

Winter 2025

rec | HALIFAX

Beechville, Lakeside & Timberlea

Lakeside Community Centre
Temporary Location: 1300 St Margaret's Bay Rd
(can be found behind 1308 St Margaret's Bay Rd.)
Beechville, NS B3T 1A2
Phone: 902.876.8812



Beechville, Lakeside & Timberlea

| Program Name | Ages | Day | Start Time | Duration | Location | Classes | Start Date | Code | Cost |
|---------------------|-------|-----|------------|----------|--|---------|------------|----------|----------|
| NEW PROGRAMS | | | | | | | | | |
| Yoga - Hatha Raja | 18+ | W | 6:30 PM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 11 | 8-Jan | 00097686 | \$72.03 |
| PRESCHOOL | | | | | | | | | |
| Creative Movement | 3-5 | Th | 5:30 PM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 9-Jan | 00097701 | \$46.80 |
| Tumblebugs | 3-5 | F | 4:30 PM | 45min | Lakeside Fire Hall | 10 | 10-Jan | 00097717 | \$46.80 |
| Tumblebugs | 3-5 | F | 5:25 PM | 45min | Lakeside Fire Hall | 10 | 10-Jan | 00097718 | \$46.80 |
| Tumblebugs | 4-5 | F | 6:15 PM | 45min | Lakeside Fire Hall | 10 | 10-Jan | 00097719 | \$46.80 |
| Active Start | 3-4 | Sa | 9:00 AM | 45min | Beechville Lakeside Timberlea SR Elementary School | 10 | 11-Jan | 00097682 | \$46.80 |
| CHILD | | | | | | | | | |
| Hip Hop | 6-9 | Th | 6:15 PM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 9-Jan | 00097703 | \$46.80 |
| Hip Hop | 7-11 | Sa | 9:15 AM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 11-Jan | 00097700 | \$46.80 |
| Ballet | 4-6 | Sa | 8:30 AM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 11-Jan | 00097702 | \$46.80 |
| Zumba Kids Jr. | 4-6 | F | 6:00 PM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 10-Jan | 00097713 | \$39.00 |
| Zumba Kids | 7-11 | F | 7:00 PM | 45min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 10-Jan | 00097714 | \$39.00 |
| Basketball | 7-8 | M | 6:00 PM | 1hr | Ridgecliff Middle School | 10 | 6-Jan | 00097694 | \$62.40 |
| Basketball | 8-10 | M | 7:00 PM | 1hr | Ridgecliff Middle School | 10 | 6-Jan | 00097695 | \$62.40 |
| Basketball | 5-7 | Sa | 10:00 AM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 10 | 11-Jan | 00097696 | \$62.40 |
| Basketball | 5-7 | Sa | 11:00 AM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 10 | 11-Jan | 00097697 | \$62.40 |
| Soccer | 5-7 | Tu | 6:00 PM | 1hr | Beechville Lakeside Timberlea JR Elementary School | 10 | 7-Jan | 00097683 | \$62.40 |
| Artists in Action | 7-11 | Sa | 10:15 AM | 2hrs | Youth Worx 1300 St. Margarets Bay Rd | 10 | 11-Jan | 00097692 | \$145.70 |
| Golf | 9-12 | Sa | 2:00 PM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 10 | 11-Jan | 00097716 | \$98.80 |
| Golf | 6-8 | Sa | 3:00 PM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 10 | 11-Jan | 00097715 | \$98.80 |
| March Break Camp | 5-11 | M-F | 8:30 AM | 8hrs | Beechville Lakeside Timberlea SR Elementary School | 5 | 10-Mar | 00098398 | \$208.10 |
| YOUTH | | | | | | | | | |
| Volleyball | 12-15 | M | 8:00 PM | 1.5hrs | Ridgecliff Middle School | 11 | 6-Jan | 00097691 | FREE |
| Sports Night | 10-15 | Tu | 6:00 PM | 2.5hrs | Beechville Lakeside Timberlea SR Elementary School | 11 | 7-Jan | 00097689 | FREE |
| Sports Night | 10-15 | Th | 6:00 PM | 2.5hrs | Beechville Lakeside Timberlea SR Elementary School | 10 | 9-Jan | 00097690 | FREE |

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| ADULT | | | | | | | | | |
| Senior's Fitness | 18+ | Tu | 10:30 AM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 11 | 7-Jan | 00097706 | \$72.03 |
| Senior's Fitness | 18+ | Th | 10:00 AM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 11 | 9-Jan | 00097707 | \$72.03 |
| Piloxing - Online | 16+ | Tu | 7:00 PM | 1hr | Online | 10 | 7-Jan | 00097720 | \$65.48 |
| Yoga - Flow | 18+ | M | 6:30 PM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 10 | 6-Jan | 00097688 | \$65.48 |
| Yoga - Hatha Raja | 18+ | W | 6:30 PM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 11 | 8-Jan | 00097686 | \$72.03 |
| Yoga - Holistic | 18+ | Th | 7:00 PM | 1.5hrs | Youth Worx 1300 St. Margarets Bay Rd | 11 | 9-Jan | 00097687 | \$108.09 |
| Zumba Gold | 18+ | W | 10:00 AM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 10 | 8-Jan | 00097709 | \$65.48 |
| Zumba | 18+ | Su | 7:00 PM | 1hr | Youth Worx 1300 St. Margarets Bay Rd | 10 | 5-Jan | 00097708 | \$65.48 |
| Zumba - Toning | 18+ | Su | 8:00 PM | 30min | Youth Worx 1300 St. Margarets Bay Rd | 10 | 5-Jan | 00097711 | \$32.78 |
| Zumba - Online | 18+ | Su | 7:00 PM | 1hr | Online | 10 | 5-Jan | 00097710 | \$65.48 |
| Zumba - Toning Online | 18+ | Su | 8:00 PM | 30min | Online | 10 | 5-Jan | 00097712 | \$32.78 |
| FAMILY | | | | | | | | | |
| Basketball Open Gym | 8-10 | Sa | 12:00 PM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 11 | 11-Jan | 00097699 | FREE |
| Family Open Gym | 2+ | Sa | 1:00 PM | 1hr | Beechville Lakeside Timberlea SR Elementary School | 11 | 11-Jan | 00097704 | FREE |

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into myREC.

