

Together We Can Build Safe, Healthy, Active Communities

WELCOME TO NOVEMBER!



November is here and we are happily enjoying mild weather but we know winter is coming; and, in anticipation of the winter weather, our Snow Removal Crews are prepped and ready to to ensure our streets and roads will be safe for travel.

There are many significant events taking place in November such as activities to commemorate the 100th anniversary of the Halifax Explosion, the annual Remembrance Day services, a Volunteer Workshop and Christmas Tree lighting celebrations. More details can be found in this E-newsletter.

This year, November also marks the end of Daylight Savings Time (don't forget to turn your clocks back!).

TURN CLOCKS BACK 1 HOUR ON SUNDAY, NOVEMBER 5TH

Daylight Saving Time (DST) ends on Sunday, November 5th. Remember to turn your clocks back 1 hour.

DST is the practice of setting clocks forward 1 hour from Standard Time during the summer months, and back again in the fall, to make better use of natural daylight.



HARBOURVIEW - BURNSIDE - DARTMOUTH EAST

REMEMBRANCE DAY – NOVEMBER 11, 2017



On the 11th day of the 11th month at the 11th hour, We Will Remember.

Remembrance Day is particularly significant to our municipality which served an important role in both the World Wars, and presently stands as Canada's largest Canadian Forces Base.

Due to construction taking place around the Cenotaph, The Remembrance Day service will be held at the Sullivan's Pond Bandstand.



POPPY CAMPAIGN – OCTOBER 27 – NOVEMBER 11, 2017



Every year, The Royal Canadian Legion conducts the Poppy Campaign to raise funds in support of Veterans and their families. Poppies are distributed freely, but your generous donations are invaluable. Through your donations to the Legion Poppy Fund, financial assistance and support is provided to Veterans, including Canadian Armed Forces, RCMP and their families who are in need.

Millions of Canadians wear the poppy as a visual pledge to never forget those who gave the ultimate sacrifice for our freedom.





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VOLUNTEER CONFERENCE 2017



DATE: Friday, November 17th

Saturday, November 18th

LOCATION: Double Tree by Hilton

101 Wyse Road, Dartmouth (Formerly, Holiday Inn)

The volunteer conference is a celebration of the tremendous contributions of the volunteers in the region. In its 17th year, the Volunteer Conference gives citizens an opportunity to participate in training, networking and learning that help them become more effective in their work and provide strong volunteer capacity in the municipality. Register today!

The conference includes:

- * A wide selection of interactive and informative workshops
- * Dynamic and experienced speakers
- * Lunch and refreshments
- * Networking opportunities
- * Participant welcome packages
- * Community showcase.

Questions about the conference? email or call Shawna at 902-869-4202.

CHEYENNE HARDY – 2017 RED CROSS HUMANITARIAN AWARD RECIPIENT

Tireless
community
volunteer and
proud resident of
north end
Dartmouth,
Cheyenne
Hardy, is being
recognized by
the RED



CROSS for the incredible accomplishments she has achieved in her young, 16 years.

A dedicated community volunteer, Cheyenne has made an impact with each group/activity she has championed such as:

- As a member of CEASEFIRE and BETWEEN THE BRIDGES, she campaigns to prevent violence and also against negative stigmas of Dartmouth
- Support for:
 - community food banks
 - o animal shelters
 - Special Olympics
 - o IWK Health Centre
- Challenge AIDS and Malaria in Africa (CHAMA) – instead of birthday gifts for her upcoming 16th birthday, Cheyenne requested that family and friends give donations to help Precious, a young girl in Africa requiring life-saving surgery. Through this and other events, she was able to raise the funds in under 3 weeks and the surgery was a success.
- Creation of a 10-minute video showing the positive aspects of north-end Dartmouth; a video that resulted in Cheyenne being awarded the 2017 Prince of Wales Leadership Award.

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- Contributes stories for the <u>Dartmouth</u> <u>North ECHO</u> community newspaper
- Plays drums for the Dartmouth All City Band and performs with the Halifax Multicultural Drummers at events to raise money to fight malaria in Africa, and to raise awareness at local Stop the Violence rallies.
- A member of Girl Guides of Canada and the Royal Canadian Air Cadets.
- Participated in a school service trip to Consuelo, Dominican Republic, to help repair homes, care for village children and work alongside farmers in their sugar cane fields.

Congratulations to you Cheyenne for being recognized by the Red Cross for your outstanding contributions to your community and to those in need world-wide. Thank you for all that you do for the local community of northend Dartmouth.

Additional attention will be paid to areas with heavier tree coverage; areas along the Waverly Road, off Albro Lake Road, Crichton Park, Slater Street (and area) and the area between Thistle and Ochterloney. Please do not rake leaves onto the street. Leaves on private property should be bagged and placed at curb for roadside pickup on collection day.

If you notice accumulated debris on your street, please report by calling 3-1-1.

We ask for your assistance in keeping storm drains clear of obstruction to facilitate stormwater flow.



STREET SWEEPING

Once the leaves have fallen, streets will be swept on a rotation basis as long as



weather permits: temperatures remain above 0 and there is no snow on the ground impeding the sweepers.

ENJOYING A HIKE ON THE SPIDER LAKE TRAIL





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STRATH LANE CONSTRUCTION



The construction project to resurface and install new concrete curb, gutter and portion of sidewalk on Strath Lane, Westwood Drive and Perth Drive should be finished by the end of November. Remaining to be done are: the top lift of asphalt; some sidewalk, curb, grading, paving and landscaping.

Thank you to all residents for your patience during construction.

100th ANNIVERSARY OF THE HALIFAX EXPLOSION: DARTMOUTH EVENTS

This year marks the <u>100th anniversary</u> of the tragic explosion that shattered Halifax and Dartmouth waterfronts on the morning of December 6th, 1917.

The Municipality's <u>official commemoration</u> <u>ceremony</u> will be held this December 6th directly across the harbour at the recently reconstructed Fort Needham Memorial Park which overlooks the former neighbourhood of Richmond – an area virtually flattened by the explosion. The event will commence at 8:45 a.m. in the new Memorial Plaza in the Park.

Dartmouth events to commemorate the 100th anniversary of the Explosion will be held at the Alderney Gate Library, 60 Alderney Drive and are:

PICKING UP THE PIECES: Remembering the Mi'kmaq Along the Shores of Dartmouth

DATE: November 9th **TIME**: 7:00 p.m. **ADMISSION**: Free

At the time of the Halifax Explosion, the Dartmouth shore was home to the historic Mi'kmaq community of Turtle Grove. Devastated by the blast, tsunami and fire, residents suffered tremendous injury and loss of life. Without a voice in the efforts to rebuild, the settlement disappeared – a brief footnote in historical accounts.



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Catherine Anne Martin, Mi'kmaw filmmaker and cultural historian, will tell the story of her family, and speak the truth of Turtle Grove. She will be joined by Barbara Lounder and Mary Elizabeth Luka of the Narratives in Space+Time Society who will talk about their Across the Narrows Public Art Walk, and the importance of revisiting the past.

A True Gaelic Story of the Halifax Explosion with Emily McEwan

DATE: November 28th

TIME: 7:00 p.m. – 8:30 p.m.

ADMISSION: Free

One of the ships destroyed in the Halifax Explosion was the S.S. Curaca. Hear a true Gaelic story of one of the S.S. Curaca sailors, a Gael from the Isle of Barra in Scotland, from the perspective of his young sister.

The story will be told bilingually in both Gaelic and English, and Kate Dunlay will provide traditional fiddle accompaniment.

On December 6, a 100th Anniversary Book of Remembrance will be available for the public to sign at the following locations throughout the day:

St. Joseph's-Alexander McKay Elementary School: 10:00am - 11:30 am

Alderney Gate Library, Dartmouth: 12:00 pm - 3:00 pm

Halifax City Hall: 3:30 pm - 5:30 pm

Halifax Central Library: 6:00 pm - 8:30 pm

NOVEMBER IS DIABETES AWARENESS MONTH

Do you know your risk for developing Type 2 diabetes? 1 in 3 Canadians has prediabetes or diabetes, and many don't know it. November is Diabetes Awareness Month and the focus is on early detection and prevention of prediabetes and type 2 diabetes.

The pancreas produces insulin that moves sugar from food into cells to use as energy. With type 2 diabetes, this sequence is broken as the pancreas can't produce enough insulin or the body can't use it.

Find out your risk today, visit <u>diabetestest.ca</u> and take a simple test. Take action now and you could potentially prevent Type 2 diabetes by finding out your risk and making healthy lifestyle changes. When you're ready to talk about your test results, visit your doctor or another health-care professional. To learn more, visit diabetes.ca or contact 1-800-BANTING (226-8464).

What's your risk of type 2 diabetes? Check out the #type2test at <u>diabetestest.ca.</u>

For more information, contact:

Mallory O'Neill

Dietetic Intern
Diabetes Canada
t. (902) 453-4232 ext. 3241
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Halifax, NS B3S 1B3





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REMINDER: HALIFAX TRANSIT MOVING FORWARD TOGETHER CHANGES COME INTO EFFECT NOVEMBER 27, 2017

Halifax Transit staff reviewed over 20,000 comments received through the consultation period. All feedback was reviewed carefully, and the revised Moving Forward Together Plan was able to address many of the concerns raised by the public.

The Moving Forward Together Plan works toward building a simplified transfer based network by being designed to facilitate transfers, reducing redundancy, streamlining routes, and making the network easier to understand. This principle is also furthered by proposing improvements to passenger amenities, and the introduction of two new off-street facilities: the Wrights Cove Terminal in Burnside, and a West Bedford Park & Ride.

The Moving Forward Together Plan is intended to guide Halifax Transit service improvements for the next 20 years or more. In the short term, implementation of the Plan will be focused on reconfiguring the existing route network to adopt the proposed redesigned network. This will take place over approximately five years, in phases based loosely on geographic areas. In the longer term, implementation of the Plan will consist of balancing investments in service quality and reliability with the introduction of new services, both in developing areas, and within the existing network.

Details of route changes were provided in my October e-newsletter which you may view here or, for more detail, review the Moving Forward Together Plan on the Halifax Transit website.

OUTDOOR HALLOWEEN PARTY AND BONFIRE IN SHUBIE PARK

A great time was had by all who attended the Shubie Park Halloween Party. Thanks to all who worked so hard and gave of their time to ensure the success of the fun, family event.





HALIFAX



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DARTMOUTH NORTH COMMUNITY CENTRE PUMPKIN CARVING FUN

More Halloween fun at the Dartmouth North Community Centre. Thank you to all who helped with this event.



DIVERSE VOICES FOR CHANGE



You're invited...



Senator Wanda Thomas Bernard Diverse Voices for Change Association of Black Social Workers (ABSW)

Invite you:

The Experiences of African Canadian Women in Leadership within the Public Sector

The Association of Black Social Workers will be presenting two successful student candidates with the ABSW Bursary, and the Ngena Bernard TYP Memorial Bursary.

Monday, November 20, 2017 3 -5 p.m. Halifax City Hall, 1841 Argyle St.

Light refreshments provided.

Registration is required by emailing Huwaida Medani: medanih@halifax.ca





MOUNTAIN BIKING IN HRM



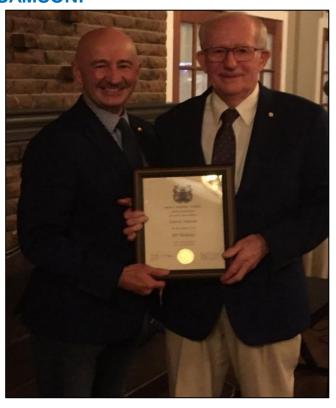
CBC RADIO MARITIME NOON INTERVIEW ON ISSUE OF LITTER



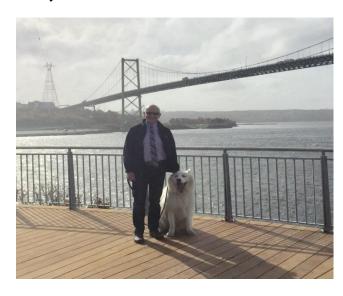


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HAPPY 80TH BIRTHDAY GARVIE SAMSON!



plans to provide waterfront access, an urban center, seven hectares of green space, and an extensive trail and cycling system on the 33-hectare property that has been largely vacant for 13 years.



NEW CANADA 150 LEGACY TRAIL AT SHANNON PARK OPENING SOON



The trail marks the first steps in Canada Lands' plans for Shannon Park; to be developed over the next 10 to 15

years. Canada Lands Company, the Crown corporation that redevelops federal land, also

SNOW REMOVAL 2017/18

The municipality's extensive Winter Operations program uses inhouse and contracted



operators and equipment. With each weather event, crews are responsible for approximately 3,844 lane kilometers of streets. Stretched end to end, that's the same distance as driving from Halifax to Winnipeg. Crews also clear about 1,000 kilometers of sidewalks and approximately 2,300 bus stops across the Halifax region.

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This requires a coordinated, strategic approach. Streets and sidewalks are prioritized based on several criteria, including:

- Frequency of use by commuters
- Access to important infrastructure, like hospitals and schools
- Whether they are major bus and transportation routes.

Most streets and roads in the Halifax region are the municipality's responsibility and are cleared by in-house or contracted crews. However, the clearing of provincial highways and some private roads are the responsibility of the province. Use our Street Maintenance
Directory to find out which level of government is responsible for your street.

The municipality owns approximately 46 pieces of street-clearing equipment, including loaders, snow blowers, tandems, 5-tonne and 3-tonne trucks. The fleet is supplemented by hourly contractors including salt trucks, plows and loaders - bringing the total count to approximately 250 pieces of equipment engaged during a winter event, depending on weather conditions.

In addition to the street equipment, the municipality owns 10 skid steers and miniloaders, which are used to plow approximately 100 kilometers of sidewalks. The other approximately 900 kilometers of sidewalks in the region are cleared by contractors. As with the street equipment, the municipal sidewalk fleet is supplemented by hourly contractors and equipment on retainer, including an additional four to eight sidewalk machines that can be brought in for heavier snow.

CROSSWALK SAFETY ACTION DAY-November 29, 2017



It's time to ramp up our annual crosswalk safety campaign. We continue to focus

on influencing positive behavior near crosswalks that will help prevent collisions versus simple awareness. To that end, we are refreshing the campaign and event name from Crosswalk Safety Awareness Day to Crosswalk Safety Action Day (CSAD), and are using the slogan "Let's do more than talk about crosswalks" as the call to action throughout all channels. Short videos supporting this message will be shared through social media.

We will again use the hashtag **headsuphalifax** for Twitter and Facebook posts and the Instagram account **hfxmoments** to generate advance promotion via social media.



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ANNUAL SHUBIE PARK CHRISTMAS TREE LIGHTING CELEBRATION

DATE: Saturday, December 9

TIME: 4:30 p.m.

LOCATION: Shubie Park - next to

the Fairbanks Centre

Bring the family and enjoy hot beverages, treats, music, and toasting marshmallows on a big bonfire. Father Christmas will help the children count down to the tree lighting.















HARBOURVIEW - BURNSIDE - DARTMOUTH EAST

TD DARTMOUTH CHRISTMAS TREE LIGHTING DECEMBER 2ND

DATE: Saturday, December 2

TIME: 4:30 – 6:15 p.m. **LOCATION:** Sullivan's Pond

Join us for FREE family fun - the lighting of the Christmas tree, a visit with Santa, a Christmas

show and fireworks!



COUNCILLOR TONY MANCINI

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