



Proclamation

Finishers Shirt Friday July 8th, 2016

Whereas; Healthy Lifestyles are a benefit both to the individual, and to the community at large; improving mental and physical health; and reducing the load on our public health system and,

Canada has just celebrated it's 149th birthday, and with it, the **EPIC Canadian - Run for Canada**, our own Active Living celebration of the country's birthday, and now the largest Canada Day Run east of Ottawa and,

The EPIC Canadian is just one part of the EPIC Weekend, created in conjunction with Run Nova Scotia, Swim Nova Scotia, and Triathlon Nova Scotia; welcoming visiting competitors to our city from as far away as Korea and Japan; and local competitors as young as 5 with the EPIC Kids Triathlon - itself the largest kids triathlon in Eastern Canada and,

Race Finishers at all ages view their 'finisher's shirts' as badges of pride and symbols of personal achievement.

THEREFORE, BE IT RESOLVED THAT, I, Mayor Mike Savage, on behalf of Halifax Regional Council do proclaim Friday, July 8th, 2016 as "FINISHER SHIRT FRIDAY", and encourage all race finishers to wear their Finishers Shirts with pride, sharing their accomplishments with our community at large.

Dated at Halifax, Nova Scotia
this 8th, day of July, 2016



Original Signed

Mike Savage
Mayor