

Winter 2025

rec | HALIFAX

Beechville, Lakeside & Timberlea

Lakeside Community Centre
Temporary Location: 1300 St Margaret's Bay Rd
(can be found behind 1308 St Margaret's Bay Rd.)
Beechville, NS B3T 1A2
Phone: 902.860.4570



Beechville, Lakeside & Timberlea

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
NEW PROGRAMS									
Yoga - Hatha Raja	18+	W	6:30 PM	1hr	Youth Worx 1300 St.Margarets Bay Rd	11	8-Jan	00097686	\$72.03
PRESCHOOL									
Creative Movement	3-5	Th	5:30 PM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	9-Jan	00097701	\$46.80
Tumblebugs	3-5	F	4:30 PM	45min	Lakeside Fire Hall	10	10-Jan	00097717	\$46.80
Tumblebugs	3-5	F	5:25 PM	45min	Lakeside Fire Hall	10	10-Jan	00097718	\$46.80
Tumblebugs	4-5	F	6:15 PM	45min	Lakeside Fire Hall	10	10-Jan	00097719	\$46.80
Active Start	3-4	Sa	9:00 AM	45min	Beechville Lakeside Timberlea SR Elementary School	10	11-Jan	00097682	\$46.80
CHILD									
Hip Hop	6-9	Th	6:15 PM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	9-Jan	00097703	\$46.80
Hip Hop	7-11	Sa	9:15 AM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	11-Jan	00097700	\$46.80
Ballet	4-6	Sa	8:30 AM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	11-Jan	00097702	\$46.80
Zumba Kids Jr.	4-6	F	6:00 PM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	10-Jan	00097713	\$39.00
Zumba Kids	7-11	F	7:00 PM	45min	Youth Worx 1300 St.Margarets Bay Rd	10	10-Jan	00097714	\$39.00
Basketball	7-8	M	6:00 PM	1hr	Ridgecliff Middle School	10	6-Jan	00097694	\$62.40
Basketball	8-10	M	7:00 PM	1hr	Ridgecliff Middle School	10	6-Jan	00097695	\$62.40
Basketball	5-7	Sa	10:00 AM	1hr	Beechville Lakeside Timberlea SR Elementary School	10	11-Jan	00097696	\$62.40
Basketball	5-7	Sa	11:00 AM	1hr	Beechville Lakeside Timberlea SR Elementary School	10	11-Jan	00097697	\$62.40
Soccer	5-7	Tu	6:00 PM	1hr	Beechville Lakeside Timberlea JR Elementary School	10	7-Jan	00097683	\$62.40
Artists in Action	7-11	Sa	10:15 AM	2hrs	Youth Worx 1300 St.Margarets Bay Rd	10	11-Jan	00097692	\$145.70
Golf	9-12	Sa	2:00 PM	1hr	Beechville Lakeside Timberlea SR Elementary School	10	11-Jan	00097716	\$98.80
Golf	6-8	Sa	3:00 PM	1hr	Beechville Lakeside Timberlea SR Elementary School	10	11-Jan	00097715	\$98.80
March Break Camp	5-11	M-F	8:30 AM	8hrs	Beechville Lakeside Timberlea SR Elementary School	5	10-Mar	00098398	\$208.10
YOUTH									
Volleyball	12-15	M	8:00 PM	1.5hrs	Ridgecliff Middle School	11	6-Jan	00097691	FREE
Sports Night	10-15	Tu	6:00 PM	2.5hrs	Beechville Lakeside Timberlea SR Elementary School	11	7-Jan	00097689	FREE
Sports Night	10-15	Th	6:00 PM	2.5hrs	Beechville Lakeside Timberlea SR Elementary School	10	9-Jan	00097690	FREE

Beechville, Lakeside & Timberlea

Program Name	Ages	Day	Start Time	Duration	Location	Classes	Start Date	Code	Cost
ADULT									
Senior's Fitness	18+	Tu	10:30 AM	1hr	Youth Worx 1300 St.Margarets Bay Rd	11	7-Jan	00097706	\$72.03
Senior's Fitness	18+	Th	10:00 AM	1hr	Youth Worx 1300 St.Margarets Bay Rd	11	9-Jan	00097707	\$72.03
Yoga - Flow	18+	M	6:30 PM	1hr	Youth Worx 1300 St.Margarets Bay Rd	10	6-Jan	00097688	\$65.48
Yoga - Hatha Raja	18+	W	6:30 PM	1hr	Youth Worx 1300 St.Margarets Bay Rd	11	8-Jan	00097686	\$72.03
Yoga - Holistic	18+	Th	7:00 PM	1.5hrs	Youth Worx 1300 St.Margarets Bay Rd	11	9-Jan	00097687	\$108.09
Zumba Gold	18+	W	10:00 AM	1hr	Youth Worx 1300 St.Margarets Bay Rd	10	8-Jan	00097709	\$65.48
Zumba	18+	Su	7:00 PM	1hr	Youth Worx 1300 St.Margarets Bay Rd	10	5-Jan	00097708	\$65.48
Zumba - Toning	18+	Su	8:00 PM	30min	Youth Worx 1300 St.Margarets Bay Rd	10	5-Jan	00097711	\$32.78
Zumba - Online	18+	Su	7:00 PM	1hr	Online	10	5-Jan	00097710	\$65.48
Zumba - Toning Online	18+	Su	8:00 PM	30min	Online	10	5-Jan	00097712	\$32.78
FAMILY									
Basketball Open Gym	8-10	Sa	12:00 PM	1hr	Beechville Lakeside Timberlea SR Elementary School	11	11-Jan	00097699	FREE
Family Open Gym	2+	Sa	1:00 PM	1hr	Beechville Lakeside Timberlea SR Elementary School	11	11-Jan	00097704	FREE

PLEASE NOTE:

- Adult programs are +HST and senior discounts apply to clients 60 years of age and older.
- Some program fees and/or details may change over the course of registration. For the most current details, please log into myREC.

