



Proclamation

Nova Scotia Walk Day May 10, 2023

WHEREAS Hike NS encourages and promotes hiking, walking and snowshoeing throughout Nova Scotia; and

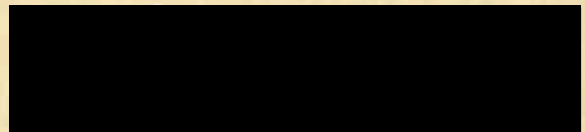
WHEREAS NS Walks is a program of Hike Nova Scotia and its goal is to create social supports to increase opportunities for people who are currently less active to enjoy the benefits of walking; and

WHEREAS walking is an enjoyable, easy and low risk physical activity and is a great way to become more active and connected with others; and

WHEREAS Nova Scotia Walk Day is a fun way to be active and promote walking as physical activity.

THEREFORE, BE IT RESOLVED THAT I, Mayor Mike Savage on behalf of Regional Council do hereby proclaim May 10, 2023 to be Nova Scotia Walk Day in HRM and I encourage all citizens to connect with their fellow community members and enjoy a friendly group walk.

Dated at Halifax, Nova Scotia
this 10th day of May 2023



Mike Savage
Mayor