Stephanie Graham

Stephanie Graham is a true advocate for mental health in our community. She volunteers for both the Mental Health Foundation of Nova Scotia and Northwood Foundation. Stephanie volunteers for events and donates part of her revenue to the Mental Health Foundation of Nova Scotia, She has served as Chair of Models for Mental Health in support for the Northwood Seeds of Success program for the last two years. Thank you, Stephanie, for your service to the community we serve, and for truly changing the way people think about mental illness in Nova Scotia.