

<b>Request for Council's Consideration</b>	
<input checked="" type="checkbox"/> <b>Included on Agenda</b> (Submitted to Municipal Clerk's Office by Noon Thursday)	<input type="checkbox"/> <b>Request from the Floor</b>
<b>Added Item</b> (Submitted to Municipal Clerk's Office by Noon Monday)	
<b>Date of Council Meeting: September 19, 2017</b>	
<b>Subject: Regional Mountain Bike Strategy</b>	
<b>Motion for Council to Consider:</b> Request a staff report on developing a Regional Mountain Bike Strategy similar to that of Western Australia and British Columbia, including: <ol style="list-style-type: none"><li>1) The formation of a Regional Mountain Bike Advisory Committee comprised of key stakeholders (such as Mountain Bike Halifax) to help guide the Strategy.</li><li>2) Identifying and strategic planning of sustainable Mountain Bike Trails / infrastructure in HRM</li><li>3) Identify funding sources.</li><li>4) A combined initiative from a Recreation, Ecotourism (similar to the British Columbia Mountain Bike Tourism initiative), Health &amp; Wellness perspective to develop and market Mountain Biking in HRM to become a world-class destination.</li></ol>	
<b>Reason:</b> <ol style="list-style-type: none"><li>1. Mountain Biking is a growing sport/activity. A local cycle shop noted that their sales of Mountain Bikes has increased 25% over the last 2 years alone.</li><li>2. HRM, with its variety in terrain and coastal trail opportunities, has immense potential to become a destination point for this sport. A local Mountain Bike website listed the top 10 Mountain Bike Trails in Nova Scotia with 3 of the top 10 being in HRM: Fight Trail (Governor's Brook area); Spider Lake (Burnside); Whopper Dopper (Bayers Lake). A total of 115 trails were identified in the HRM. The MacIntosh Run trail (portion off the trail head in Herring Cove) is currently the only Mountain Bike Trail in which the municipality has been actively involved.</li><li>3. The positive impact on the local economy would be widespread from the hospitality industry (accommodations – hotels/campgrounds, food and beverage) to bike and equipment supplies/maintenance. Adding local competitive events (races/championships) would increase potential of HRM becoming a destination location for Mountain Biking.</li><li>4. Identifying regional Mountain Bike trails would assist in protecting environmentally sensitive areas, reduce overuse of trails and direct participants to appropriate locations thereby reducing the occurrence of informal trail development.</li><li>5. Raise the profile of Mountain Biking and increase participation thereby promoting a healthy lifestyle and become a leading world-class destination.</li><li>6. Offer a unique volunteer opportunity for the many dedicated volunteers who currently work on local trails and cycling initiatives and inspire new volunteers thereby offering a social experience with benefits for all.</li></ol>	
<b>Outcome Sought:</b> A Regional Mountain Bike Strategy.	
<i>Councillor Tony Mancini</i>	<i>District 6 Harbourview – Burnside – Dartmouth East</i>

# Welcome to the McIntosh Run Singletrack Trail System

## Norawarren Entrance



### READ THIS IMPORTANT INFORMATION

This is a trail system for active recreation in the wild, natural environment around the McIntosh Run River. Trails are for nonmotorized uses such as running, mountain biking, hiking and snowshoeing. Trails are built and maintained by volunteers; please respect their efforts and have fun!

#### Code of Conduct for Everyone:

1. Stay on marked, open trails
2. Leave no trace. Pack it in, pack it out
3. Never feed or harrass wildlife
4. Do not alter trail or add trail without permission
5. Do not stop where you will block the trail
6. Avoid riding or hiking in muddy conditions

#### Mountain Biking Responsibility Code\*

1. Yield to hikers and uphill riders
2. Ride, don't slide
3. Stay on trail, no ride-arounds.
4. Control your bicycle. Don't put yourself and others at risk.
5. Wear a helmet
6. Plan ahead. Maintain your gear.

\*adapted from INTERNATIONAL MOUNTAIN BICYCLING ASSOCIATION



Nonmotorized only

#### This is a backcountry area.

- Know your limits
- Hiking or riding alone has greater risk
- Carry extra water, food, clothing
- Tell someone your route and return time
- Carry a phone

#### Trail Rating System



Moderate climbs and obstacles <8cm high such as rocks, roots and pot-holes. Most obstacles are avoidable. Unavoidable boardwalks are at least 1 m wide.



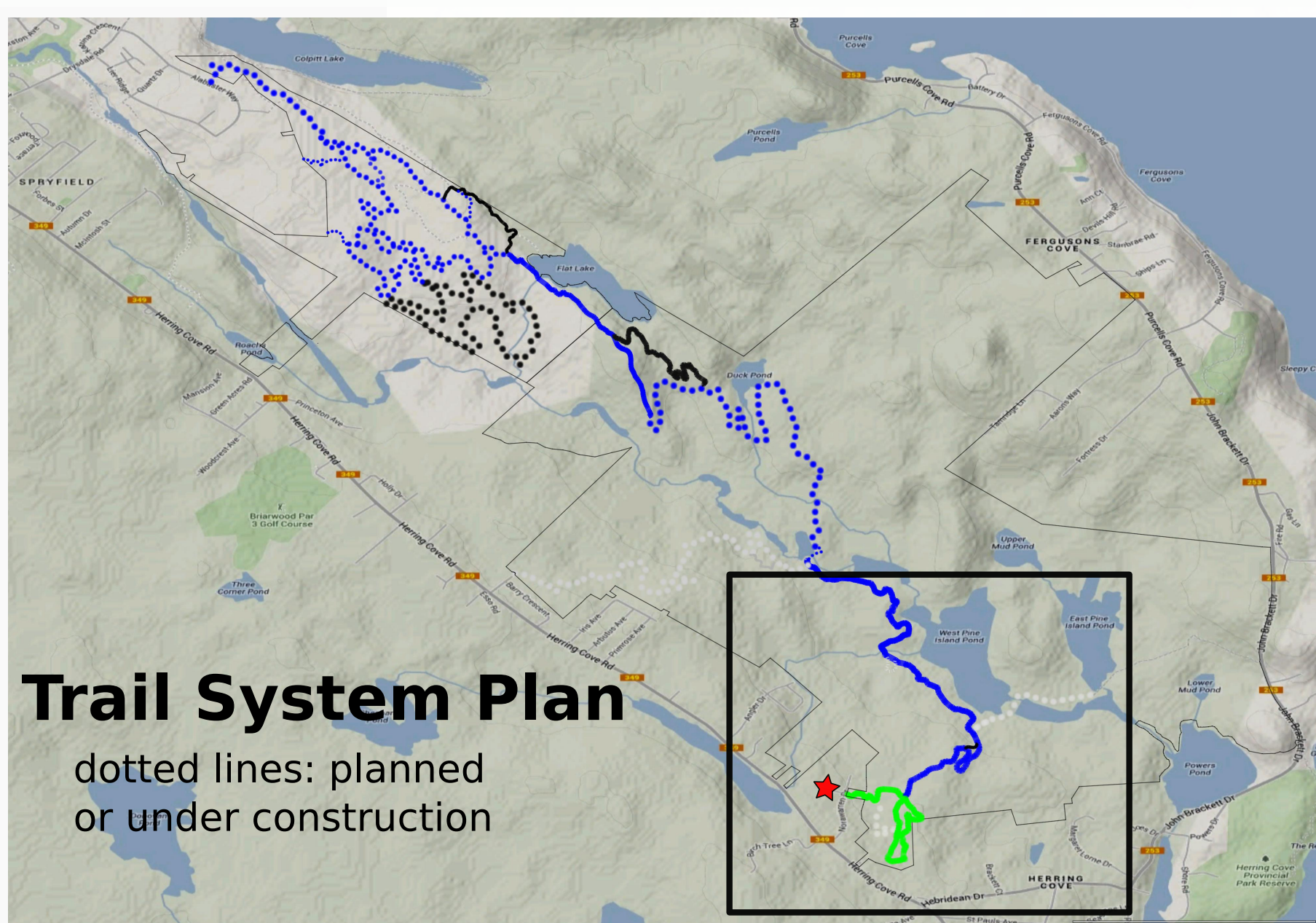
Challenging surface with natural obstacles and some steep climbs >15%. Surfaces may be narrow and have limited traction. Experience required for mountain bikers.



Numerous natural obstacles to avoid or jump over. Dropoffs and sharp corners, steep climbs, and narrow surfaces. Potential for significant fall risk.

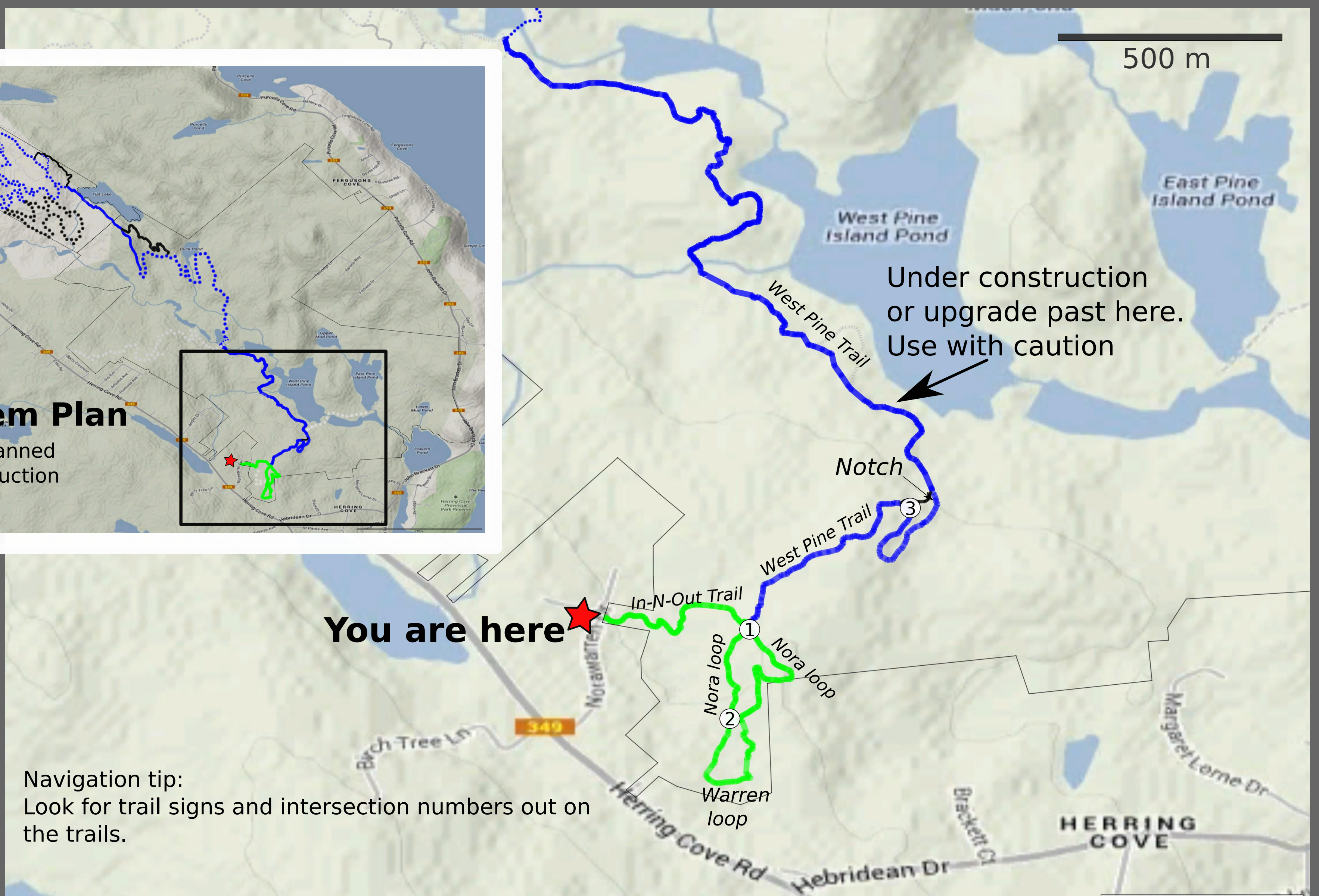


Exceptional skills and balance are essential. Consequences of errors may be severe. Generally only occurring as marked elements with a clearly defined alternate route.



#### Trail System Plan

dotted lines: planned or under construction



You are here

Under construction or upgrade past here. Use with caution

Navigation tip:  
Look for trail signs and intersection numbers out on the trails.

**CALL 911 TO REPORT EMERGENCIES.**

Contact [mcintoshrun@gmail.com](mailto:mcintoshrun@gmail.com) to report hazardous trail conditions.

**MOUNTAIN BIKING AND HIKING CAN BE DANGEROUS.  
USE THESE TRAILS AT YOUR OWN RISK**

The trails are managed by the McIntosh Run Watershed Association (MRWA), under permission from the landowners: Nova Scotia Department of Natural Resources and the City of Halifax.

MRWA promotes the ecological health, and public access and appreciation, of the McIntosh Run river and its watershed. To help plan, build and maintain trails, contact us at [mcintoshrun@gmail.com](mailto:mcintoshrun@gmail.com)

For additional info and updates, see [mcintoshrun.ca](http://mcintoshrun.ca)