

# Food Mapping Tool 1A

## Where are the food outlets?

(for community members)

**Purpose:** To map the location of food outlets and services within the participants' community.

Note: You can use Food Mapping Tool 1A and 1B together in one workshop.

### Steps to Follow

- Follow the food mapping steps described in this chapter (Chapter 2, pages 25-27)
- Ask the participants to place a sticker (alternatively a mark in a coloured marker) on all the food outlets and services they know of or use.
- Have each individual or group describe the stores and/or discuss what they found through the process of mapping together.

The resulting map will show the number of food outlets and services in the community and will demonstrate the knowledge community members have of these services. The information you get from this mapping exercise will mainly support the analysis of **Accessibility** and **Availability** of food security.

The following are example organizations and services typically included in food mapping:

#### Food Retail

- Restaurants •
- Grocery and convenience stores •
  - Farmers Markets •
  - Other food shops •

#### Emergency Food Programs

- Food Banks •
- Community Kitchens •
- Food Sharing Programs •

#### Food Programs & Services

- Meal at school programs •
- Food/grocery Delivery Services •  
(also consider mapping their routes)
- Food education programs •

#### Alternative Food Programs

- Community Gardens •
- Urban/Rooftop agriculture •