



COUNCILLOR LISA BLACKBURN
 DISTRICT 14 ONLINE NEWS
 MIDDLE/UPPER SACKVILLE - BEAVER BANK - LUCASVILLE

WELCOME SEPTEMBER!



As much as I love summer, there's something comforting about the routine that comes with fall.

Back to school and back to work. To all students commencing or returning to school, best wishes to you as you work toward completing your education. Stay safe and have fun!

Keep reading for more information on back to school, Regional Plan updates, Provincial Seniors Care Grant applications, HRM 2023 volunteer award nominations and much more!

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SEPTEMBER MEETING DATES

Regional Council:

Tuesday, September 13 at 1:00 p.m.
 Tuesday, September 27 at 10:00 a.m.

North West Community Council:

Monday, September 19 at 6:00 p.m. (If required)



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Meeting dates/times are subject to change, please confirm on our municipal [website](#)

ACCESSORY BUILDING REGULATIONS

The accessory building regulations for the Sackville Plan Area Land Use By-Law are under review by HRM Planning and Development staff. Want to know more? Check out the Fact Sheet on our [website](#) and scroll to **Case 23405 – Sackville Accessory Building Zoning Review**. Want to share your thoughts? Fill out the survey [here](#) or contact the planner directly, Claire Tusz at 902.430.0645 or tuszcz@halifax.ca.



MIXED USE ZONING SURVEY

On May 17th, Regional Council passed a motion to consider changing the size thresholds for permitted commercial uses, encouraging children's recreation and other low impact commercial uses, while mitigating the higher impact commercial uses for the Mixed Use 1 Zone. Staff are seeking feedback from the communities including and surrounding Beaver Bank, Hammonds Plains, and Upper Sackville to hear your thoughts on the appropriate size of different commercial uses in the MU-1 Zone. We invite you to take the survey [here](#).

SEPTEMBER 2022

BACK TO SCHOOL



It's back to school time again! I would like to wish all students a happy, healthy, and successful 2022-2023 school year. I would also like to remind all motorists to be extra vigilant with students walking, cycling, commuting, or travelling by school bus.

At the forefront of the speed and parking rules in school zones is the safety of our children – and the safety of others, including parents dropping off their children, school bus drivers, teachers, and others who may happen to be walking or driving through the area.

This school year, please remember to:

- reduce your speed when entering a school zone
- Keep a close eye on crosswalks; ensure five (5) meters between your vehicle and any crosswalk
- Be a good neighbour, watch out not to block entrances to garages or driveways
- For parents, remember to be informed on how to drop off kids safely and legally.



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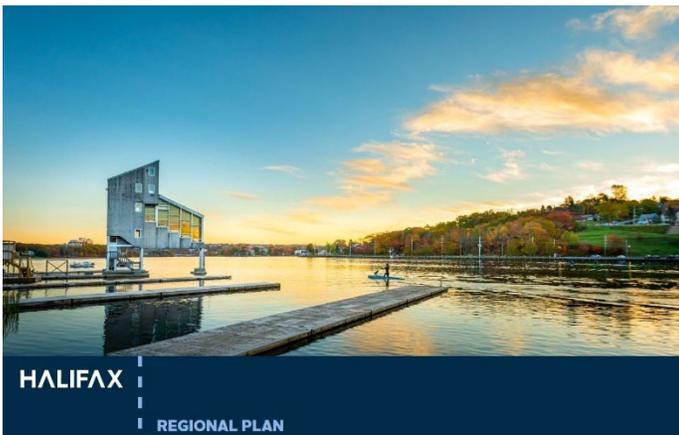
Watch out for specific signage around schools regarding no parking, no stopping, and school bus-only zones.

Let's all work together to ensure our children and youth have a safe transition back to the school season! [Visit this webpage](#) for more information on HRM's ongoing road safety initiatives.

Council Meeting, at 6:00 p.m. in Council Chambers (City Hall).

Learn about the proposed amendments and how to participate [here](#) or call the Municipal Clerk's office at 902.490.4210.

REGIONAL PLAN UPDATE



HRM's Regional Plan sets out a common vision, principles and long-range, region-wide planning policies outlining where, when, and how future growth and development should take place between now and 2031. We are now in Phase 3 of 5 of the Regional Plan. Certain adjustments can still be made to the plan as it currently stands, and we are still collecting feedback from residents.

An in-person public hearing to hear feedback about the proposed amendments for Phase 3 will be held at the September 27th Regional

NATIONAL DAY FOR TRUTH AND RECONCILIATION: SEPTEMBER 30TH

National Day
for Truth and
Reconciliation



Government of Canada / Gouvernement du Canada

Canada

September 30th is now a federal statutory holiday called the National Day for Truth and Reconciliation. Formerly known as Orange Shirt Day, this day provides an opportunity to recognize and commemorate the ongoing legacy of residential schools, ensuring that this tragic part of Canada's history - that continues to have lasting impacts - is never forgotten.

Additionally, every year on October 1st, Nova Scotians mark Treaty Day to celebrate the rich history, proud culture, and important contributions of Mi'kmaq people. These centuries-old treaties honour the enduring bond of friendship and respect between Nova Scotia's Indigenous and non-Indigenous communities and reaffirm the historic presence



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of the Mi'kmaw who have occupied the land for thousands of years.

I encourage you to wear an orange shirt on September 30th and attend these commemorative events, as I plan to do:

- Ceremony for National Truth & Reconciliation Day on Grand Parade Square: September 30th at 6:00 p.m.
- Flag raising for Treaty Day at Grand Parade: October 3rd, 2022, at 11:30 a.m.

While Treaty Day is officially October 1st, this year's flag raising will be taking place on in Grand Parade Square on October 3rd.

Former residential school students can call 1-866-925-4419 for emotional crisis referral services and information on other health supports from the Government of Canada.

Indigenous peoples across Canada can also go to The Hope for Wellness Help Line 24 hours a day, 7 days a week for counselling and crisis intervention. Call the toll-free Help Line at 1-855-242-3310 or connect to the online chat at hopeforwellness.ca.

2023 VOLUNTEER AWARD NOMINATIONS ARE OPEN

Do you know an outstanding volunteer who gives back to your community? You can give them the recognition they deserve! Nominate an adult, youth, or group for the 2023 HRM Volunteer Awards.

The HRM Volunteer Awards is annual event that puts a spotlight on residents who have made a difference in their community by donating their time and skills to various programs and services.

Nomination forms and detailed nomination criteria are [available here](#). The deadline for nominations is January 6th, 2023. Successful nominees will be notified in March and will be invited to attend an awards ceremony during National Volunteer Week, taking place from April 16th to April 22nd, 2023.

Volunteers are the backbone of our community, so let's show appreciation for the work that they do to help build stronger, healthier, and more supportive communities. Thank you, volunteers!

Nominate an outstanding volunteer
for the 2023 Volunteer Awards

Submit your nomination by Friday, January 6, 2023.

halifax.ca/volunteerawards

HALIFAX



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SENIORS CARE GRANT APPLICATIONS OPEN



The Provincial government has opened applications for the Seniors Care Grant! The Seniors Care Grant provides up to \$500 to help eligible seniors with the costs of household and healthcare services. Seniors applying for the Seniors Care Grant are also able to apply for a one-time Home Heating grant of \$250 to help with heating costs.

To qualify for the grant, you need to be 65 or older by March 31st, 2023 and meet all the following criteria:

1. have a household net income of \$37,500 or less,
2. live in your own home or apartment,
3. your name is on the property title, Land Titles Initiative Certificate of Claim or residential lease agreement, and
4. have paid (or will pay) for household and healthcare services and home heating between June 1st, 2022 and March 31st, 2023.

For more information, visit NovaScotia.ca/SeniorsCareGrant, call 1-800-670-4357, or [contact your MLA](#).

RCMP ROAD SAFETY STATS – JULY 2022

RCMP Road Safety Stats
 July 2022, District 14
 Middle – Upper Sackville / Beaver Bank / Lucasville

- 303 Calls for Service in July 2022 - Down 1% from July 2021
- 27 Summary Offence Tickets (vs. 6 issued in June 2021)
 12 speeding, 5 aggressive driving, 10 other MVA (e.g., no license, no insurance, unregistered vehicle, etc.)
- 71 Proactive Assignments (vs. 64 in July 2021)
- 31 Cell Phone/Impaired/Seatbelt/Speeding Checkpoints/Radar Enforcement
- 54 Traffic Stops (vs. 49 in July 2021)
 1 Impaired Driving Charge (same as July 2021)
 1 Impaired Suspension (vs. none in July 2021)
- 8 Motor Vehicle Accidents (vs. 7 in July 2021)
 • One of these accidents resulted in injuries.
- 0 Vehicle/Pedestrian Accidents (same as June 2021)

Please Drive Safely!

SPRINGFIELD LAKE RECREATION CENTRE



Springfield Lake Recreation Association

Contact Us

Facility Bookings: Donna MacDonald (Program Coordinator)
Fax Number: 865-1430
E-mail: info@springfieldlakerec.com
Fieldhouse Phone: (902) 865-2866
Upper Sackville Phone: (902) 869-3840
Emergencies: (902) 456-3253



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WALLACE LUCAS COMMUNITY CENTRE



Our Mission

To provide a social and recreational meeting place which recognizes and celebrates the rich Nova Scotian heritage of the community, thus fostering a greater sense of community and pride in the Lucasville area residents both

BEAVER BANK KINSAC COMMUNITY CENTRE

Beaver Bank Kinsac Community Centre



Volunteers Needed

Thinking about getting involved in your community? Now's the time!

The BBKCC has volunteer vacancies in the following Board of Director positions:

Treasurer - Work alongside our Facility Coordinator to maintain the care and custody of funds and other assets of the BBKCC

Bar Manager - Book bartenders for events, stock and manage bar inventory and funds

More information: 902-865-5114 bbkcc@eastlink.ca



BEAVER BANK KINSAC COMMUNITY CENTRE FALL 2022 PROGRAMS

| Program | Time | Age | Cost | Start Date | Notes |
|------------------------|--------------|-------|-------------------------------------|---|---|
| MONDAY | | | | | |
| Preschooler Play | 8:30-11:30AM | 3-4 | \$340 for all 3 days (11 weeks) | Oct 3- Dec 16 | Participants must be potty trained |
| Bingo | 6-9PM | | | Sept 19 th | 1 st & 3 rd Monday |
| Kid's Soccer | 6-8PM | 6-12 | \$2 drop in | Oct 3 rd | At Monarch Elementary |
| Kid's Yoga | 6-7PM | 8-12 | \$100 | Oct 3 rd | 8-week session |
| Zumba | 7:15-8:15PM | Adult | \$8 drop in | Sept 12 th | Ongoing - discount passes available |
| TUESDAY | | | | | |
| Prenatal Yoga | 10-11am | | \$100 | Oct 4 th | 8-week session |
| Parent/Tot Yoga | 11am-12pm | | \$100 | Oct 4 th | 8-week session |
| Cribbage | 1:00pm | All | \$5 (high hand & draw \$2) | Ongoing | Ongoing |
| Yoga | 7pm | 16+ | \$100 | Oct 4 th | 8-week session |
| Board game night | 6:30pm | Adult | \$2 drop in | 2 nd & 4 th Tuesday | Ongoing |
| Kids Basketball | 6-8PM | 6-12 | \$2 drop in | Oct 4 th | At HTB Jr High |
| Kid's cooking classes | 5:45-7:30PM | 5-8 | \$207 payable to instructor | Oct 4 th -10 weeks | culinarykidscookingclass@gmail.com / 902-292-2775 |
| Youth drop in | 6-8pm | 10-15 | \$2 drop in | Oct 4th | 1 st and 3 rd Tues of the month |
| Bridge | 1:30-4pm | All | \$2 drop in | Oct 18 th | Ongoing |
| WEDNESDAY | | | | | |
| Preschooler Play | 8:30-11:30AM | 3-4 | \$340 for all 3 days (11 weeks) | Oct 3- Dec 16 | Participants must be potty trained |
| 50+ Fitness | 10-11am | 50+ | \$3 drop in | Sept 7 th | Cash only, payable to instructor |
| Zumba | 7:15-8:15PM | Adult | \$8 drop in | Ongoing | |
| Darts | 7-9PM | Adult | \$2 drop in | Oct 12 th | Bar is open - cash only |
| Volleyball | 8-10PM | 16+ | \$2 drop in | Sept 28 th | At HTB Jr High |
| Teen's cooking classes | 5:45-7:30PM | 13-15 | \$207 payable to instructor | Oct 5 th -10 weeks | culinarykidscookingclass@gmail.com / 902-292-2775 |
| THURSDAY | | | | | |
| Parent / Tot social | 9AM-12PM | All | \$2 drop in | Oct 6 th | All welcome! |
| Kid's cooking classes | 5:45-7:30PM | 9-12 | \$207 payable to instructor | Oct 6 th - 10 weeks | culinarykidscookingclass@gmail.com / 902-292-2775 |
| Basketball | 8-10PM | 16+ | \$2 drop in | Oct 6 th | At HTB Jr High |
| Volleyball | 8-10PM | 16+ | \$2 drop in | Sept 22 nd | At Monarch Elementary |
| Yoga | 7-8PM | | Contact Daisy info@vogawithdaisy.ca | | |
| FRIDAY | | | | | |
| Preschooler Play | 8:30-11:30AM | 3-4 | \$340 for all 3 days (11 weeks) | Oct 3- Dec 16 | Participants must be potty trained |
| SATURDAY | | | | | |
| Zumba | 9:30-10:30am | Adult | \$8 drop in | Ongoing | |

Please note: Cancellations and full schedule for programs can be found at bbkcc.ca. There is no Preschooler play anytime there is no school. Youth Drop in night themes and activities can be found on our web site. Youth must have a signed waiver from parents to participate in youth drop in nights. Additional programs may be added at a later date - keep checking our Facebook and Web site for updates!

SACKVILLE HEIGHTS COMMUNITY CENTRE





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IN THE COMMUNITY

PROVINCIAL & FEDERAL REPRESENTATIVES



With Councillor Paul Russell, I was so pleased to support the Knight of Columbus Cash Calendar fundraiser.



Provincial Representatives in District 14:

- **MLA Brad Johns** Sackville – Uniacke
Unit 103, 1710 Sackville Drive
Middle Sackville, NS B4E 3A9
Phone: 902-865-6467
mlabradjohns@gmail.com
- **MLA Steve Craig** Sackville – Cobequid
Unit 104, 445 Sackville Drive
Lower Sackville, NS B4C 2S1
Phone: 902-864-6271
Fax: 902-864-0483
Steve.Craig@novascotia.ca
- **MLA Brian Wong**
Waverley – Fall River – Beaver Bank
Suite 101, 1265 Fall River Road
Fall River, NS B2T 1E6
Phone: 902-576-3411
brianwongmla@gmail.com
- **MLA Ben Jessome** Hammonds Plains –
Lucasville
Mailing Address:
2120 Hammonds Plains Road, Unit 3
Hammonds Plains, NS B4B 1P3
Phone: 902-404-9900
Fax: 902-404-8415
jessomeben@gmail.com



Had a great time with MLA Ben Jessome, MP Lena Metlege Diab and Lucasville resident Debra Lucas at the first ever Lucasville Heritage Day.



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I currently serve on the following Boards and Committees along with Halifax Regional Council and the North West Community Council:

- Appeals Standing Committee
- Board of Police Commissioners
- Community Planning and Economic Development Standing Committee
- Executive Standing Committee
- Special Events Advisory Committee
- Women’s Advisory Committee

Federal Representatives in District 14:

- **MP Darrell Samson Sackville – Preston - Chezzetcook**
2900 Highway 2
Suite 2nd Floor
Fall River, Nova Scotia B2T 1W4
Telephone: 902-861-2311
Fax: 902-861-4620
- **MP Lena Metlege Diab Halifax West**
401-3845 Joseph Howe Dr
Halifax, Nova Scotia B3L 4H9
Telephone: 902-426-2217
Fax: 902-426-8339

HALIFAX REGIONAL MUNICIPALITY'S LAND ACKNOWLEDGEMENT

Land Acknowledgement

The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace and Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.

Halifax is committed to strengthening its relationship with Indigenous communities and honouring the significant contributions of Indigenous peoples. Another way the municipality has demonstrated this is by formalizing the official Land Acknowledgement: *“The Halifax Regional Municipality is located in Mi'kma'ki, the ancestral and traditional lands of the Mi'kmaq people. The municipality acknowledges the Peace and Friendship Treaties signed in this Territory and recognizes that we are all Treaty People.”*

Historically, a Land Acknowledgment is a traditional practice shared amongst Indigenous groups to recognize the Indigenous land and territory they are visiting. Now, making a respectful Land Acknowledgement remains a way to express gratitude and respect to

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Middle/Upper Sackville - Beaver Bank - Lucasville



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HALIFAX



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Indigenous peoples for being stewards of the land we live and work on. It is an important step in reconciliation.

A land acknowledgment is an important statement that acknowledges we understand the long-standing history that has brought us to reside on this land and that we seek to understand our place with that history. In Nova Scotia, we are all Treaty People; with that comes roles and responsibilities.