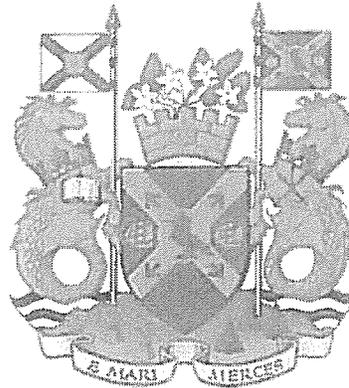


Item No. 1



Proclamation

**Bell Let's Talk Day
January 30, 2019**

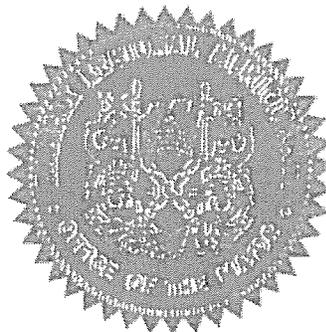
WHEREAS: January 30th, 2019 marks the 9th Annual Bell Let's Talk Day, a day of conversation and mental health; and

Bell Let's Talk Day promotes mental health awareness, acceptance and action built on 4 key pillars: fighting stigma, improving access to care, supporting world-class research and leading by example in workplace mental health; and

Halifax Regional Municipality raises a flag to celebrate Bell Let's Talk Day to encourage you to join the conversation through calls, texts, and social media interactions to drive Bell's donation to mental health past \$100 million; and

THEREFORE, be it resolved I, Mayor Mike Savage on behalf of Regional Council do hereby proclaim Wednesday January 30, 2019 as Bell Let's Talk Day in the Halifax Regional Municipality and encourage support of this campaign.

Dated at Halifax, Nova Scotia
this 30th, day of January 2019



Original Signed

Mike Savage
Mayor