00096330	\$58.24
Valentine Workshop	7-8	Su	1:00 PM	1.5hr	Halifax Central Commons Multi-Purpose Room	1	2-Feb	00098401	\$10.92
Artists in Action	5-7	F	4:30 PM	1hr	Chocolate Lake Community Centre	8	10-Jan	00096987	\$58.24
Artists in Action	8-12	F	5:45 PM	1.5hrs	Chocolate Lake Community Centre	8	10-Jan	00096988	\$87.36
Artists in Action	5-6	Sa	9:00 AM	1hr	Chocolate Lake Community Centre	8	11-Jan	00096994	\$58.24
Artists in Action	7-10	Sa	10:15 AM	1.5hrs	Chocolate Lake Community Centre	8	11-Jan	00096995	\$87.36
Creative Movement	5-6	Sa	10:30 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00096997	\$37.44
Tumblebugs	5-6	Sa	11:45 AM	45min	Chocolate Lake Community Centre	8	11-Jan	00097001	\$37.44
Gymnastics	7-8	Sa	12:30 PM	1hr	Chocolate Lake Community Centre	8	11-Jan	00097008	\$49.92
Kindaibujitsu - Beginner	5-12	Sa	8:45 AM	1hr	St. Andrew's Centre	10	4-Jan	00097928	\$62.40
Kindaibujitsu - Returning	7-15	Sa	10:00 AM	1.5hrs	St. Andrew's Centre	10	4-Jan	00097929	\$93.60
Kindaibujitsu	8-12	W	6:00 PM	1hr	St. Andrew's Centre	10	8-Jan	00097951	\$62.40
Kindaibujitsu - Advanced	11-14	W	7:00 PM	1hr	St. Andrew's Centre	10	8-Jan	00097927	\$62.40
Chess Club	9-12	Tu	6:00 PM	1hr	St. Andrew's Centre	10	7-Jan	00097668	\$72.80
Fun With Baking	9-10	W	4:00 PM	1.5hrs	St. Andrew's Centre	8	8-Jan	00097670	\$87.36
Fun With Baking	11-12	W	6:00 PM	1.5hrs	St. Andrew's Centre	8	8-Jan	00097669	\$87.36
Badminton	11-14	Tu	4:30 PM	1hr	St. Andrew's Centre	10	7-Jan	00097666	\$62.40
Badminton	11-15	W	6:30 PM	1hr	St. Andrew's Centre	10	8-Jan	00097665	\$62.40
Badminton - Fairview Junior High	11-14	Sa	1:45 PM	1hr	Fairview Junior High School	8	11-Jan	00098306	\$49.92
Badminton	7-11	M	4:00 PM	45min	Citadel Community Centre	8	6-Jan	00096299	\$37.44
Badminton	12-15	M	5:15 PM	45min	Citadel Community Centre	8	6-Jan	00096300	\$37.44
Night Hoops	8-12	M	6:00 PM	1hr	Needham Community Centre	10	6-Jan	00097969	FREE
Night Hoops	8-12	W	6:00 PM	1hr	Needham Community Centre	11	8-Jan	00097971	FREE
Basketball	5-7	Tu	6:00 PM	1hr	St. Andrew's Centre	10	7-Jan	00097667	\$62.40
Basketball - Fairview Junior High	7-10	Sa	12:30 PM	1hr	Fairview Junior High School	8	11-Jan	00098307	\$49.92
Basketball	5-7	Sa	11:00 AM	50min	George Dixon Community Centre	8	11-Jan	00098223	\$49.92
Basketball	6-8	Su	10:15 AM	45min	Citadel Community Centre	8	12-Jan	00096291	\$37.44

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
CHILD									
Basketball	5-7	M	4:15 PM	1hr	Chocolate Lake Community Centre	8	6-Jan	00096254	\$49.92
Basketball - Girls only	5-8	Tu	5:15 PM	1hr	Chocolate Lake Community Centre	8	7-Jan	00096453	\$49.92
Basketball - Girls only	9-13	Tu	6:15 PM	1hr	Chocolate Lake Community Centre	8	7-Jan	00096454	\$49.92
Basketball	5-7	W	4:15 PM	1hr	Chocolate Lake Community Centre	8	8-Jan	00096507	\$49.92
Basketball	8-11	W	5:15 PM	1hr	Chocolate Lake Community Centre	8	8-Jan	00096508	\$49.92
Basketball	11-13	W	6:30 PM	1hr	Chocolate Lake Community Centre	8	8-Jan	00096456	\$49.92
Basketball en français	8-12	F	6:30 PM	1hr	Chocolate Lake Community Centre	8	10-Jan	00096990	\$49.92
Ballet & Jazz Combo	5-7	Th	5:15 PM	45min	Chocolate Lake Community Centre	8	9-Jan	00096538	\$37.44
Ballet & Jazz Combo	6-9	Sa	11:15 AM	1hr	St. Andrew's Centre	8	11-Jan	00097672	\$49.92
Ballet	5-8	Sa	11:00 AM	45min	Citadel Community Centre	8	11-Jan	00096316	\$37.44
Ballet	5-8	Sa	12:00 PM	45min	Citadel Community Centre	8	11-Jan	00096317	\$37.44
Hip Hop	6-8	Su	10:00 AM	45min	Citadel Community Centre	8	12-Jan	00096292	\$37.44
Hip Hop	9-12	Su	11:00 AM	45min	Citadel Community Centre	8	12-Jan	00096293	\$37.44
Hip Hop	6-10	Th	6:00 PM	1hr	Chocolate Lake Community Centre	8	9-Jan	00096618	\$49.92
Hip Hop	6-8	Sa	11:30 AM	1hr	Chocolate Lake Community Centre	8	11-Jan	00096998	\$49.92
All Sorts of Sports	6-11	Tu	4:15 PM	45min	Chocolate Lake Community Centre	8	7-Jan	00096253	\$37.44
All Sorts of Sports	6-8	Sa	1:00 PM	1hr	Citadel Community Centre	8	11-Jan	00096313	\$49.92
Jr. Scientists	8-10	M	4:15 PM	1hr	Chocolate Lake Community Centre	8	6-Jan	00096447	\$58.24
Drama	8-12	M	5:30 PM	1hr	Chocolate Lake Community Centre	8	6-Jan	00096445	\$41.60
Guitar	9-12	Th	6:00 PM	45min	Chocolate Lake Community Centre	10	9-Jan	00097031	\$70.20
Volleyball	6-8	Th	4:15 PM	45min	Chocolate Lake Community Centre	8	9-Jan	00097033	\$37.44
Volleyball	9-11	Th	5:15 PM	1hr	Chocolate Lake Community Centre	8	9-Jan	00097037	\$49.92
Volleyball	12-14	Th	6:15 PM	1hr	Chocolate Lake Community Centre	8	9-Jan	00097036	\$49.92
Volleyball - Girls Only	15-17	W	4:00 PM	1.5hrs	Citadel Community Centre	8	15-Jan	00098027	\$74.88
Golf	6-8	F	4:15 PM	1hr	Chocolate Lake Community Centre	8	10-Jan	00096989	\$79.04
Golf	9-12	F	5:15 PM	1hr	Chocolate Lake Community Centre	8	10-Jan	00096991	\$79.04

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
CHILD									
Tennis	8-12	Su	1:00 PM	45min	Citadel Community Centre	8	12-Jan	00096294	\$37.44
Tennis	8-12	Su	2:00 PM	45min	Citadel Community Centre	8	12-Jan	00096296	\$37.44
Afterschool Program	4-7	M-F	2:30 PM	3hrs	George Dixon Community Centre	52	6-Jan	00098227	FREE
Afterschool Program	8-12	M-F	2:30 PM	3hrs	George Dixon Community Centre	52	6-Jan	00098228	FREE
Afterschool Pick Up	4-12	M-F	2:30 PM	30min	George Dixon Community Centre	51	6-Jan	00098226	FREE
Camp - Winter in the Woods - Fleming	6-9	M-F	9:00 AM	7 hrs	Adventure Earth - Fleming Park	5	10-Mar	00096247	\$182.05
Camp - Winter in the Woods - Fleming	10-12	M-F	9:00 AM	7 hrs	Adventure Earth - Fleming Park	5	10-Mar	00096246	\$182.05
March Break Camp	5-11	M-F	8:30 AM	8hrs	Chocolate Lake Community Centre	5	10-Mar	00097028	\$208.10
March Break Camp	6-11	M-F	8:30 AM	8hrs	St. Andrew's Centre	5	10-Mar	00098002	\$208.10
March Break Camp	4-7	M-F	8:30 AM	8hrs	George Dixon Community Centre	5	10-Mar	00098224	\$208.10
March Break Camp	8-12	M-F	8:30 AM	8hrs	George Dixon Community Centre	5	10-Mar	00098225	\$208.10
March Break Camp	5-7	M-F	8:30 AM	8.5hrs	Needham Community Centre	5	10-Mar	00097963	\$221.10
March Break Camp	8-12	M-F	8:30 AM	8.5hrs	Needham Community Centre	5	10-Mar	00097964	\$221.10
March Break Camp	6-8	M-F	8:30 AM	8hrs	Citadel Community Centre	5	10-Mar	00096379	\$208.10
March Break Camp	9-11	M-F	8:30 AM	8hrs	Citadel Community Centre	5	10-Mar	00096380	\$208.10
March Break Camp	8-10	M-F	9:00 AM	7hrs	Halifax Central Commons Multi-Purpose Room	5	10-Mar	00098035	\$182.05
YOUTH									
Jugger	12-16	Sa	3:00 PM	1hr	Needham Community Centre	12	11-Jan	00097968	FREE
Night Hoops	13-24	M	7:15 PM	1hr 45min	Needham Community Centre	11	6-Jan	00097970	FREE
Night Hoops	13-24	W	7:15 PM	1hr 45min	Needham Community Centre	11	8-Jan	00097972	FREE
Basketball - Girls only	9-13	Tu	6:15 PM	1hr	Chocolate Lake Community Centre	8	7-Jan	00096454	\$49.92
Basketball	11-13	W	6:30 PM	1hr	Chocolate Lake Community Centre	8	8-Jan	00096456	\$49.92
Kindaibujitsu - Returning	7-15	Sa	10:00 AM	1.5hrs	St. Andrew's Centre	10	4-Jan	00097929	\$93.60
Kindaibujitsu - Advanced	11-14	W	7:00 PM	1hr	St. Andrew's Centre	10	8-Jan	00097927	\$62.40
Badminton	11-14	Tu	4:30 PM	1hr	St. Andrew's Centre	10	7-Jan	00097666	\$62.40
Badminton	11-15	W	6:30 PM	1hr	St. Andrew's Centre	10	8-Jan	00097665	\$62.40
Badminton - Fairview Junior High	11-14	Sa	1:45 PM	1hr	Fairview Junior High School	8	11-Jan	00098306	\$49.92
Pottery	10-13	Th	5:00 PM	2hrs	St. Andrew's Centre	8	9-Jan	00097662	\$116.56

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
YOUTH									
Volleyball	12-15	Tu	7:15 PM	1hr	St. Andrew's Centre	10	7-Jan	00097980	\$62.40
Volleyball	12-14	Th	6:15 PM	1hr	Chocolate Lake Community Centre	8	9-Jan	00097036	\$49.92
Dungeons & Dragons	12-15	W	4:30 PM	2hrs	Halifax Central Commons Multi-Purpose Room	11	15-Jan	00099084	\$60.00
Dungeons & Dragons (Pathfinder)	13-24	M	4:00 PM	3 hrs	Power House Youth Centre	16	20-Jan	00096399	FREE
Dungeons & Dragons (Pathfinder)	16-24	W	4:00 PM	3 hrs	Power House Youth Centre	19	22-Jan	00096401	FREE
Dungeons & Dragons Camp	13-18	Tu	1:00 PM	3 hrs	Power House Youth Centre	4	11-Mar	00096403	\$62.44
Chill Arts & Crafts Camp	13-18	Tu	2:00 PM	3 hrs	Power House Youth Centre	4	11-Mar	00096402	\$62.44
Dungeon Master's Den	13-18	Tu	4:00 PM	3 hrs	Power House Youth Centre	9	21-Jan	00096400	FREE
Craft and Create	13-24	Th	4:30 PM	2 hrs	Power House Youth Centre	7	16-Jan	00098052	\$70.00
ADULT									
Archery	16+	Sa	7:45 PM	1.5hrs	Citadel High School	8	11-Jan	00096322	\$124.87
Card Making Workshop	16+	Su	1:00 PM	3hrs	Chocolate Lake Community Centre	1	9-Feb	00098018	\$20.00
Card Making Workshop	16+	Su	1:00 PM	2.5hrs	St. Andrew's Centre	1	12-Jan	00098304	\$20.00
Oil & Acrylic Painting	18+	Tu	1:00 PM	2.5hrs	St. Andrew's Centre	9	7-Jan	00097661	\$187.29
Acrylic Painting - Beginner	18+	Tu	1:00 PM	2.5hrs	Needham Community Centre	8	14-Jan	00097956	\$166.47
Acrylic Painting - Intermediate	18+	W	1:00 PM	2.5hrs	Needham Community Centre	8	15-Jan	00097957	\$166.47
Watercolours	18+	Th	9:30 AM	2.5hrs	Needham Community Centre	8	16-Jan	00097958	\$166.47
Watercolours	18+	Th	12:30 PM	2.5hrs	Needham Community Centre	8	16-Jan	00097959	\$166.47
Pottery	18+	Tu	9:30 AM	2.5hrs	George Dixon Community Centre	8	7-Jan	00098217	\$166.48
Pottery	18+	Tu	6:30 PM	2.5hrs	George Dixon Community Centre	8	7-Jan	00098218	\$166.48
Pottery	18+	W	9:30 AM	2.5hrs	George Dixon Community Centre	8	8-Jan	00098219	\$166.48
Pottery	18+	W	12:30 PM	2.5hrs	George Dixon Community Centre	8	8-Jan	00098220	\$166.48
Pottery	18+	W	6:30 PM	2.5hrs	George Dixon Community Centre	8	8-Jan	00098221	\$166.48
Pottery	18+	Th	6:30 PM	2.5hrs	George Dixon Community Centre	8	9-Jan	00098222	\$166.48
Pottery	18+	Tu	5:30 PM	3hrs	St. Andrew's Centre	9	7-Jan	00097659	\$224.73
Pottery	18+	Su	10:00 AM	4hrs	St. Andrew's Centre	8	5-Jan	00097660	\$266.32
Quilting	18+	M	1:00 PM	2hrs	St. Andrew's Centre	9	6-Jan	00097974	\$149.85
Quilting	18+	W	1:00 PM	2hrs	St. Andrew's Centre	10	8-Jan	00097975	\$166.50

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
ADULT									
Ukulele	18+	Th	5:00 PM	45min	Chocolate Lake Community Centre	10	09-Jan	00009880	\$54.60
Guitar - Beginner	18+	Th	7:00 PM	45min	Chocolate Lake Community Centre	10	9-Jan	00097029	\$54.60
Guitar	18+	Th	8:00 PM	45min	Chocolate Lake Community Centre	10	9-Jan	00096619	\$54.60
Line Dancing	18+	Th	10:00 AM	45min	Chocolate Lake Community Centre	10	9-Jan	00096537	\$54.60
Bachata - Beginner Plus	18+	W	7:00 PM	1hr	Citadel Community Centre	8	15-Jan	00096306	\$58.23
Bachata Dance - Beginner	18+	Th	7:00 PM	1hr	Halifax Central Commons Multi-Purpose Room	8	16-Jan	00096327	\$58.23
Salsa & Bachata Styling	18+	W	8:00 PM	1hr	Citadel Community Centre	8	15-Jan	00096305	\$58.23
Salsa Dance - Beginner	18+	Th	8:00 PM	1hr	Halifax Central Commons Multi-Purpose Room	8	16-Jan	00096328	\$58.23
Pickleball - Beginner	18+	Th	1:30 PM	1.5hrs	St. Andrew's Centre	8	9-Jan	00097952	\$87.36
Pickleball - Non-Instructional	18+	Tu	10:00 AM	2hrs	St. Andrew's Centre	11	7-Jan	00097953	\$125.84
Pickleball - Non-Instructional	18+	Tu	1:00 PM	2hrs	St. Andrew's Centre	11	7-Jan	00097954	\$125.84
Pickleball - Non-Instructional	18+	Th	10:00 AM	2hrs	St. Andrew's Centre	11	9-Jan	00097955	\$125.84
Pickleball - Non-Instructional	18+	F	1:00 PM	2hrs	St. Andrew's Centre	12	3-Jan	00097973	\$137.28
Pickleball - Non-Instructional	18+	F	6:00 PM	2hrs	Needham Community Centre	10	17-Jan	00098023	\$114.43
Pickleball - Non-Instructional - Intermediate	18+	Th	5:00 PM	2hrs	Needham Community Centre	10	16-Jan	00098022	\$114.43
Pickleball - Non-Instructional - Recreational	18+	M	4:00 PM	1.5hrs	Needham Community Centre	9	13-Jan	00098019	\$77.24
Pickleball - Non-Instructional - Recreational	18+	Tu	9:00 AM	1.5hrs	Needham Community Centre	9	14-Jan	00098021	\$77.24
Pickleball - Non-Instructional - Recreational	18+	Tu	10:30 AM	1.5hrs	Needham Community Centre	9	14-Jan	00098020	\$77.24
Pickleball - Non-Instructional	18+	Th	4:30 PM	2hrs	Citadel Community Centre	11	9-Jan	00096307	\$125.88
Pickleball - Non-Instructional - Intermediate	18+	Tu	4:30 PM	2hrs	Citadel Community Centre	11	7-Jan	00096302	\$125.88
Tai Chi & Qi Gong	18+	Th	11:30 AM	1.5hrs	St. Andrew's Centre	10	9-Jan	00097835	\$98.30
Tai Chi & Qi Gong - Returning	18+	Tu	11:30 AM	1.5hrs	St. Andrew's Centre	10	7-Jan	00097797	\$98.30
Basketball	18+	Tu	7:30 PM	2hrs	Chocolate Lake Community Centre	10	7-Jan	00096452	\$119.64
Badminton	18+	Tu	7:00 PM	2hrs	St. Stephen's Elementary School	8	14-Jan	00097961	\$91.55
Badminton - Non-Instructional	18+	M	6:30 PM	2hrs	Citadel Community Centre	8	6-Jan	00096301	\$91.55
Pilates - Beginner	18+	W	12:00 PM	1hr	Chocolate Lake Community Centre	11	8-Jan	00096509	\$72.05
Pilates - Beginner	18+	F	12:00 PM	1hr	Chocolate Lake Community Centre	11	3-Jan	00096981	\$72.05
Yoga	18+	Tu	6:00 PM	1 hr	St. Mary's Boat Club	10	14-Jan	00095531	\$65.48

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
ADULT									
Yoga	16+	Tu	6:00 PM	1.5hrs	Isleville Centre	9	14-Jan	00098335	\$88.43
Yoga	18+	Th	6:00 PM	1hr 15min	Isleville Centre	9	16-Jan	00098336	\$73.72
Yoga - Chair	18+	M	12:00 PM	45min	Needham Community Centre	7	13-Jan	00097962	\$34.45
Yoga - Chair	18+	Tu	10:00 AM	1hr	Needham Community Centre	8	14-Jan	00098334	\$52.38
Yoga - Yin	18+	W	10:00 AM	1hr	Chocolate Lake Community Centre	11	8-Jan	00096617	\$72.05
Yoga -Yin	18+	Sa	9:00 AM	1hr	Halifax Central Commons Multi-Purpose Room	12	11-Jan	00096332	\$78.57
Yoga - Yin	18+	Su	6:00 PM	1hr	Halifax Central Commons Multi-Purpose Room	12	12-Jan	00096325	\$78.57
Yoga	18+	W	6:00 PM	1hr	Citadel Community Centre	12	8-Jan	00096304	\$78.57
Yoga	18+	W	7:30 PM	1hr	Chocolate Lake Community Centre	11	8-Jan	00096616	\$72.05
Yoga - Flow	18+	M	10:00 AM	1hr	Chocolate Lake Community Centre	10	6-Jan	00096451	\$65.50
Yoga - Flow	18+	Tu	6:45 PM	1hr	St. Andrew's Centre	10	7-Jan	00097991	\$65.50
Yoga - Flow	18+	F	10:00 AM	1hr	Chocolate Lake Community Centre	11	3-Jan	00098317	\$72.05
Yoga - Gentle Kripalu & Movement	40+	Th	10:00 AM	1.5hrs	Chocolate Lake Community Centre	8	9-Jan	00097032	\$78.64
Yoga - Strength & Stretch	50+	M	1:30 PM	1hr	Chocolate Lake Community Centre	10	6-Jan	00096446	\$65.50
Yoga - Gentle	18+	Th	10:00 AM	1hr	St. Andrew's Centre	10	9-Jan	00097989	\$65.50
Yoga - Gentle	18+	F	1:30 PM	1hr	St. Andrew's Centre	10	10-Jan	00097986	\$65.50
Barre	18+	M	12:30 PM	1hr	St. Andrew's Centre	9	6-Jan	00097673	\$58.95
Barre	18+	W	12:30 PM	1hr	St. Andrew's Centre	10	8-Jan	00097674	\$65.50
Barre	18+	Th	1:30 PM	1hr	St. Andrew's Centre	10	9-Jan	00097675	\$65.50
Barre	18+	F	12:15 PM	1hr	St. Andrew's Centre	10	10-Jan	00097676	\$65.50
55+ Mind over Matter	55+	Tu	9:30 AM	1hr	Chocolate Lake Community Centre	10	7-Jan	00096455	\$65.50
55+ Mind over Matter	55+	Th	9:30 AM	1hr	Chocolate Lake Community Centre	10	9-Jan	00096992	\$65.50
Senior's Fitness	18+	W	10:30 AM	1hr	Halifax Central Commons Multi-Purpose Room	9	8-Jan	00098333	\$58.93
Tone and Sculpt	18+	Th	10:00 AM	1hr	Halifax Central Commons Multi-Purpose Room	11	9-Jan	00098355	\$72.03
Stretching & Mobility	18+	W	1:15 PM	1hr	Chocolate Lake Community Centre	11	8-Jan	00096614	\$72.05
Stretching & Mobility	18+	F	1:15 PM	1hr	Chocolate Lake Community Centre	11	10-Jan	00096982	\$72.05
Boot Camp(outdoor/indoor)	18+	Tu	12:00 PM	55min	Needham Community Centre	22	7-Jan	00097965	\$144.05
Gentle Fitness	18+	Sa	9:30 AM	1hr	Isleville Centre	8	18-Jan	00098337	\$52.38

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
ADULT									
Zumba	18+	M	6:30 PM	1hr	Chocolate Lake Community Centre	8	6-Jan	00096450	\$52.40
Zumba	18+	W	6:30 PM	1hr	Chocolate Lake Community Centre	11	8-Jan	00096615	\$72.05
Zumba	18+	Tu	5:30 PM	1hr	St. Andrew's Centre	10	7-Jan	00097924	\$65.50
Zumba	18+	Th	6:30 PM	1hr	St. Andrew's Centre	10	9-Jan	00097923	\$65.50
Zumba	18+	Tu	5:30 PM	1hr	Citadel Community Centre	12	7-Jan	00096303	\$78.57
Zumba	18+	Th	5:30 PM	1hr	Citadel Community Centre	12	9-Jan	00096308	\$78.57
Zumba - Online	18+	Su	7:00 PM	1hr	Online	10	5-Jan	00097710	\$65.48
Zumba - Toning Online	18+	Su	8:00 PM	30min	Online	10	5-Jan	00097712	\$32.78
Explore Your Trails - Fleming Park	17+	F	10:00 AM	2hrs	Adventure Earth - Fleming Park	1	10-Jan	00096604	FREE
Explore Your Trails - Long Lake	17+	F	10:00 AM	2hrs	Long Lake Drive Park - CENTRAL	1	24-Jan	00096612	FREE
Explore Your Trails - Shaw Urban Wilderness	17+	F	10:00 AM	2hrs	Shaw Wilderness Park	1	31-Jan	00096611	FREE
Womens Outdoor Program	18+	Sa	10:00 AM	2.5 hrs	Adventure Earth - Fleming Park	5	11-Jan	00095549	\$54.60
Yoga	18+	Tu	6:00 PM	1 hr	St. Mary's Boat Club	8	7-Jan	00095531	\$52.40
FAMILY									
Family Paint Night for African Heritage Month	5+	F	5:00 PM	2hrs	Needham Community Centre	1	28-Feb	00097960	FREE
Family Open Gym	3+	Su	3:00 PM	2hrs	Citadel Community Centre	8	12-Jan	00096297	FREE
YOUTH DROP IN PROGRAMS									
Afterschool Drop-In (all youth)	13-24	M	3:00 PM	4hrs	Power House Youth Centre		13-Jan		FREE
Afterschool Drop-In (younger youth night)	13-18	Tu	3:00 PM	4hrs	Power House Youth Centre		14-Jan		FREE
Afterschool Drop-In (older youth night)	16-24	W	3:00 PM	4hrs	Power House Youth Centre		15-Jan		FREE

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into myREC.

