

## Sherry, Annie

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**From:** Kelsey Green [REDACTED]  
**Sent:** Friday, January 12, 2024 5:05 PM  
**To:** Sherry, Annie  
**Subject:** RE: [External Email] Accessibility Advisory Committee

Dear Annie,

I hope this message finds you well. I am writing to you on behalf of Complex Trauma Canada, an organization committed to increasing awareness, driving education, and supporting healing of childhood and complex trauma. Traumatic stress injuries, often unseen, pose significant challenges to those affected.

Recent statistics indicate that approximately 9.2% of Canadians are likely to develop PTSD during their lifetime. This figure represents only a portion of the traumatic stress injuries experienced. The more recent diagnosis of Complex PTSD, remains in need of further study. Additionally, it is estimated that 75% of the population has undergone childhood trauma. The ACEs study further reveals that 64% of individuals have encountered at least one adverse childhood experience. These statistics reflect the experiences of our families, friends, colleagues, and community members.

Complex trauma refers to multiple traumatic events that accumulate over time, significantly influencing an individual's behavior, reactions, and interpersonal interactions. These signs may not be immediately apparent unless triggered. When triggered, individuals may display erratic behavior due to the dominant response of the emotional regions of their brain. This can lead to flashbacks and intense emotional or visual experiences, often without an apparent threat to others.

It is crucial to recognize traumatic stress injuries as invisible disabilities. These conditions often require medical accommodations, especially in the workplace or when accessing services in Halifax. Currently, there are challenges in providing adequate support for employees and rate-payers suffering from such injuries.

We advocate for the implementation of Trauma-Informed training for staff and the appointment of accessibility coordinators or disability support personnel. Such measures would foster a more efficient and inclusive environment in Halifax.

If the Committee is interested in further discussing this topic, I am available to provide more detailed information or to present at one of your upcoming meetings in February or March.

Thank you for considering this important matter. I look forward to the possibility of working together towards a more supportive and understanding Halifax.

Best regards,

Kelsey Green, FEC, P.Eng., Pg.Cert. Parental Alienation  
Co-Founder  
Complex Trauma Canada  
<https://www.complextraumacanada.com>

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---- On Tue, 09 Jan 2024 12:23:41 -0400 **Sherry, Annie** <[sherryan@halifax.ca](mailto:sherryan@halifax.ca)> wrote ---

Hi Kelsey,

Thank you for your response. Your presentation request can absolutely be considered for a future meeting of the Accessibility Advisory Committee. The next meeting dates are February 26, 2024 and March 18, 2024. If either of these dates would pose a scheduling conflict, please let me know.

Could you please advise whether your organization has a request to make of the Committee, or if the presentation is to provide information only? Any detail you can provide for the Agenda Review Committee would be appreciated.

Possible outcomes of your request include:

- placement on an agenda
- referral to a different meeting group (standing committee, community council, or other board/committee)
- referral to staff
- determination that only written submissions will be received on the topic
- if subject matter is outside the jurisdiction of the Halifax Regional Municipality, refusal of the request

Please note that if your request to present is approved, your request and any accompanying documentation (i.e. presentation slides, handouts etc.) will form part of the agenda and public record, including being posted on Halifax.ca. Further information regarding presentations is available on our website at <https://www.halifax.ca/city-hall/regional-council/presentations>

Meetings are audio and/or video recorded for the purpose of creating a record of the proceedings. If you do not wish to be recorded, please do not place a request to present; you can provide a written submission instead.

All the best,  
Annie  
**ANNIE SHERRY**  
SHE/HER

**LEGISLATIVE ASSISTANT**  
**MUNICIPAL CLERK'S OFFICE | LEGAL & LEGISLATIVE SERVICES**

C. 902.943.8741

**HALIFAX**



The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace and Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

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**From:** Kelsey Green [REDACTED]  
**Sent:** Tuesday, January 9, 2024 11:59 AM  
**To:** Sherry, Annie <[sherryan@halifax.ca](mailto:sherryan@halifax.ca)>  
**Subject:** RE: [External Email] Accessibility Advisory Committee

Hi Annie,

Thank for reaching out.

I would like to present, but unfortunately won't be able to get a presentation ready so quickly.

Would it be possible to present at a future meeting?

Thanks so much.

Best,  
Kelsey Green  
Co-Founder  
Complex Trauma Canada

----- On Tue, 09 Jan 2024 19:47:59 -0400 [sherryan@halifax.ca](mailto:sherryan@halifax.ca) wrote -----

Hi Kelsey,

I wanted to follow up on my email from last month to see if you are still interested in presenting to the Accessibility Advisory Committee?

The agenda review for the January 15, 2024 meeting is taking place this afternoon and I would be able to confirm placement on the agenda with you tomorrow morning. If you are available and still interested for this meeting date, could you please let me know asap? I would need your completed presentation by end of day on Thursday, January 11<sup>th</sup> in order to make the agenda package.

If you are still interested in presenting but unavailable for January 15<sup>th</sup>, the next meeting is scheduled for February 26<sup>th</sup> from 4-6 p.m.

All the best,  
Annie

**ANNIE SHERRY**  
**SHE/HER**

**LEGISLATIVE ASSISTANT**  
**MUNICIPAL CLERK'S OFFICE | LEGAL & LEGISLATIVE SERVICES**

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**From:** Sherry, Annie  
**Sent:** Wednesday, December 6, 2023 2:27 PM

**To:** Kelsey Green [REDACTED]  
**Subject:** RE: [External Email] Accessibility Advisory Committee

Good afternoon Kelsey,

Thank you for your email. This is to confirm that your request has been received by the Municipal Clerk's Office and will be taken forward to the Accessibility Advisory Committee's Agenda Review Committee for their consideration.

Could you please advise whether your organization has a request to make of the Committee, or if the presentation is to provide information only? Any detail you can provide for the Agenda Review Committee would be appreciated.

The next Committee meeting is scheduled for Monday, December 11, 2023 from 4-6 p.m. with the following meeting to be held on Monday, January 11, 2024 from 4-6 p.m. If either of these dates would pose a scheduling conflict please let me know. Following a decision by the Agenda Review Committee I will reply by email to let you know the outcome of your request to present.

Please note that if your request to present is approved, your below email and any accompanying documentation (i.e. presentation slides, handouts etc.) will form part of the agenda and public record, including being posted on Halifax.ca. Further information regarding presentations is available on our website at <https://www.halifax.ca/city-hall/regional-council/communicating-halifax-regional-council>.

Meetings are audio and/or video recorded for the purpose of creating a record of the proceedings. If you do not wish to be recorded, please withdraw your request to present; you can provide a written submission instead.

Best Regards,  
Annie Sherry  
**ANNIE SHERRY**  
**SHE/HER**

**LEGISLATIVE ASSISTANT**  
**MUNICIPAL CLERK'S OFFICE | LEGAL & LEGISLATIVE SERVICES**

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**From:** Kelsey Green [REDACTED]  
**Sent:** Thursday, November 23, 2023 7:06 AM  
**To:** Sherry, Annie <[sherryan@halifax.ca](mailto:sherryan@halifax.ca)>  
**Subject:** [External Email] Accessibility Advisory Committee

**[This email has been received from an external person or system]**

Good morning Annie,

I was looking for the next Accessibility Advisory Committee meeting. I was unable to find it.

On behalf of Complex Trauma Canada, I'm interested in presenting on Invisible Disabilities to the Committee, if that's possible. These are disabilities, that may not be evident by looking at a person or even talking to a person. These often include but are not limited to some forms of Autism Spectrum disorder, ADHD, mood disorders, traumatic Stress Disorder (PTSD, or CPTSD) and the like.

Could you let me know if it's possible to arrange to do presentation for the committee and when that might be possible?

Thanks.

Best,  
Kelsey Green  
Co-Founder  
Complex Trauma Canada